SUNDAY

WEDNESDAY THURSDAY



SATURDAY THE RIDGE

PINEHURST · SENIOR LIVING

• 9:00am Chair Yoga (CR)

MONDAY

- 10:00am Aqualates (CR)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 10:00am Silver Singers Baritone Practice (PCMR)
- 11:00am Labor Day BBQ (CY)
- 11:00am Pilates Sit & Stand Fitness Class (CR)
- 11:30am Live Music: RETRO Trio (CY)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Strength & Fitness (CR)
- 2:00pm Step & Balance (CR)
- 2:30pm Humongous Words (RGR)
- 3:00pm Silver Singers Alto Practice (RCR)
- 4:00pm TV Series: When Calls the Heart (S2, E6) (RC)
- 7:00pm TV Series: The Avengers (S3, E5) (RC)

9:00am Chairs, Bands & Balls (CR)

10:00am Co-Ed Bocce Ball (CY)

TUESDAY

- 10:00am Pool Fitness (CR)
- 10:00am TED Talk Tuesday: A Primer on 3D Printing (RC)
- 11:00am Cardio w/ Weights (CR)
- 11:00am Mobile Watch Company (LB)
- 12:00pm Daily Check in
- 1:00pm Cribbage (AGB)
- 1:00pm Step & Balance (CR)
- 2:00pm Live Speaker:
 ARTiculating Art w/
 Wendy Alder Hudson
 River School (RCR)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 3:00pm Documentary: Elvis Presley- The Searcher (1 of 2) (RC)
- 4:00pm Catholic Communion Service w/ Deacon Don (RC)
- 8:00pm TV Series: Monk (S1, E12) (RC)

- 9:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:00am Silver Singers Rehearsal (PCMR)
- 10:00am Stretch & Flexibility Class (CR)11:00am Men's Fitness
- (CR) • 11:15am Learn
- LifeLoop (LC)

 11:15am Rosary Prayer
 Group (RCR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Chair Yoga (CR)
 1:00pm Pool Fitness
- (CR)

 2:00pm Bible Study
- (PPDR)
- 2:00pm Pilates Sit & Stand Fitness Class (CR)
- 2:00pm Resistance River Training (CR)
- 4:00pm Event Planning Meeting (LC)
- 4:00pm TV Series: The West Wing (S.2, E.1) (RC)
- 6:30pm Live Music: Joyce Karchere (RCR)
- 8:00pm TV Series: Suits (S3, E1) (RC)

- 9:00am Pickleball Open Court (CY)
 - 10:00am Pool Core & Balance (CR)
 - 10:00am Silver Singers Sopranos Practice (PCMR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 12:00pm Daily Check in
 - 1:00pm Band Fitness Class (CR)
 - 1:00pm Bingo (LC)
 - 1:00pm Chess (RGR)
- 2:00pm Balance Fitness Class (CR)
- 2:00pm Documentary:
 Elvis Presley- The
 Searcher (2 of 2) (RC)
- 2:00pm Open Art Studio (PAS)
- 3:00pm Resident Council Meeting (RCR)
- 3:00pm The Stitchers (TPB)
- 5:50pm Poker Club (PGR)
- 7:00pm TV Series: Yellowstone (S3, E8) (RC)

AD National Food Bank Day (LB)

FRIDAY

- 9:00am Bible Study (LC)
- 10:00am Resistance River Training (CR)
- 10:00am Women's Group Bocce Ball (CY)11:00am Pool Fitness
- (CR) ● 12:00pm Daily Check
- in
 12:45pm Duplicate
 Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Cribbage (AGB)
- 3:00pm Men's Fitness (CR)
- 3:00pm Movie: Hello, Dolly! (RC)
- 3:00pm National Beer Lovers Day Happy Hour (AGB)

Dolly! (RC)

5:00pm Welcome Shabbat w/ Paula (TPB)7:00pm Movie: Hello, Trader Joe's (LB)

11:00am Resistance
River Training (CR)

12:00pm Daily Check
in

12:30pm American

Front Desk: 720-316-5226

5 9:00am Pickleball

Balance (CR)

• 10:30am Outing:

Open Court (CY)

• 10:00am Pool Core &

- Mahjong (RCR)

 12:30pm American
 Mahjong (RCR)

