

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:45 Sit and Get Fit 10:30 Brain Games with Mary 1:00 Our Planet 2:00 Pop-Up Italian Soda Shoppe 2:30 Game Time 6:30 Saturday Cinema ~ Super Heros



THE RIDGE

FOOTHILL • SENIOR LIVING

HAPPY BIRTHDAY

Mary A. - 4th

Mary Jane S. - 5th

Elisabeth K. - 5th

Phyllis S. - 11th

Larry S. - 13th

Amnon G. - 14th

Joan P. - 15th

Glenn O. - 27th

Steve S. - 30th

ACTIVITY TYPES

Inspirational

Intellectual

Physical

Social

Meal Times

Breakfast

7:30am ~ 9:30am

Lunch

11:30am ~ 2:00pm

Dinner

4:30pm ~ 6:00pm