

NOVEMBER 2025

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE

PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						9:00am Pickleball Open Court (CY) 10:00am Pool Core & Balance (CR) 10:30am Outing: Trader Joe's (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (PV) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Live Performance: Kamishibai - Japanese Paper Theater Presentation (RCR) 2:00pm Mexican Train (RGR) 3:00pm Movie: Nebraska (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: Nebraska (RC) 1

HAPPY BIRTHDAY

Neil S. - 1st
Bunt B. - 2nd
Prudence G. - 4th
Fran K. - 7th
Laurel B. - 8th
Kaaren J. - 9th
Arlys C. - 10th
Jill W. - 12th
Betty M. - 14th
Don S. - 14th
Nick B. - 15th
Bob M. - 16th
Jack D. - 17th
Rod W. - 17th
Ritajean S. - 20th
Elaine K. - 21st
Linda G. - 23rd
Marcy R. - 23rd
Gerry A. - 25th
Don S. - 28th
Roger D. - 28th
Carol H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● AD Daylight Saving Time Ends ● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 11:00am Broncos vs Texans Potluck (SW) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: Trader Joe's (LB) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RCR) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: A Fortunate Man (RC) ● 4:00pm Bingo w/ Eve (LC) ● 7:00pm Movie: A Fortunate Man (RC)	● 9:00am Chair Yoga (CR) ● 10:00am Aqualates (CR) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:30am Dining Reservation Class (Full Count) (LC) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (PV) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Fun Party Bridge (LC) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Humongous Words (RGR) ● 2:00pm Men's Group Bocce Ball (CY) ● 2:00pm Silver Singers Alto Practice (RCR) ● 2:00pm Step & Balance (CR) ● 3:00pm Live Speaker: Great Musical Moments 1 w/ Dan Hudak (RCR) ● 4:00pm TV Series: When Calls the Heart (S3, E8) (RC) ● 7:00pm TV Series: The Avengers (S3, E14) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 9:30am Outing: The Rocky Mountain Quilt Museum (LB) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: How Humans and Animals Can Live Together (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:00am Live Speaker: ARTiculating Art w/ Wendy Alder - Folk Art from Around the World (RCR) ● 11:00am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 2:00pm Co-Ed Bocce Ball (CY) ● 2:00pm Documentary: America: The Story of Us (1 of 4) (RC) ● 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Live Speaker: Travis Neil – Aging with Dignity Through Concierge Primary Care (RCR) ● 4:00pm Catholic Communion Service w/ Deacon Don (RC) ● 8:00pm TV Series: Monk (S2, E7) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stock Market Discussion Group (LC) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 3:00pm Documentary: Famous Last Words: Dr. Jane Goodall (RC) ● 4:00pm Event Planning Meeting (LC) ● 4:00pm TV Series: The West Wing (S2, E10) (RC) ● 4:30pm Outing: JP's Asian Bistro (LB) ● 6:30pm Live Music: Scott Hackler (RCR) ● 8:00pm TV Series: Suits (S3, E10) (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am CU Anschutz COAST-IT Program Help Desk (LB) ● 11:00am Resistance River Training (CR) ● 11:00am Walking Group (LB) ● 12:00pm Daily Check in ● 12:30pm Bingo (LC) ● 1:00pm Band Fitness Class (CR) ● 2:00pm Balance Fitness Class (CR) ● 2:00pm Documentary: America: The Story of Us (2 of 4) (RC) ● 2:00pm Nachos Average Social - National Nachos Day (AGB) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Resident Council Meeting (RCR) ● 3:00pm The Stitchers (TPB) ● 5:50pm Poker Club (PGR) ● 6:00pm Broncos vs Raiders Potluck (SW) ● 7:00pm TV Series: Yellowstone (S4, E7) (RC)	● AD Jersey Day ● 9:00am Bible Study (LC) ● 10:00am Resistance River Training (CR) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 2:00pm Women's Group Bocce Ball (CY) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: Yours, Mine and Ours (RC) ● 3:00pm Spiked Hot Chocolate Happy Hour (AGB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: Yours, Mine and Ours (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: King Soopers (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: Starstruck (RC) ● 3:00pm Scouts Flag Retirement Ceremony (CY) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: Starstruck (RC)

