



ENGAGE

Happy Valentine's Day

February 2019 Tapestry Neighborhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Inspirational</p> <p>Intellectual</p> <p>Physical</p> <p>Social</p>	<p>Roses are red, violets are blue, sugar is sweet and so are you!</p>				<p>Freedom Day !!</p> <p>9:00 Program preparation</p> <p>9:30 You are my Sunshine: Sit and Stay fit</p> <p>10:00 What's New and Interesting in this world of ours?</p> <p>10:30 Mrs. Cavanaugh's Chocolate factory Outing [O]</p> <p>1:30 Mindful Meditation [LR]</p> <p>2:00 On the farm J-I-N-G-O</p> <p>3:00 Musical Memories [LR]</p> <p>4:00 What is that?! [LR]</p> <p>6:00 Friday Night at the Movies (Lawrence of Arabia)</p>	<p>Ground Hog Day</p> <p>9:00 Program preparation</p> <p>9:30 Exercise/Balloon Volleyball [LR]</p> <p>9:45 Brain Teasers</p> <p>10:30 Exploring the World [LR]</p> <p>11:00 Surprise Healthy Snack</p> <p>1:30 Trivia Time/Discussion Group</p> <p>2:00 Categories</p> <p>2:30 Artistic Corner</p> <p>3:30 Wii Sports</p> <p>5:45 Karaoke</p>
<p>Super Bowl</p> <p>9:00 Program preparation</p> <p>9:30 Spiritual Hymns</p> <p>9:45 You are my Sunshine: Good Morning America Staying Connected [DRP]</p> <p>10:00 Spiritual Get - Together</p> <p>11:00 LDS Church Service</p> <p>12:30 Sunday Sundaes</p> <p>1:00 Past times [DRP]</p> <p>1:30 Table Topics [DRP]</p> <p>2:30 Scenic Drive</p> <p>4:00 Game on! Social</p> <p>5:45 Story Telling</p> <p>6:30 Reminiscence and Reflection</p>	<p>9:00 Program preparation</p> <p>9:30 Good morning Exercise & Stretching [LR]</p> <p>9:45 Current Events [LR]</p> <p>10:00 Darts and Horseshoes [LR]</p> <p>10:30 Exercise with Aspen Ridge [LR]</p> <p>10:45 Tasty Snack</p> <p>11:15 Poetry Corner [LR]</p> <p>1:30 Bingo</p> <p>3:00 Minding Motion for Graceful aging</p> <p>4:00 Look Good feel Great [DRP]</p> <p>5:45 Charades</p> <p>6:30 Story-time</p>	<p>9:00 Program preparation</p> <p>9:30 Welcome the day : Waking up the Mind/Body/Soul</p> <p>10:00 Brain Aerobics : What Doesn't Belong?</p> <p>10:30 Balloon Volleyball</p> <p>11:00 Picture Bingo</p> <p>1:30 Look Good Feel Great</p> <p>2:30 Word games/Riddles</p> <p>3:00 Bouncy Ball/Funastic Hand eye Coordination</p> <p>3:30 Believe it or Not Team challenge</p> <p>4:00 Bun Fun Pet therapy/Show and tell</p> <p>5:45 Classic Sing A long</p>	<p>9:00 Program preparation</p> <p>9:30 Good Morning Inspirational Story</p> <p>9:45 Music "Artist" Weekly Spotlight</p> <p>10:10 Exercise w/Cristi</p> <p>10:30 Guinness Book of World Records</p> <p>11:00 Family Feud</p> <p>1:30 Scenic Drive</p> <p>3:00 Merrill Smith Entertainment</p> <p>4:00 Community Project</p> <p>5:45 Bowling Tournament</p> <p>6:30 Puzzles</p>	<p>9:00 Program preparation</p> <p>9:30 Good morning Exercises/Stretching [LR]</p> <p>10:00 Local Current Events and Inspirational quote for the day [LR]</p> <p>10:30 Healthy Culinary Creations [LR]</p> <p>11:15 UNO card game</p> <p>1:00 Catholic Communion at The Ridge Cottonwood</p> <p>1:30 Time slips</p> <p>2:00 Ted Talks</p> <p>2:30 Pictionary/Hangman</p> <p>3:30 Mini Golfing [LR]</p> <p>4:00 Busy hands with Instruments/Composing Music [LR]</p> <p>5:45 Bingo</p>	<p>9:00 Program preparation</p> <p>9:30 You are my Sunshine: Sit and Stay fit</p> <p>10:00 What's New and Interesting in this world of ours?