

- 9:00am Chair Yoga (CR)
- 9:45am You Don't Want to Miss This! (PCMR)
- 10:00am Aqualates (CR)
- 10:00am LifeLoop Help Desk (PGR)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 10:00am Silver Singers Baritone Practice (PCMR)
- 10:30am Heads Up! (PGR)
- 11:00am Labor Day BBQ (CY)
- 11:30am Live Music: RETRO Trio (CY)
- 1:00pm American Mahjong (PMVR)
- 1:15pm Bingo (PGR)
- 2:00pm Chair Yoga (PER)
- 2:30pm Humongous Words (RGR)
- 2:30pm Open Card Games (PGR)
- 3:00pm Silver Singers Alto Practice (RCR)
- 3:30pm Mexican Train (PGR)

- 9:00am Chairs, Bands & Balls (CR)
- 9:00am Outdoor Mindfulness Meditation (CY)
- 9:30am Cornhole (CY)
- 10:00am Co-Ed Bocce Ball (CY)
- 10:00am Pool Fitness (CR)
- 10:30am I-phone/And roid Help Desk (PGR)
- 11:00am Mobile Watch Company (LB)
- 1:00pm Cribbage (AGB)
- 1:30pm Buzzed Bingo (PGR)
- 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder -Hudson River School (RCR)
- 2:00pm Strength & Stretch (PER)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 2:30pm Rummikub (PGR)
- 3:30pm Name That Tune (PGR)
- 4:00pm Catholic Communion Service w/ Deacon Don (RC)

- 9:00am POWER
 Over Parkinson's
 Fitness Class (CR)
- 10:00am Craft: Fairy Garden (PAS)
- 10:00am Silver Singers Rehearsal (PCMR)
- 11:00am Men's Fitness (CR)
- 11:00am Step & Balance (PER)
- 11:15am RosaryPrayer Group (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Chair Yoga (CR)
- 1:00pm Ice Cream Social (G&GB)
- 1:00pm Pool Fitness(CR)2:00pm Bible Study
- (PCMR)
 2:00pm Resistance
- River Training (CR)
 2:00pm Trivia
- (G&GB)
- 3:00pm Band Class (PER)
- 3:30pm Mexican Train (PGR)
- 6:30pm Live Music: Joyce Karchere (RCR)

- 9:00am Pickleball Open Court (CY)
 - 9:30am Coffee & Donut Social (G&GB)
 - 10:00am Interactive Crossword (G&GB)
 - 10:00am Pool Core & Balance (CR)
 - 10:00am Silver Singers Sopranos Practice (PCMR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 1:00pm Chess (RGR)
 - 1:00pm Flower Arrangements (PAS)
 - 2:00pm Open Art Studio (PAS)
 - 3:00pm Balance Class (PER)
 - 3:00pm Documentary: The Sixties (PC)3:00pm The Stitchers
 - (TPB)
 3:15pm Brain Games
 (PGR)
 - 5:50pm Poker Club (PGR)

- AD National Food Bank Day (LB)
 - 9:00am Bible Study (LC)
 - 10:00am Resistance River Training (CR)
 - 10:00am Women's Group Bocce Ball (CY)
 - 11:00am Pool Fitness (CR)
- 1:00pm Cribbage (AGB)
- 1:30pm Bingo (PGR)
- 2:00pm Strength & Cardio (PER)
- 3:00pm Men's Fitness (CR)
- 3:00pm National Beer Lovers Day Happy Hour (AGB)
- 5:00pm Welcome Shabbat w/ Paula (TPB)
- 6:30pm Movie: Hello, Dolly! (PC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

- 10:00am Pool Core & Balance (CR)
- 11:00am Resistance River Training (CR)
- 1:30pm Bingo (PGR)
- 2:00pm Ball & Band Fitness (PER)
- 2:30pm Arm Chair Travel- Joseph Rosendo's Travelscope (PC)
- 3:00pm Movie: The Right Stuff (PC)
- 6:30pm Movie: The Right Stuff (PC)