HAPPY BIRTHDAY

Neil S. - 1st
Bunt B. - 2nd
Prudence G. - 4th
Fran K. - 7th
Laurel B. - 8th
Kaaren J. - 9th
Arlys C. - 10th
Jill W. - 12th
Betty M. - 14th
Don S. - 14th
Nick B. - 15th
Bob M. - 16th
Jack D. - 17th
Rod W. - 17th
Ritajean S. - 20th
Elaine K. - 21st
Linda G. - 23rd
Marcy R. - 23rd
Gerry A. - 25th
Don S. - 28th
Roger D. - 28th
Carol H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 ● 8:30am Sunday Worship at First Pres. Live Stream (PC) ●9:30am Outing: Catholic Service (LB) ●10:00am Our Father Lutheran Church Live Stream (RC) ●10:00am Pool Fitness (CR) ●12:00pm Daily Check in ●12:00pm Live Speaker: Turkey-Part 2 with Dave and Carolyn Gregory (RC) ●1:00pm Cardio w/ Weights (CR) ●1:00pm Root Beer Float Social (G&GB) ●1:30pm SCRABBLE! (AGB) ●2:00pm Non-Denominational Church Service (RCR) ●3:00pm Balance Class (CR) ●3:00pm Movie: To Olivia (RC) ●7:00pm Movie: To Olivia (RC)	10 ● 8:00am Cappaccino Day (TPB) ●9:00am Chair Yoga (CR) ●10:00am Aqualates (CR) ●10:00am POWER Over Parkinson's Fitness Class (CR) ●10:00am Silver Singers Baritone Practice (PCMR) ●11:00am Pilates Sit & Stand Fitness Class (CR) ●12:00pm Daily Check in ●12:45pm Duplicate Bridge (PV) ●1:00pm American Mahjong - Siamese Style (PMVR) ●1:00pm Fun Party Bridge (LC) ●1:00pm Strength & Fitness (CR) ●2:00pm Humongous Words (RGR) ●2:00pm Men's Group Bocce Ball (CY) ●2:00pm Silver Singers Alto Practice (RCR) ●2:00pm Step & Balance (CR) ●3:00pm Live Speaker: Active Minds - Vincent Van Gogh (RCR) ●4:00pm TV Series: When Calls the Heart (S3, E9) (RC) ●7:00pm TV Series: The Avengers (S3, E15) (RC)	11 ● 9:00am Chairs, Bands & Balls (CR) ●10:00am Pool Fitness (CR) ●10:00am TED Talk Tuesday: Increase Your Self-awareness with one Simple Fix (RC) ●11:00am Cardio w/ Weights (CR) ●11:00am Mobile Watch Company (LB) ●11:00am Veterans Day Ceremony (Vets & Family Only) (RCR) ●12:00pm Daily Check in ●12:30pm Chess (RGR) ●1:00pm Cribbage (AGB) ●1:00pm Step & Balance (CR) ●2:00pm Co-Ed Bocce Ball (CY) ●2:00pm Live Music: The Hoagies Quartet (RCR) ●2:00pm Veterans Day Reception (Vets & All Residents) (RCR) ●2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ●3:00pm Documentary: America: The Story of Us (3 of 4) (RC) ●4:00pm Dementia Support Group (PCMR) ●8:00pm TV Series: Monk (S2, E8) (RC)	12 ● 9:00am POWER Over Parkinson's Fitness Class (CR) ●10:00am Littleton Jewelry - Cleaning/Repairs (LB) ●10:00am Silver Singers Rehearsal (PCMR) ●10:00am Stretch & Flexibility Class (CR) ●11:00am Men's Fitness (CR) ●11:15am LifeLoop Help Desk (LC) ●11:15am Rosary Prayer Group (RCR) ●12:00pm Daily Check in ●12:45pm Duplicate Bridge (RCR) ●1:00pm American Mahjong (PMVR) ●1:00pm Chair Yoga (CR) ●1:00pm Pool Fitness (CR) ●2:00pm Bible Study (PCMR) ●2:00pm Pilates Sit & Stand Fitness Class (CR) ●2:00pm Resistance River Training (CR) ●2:00pm Sip and Paint w/ Jeanne (RAS) ●4:00pm TV Series: The West Wing (S2, E11) (RC) ●6:30pm Live Music: Larry O'Connor (RCR) ●8:00pm TV Series: Suits (S3, E11) (RC)	13 ● 9:00am Pickleball Open Court (CY) ●10:00am Pool Core & Balance (CR) ●10:00am Silver Singers Sopranos Practice (PCMR) ●11:00am Resistance River Training (CR) ●11:00am Walking Group (LB) ●12:00pm Daily Check in ●12:30pm Live Music: Young Heart Trio (AGB) ●12:30pm November Birthday Bash (AGB) ●1:00pm Band Fitness Class (CR) ●1:30pm Bingo (LC) ●2:00pm Balance Fitness Class (CR) ●2:00pm Open Art Studio (PAS) ●3:00pm Documentary: America: The Story of Us (4 of 4) (RC) ●3:00pm The Stitchers (TPB) ●7:00pm TV Series: Yellowstone (S4, E8) (RC)	14 ● 9:00am Bible Study (LC) ●10:00am Resistance River Training (CR) ●11:00am Pool Fitness (CR) ●12:00pm Daily Check in ●12:00pm Outing: The Butterfly Pavilion (LB) ●12:45pm Duplicate Bridge (RCR) ●1:00pm Cardio w/ Weights (CR) ●1:00pm Cribbage (AGB) ●2:00pm Women's Group Bocce Ball (CY) ●3:00pm Maple Old Fashioned Happy Hour (AGB) ●3:00pm Men's Fitness (CR) ●3:00pm Movie: Planes, Trains and Automobiles (RC) ●5:00pm Welcome Shabbat w/ Paula (TPB) ●7:00pm Movie: Planes, Trains and Automobiles (RC)	15 ● 9:00am Pickleball Open Court (CY) ●10:00am Pool Core & Balance (CR) ●10:30am Outing: Trader Joe's (LB) ●11:00am Resistance River Training (CR) ●12:00pm Daily Check in ●12:30pm American Mahjong (RCR) ●12:30pm Open Art Studio (RAS) ●1:00pm Ball & Band Fitness (CR) ●2:00pm Mexican Train (RGR) ●3:00pm Movie: The Mirror has Two Faces (RC) ●3:00pm Stretch & Flexibility Class (CR) ●7:00pm Movie: The Mirror has Two Faces (RC)