 12:30pm Open Art
- Studio (RAS)
 1:00pm Ball & Band
 Fitness (CR)
- 2:00pm Mexican Train (RGR)
- 3:00pm Movie: The Right Stuff (RC)
- 3:00pm Stretch & Flexibility Class (CR)
- 7:00pm Movie: The Right Stuff (RC)

HAPPY BIRTHDAY

Norie A. - 1st Karen O. - 2nd Lorna S. - 2nd Holly S. - 7th Fredrick S. - 9th Harold P. - 10th Andy M. - 10th Sue M. - 10th Marley H. - 10th Ro H. - 11th June D. - 12th Peter N. - 12th Margot L. - 13th Caryl H. - 15th Don W. - 15th John M. - 16th Dwight G. - 17th Anne B. - 20th Donna S. - 20th Bob S. - 24th

ACTIVITY TYPES

Micki G. - 25th

Rosemarie S. - 30th

- Inspirational
- Intellectual
 Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room =

PMVR

Peaks (AL) Private Dining Room = PPDR Peaks (AL) Sunrise Room = PSR

Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW

The Point Bistro (IL) = TPB

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

WEDNESDAY THURSDAY



THE RIDGE

PINEHURST · SENIOR LIVING

SUNDAY MONDAY

- 8:30am Sunday
 Worship at First Pres.
 Live Stream (PC)
- 9:30am Outing: Catholic Service (LB)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 12:00pm Daily Check in
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Outing: Trader Joe's (LB)
- 1:00pm Root Beer Float Social (G&GB)
- 1:30pm SCRABBLE! (AGB)
- 1:45pm Broncos vs Titans Watch Party
- 2:00pm Non-Denomina tional Church Service (RCR)
- 3:00pm Balance Class (CR)
- 3:00pm Movie: The Pact (RC)
- 4:00pm Bingo w/ Eve (LC)
- 7:00pm Movie: The Pact (RC)

- 9:00am Chair Yoga (CR)
 - 10:00am Aqualates (CR)
 - 10:00am Men's Group Bocce Ball (CY)
 - 10:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:00am Silver Singers Baritone Practice (PCMR)
 - 10:30am Book Club Group 4 (PV)
 - 10:30am Dining Reservation Class (Full Count) (LC)
 - 11:00am Pilates Sit & Stand Fitness Class (CR)
 - 11:30am Couture Chez Vous Boutique (LB)
 - 12:00pm Daily Check in
 - 12:45pm Duplicate Bridge (RCR)
 - 12:45pm Party Bridge (RCR)
 - 1:00pm American Mahjong (PMVR)
 - 1:00pm Strength & Fitness (CR)
 - 2:00pm Step & Balance (CR)
 - 2:30pm Humongous Words (RGR)
 - 3:00pm Silver Singers Alto Practice (RCR)
 - 4:00pm TV Series: When Calls the Heart (S2, E7) (RC)
 - 7:00pm TV Series: The Avengers (S3, E6) (RC)

9:00am Chairs, Bands & Balls (CR)

TUESDAY

- 9:30am Outing: Benson Sculpture Garden (LB)
- 10:00am Co-Ed Bocce Ball (CY)
- 10:00am Pool Fitness (CR)
- 10:00am TED Talk
 Tuesday: How to Build
 for Human Life on
 Mars (RC)
- 11:00am Cardio w/ Weights (CR)
- 11:00am Mobile Watch Company (LB)
- 12:00pm Daily Check in
- 1:00pm Cribbage (AGB)
- 1:00pm Step & Balance (CR)
- 2:00pm Documentary: Summer of Soul (...Or, When the Revolution Could Not Be Televised) (RC)
- 2:00pm Walking Through Grief w/ Pastor Mark (PCMR)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 3:00pm Live Speaker:
 Dan Hudak The Films of Steven Spielberg (RCR)
- 4:00pm Dementia Support Group (PCMR)
- 8:00pm TV Series: Monk (S2, E1) (RC)

- 9 9:00am POWER Over Parkinson's Fitness Class (CR)
 - 10:00am Silver Singers Rehearsal (PCMR)
 - 10:00am Stock Market Discussion Group (LC)
 - 10:00am Stretch & Flexibility Class (CR)11:00am Men's Fitness
 - (CR)

 11:15am Learn
 - LifeLoop (LC)