PINEHURST · SENIOR LIVING

HAPPY BIRTHDAY

Marli A. - 1st Ethel L. - 5th Kathleen S. - 13th Aase B. - 14th Marty R. - 17th Treva H. - 18th Barb F. - 19th Helen R. - 25th Faith V. - 28th

ACTIVITY TYPES

- Inspirational
- Intellectual
- PhysicalSocial
 - LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB

Palisade (AL) Dining Room = PDR PanoVista (IL) = PV Peaks (AL) Cinema = PC

Peaks (AL) Community Room = PCMR

Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR Peaks (AL) Private Dining Room = PPDR

Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key



- 8:30am Sunday Worship at First Pres. Live Stream (PC)
- 9:30am Outing: Catholic Service (LB)
- 10:00am Game of Sequence (PGR)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Root Beer Float Social (G&GB)
- 1:45pm Broncos vsTitans Watch Party(SW)11Ci(I
- 2:00pm Non-Denomi national Church Serv ice (RCR)
- 2:00pm Stretch & Flexibility Class (PER)
- 2:30pm Word Games (PGR)
- 3:00pm Movie: The Pact (PC)
- 4:00pm Bingo w/ Eve (LC)
- 6:30pm Movie: The Pact (PC)

- 9:00am Chair Yoga (CR)
- 10:00am Aqualates (CR)
- 10:00am LifeLoop Help Desk (PGR)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 10:00am Silver Singers Baritone Practice (PCMR)
- 10:30am Heads Up! (PGR)
- 11:30am Couture Chez Vous Boutique (LB)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Live Speaker: Medical Mission to Ukraine During the War (RCR)
- 1:15pm Bingo (PGR)
- 2:00pm Chair Yoga (PER)
- 2:30pm Humongous Words (RGR)
- 2:30pm Open Card Games (PGR)
- 3:00pm Silver Singers Alto Practice (RCR)
- 3:30pm Mexican Train (PGR)

- 9:00am Chairs, Bands & Balls (CR)
- 9:00am Outdoor Mindfulness Meditation (CY)
- 9:30am Cornhole (CY)
- 9:30am Outing: Benson Sculpture Garden (LB)
- 10:00am Co-Ed Bocce Ball (CY)
- 10:00am Pool Fitness (CR)
- 10:30am Brain Games (PGR)
- 11:00am MobileWatch Company (LB)1:00pm Cribbage
- (AGB)

 1:30pm Buzzed Bingo
- (PGR)

 2:00pm Strength & Stretch (PER)
- 2:00pm Walking
 Through Grief w/
 Pastor Mark (PCMR)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 2:30pm Rummikub (PGR)
- 3:00pm Live Speaker:
 Dan Hudak The
 Films of Steven
 Spielberg (RCR)
- 3:30pm Name That Tune (PGR)
- 4:00pm Dementia Support Group (PCMR)

- 9 9:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:00am Craft: Fall Leaf Tote Bag (PAS)
- 10:00am Silver Singers Rehearsal (PCMR)
- 11:00am Men's Fitness (CR)
- 11:00am Step & Balance (PER)
- 11:15am Rosary Prayer Group (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Chair Yoga (CR)
- 1:00pm Ice Cream Social (G&GB)
- 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR)2:00pm International
- Chocolate Day (AGB)
- 2:00pm Resistance River Training (CR)
- 2:00pm Trivia (G&GB)
- 3:00pm Band Class (PER)
- 3:30pm Mexican Train (PGR)
- 6:30pm Live Music: Larry O'Connor (RCR)

- 9:00am Pickleball Open Court (CY)
 - 10:00am Event
 Planning Meeting
 (PGR)
 - 10:00am Pool Core & Balance (CR)
 - 10:00am Silver Singers Sopranos Practice (PCMR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 12:30pm Live Music: Young Heart Trio (AGB)
 - 12:30pm September Birthday Bash (AGB)
 - 1:00pm Chess (RGR)
 - 1:00pm Flower Arrangements (PAS)
 - 2:00pm Open Art Studio (PAS)
 - 3:00pm Balance Class (PER)
 - 3:00pm Documentary: The Sixties (PC)
 - 3:00pm The Stitchers (TPB)
 - 3:15pm Brain Games (PGR)
 - 6:15pm Silver Singers Performance Warm Up (LC)
- 7:00pm Silver Singers Choir Concert -Summers Farewell (RCR)