HAPPY BIRTHDAY

Neil S. - 1st
Bunt B. - 2nd
Prudence G. - 4th
Fran K. - 7th
Laurel B. - 8th
Kaaren J. - 9th
Arlys C. - 10th
Jill W. - 12th
Betty M. - 14th
Don S. - 14th
Nick B. - 15th
Bob M. - 16th
Jack D. - 17th
Rod W. - 17th
Ritajean S. - 20th
Elaine K. - 21st
Linda G. - 23rd
Marcy R. - 23rd
Gerry A. - 25th
Don S. - 28th
Roger D. - 28th
Carol H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: Trader Joe's (LB) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RCR) ● 2:15pm Broncos vs Chiefs Watch Party (SW) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: The Naked Gun (RC) ● 4:00pm Bingo w/ Eve (LC) ● 6:30pm Live Music: Marco & Marie Dou (RCR) ● 7:00pm Movie: The Naked Gun (RC)	● 9:00am Chair Yoga (CR) ● 9:00am Falling for Donuts Social (TPB) ● 10:00am Aqualates (CR) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:30am Dining Reservation Class (Full Count) (LC) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (PV) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Fun Party Bridge (RCR) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Men's Group Bocce Ball (CY) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (RCR) ● 3:30pm Live Speaker: Volunteer Opportunities for Hospice (RCR) ● 4:00pm TV Series: When Calls the Heart (S4, E1) (RC) ● 7:00pm TV Series: The Avengers (S3, E16) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: The Inside Story of Notre-Dame's Incredible Reconstruction (RC) ● 10:30am Confessionals (LC) ● 11:00am Cardio w/ Weights (CR) ● 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR) ● 11:00am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Ceramics Class - Open Studio (PAS) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 2:00pm Co-Ed Bocce Ball (CY) ● 2:00pm Documentary: The American Recolutioin (1 of 6) (RC) ● 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 8:00pm TV Series: Monk (S2, E9) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stock Market Discussion Group (LC) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am Hospitality Committee (SW) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:00pm Live Music: Coreen Wells (LB) ● 12:45pm Duplicate Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Outing: Ralph L. Carr Judicial Center (LB) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 4:00pm TV Series: The West Wing (S2, E12) (RC) ● 8:00pm TV Series: Suits (S3, E12) (RC)	● 9:00am Pickleball Open Court (CY) ● 9:30am Outing: Johnson Lake - Walk the Park (LB) ● 9:45am EXERAI - Fall Prevention (RCR) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Live Speaker: FTS presents Exer AI (RCR) ● 11:00am Resistance River Training (CR) ● 11:00am Walking Group (LB) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Bingo BONANZA (RCR) ● 2:00pm Balance Fitness Class (CR) ● 2:00pm Documentary: The American Revolution (2 of 6) (RC) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Let's Talk Food: Apple (LC) ● 3:00pm The Stitchers (TPB) ● 5:50pm Poker Club (PGR) ● 7:00pm TV Series: Yellowstone (S4, E9) (RC)	● 9:00am Bible Study (LC) ● 10:00am Book Club Group 1 (PV) ● 10:00am Resistance River Training (CR) ● 11:00am Book Club Group 2 (LC) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 1:00pm Parkinson's Support Group (LC) ● 2:00pm Women's Group Bocce Ball (CY) ● 2:30pm Pinehurst Pie Sale (LB) ● 3:00pm Apple Cider Mimosa Happy Hour (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: Rear Window (RC) ● 4:30pm Outing: Hungry Goat Scratch Kitchen & Wine Bar (LB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: Rear Window (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: King Soopers (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: On Golden Pond (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: On Golden Pond (RC)