</p> <p>10:15 Antique Road show at Cottonwood</p> <p>10:30 Outing to Jewel's daughter (Kae-lynn's) home for treats!! [O]</p> <p>1:30 Mindful Meditation</p> <p>2:00 Around the House J-I-N-G-O</p> <p>3:00 Musical Memories [LR]</p> <p>4:00 What is that?! [LR]</p> <p>5:45 David Fairbanks Entertainment</p> <p>6:45 Friday Night at the Movies (Lady and the Tramp)</p>	<p>Gordon S Happy Birthday!!</p> <p>9:00 Program preparation</p> <p>9:30 Exercise/Balloon Volleyball [LR]</p> <p>9:45 Brain Teasers</p> <p>10:30 Exploring the World [LR]</p> <p>11:00 Surprise Healthy Snack</p> <p>1:30 Trivia Time/Discussion Group</p> <p>2:00 Categories</p> <p>2:30 Artistic Corner</p> <p>3:30 Wii Sports</p> <p>5:45 Karaoke</p>
<p>Tomoko H Birthday!</p> <p>9:00 Program preparation</p> <p>9:30 Spiritual Hymns</p> <p>9:45 You are my Sunshine: Good Morning America Staying Connected [DRP]</p> <p>10:00 Spiritual Get - Together</p> <p>11:00 LDS Church Service</p> <p>12:30 Sunday Sundaes</p> <p>1:00 Past times [DRP]</p> <p>1:30 Table Topics [DRP]</p> <p>2:30 Scenic Drive</p> <p>4:00 Game on! Social</p> <p>5:45 Eagle Scouts Visit and Projects - Valentine's Edition</p>	<p>9:00 Program preparation</p> <p>9:30 Good morning Exercise & Stretching [LR]</p> <p>9:45 Current Events [LR]</p> <p>10:00 Darts and Horseshoes [LR]</p> <p>10:30 Exercise with Aspen Ridge [LR]</p> <p>10:45 Tasty Snack</p> <p>11:15 Poetry Corner [LR]</p> <p>1:30 Bingo</p> <p>3:00 Minding Motion for Graceful aging</p> <p>4:00 Look Good feel Great [DRP]</p> <p>5:45 Charades</p> <p>6:30 Story-time</p>	<p>Lincoln's Birthday</p> <p>9:00 Program preparation</p> <p>9:30 Welcome the day : Waking up the Mind/Body/Soul</p> <p>10:00 Brain Aerobics : Name that Flower</p> <p>10:30 Balloon Volleyball</p> <p>11:00 Picture Bingo</p> <p>1:30 Look Good Feel Great</p> <p>2:30 Learning Circle</p> <p>3:00 Bouncy Ball/Funastic Hand eye Coordination</p> <p>3:30 Believe it or Not Team challenge</p> <p>4:00 Bun Fun Pet therapy/Show and tell</p> <p>5:45 Classic Sing A long</p>	<p>9:00 Program preparation</p> <p>9:30 Good Morning Inspirational Story</p> <p>9:45 Music "Artist" Weekly Spotlight</p> <p>10:10 Exercise w/Cristi</p> <p>10:30 Guinness Book of World Records</p> <p>11:00 Family Feud</p> <p>1:30 Scenic Drive</p> <p>3:00 Heart and Tones Music Therapy</p> <p>4:00 Brain Teasers</p> <p>5:45 Bowling Tournament</p> <p>6:30 Matching Game</p>	<p>Valentine's Day !!</p> <p>9:00 Program preparation</p> <p>9:30 Good morning Exercises/Stretching [LR]</p> <p>10:00 Local Current Events and Inspirational quote for the day [LR]</p> <p>10:30 Healthy Culinary Creations : Home made Pizzas [LR]</p> <p>11:15 UNO card game</p> <p>1:00 Catholic Communion at The Ridge Cottonwood</p> <p>1:30 Time slips</p> <p>2:00 Valentine's Day Party Preparation</p> <p>3:00 Valentine's Day Party "Feel the love" with Bob Shorten Entertainment</p> <p>4:00 Busy hands with Instruments/Composing Music [LR]</p> <p>5:45 Bingo</p>	<p>9:00 Program preparation</p> <p>9:30 You are my Sunshine: Sit and Stay fit</p> <p>10:00 What's New and Interesting in this world of ours?