 11:15am Rosary Prayer
 - Group (RCR)
 12:00pm Daily Check
 in
 - 12:45pm DuplicateBridge (LC)12:45pm Party Bridge
 - (LC)
 1:00pm American
 - Mahjong (PMVR)

 1:00pm Chair Yoga (CR)
- 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR)
- 2:00pm Great
 Decisions: AI and
 American National
 Security (RCR)
- 2:00pm International Chocolate Day (AGB)
- 2:00pm Pilates Sit & Stand Fitness Class (CR)
- 2:00pm Resistance River Training (CR)
- 4:00pm TV Series: The West Wing (S2, E2) (RC)
- 6:30pm Live Music: Larry O'Connor (RCR)
- 8:00pm TV Series: Suits (S3, E2) (RC)

- 9:00am Pickleball Open Court (CY)
 - 10:00am Pool Core & Balance (CR)
 - 10:00am Silver Singers Sopranos Practice (PCMR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 12:00pm Daily Check in
 - 12:30pm Live Music: Young Heart Trio (AGB)
 - 12:30pm September Birthday Bash (AGB)
 - 1:00pm Band Fitness Class (CR)
 - 1:00pm Chess (RGR)
 - 1:45pm Bingo (LC)
 2:00pm Balance Fitness
 - Class (CR)
 2:00pm Open Art
 Studio (PAS)
 - 3:00pm Documentary:20 Feet from Stardom (RC)
 - 3:00pm The Stitchers (TPB)
 - 6:15pm Silver Singers
 Performance Warm Up
 - 7:00pm Silver Singers Choir Concert -Summers Farewell (RCR)
 - 8:00pm TV Series: Yellowstone (S3, E9) (RC)

- 9:00am Bible Study (LC)
 - 10:00am Outing: Men's Group - Lucile's Creole Cafe (LB)

FRIDAY

- 10:00am Resistance River Training (CR)
- 10:00am Women's Group Bocce Ball (CY)
- 11:00am Pool Fitness (CR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)12:45pm Party Bridge
- (RCR) • 1:00pm Cardio w/
- Weights (CR)

 1:00pm Cribbage (AGB)
- 3:00pm Men's Fitness (CR)
- 3:00pm Movie: Captain's Courageous (RC)
- 3:00pm Sex on the Beach Happy Hour (AGB)
- 5:00pm Welcome Shabbat w/ Paula (TPB)
- 7:00pm Movie: Captain's Courageous (RC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

SATURDAY

13

- 10:00am Pool Core & Balance (CR)
- 10:30am Outing: King Soopers (LB)11:00am Resistance
- River Training (CR)
 12:00pm Daily Check
- 12:30pm American Mahjong (RCR)
- 12:30pm Open Art Studio (RAS)
- 1:00pm Ball & Band Fitness (CR)2:00pm Mexican Train
- (RGR)

 2:15pm Silver Singers
 Performance Warm Up
- (LC)
 3:00pm Movie: Sahara
 (RC)
- 3:00pm Silver Singers Choir Concert -Summers Farewell (RCR)
- 3:00pm Stretch & Flexibility Class (CR)
- 7:00pm Movie: Sahara (RC)

HAPPY BIRTHDAY

Norie A. - 1st Karen O. - 2nd

Lorna S. - 2nd Holly S. - 7th

Fredrick S. - 9th Harold P. - 10th

Andy M. - 10th Sue M. - 10th

Marley H. - 10th

Ro H. - 11th

June D. - 12th Peter N. - 12th

Margot L. - 13th Caryl H. - 15th

Don W. - 15th John M. - 16th

Dwight G. - 17th

Anne B. - 20th

Donna S. - 20th Bob S. - 24th

Micki G. - 25th Rosemarie S. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- PhysicalSocial

LOCATION KEY

AlpenGlow Bar = AGB Board Room (IL) = BR Club Ridge = CR Courtyard = CY

Learning Center (IL) = LC Lobby = LB PanoVista (IL) = PV

Peaks (AL) Community Room = PCMR Peaks (AL) Creative Art Studio = PAS Peaks (AL) Mountain View Room =