- 9:00am Bible Study (LC)
 - 10:00am Outing:
 Men's Group Lucile's Creole Cafe
 (LB)
 - 10:00am Resistance River Training (CR)
 - 10:00am Women's Group Bocce Ball (CY)
 - 11:00am Pool Fitness (CR)
 - 1:00pm Cribbage (AGB)
 - 1:30pm Bingo (PGR)
 - 2:00pm Strength & Cardio (PER)
 - 3:00pm Men's Fitness (CR)
 - 3:00pm Sex on the Beach Happy Hour (AGB)
 - 5:00pm Welcome Shabbat w/ Paula (TPB)
 - 6:30pm Movie: Captain's Courageous (PC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

- 10:00am Pool Core & Balance (CR)11:00am Resistance
- River Training (CR)
- 1:30pm Bingo (PGR)2:00pm Ball & Band
- Fitness (PER)
 2:15pm Silver Singers
 Performance Warm
- 2:30pm Arm Chair Travel- Joseph Rosendo's Travelscope (PC)
- 3:00pm Movie: Sahara (PC)

Up (LC)

- 3:00pm Silver Singers Choir Concert -Summers Farewell (RCR)
- 6:30pm Movie: Sahara (PC)

HAPPY BIRTHDAY

PINEHURST · SENIOR LIVING

Marli A. - 1st Ethel L. - 5th Kathleen S. - 13th Aase B. - 14th Marty R. - 17th Treva H. - 18th Barb F. - 19th Helen R. - 25th Faith V. - 28th

ACTIVITY TYPES

- Inspirational
- Intellectual
 Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
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Lobby = LB

Palisade (AL) Dining Room = PDR PanoVista (IL) = PV Peaks (AL) Cinema = PC

Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio =

PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room =

Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key



- AD Grandparents Day
- 8:30am Sunday Worship at First Pres. Live Stream (PC)
- 9:30am Outing: Catholic Service (LB)
- 10:00am Game of Sequence (PGR)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 12:00pm Caricature Artist & Balloon Twister (LB)
- 12:00pm Live Music: The Barncasters (AGB)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Root Beer Float Social (G&GB)
- 2:00pm Non-Denomi national Church Serv ice (RCR)
- 2:00pm Stretch & Flexibility Class (PER)
- 2:05pm Broncos vs Colts Potluck (SW)
- 2:30pm Word Games (PGR)
- 3:00pm Movie: Joy (PC)
- 6:30pm Movie: Joy (PC)

- 9:00am Chair Yoga (CR)
 - 9:00am Summit Scone Social (TPB)
 - 10:00am Aqualates (CR)
 - 10:00am Memory March: Walk to End Alzheimer's (CY)
 - 10:00am Men's Group Bocce Ball (CY)
 - 10:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:30am Live Music: Cow Jazz (CY)
 - 1:00pm American Mahjong (PMVR)
 - 1:15pm Bingo (PGR)
 - 2:00pm Chair Yoga (PER)
 - 2:30pm Humongous Words (RGR)
 - 2:30pm Open Card Games (PGR)
 - 3:30pm Mexican
 Train (PGR)

- 9:00am Chairs, Bands & Balls (CR)
 - 9:00am Outdoor Mindfulness Meditation (CY)
 - 9:30am Cornhole (CY)
 - 10:00am Co-Ed Bocce Ball (CY)
 - 10:00am Pool Fitness (CR)
 - 10:30am Confessional s (LC)
 - 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)
 - 11:00am Mobile Watch Company (LB)
 - 12:45pm Buzzed Bingo (PGR)
 - 1:00pm Cribbage (AGB)
 - 2:00pm Strength & Stretch (PER)
 - 2:30pm Let's Talk Food: Nuts (G&GB)
 - 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
 - 2:45pm Rummikub (PGR)
 - 3:45pm Name That Tune (PGR)
 - 7:00pm Bonfires & Beers (CY)