</p> <p>10:15 Antique Road show at Cottonwood</p> <p>10:30 Cristi and Christin's Scenic Drive adventure [O]</p> <p>1:30 Mindful Meditation [LR]</p> <p>2:00 On The Farm J-I-N-G-O</p> <p>3:00 Musical Memories [LR]</p> <p>4:00 What is that?! [LR]</p> <p>5:00 Family Pizza Party</p> <p>5:45 Mixed Nuts Entertainment - Social</p> <p>6:45 Friday Night at the Movies (Casablanca)</p>	<p>9:00 Program preparation</p> <p>9:30 Exercise/Balloon Volleyball [LR]</p> <p>9:45 Brain Teasers</p> <p>10:30 Exploring the World [LR]</p> <p>11:00 Surprise Healthy Snack</p> <p>1:30 Trivia Time/Discussion Group</p> <p>2:00 Categories</p> <p>2:30 Artistic Corner</p> <p>3:30 Wii Sports</p> <p>5:45 Karaoke</p>
<p>My Way Day</p> <p>9:00 Program preparation</p> <p>9:30 Spiritual Hymns</p> <p>9:45 You are my Sunshine: Good Morning America Staying Connected [DRP]</p> <p>10:00 Spiritual Get - Together</p> <p>11:00 LDS Church Service</p> <p>12:30 Sunday Sundaes</p> <p>1:00 Past times [DRP]</p> <p>1:30 Table Topics [DRP]</p> <p>2:30 Scenic Drive</p> <p>4:00 Jordan Caswell Entertainment</p> <p>5:45 Story Telling</p> <p>6:30 Reminiscence and Reflection</p>	<p>President's Day</p> <p>9:00 Program preparation</p> <p>9:30 Good morning Exercise & Stretching [LR]</p> <p>9:45 Current Events [LR]</p> <p>10:00 Darts and Horseshoes [LR]</p> <p>10:30 Exercise with Aspen Ridge [LR]</p> <p>10:45 Tasty Snack</p> <p>11:15 Presidents Trivia [LR]</p> <p>1:30 Bingo</p> <p>3:00 Minding Motion for Graceful aging</p> <p>4:00 Look Good feel Great [DRP]</p> <p>5:45 Charades</p> <p>6:30 Story-time</p>	<p>9:00 Program preparation</p> <p>9:30 Welcome the day : Waking up the Mind/Body/Soul</p> <p>10:00 Brain Aerobics : Alphabetical Order</p> <p>10:30 Balloon Volleyball</p> <p>11:00 Picture Bingo</p> <p>1:30 Look Good Feel Great</p> <p>2:30 Word games/Riddles</p> <p>3:00 Bouncy Ball/Funastic Hand eye Coordination</p> <p>3:30 Ken and Holly Karaoke Entertainment</p> <p>5:45 Classic Sing A long</p>	<p>Love Your Pet Day</p> <p>Mildred J Birthday!!</p> <p>9:00 Program preparation</p> <p>9:30 Good Morning Inspirational Story</p> <p>9:45 Music "Artist" Weekly Spotlight</p> <p>10:10 Exercise w/Cristi</p> <p>10:30 Guinness Book of World Records</p> <p>11:00 Family Feud</p> <p>1:30 Scenic Drive</p> <p>3:15 Drum Bus Entertainment</p> <p>4:00 Community Project</p> <p>6:00 Good times with the 12 th Ward Visiting/Social</p>	<p>Carol B Birthday!!</p> <p>9:00 Program preparation</p> <p>9:30 Good morning Exercises/Stretching [LR]</p> <p>10:00 Local Current Events and Inspirational quote for the day [LR]</p> <p>10:30 Baby Shower for Tayler (Staff member) with Heart and Soul Entertainment</p> <p>1:00 Catholic Communion at The Ridge Cottonwood</p> <p>1:30 Heart and Tones Music Therapy</p> <p>2:30 Hangman/Pictionary</p> <p>3:00 Ted Talks</p> <p>3:30 Mini Golf</p> <p>4:00 Busy hands with Instruments/Musical creations</p> <p>5:45 Bingo</p>	<p>National Chili Day</p> <p>9:00 Program preparation</p> <p>9:30 You are my Sunshine: Sit and Stay fit</p> <p>10:00 What's New and Interesting in this world of ours?