PMVR Peaks (AL) Private Dining Room = PPDR

Peaks (AL) Sunrise Room = PSR Ridge Cinema = RC

Ridge Community Room = RCR Ridge Creative Art Studio = RAS Ridge Game Room = RGR

Skywood (IL) = SW The Point Bistro (IL) = TPB

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

WEDNESDAY THURSDAY



SATURDAY THE RIDGE

20

PINEHURST · SENIOR LIVING

SUNDAY

AD Grandparents Day

- 8:30am Sunday Worship at First Pres. Live Stream (PC)
- 9:30am Outing: Catholic Service (LB)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 12:00pm Caricature Artist & Balloon Twister (LB)
- 12:00pm Daily Check in
- 12:00pm Live Music: The Barncasters (AGB)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Outing: King Soopers (LB)
- 1:00pm Root Beer Float Social (G&GB)
- 2:00pm Non-Denomina tional Church Service (RCR)
- 2:05pm Broncos vs Colts Potluck (SW)
- 2:30pm SCRABBLE! (AGB)
- 3:00pm Balance Class (CR)
- 3:00pm Movie: Joy (RC)
- 7:00pm Movie: Joy (RC)

- 9:00am Chair Yoga (CR)
 - 9:00am Summit Scone Social (TPB)

MONDAY

- 10:00am Aqualates (CR)
- 10:00am Memory March: Walk to End Alzheimer's (CY)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 10:30am Live Music: Cow Jazz (CY)
- 11:00am Pilates Sit & Stand Fitness Class (CR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Strength & Fitness (CR)
- 2:00pm Step & Balance (CR)
- 2:30pm Humongous Words (RGR)
- 4:00pm TV Series: When Calls the Heart (S2, E8) (RC)
- 7:00pm TV Series: The Avengers (S3, E7) (RC)

- 9:00am Chairs, Bands & Balls (CR)
- 10:00am Co-Ed Bocce Ball (CY)
 - 10:00am Pool Fitness (CR)

TUESDAY

- 10:00am TED Talk Tuesday: Why Some People Are More Altruistic Than Others (RC)
- 10:30am Confessionals (LC)
- 11:00am Cardio w/ Weights (CR)
- 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)
- 11:00am Mobile Watch Company (LB)
- 12:00pm Daily Check in
- 1:00pm Cribbage (AGB)1:00pm Step & Balance
- (CR)
 2:00pm Documentary:
 Billy Joel: And So It
 Goes (1 of 2) (RC)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 7:00pm Bonfires & Beers (CY)
- 8:00pm TV Series: Monk (S2, E2) (RC)

- 9:00am POWER
 Over Parkinson's
 Fitness Class (CR)
 - 10:00am Stretch & Flexibility Class (CR)
 - 11:00am Men's Fitness (CR)11:15am Hospitality
 - Committee (SW)
 11:15am Learn
 LifeLoop (LC)
 - 11:15am Rosary Prayer Group (RCR)
 - 12:00pm Daily Check in
 - 12:00pm Live Music: Coreen Wells (LB)
 - 12:45pm DuplicateBridge (RCR)12:45pm Party Bridge
 - (RCR)
 1:00pm American
 - Mahjong (PMVR) ● 1:00pm Chair Yoga (CR)
- 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR)
- 2:00pm Pilates Sit & Stand Fitness Class (CR)
- 2:00pm Resistance River Training (CR)
- 4:00pm TV Series: The West Wing (S2, E3) (RC)
- 6:30pm Live Music: Scott Hackler (RCR)
- 8:00pm TV Series: Suits (S3, E3) (RC)

- 9:00am Pickleball Open Court (CY)
 - 9:15am Outing: Walk the Park - Evergreen Lake (LB)
 - 10:00am Pool Core & Balance (CR)
 - 11:00am Mini Golf Tournament with FTS (RCR)
 - 11:00am Resistance River Training (CR)
 - 11:00am Walking Group (LB)
 - 12:00pm Daily Check in
 - 1:00pm Band Fitness Class (CR)
 - 1:00pm Bingo (LC)
 - 1:00pm Chess (RGR)
 - 2:00pm Balance Fitness Class (CR)
 - 2:00pm Documentary: Billy Joel - And So It Goes (2 of 2) (RC)
 - 2:00pm Open Art Studio (PAS)
 - 3:00pm Let's Talk Food: Nuts (LC)
 - 3:00pm The Stitchers (TPB)
 - 4:15pm Outing: Venice Restaurante (A Couples Night Out) (LB)
 - 5:50pm Poker Club (PGR)
 - 7:00pm TV Series: Yellowstone (S3, E10) (RC)

