

NOVEMBER 2025

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE

PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00am Pickleball Open Court (CY) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:00pm Live Performance: Kamishibai - Japanese Paper Theater Presentation (RCR) 2:30pm Arm Chair Travel- Lost & Preserved Colorado Springs (PC) 3:00pm Movie: Nebraska (PC) 6:30pm Movie: Nebraska (PC) 1

HAPPY BIRTHDAY

Mary Helen C. - 2nd
Trudy E. S. - 2nd
Clint T. - 4th
Phyllis B. - 7th
Phil M. - 17th
Jim R. - 20th
Gene C. - 20th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● AD Daylight Saving Time Ends ● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Game of Sequence (PGR) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 11:00am Broncos vs Texans (PC) ● 11:00am Broncos vs Texans Potluck (SW) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 2:00pm Non-Denominational Church Service (RCR) ● 2:00pm Stretch & Flexibility Class (PER) ● 2:30pm Word Games (PGR) ● 3:00pm Movie: A Fortunate Man (PC) ● 4:00pm Bingo w/ Eve (LC) ● 6:30pm Movie: A Fortunate Man (PC)	● 9:00am Chair Yoga (CR) ● 9:30am Resident Council Meeting (PCMR) ● 10:00am Aqualates (CR) ● 10:00am LifeLoop Help Desk (PGR) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:00pm Men's Group Bocce Ball (CY) ● 2:00pm Silver Singers Alto Practice (RCR) ● 2:30pm Humongous Words (RGR) ● 2:30pm Live Speaker: Travis Neil – Aging with Dignity Through Concierge Primary Care (PCMR) ● 3:00pm Live Speaker: Great Musical Moments 1 w/ Dan Hudak (RCR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 9:30am Outing: The Rocky Mountain Quilt Museum (LB) ● 9:30am Wii Games (PGR) ● 10:00am Pool Fitness (CR) ● 10:30am Brain Games (PGR) ● 11:00am Live Speaker: ARTiculating Art w/ Wendy Alder - Folk Art from Around the World (RCR) ● 11:00am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Co-Ed Bocce Ball (CY) ● 2:00pm Strength & Stretch (PER) ● 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 2:30pm Rummikub (PGR) ● 3:30pm Name That Tune (PGR) ● 4:00pm Catholic Communion Service w/ Deacon Don (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Thankful Jars (PAS) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resistance River Training (CR) ● 2:00pm Trivia (G&GB) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 4:30pm Outing: JP's Asian Bistro (LB) ● 6:30pm Hallmark Rainy Day Movie (PC) ● 6:30pm Live Music: Scott Hackler (RCR)	● 9:00am Pickleball Open Court (CY) ● 10:00am Interactive Crossword (G&GB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am CU Anschutz COAST-IT Program Help Desk (LB) ● 11:00am Resistance River Training (CR) ● 11:00am Walking Group (LB) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 2:00pm Nachos Average Social - National Nachos Day (AGB) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary : Lincoln - Divided We Stand (PC) ● 3:00pm The Stitchers (TPB) ● 3:15pm Brain Games (PGR) ● 5:50pm Poker Club (PGR) ● 6:00pm Broncos vs Raiders (PC) ● 6:00pm Broncos vs Raiders Potluck (SW)	● AD Jersey Day ● 9:00am Bible Study (LC) ● 10:00am Resistance River Training (CR) ● 11:00am Pool Fitness (CR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:00pm Women's Group Bocce Ball (CY) ● 3:00pm Men's Fitness (CR) ● 3:00pm Spiked Hot Chocolate Happy Hour (AGB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 6:30pm Movie: Yours, Mine and Ours (PC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 2:30pm Arm Chair Travel- Past Meets Future (PC) ● 3:00pm Movie: Starstruck (PC) ● 3:00pm Scouts Flag Retirement Ceremony (CY) ● 6:30pm Movie: Starstruck (PC)