- 9:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:00am Craft: Water Color Butterfly (PAS)
 - 11:00am Men's Fitness (CR)
 - 11:00am Step & Balance (PER)
 - 11:15am RosaryPrayer Group (RCR)12:00pm Live Music:
 - Coreen Wells (LB)
 1:00pm American
 - Mahjong (PMVR)

 1:00pm Chair Yoga
 (CR)
 - 1:00pm Ice Cream Social (G&GB)
 - 1:00pm Pool Fitness (CR)
 - 2:00pm Bible Study (PCMR)
 - 2:00pm Resistance River Training (CR)
 - 2:00pm Trivia (G&GB)
 - 3:00pm Band Class (PER)
 - 3:30pm Mexican Train (PGR)
 - 6:30pm Live Music: Scott Hackler (RCR)

- 9:00am Pickleball Open Court (CY)
 - 9:15am Outing: Walk the Park - Evergreen Lake (LB)
 - 9:30am Coffee & Donut Social (G&GB)
 - 9:45am EXERAI Fall Prevention (RCR)
 - 10:00am Interactive Crossword (G&GB)
 - 10:00am Pool Core & Balance (CR)11:00am Mini Golf
 - 11:00am Mini Golf
 Tournament with
 FTS (RCR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 1:00pm Chess (RGR)
 - 1:00pm Flower
 Arrangements (PAS)
 - 2:00pm Open Art Studio (PAS)
 - 3:00pm Balance Class (PER)
 - 3:00pm Documentary: The Sixties (PC)
 - 3:00pm The Stitchers (TPB)
 - 3:15pm Brain Games (PGR)
 - 4:15pm Outing:
 Venice Restaurante
 (A Couples Night
 Out) (LB)
 - 5:50pm Poker Club (PGR)

- 9:00am Bible Study (LC)
 - 9:15am Outing:
 American Museum
 of Western Art (LB)
 - 10:00am Resistance River Training (CR)
 - 10:00am Women's Group Bocce Ball (CY)
 - 11:00am Pool Fitness (CR)
 - 1:00pm Cribbage (AGB)
 - 1:30pm Bingo (PGR)
 - 2:00pm Strength & Cardio (PER)
 - 2:30pm Rosh
 Hashanah
 Educational Session
 (Welcome Shabbat
 Included) (RCR)
 - 3:00pm Men's Fitness (CR)
 - 3:00pm Pink Starburst Happy Hour (AGB)
 - 6:30pm Movie: Freaky Friday (PC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

- 10:00am Pool Core & Balance (CR)
- 11:00am Resistance River Training (CR)
- 1:30pm Bingo (PGR)
- 2:00pm Ball & Band Fitness (PER)
- 2:30pm Arm Chair Travel- Joseph Rosendo's Travelscope (PC)
- 3:00pm Movie: Chariots of Fire (PC)
- 6:30pm Movie: Chariots of Fire (PC)

HAPPY BIRTHDAY

PINEHURST · SENIOR LIVING

Marli A. - 1st Ethel L. - 5th Kathleen S. - 13th Aase B. - 14th Marty R. - 17th Treva H. - 18th Barb F. - 19th Helen R. - 25th Faith V. - 28th

ACTIVITY TYPES

- Inspirational
- Intellectual
 Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB Board Room = BR Courtyard = CY Grab & Go Bistro (AL) = G&GB

Learning Center (IL) = LC Lobby = LB Palisade (AL) Dining Room = PDR

PanoVista (IL) = PV Peaks (AL) Cinema = PC Peaks (AL) Community Room =

PCMR Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR Peaks (AL) Private Dining Room =

Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key



- 8:30am Sunday Worship at First Pres. Live Stream (PC)
- 9:30am Outing: Catholic Service (LB)
- 10:00am Game of Sequence (PGR)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Root Beer Float Social (G&GB)
- 1:45pm Broncos vs Chargers Watch Party (SW)
- 2:00pm Non-Denomi national Church Serv ice (RCR)
- 2:00pm Stretch & Flexibility Class (PER)
- 2:30pm Word Games (PGR)
- 3:00pm Movie: The Mercy (PC)
- 4:00pm Bingo w/ Eve (LC)
- 6:30pm Movie: The Mercy (PC)