9:00am Bible Study (LC)

FRIDAY

- 9:15am Outing: American Museum of Western Art (LB)
- 10:00am Resistance River Training (CR)
- 10:00am Women's Group Bocce Ball (CY)11:00am Pool Fitness
- (CR) • 12:00pm Daily Check
- in
 12:45pm Duplicate
 Bridge (LC)
- 12:45pm Party Bridge (LC)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Cribbage (AGB)
- 2:30pm Rosh
 Hashanah Educational
 Session (Welcome
 Shabbat Included)
 (RCR)
- 3:00pm Men's Fitness (CR)
- 3:00pm Movie: Freaky Friday (RC)
- 3:00pm Pink Starburst Happy Hour (AGB)
- 7:00pm Movie: Freaky Friday (RC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

- 10:00am Pool Core & Balance (CR)
- 11:00am Resistance River Training (CR)12:00pm Daily Check
- in 12:30pm American
- Mahjong (RCR)

 12:30pm Open Art
 Studio (RAS)
- 1:00pm Ball & Band Fitness (CR)
- 2:00pm Mexican Train (RGR)
- 3:00pm Movie: Chariots of Fire (RC)3:00pm Stretch &

Chariots of Fire (RC)

Flexibility Class (CR)
7:00pm Movie:

HAPPY BIRTHDAY

Norie A. - 1st Karen O. - 2nd

Lorna S. - 2nd

Holly S. - 7th

Fredrick S. - 9th Harold P. - 10th

Andy M. - 10th

Sue M. - 10th

Marley H. - 10th Ro H. - 11th

June D. - 12th

Peter N. - 12th Margot L. - 13th

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ACTIVITY TYPES

- Inspirational
- Intellectual
 Physical
- Physica.Social

LOCATION KEY

AlpenGlow Bar = AGB Board Room (IL) = BR Club Ridge = CR

Courtyard = CY Learning Center (IL) = LC

Lobby = LB PanoVista (IL) = PV

Peaks (AL) Community Room = PCMR Peaks (AL) Creative Art Studio = PAS Peaks (AL) Mountain View Room = PMVR

Peaks (AL) Private Dining Room =

Peaks (AL) Sunrise Room = PSR Ridge Cinema = RC

Ridge Community Room = RCR Ridge Creative Art Studio = RAS

Ridge Game Room = RGR Skywood (IL) = SW

The Point Bistro (IL) = TPB

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

WEDNESDAY THURSDAY



THE RIDGE

PINEHURST · SENIOR LIVING

21 0 0 0 0 0 0 0

8:30am Sunday
 Worship at First Pres.
 Live Stream (PC)

SUNDAY

- 9:30am Outing: Catholic Service (LB)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 12:00pm Daily Check in
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Root Beer Float Social (G&GB)
- 1:30pm SCRABBLE! (AGB)
- 1:45pm Broncos vs Chargers Watch Party (SW)
- 2:00pm Non-Denomina tional Church Service (RCR)
- 3:00pm Balance Class (CR)
- 3:00pm Movie: The Mercy (RC)Mercy (RC)
- 4:00pm Bingo w/ Eve (LC)
- 7:00pm Movie: The Mercy (RC)

9:00am Chair Yoga (CR)

MONDAY

- 10:00am Aqualates (CR)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 10:30am Dining Reservation Class (Full Count) (LC)
- 11:00am Pilates Sit & Stand Fitness Class (CR)
- 11:30am Live Speaker: Scripture Through Another Lens -Shadowlands (PCMR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Strength & Fitness (CR)
- 2:00pm National Ice Cream Cone Day (LB)
- 2:00pm Step & Balance (CR)
- 2:30pm Humongous Words (RGR)
- 4:00pm TV Series: When Calls the Heart (S2, E9) (RC)
- 7:00pm Brewin' at the Summit Octoberfest (TPB)
- 7:00pm Live Music: Hal & Evelyn Duo (TPB)
- 7:00pm TV Series: The Avengers (S3, E8) (RC)

9:00am Chairs, Bands & Balls (CR)

- 10:00am Co-Ed Bocce Ball (CY)
- 10:00am National Voter Registration Day (LB)