HAPPY BIRTHDAY

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Game of Sequence (PGR) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Live Speaker: Turkey-Part 2 with Dave and Carolyn Gregory (RC) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 2:00pm Non-Denominational Church Service (RCR) ● 2:00pm Stretch & Flexibility Class (PER) ● 2:30pm Word Games (PGR) ● 3:00pm Movie: To Oliva (PC) ● 6:30pm Movie: To Olivia (PC) 9	● 8:00am Cappaccino Day (TPB) ● 9:00am Chair Yoga (CR) ● 10:00am Aqualates (CR) ● 10:00am LifeLoop Help Desk (PGR) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:30am Rummikub (PGR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:00pm Humongous Words (RGR) ● 2:00pm Men's Group Bocce Ball (CY) ● 2:00pm Silver Singers Alto Practice (RCR) ● 3:00pm Live Speaker: Active Minds - Vincent Van Gogh (RCR) ● 3:30pm Mexican Train (PGR) 10	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 9:30am Wii Games (PGR) ● 10:00am Pool Fitness (CR) ● 11:00am Mobile Watch Company (LB) ● 11:00am Veterans Day Ceremony (Vets & Family Only) (RCR) ● 12:30pm Chess (RGR) ● 1:00pm Buzzed Bingo (PGR) ● 1:00pm Cribbage (AGB) ● 2:00pm Co-Ed Bocce Ball (CY) ● 2:00pm Live Music: The Hoagies Quartet (RCR) ● 2:00pm Strength & Stretch (PER) ● 2:00pm Veterans Day Reception (Vets & All Residents) (RCR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 2:30pm Rummikub (PGR) ● 3:30pm Name That Tune (PGR) ● 4:00pm Dementia Support Group (PCMR) 11	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Turkey Door Decor (PAS) ● 10:00am Littleton Jewelry - Cleaning/Repairs (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resistance River Training (CR) ● 2:00pm Trivia (G&GB) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Hallmark Rainy Day Movie (PC) ● 6:30pm Live Music: Larry O'Connor (RCR) 12	● 9:00am Pickleball Open Court (CY) ● 9:30am Coffee & Donut Social (G&GB) ● 10:00am Event Planning Meeting (PGR) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 11:00am Walking Group (LB) ● 12:30pm Hand & Foot Game (PMVR) ● 12:30pm Live Music: Young Heart Trio (AGB) ● 12:30pm November Birthday Bash (AGB) ● 1:00pm Flower Arrangements (PAS) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary : Lincoln - Divided We Stand (PC) ● 3:00pm The Stitchers (TPB) ● 3:15pm Brain Games (PGR) 13	● 9:00am Bible Study (LC) ● 10:00am Resistance River Training (CR) ● 11:00am Pool Fitness (CR) ● 12:00pm Outing: The Butterfly Pavilion (LB) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:00pm Women's Group Bocce Ball (CY) ● 3:00pm Maple Old Fashioned Happy Hour (AGB) ● 3:00pm Men's Fitness (CR) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 6:30pm Movie: Planes, Trains and Automobiles (PC) 14	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 2:30pm Arm Chair Travel- Colorado State Fair (PC) ● 3:00pm Movie: The Mirror has Two Faces (PC) ● 6:30pm Movie: The Mirror has Two Faces (PC) 15

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ACTIVITY TYPES

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HAPPY BIRTHDAY

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ACTIVITY TYPES

- Inspirational
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LOCATION KEY

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AlpenGlow Bar = AGB
Board Room = BR
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3rd Floor Location Key

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Game of Sequence (PGR) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 2:00pm Non-Denominational Church Service (RCR) ● 2:00pm Stretch & Flexibility Class (PER) ● 2:30pm Word Games (PGR) ● 3:00pm Movie: Downton Abbey: The Grand Finale (PC) ● 6:30pm Movie: Downton Abbey: The Grand Finale (PC)	● 9:00am Chair Yoga (CR) ● 9:00am Falling for Donuts Social (TPB) ● 10:00am Aqualates (CR) ● 10:00am LifeLoop Help Desk (PGR) ● 10:00am Outing: Men's Group - Looking Good Restaurant (LB) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:30am Rummikub (PGR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:00pm Men's Group Bocce Ball (CY) ● 2:00pm Silver Singers Alto Practice (RCR) ● 2:30pm Humongous Words (RGR) ● 2:30pm Town Hall (PCMR) ● 3:00pm Live Speaker: Great Musical Moments 2 (RCR) ● 3:30pm Mexican Train (PGR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 9:30am Wii Games (PGR) ● 10:00am Pool Fitness (CR) ● 11:00am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Co-Ed Bocce Ball (CY) ● 2:00pm Strength & Stretch (PER) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 2:30pm Rummikub (PGR) ● 3:00pm Live Speaker: Active Minds - Russia (RCR) ● 3:30pm Name That Tune (PGR)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Snowflake Decor (PAS) ● 10:00am Littleton Jewelry - Cleaning/Repairs (LB) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resistance River Training (CR) ● 2:00pm Trivia (G&GB) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Hallmark Rainy Day Movie (PC) ● 6:30pm Live Music: Kristo Trio (RCR)	● 9:00am Pickleball Open Court (CY) ● 9:30am Coffee & Donut Social (G&GB) ● 10:00am Interactive Crossword (G&GB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 11:00am Thanksgiving Buffet (B) ● 11:00am Walking Group (LB) ● 12:00pm Live Music: Scott Grove (LB) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Lincoln - Divided We Stand (PC) ● 3:00pm The Stitchers (TPB) ● 3:15pm Brain Games (PGR)	● 9:00am Bible Study (LC) ● 10:00am Resistance River Training (CR) ● 11:00am Pool Fitness (CR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:00pm Women's Group Bocce Ball (CY) ● 3:00pm Live Music: Close N' Counter Trio (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Welcome Wagon Happy Hour (AGB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 6:30pm Movie: Uncle Buck (PC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 2:30pm Arm Chair Travel- New England Traditions (PC) ● 3:00pm Movie: Sideways (PC) ● 6:30pm Movie: Sideways (PC)

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Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE

PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Game of Sequence (PGR) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 2:00pm Non-Denomi national Church Serv ice (RCR) ● 2:00pm Stretch & Flexibility Class (PER) ● 2:30pm Word Games (PGR) ● 3:00pm Movie: Gifted (PC) ● 4:00pm Bingo w/ Eve (LC) ● 6:00pm Broncos vs Commanders Watch Party (SW) ● 6:20pm Broncos vs Commanders (PC) 30						Dining Venues The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-7pm Sunday Brunch 8am-11am 11am-2pm Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am Skywood: Sunday 5pm-8pm This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.

HAPPY BIRTHDAY

Mary Helen C. - 2nd
Trudy E. S. - 2nd
Clint T. - 4th
Phyllis B. - 7th
Phil M. - 17th
Jim R. - 20th
Gene C. - 20th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key
AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC

3rd Floor Location Key
Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key
Peaks (AL) Mountain View Room = PMVR

Summit Building Key
Skywood (IL) = SW
The Point Bistro (IL) = TPB