- 9:00am Chair Yoga (CR)
 - 10:00am Aqualates (CR)
 - 10:00am LifeLoop Help Desk (PGR)
 - 10:00am Men's Group Bocce Ball (CY)
 - 10:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:30am Heads Up! (PGR)
 - 11:30am Live Speaker: Scripture Through Another Lens – Shadowlands (PCMR)
 - 1:00pm American Mahjong (PMVR)
 - 1:15pm Bingo (PGR)
 - 2:00pm Chair Yoga (PER)
 - 2:00pm National Ice Cream Cone Day (LB)
 - 2:30pm Humongous
 Words (RGR)
 - 2:30pm Resident Town Hall (PCMR)
 - 3:30pm Mexican Train (PGR)
 - 7:00pm Brewin' at the Summit Octoberfest (TPB)
 - 7:00pm Live Music: Hal & Evelyn Duo (TPB)

- 9:00am Chairs, Bands & Balls (CR)
 - 9:00am Outdoor Mindfulness Meditation (CY)
 - 9:30am Cornhole (CY)
 - 10:00am Co-Ed Bocce Ball (CY)
 - 10:00am National Voter Registration Day (LB)
 - 10:00am Pool Fitness (CR)
 - 10:30am Brain Games (PGR)
 - 11:00am MobileWatch Company (LB)1:00pm Cribbage
 - (AGB)

 1:30pm Buzzed Bingo
 - (PGR)

 2:00pm Strength & Stretch (PER)
 - 2:00pm Walking
 Through Grief w/
 Pastor Mark (PCMR)
 - 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
 - 2:30pm Rummikub (PGR)
 - 3:00pm Live Speaker: Active Minds - The Refugee Crisis (RCR)
 - 3:30pm Name That Tune (PGR)

- 9:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:00am Outing:
 Glen Eyrie Castle Guided Tour and Tea
 (LB)
 - 10:00am Silver Singers Rehearsal (PCMR)
 - 11:00am Men's Fitness (CR)
 - 11:00am Step & Balance (PER)
 - 11:15am Rosary Prayer Group (RCR)
 - 1:00pm American Mahjong (PMVR)
 - 1:00pm Chair Yoga (CR)
 - 1:00pm Ice CreamSocial (G&GB)1:00pm Pool Fitness
 - (CR) ● 2:00pm Bible Study
 - (PCMR)
 2:00pm Resistance
 River Training (CR)
 - 2:00pm Trivia (G&GB)
 - 3:00pm Band Class (PER)
 - 3:30pm Mexican Train (PGR)
 - 3:30pm New Resident Social (RCR)
 - 6:30pm Live Music: Warren Floyd (RCR)

- 9:00am Pickleball Open Court (CY)
 - 10:00am Craft: Aspen Tree Sip n Paint (PAS)
 - 10:00am Pool Core & Balance (CR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 1:00pm Chess (RGR)
 - 1:00pm Flower
 Arrangements (PAS)
 - 2:00pm Open Art Studio (PAS)
 - 3:00pm Balance Class (PER)
 - 3:00pm Documentary: The Sixties (PC)
 - 3:00pm Live Speaker:
 Active Minds Artificial Intelligence
 (RCR)
 - 3:00pm The Stitchers (TPB)
 - 3:15pm Brain Games (PGR)

- 8:00am National Pancake Day (RCR)
 - 9:00am Bible Study (LC)
 - 10:00am Resistance River Training (CR)
 - 10:00am Women's Group Bocce Ball (CY)
 - 11:00am Pool Fitness (CR)
 - 1:00pm Cribbage (AGB)
 - 1:00pm Parkinson's Support Group (LC)
 - 1:30pm Bingo (PGR)
 - 2:00pm 2025
 Legislative Update & Special Session
 Outcomes w/
 Representative
 Lieder (RCR)
 - 2:00pm Strength & Cardio (PER)
 - 3:00pm Men's Fitness (CR)
 - 3:00pm Welcome Wagon Happy Hour (AGB)
 - 5:00pm Welcome Shabbat w/ Paula (TPB)
 - 6:30pm Movie: The King and I (PC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