TUESDAY

- 10:00am Pool Fitness (CR)
- 10:00am TED Talk Tuesday: Compassion and the True Meaning of Empathy (RC)
- 11:00am Cardio w/ Weights (CR)
- 11:00am Mobile Watch Company (LB)
- 12:00pm Daily Check in
- 1:00pm Cribbage (AGB)1:00pm Step & Balance
- (CR)

 2:00pm Documentary:
- Sunday Best -The Untold Story of Ed Sullivan (RC)
- 2:00pm Walking Through Grief w/ Pastor Mark (PCMR)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 3:00pm Live Speaker: Active Minds - The Refugee Crisis (RCR)
- 8:00pm TV Series: Monk (S2, E3) (RC)

9:00am POWER Over Parkinson's Fitness Class (CR)

- 10:00am Outing: Glen Eyrie Castle - Guided Tour and Tea (LB)
- 10:00am Silver Singers Rehearsal (PCMR)
- 10:00am Stock Market Discussion Group (LC)
- 10:00am Stretch & Flexibility Class (CR)
- 11:00am Men's Fitness(CR)11:15am Learn
- LifeLoop (LC)

 11:15am Rosary Prayer
 Group (RCR)
- 12:00pm Daily Check
- 12:45pm Duplicate Bridge (LC)
- 12:45pm Party Bridge(LC)1:00pm American
- 1:00pm American Mahjong (PMVR)
- 1:00pm Chair Yoga (CR)
- 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR)
- 2:00pm Pilates Sit & Stand Fitness Class (CR)
- 2:00pm Resistance River Training (CR)
- 3:30pm New Resident Social (RCR)
- 4:00pm TV Series: The West Wing (S2, E4) (RC)
- 6:30pm Live Music: Warren Floyd (RCR)
- 8:00pm TV Series: Suits (S3, E4) (RC)

9:00am Pickleball Open Court (CY)

- 10:00am Pool Core & Balance (CR)
- 11:00am Leadership Lounge: Lori Edition (TPB)
- 11:00am Resistance River Training (CR)
- 11:00am Walking Group (LB)
- 12:00pm Daily Check in
- 1:00pm Band Fitness Class (CR)
- 1:00pm Chess (RGR)
- 1:30pm Bingo (LC)
- 2:00pm Balance Fitness Class (CR)
- 2:00pm Open Art Studio (PAS)
- 3:00pm Live Speaker: Active Minds -Artificial Intelligence (RCR)
- 3:00pm The Stitchers (TPB)
- 7:00pm TV Series: Yellowstone (S4, E1) (RC)

8:00am National Pancake Day (RCR)

FRIDAY

- 9:00am Bible Study (LC)
- 10:00am Book Club Group 1 (PV)
- 10:00am Resistance River Training (CR)
- 10:00am Women's Group Bocce Ball (CY)11:00am Book Club
- Group 2 (LC)

 11:00am Pool Fitness
- (CR)

 12:00pm Daily Check
- 12:45pm Duplicate Bridge (PV)
- 12:45pm Party Bridge (PV)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Cribbage (AGB)
- 1:00pm Parkinson's Support Group (LC)
- 2:00pm 2025
 Legislative Update & Special Session
 Outcomes w/
 Representative Lieder (RCR)
- 3:00pm Men's Fitness (CR)
- 3:00pm Movie: The King and I (RC)
- 3:00pm Welcome Wagon Happy Hour (AGB)
- 5:00pm Welcome Shabbat w/ Paula (TPB)
- 7:00pm Movie: The King and I (RC)

9:00am Pickleball Open Court (CY)

Front Desk: 720-316-5226

SATURDAY

27

- 10:00am Pool Core & Balance (CR)
- 10:30am Outing: King Soopers (LB)11:00am Resistance
- River Training (CR)

 12:00pm Daily Check
- 12:30pm American Mahjong (RCR)
- 12:30pm Open Art Studio (RAS)
- 1:00pm Ball & Band Fitness (CR)2:00pm Mexican Train
- (RGR)

 3:00pm Movie: The
- Martian (RC)
 3:00pm Stretch &
 Flexibility Class (CR)
- 7:00pm Movie: The Martian (RC)