</p> <p>10:15 Antique Road show at Cottonwood</p> <p>10:30 Cristi and Christin's Scenic Drive adventure to the Dunford Donut bakery [O]</p> <p>1:30 Mindful Meditation</p> <p>2:00 Around the House J-I-N-G-O</p> <p>3:00 Music Memories</p> <p>4:00 What is that?! [LR]</p> <p>6:00 Friday Night at the Movies (Dr. Zhivago)</p>	<p>9:00 Program preparation</p> <p>9:30 Exercise/Balloon Volleyball [LR]</p> <p>9:45 Brain Teasers</p> <p>10:30 Exploring the World [LR]</p> <p>11:00 Surprise Healthy Snack</p> <p>1:30 Trivia Time/Discussion Group</p> <p>2:00 Categories</p> <p>2:30 Artistic Corner</p> <p>3:00 Welcome New Residents/Birthday Social Cheryl Blackley Entertainment</p> <p>4:00 Wii Sports</p> <p>5:45 Karaoke</p>
<p>9:00 Program preparation</p> <p>9:30 Spiritual Hymns</p> <p>9:45 You are my Sunshine: Good Morning America Staying Connected [DRP]</p> <p>10:00 Spiritual Get - Together</p> <p>11:00 LDS Church Service</p> <p>12:30 Sunday Sundaes</p> <p>1:00 Past times [DRP]</p> <p>1:30 Table Topics [DRP]</p> <p>2:30 Scenic Drive</p> <p>4:00 Game on! Social</p> <p>5:45 Story Telling</p> <p>6:30 Reminiscence and Reflection</p>	<p>9:00 Program preparation</p> <p>9:30 Good morning Exercise & Stretching [LR]</p> <p>9:45 Current Events [LR]</p> <p>10:00 Darts and Horseshoes [LR]</p> <p>10:30 Exercise with Aspen Ridge [LR]</p> <p>10:45 Tasty Snack</p> <p>11:15 Poetry Corner [LR]</p> <p>1:30 Bingo</p> <p>3:00 Minding Motion for Graceful aging</p> <p>4:00 Look Good feel Great [DRP]</p> <p>5:45 Charades</p> <p>6:30 Story-time</p>	<p>9:00 Program preparation</p> <p>9:30 Welcome the day : Waking up the Mind/Body/Soul</p> <p>10:00 Brain Aerobics : What came first?</p> <p>10:30 Balloon Volleyball</p> <p>11:00 Picture Bingo</p> <p>1:30 Look Good Feel Great</p> <p>2:00 Don Bennion Saxophone Entertainment</p> <p>3:00 Chef Jose - Food Magic</p> <p>3:30 Believe it or Not Team challenge</p> <p>4:00 Bun Fun Pet therapy/Show and tell</p> <p>4:15 Word games/Riddles</p> <p>5:45 Classic Sing A long</p>	<p>9:00 Program preparation</p> <p>9:30 Good Morning Inspirational Story</p> <p>9:45 Music "Artist" Weekly Spotlight</p> <p>10:10 Exercise w/Cristi</p> <p>10:30 Guinness Book of World Records</p> <p>11:00 Family Feud</p> <p>1:30 Travel-Along</p> <p>2:30 Scenic Drive [O]</p> <p>4:00 Brain Teasers</p> <p>5:45 Bowling Tournament</p> <p>6:30 Matching Game</p>	<p>National Tooth Fairy Day</p> <p>9:00 Program preparation</p> <p>9:30 Good morning Exercises/Stretching [LR]</p> <p>10:00 Local Current Events and Inspirational quote for the day [LR]</p> <p>10:30 Healthy Culinary Creations [LR]</p> <p>11:00 Travel-Along</p> <p>11:15 UNO card game</p> <p>1:00 Catholic Communion at The Ridge Cottonwood</p> <p>1:30 Time slips</p> <p>2:00 Ted Talks</p> <p>2:30 Pictionary/Hangman</p> <p>3:30 Mini Golfing [LR]</p> <p>4:00 Busy hands with Instruments/Composing Music [LR]</p> <p>5:45 Bingo</p>	<p>Resident Birthdays</p> <p>Gordon S. 2/9</p> <p>Tomoko H. 2/10</p> <p>Mildred J. 2/20</p> <p>Carol B. 2/21</p>	