- 10:00am Pool Core & Balance (CR)
- 11:00am Resistance River Training (CR)
- 1:30pm Bingo (PGR)
- 2:00pm Ball & Band Fitness (PER)
- 2:30pm Arm Chair Travel- Joseph Rosendo's Travelscope (PC)
- 3:00pm Movie: The Martian (PC)
- 6:30pm Movie: The Martian (PC)

HAPPY BIRTHDAY

PINEHURST · SENIOR LIVING

Marli A. - 1st Ethel L. - 5th Kathleen S. - 13th Aase B. - 14th Marty R. - 17th Treva H. - 18th Barb F. - 19th Helen R. - 25th Faith V. - 28th

ACTIVITY TYPES

- Inspirational
- IntellectualPhysical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB Board Room = BR Courtyard = CY Grab & Go Bistro (AL) = G&GB

Learning Center (IL) = LC Lobby = LB Palisade (AL) Dining Room = PDR

PanoVista (IL) = PV Peaks (AL) Cinema = PC Peaks (AL) Community Room =

PCMR Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR Peaks (AL) Private Dining Room =

Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key



THE RIDGE

PINEHURST · SENIOR LIVING

HAPPY BIRTHDAY

Marli A. - 1st Ethel L. - 5th Kathleen S. - 13th Aase B. - 14th Marty R. - 17th Treva H. - 18th Barb F. - 19th Helen R. - 25th Faith V. - 28th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC

Peaks (AL) Cinema = PC
Peaks (AL) Community Room =
PCMR

Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR Peaks (AL) Private Dining Room = PPDR

Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR

Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW The Point Bistro (IL) = TPB

- SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY
- AD National Neighbor Day (LB)
- 8:30am Sunday
 Worship at First Pres.
 Live Stream (PC)
- 9:00am Outing: The Broadmoor - Sunday Brunch (LB)
- 10:00am Game of Sequence (PGR)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Root Beer Float Social (G&GB)
- 2:00pm Non-Denomi national Church Serv ice (RCR)
- 2:00pm Stretch & Flexibility Class (PER)
- 2:30pm Word Games (PGR)
- 3:00pm Movie: The Penguin Lessons (PC)
- 6:30pm Movie: The Penguin Lessons (PC)

- 9:00am Chair Yoga (CR)
 - 9:00am Summit Scone Social (TPB)
 - 10:00am Aqualates (CR)
 - 10:00am LifeLoop Help Desk (PGR)
 - 10:00am Men's Group Bocce Ball (CY)
 - 10:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:30am Heads Up! (PGR)
 - 1:00pm American Mahjong (PMVR)
 - 1:15pm Bingo (PGR)
 - 2:00pm Chair Yoga (PER)
 - 2:30pm Humongous Words (RGR)
 - 2:30pm Open Card Games (PGR)
 - 3:30pm Mexican Train (PGR)
 - 6:15pm Broncos vs Bangles Potluck (SW)

- 8:00am National Coffee Day (TPB)
 - 9:00am Chairs, Bands & Balls (CR)

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- 9:00am Outdoor Mindfulness Meditation (CY)
- 9:30am Cornhole (CY)
- 10:00am Co-Ed Bocce Ball (CY)
- 10:00am Pool Fitness (CR)
- 11:00am Mobile Watch Company (LB)
- 1:00pm Cribbage (AGB)
- 1:30pm Buzzed Bingo (PGR)
- 2:00pm Strength & Stretch (PER)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 2:30pm Rummikub (PGR)
- 3:30pm Name That Tune (PGR)
- 7:00pm Bonfires & Beers (CY)

Dining Venues

Front Desk: 720-316-5226

The Beacon:
Monday-Saturday
7am-10am
11am-3pm
4pm-7pm
Sunday Brunch
8am-11am

Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm

11am-2pm

The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am

> Skywood: Sunday 5pm-8pm

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.