HAPPY BIRTHDAY

Norie A. - 1st Karen O. - 2nd Lorna S. - 2nd

Holly S. - 7th Fredrick S. - 9th

Harold P. - 10th Andy M. - 10th

Sue M. - 10th Marley H. - 10th

Ro H. - 11th

June D. - 12th Peter N. - 12th

Margot L. - 13th Caryl H. - 15th

Don W. - 15th

John M. - 16th Dwight G. - 17th

Anne B. - 20th Donna S. - 20th

Bob S. - 24th Micki G. - 25th

ACTIVITY TYPES

Rosemarie S. - 30th

- Inspirational
- Intellectual

 Physical
- PhysicalSocial

LOCATION KEY

AlpenGlow Bar = AGB Board Room (IL) = BR Club Ridge = CR

Courtyard = CY Learning Center (IL) = LC

Lobby = LB PanoVista (IL) = PV

Peaks (AL) Community Room = PCMR Peaks (AL) Creative Art Studio = PAS Peaks (AL) Mountain View Room =

PMVR Peaks (AL) Private Dining Room = PPDR

Peaks (AL) Sunrise Room = PSR Ridge Cinema = RC

Ridge Community Room = RCR Ridge Creative Art Studio = RAS

Ridge Game Room = RGR Skywood (IL) = SW

The Point Bistro (IL) = TPB

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR



THE RIDGE

PINEHURST · SENIOR LIVING

HAPPY BIRTHDAY

Norie A 1st
Karen O 2nd
Lorna S 2nd
Holly S 7th
Fredrick S 9th
Harold P 10th
Andy M 10th
Sue M 10th
Marley H 10th
Ro H 11th
June D 12th
Peter N 12th
Margot L 13th
Caryl H 15th
Don W 15th
John M 16th
Dwight G 17th
Anne B 20th
Donna S 20th
Bob S 24th
Micki G 25th

ACTIVITY TYPES

Rosemarie S. - 30th

Inspirational

AlpenGlow Bar = AGB

- IntellectualPhysical
- Physica
- Social

LOCATION KEY

Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room =
PMVR

Peaks (AL) Private Dining Room = PPDR

Peaks (AL) Sunrise Room = PSR Ridge Cinema = RC

Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS

Ridge Game Room = RGR Skywood (IL) = SW The Point Bistro (IL) = TPB

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- AD National Neighbor Day (LB)
- 8:30am Sunday Worship at First Pres. Live Stream (PC)
- 9:00am Outing: The Broadmoor - Sunday Brunch (LB)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 1:00pm Cardio w/ Weights (CR)1:00pm Root Beer Float
- Social (G&GB)

 1:30pm SCRABBLE!
- (AGB)
- 2:00pm Non-Denomina tional Church Service (RCR)
- 3:00pm Balance Class (CR)
- 3:00pm Movie: The Penguin Lessons (RC)
- 7:00pm Movie: The Penguin Lessons (RC)

9:00am Chair Yoga (CR)

- 9:00am Summit Scone Social (TPB)
- 10:00am Aqualates (CR)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 11:00am Pilates Sit & Stand Fitness Class (CR)
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm American Mahjong (PMVR)
- 1:00pm Strength & Fitness (CR)
- 2:00pm Step & Balance (CR)
- 2:30pm Humongous Words (RGR)
- 4:00pm TV Series: When Calls the Heart (S2, E10) (RC)
- 6:15pm Broncos vs Bangles Potluck (SW)
- 7:00pm TV Series: The Avengers (S3, E9) (RC)

8:00am National Coffee Day (TPB)

• 9:00am Chairs, Bands & Balls (CR) 30

- 10:00am Co-Ed Bocce Ball (CY)
- 10:00am Pool Fitness (CR)
- 10:00am TED Talk Tuesday: Why Do You Love Your Favorite Songs? (RC)
- 11:00am Cardio w/ Weights (CR)
- 11:00am Mobile Watch Company (LB)
- 1:00pm Cribbage (AGB)
- 1:00pm Step & Balance (CR)
- 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)
- 7:00pm Bonfires & Beers (CY)
- 8:00pm TV Series:
 Monk (S2, E4) (RC)

Dining Venues

Front Desk: 720-316-5226

The Beacon:
Monday-Saturday
7am-10am
11am-3pm
4pm-7pm
Sunday Brunch
8am-11am
11am-2pm

The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am

> Skywood: Sunday 5pm-8pm

Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.