HAPPY BIRTHDAY

Neil S. - 1st
Bunt B. - 2nd
Prudence G. - 4th
Fran K. - 7th
Laurel B. - 8th
Kaaren J. - 9th
Arlys C. - 10th
Jill W. - 12th
Betty M. - 14th
Don S. - 14th
Nick B. - 15th
Bob M. - 16th
Jack D. - 17th
Rod W. - 17th
Ritajean S. - 20th
Elaine K. - 21st
Linda G. - 23rd
Marcy R. - 23rd
Gerry A. - 25th
Don S. - 28th
Roger D. - 28th
Carol H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: King Soopers (LB) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RCR) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: Downton Abbey: The Grand Finale (RC) ● 7:00pm Movie: Downton Abbey: The Grand Finale (RC)	● 9:00am Chair Yoga (CR) ● 9:00am Falling for Donuts Social (TPB) ● 10:00am Aqualates (CR) ● 10:00am Outing: Men's Group - Lookin Good Restaurant (LB) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (PV) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Fun Party Bridge (LC) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Men's Group Bocce Ball (CY) ● 2:00pm Silver Singers Alto Practice (RCR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Live Speaker: Great Musical Moments 2 (RCR) ● 4:00pm TV Series: When Calls the Heart (S4, E2) (RC) ● 7:00pm TV Series: The Avengers (S4, E1) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: Why Having Fun is the Secret to a Healthier Life (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:00am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:00pm Documentary: The American Revolution (3 of 6) (RC) ● 1:00pm Step & Balance (CR) ● 2:00pm Co-Ed Bocce Ball (CY) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Live Speaker: Active Minds - Russia (RCR) ● 8:00pm TV Series: Monk (S2, E10) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Littleton Jewelry - Cleaning/Repairs (LB) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 4:00pm TV Series: The West Wing (S2, E13) (RC) ● 6:30pm Live Music: Kristo Trio (RCR) ● 8:00pm TV Series: Suits (S3, E13) (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 11:00am Thanksgiving Buffet (B) ● 11:00am Walking Group (LB) ● 12:00pm Daily Check in ● 12:00pm Live Music: Scott Grove (LB) ● 1:00pm Band Fitness Class (CR) ● 1:30pm Bingo (LC) ● 2:00pm Balance Fitness Class (CR) ● 2:00pm Documentary: The American Revolution (4 of 6) (RC) ● 2:00pm Open Art Studio (PAS) ● 3:00pm The Stitchers (TPB) ● 7:00pm TV Series: Yellowstone (S4, E10) (RC)	● 9:00am Bible Study (LC) ● 10:00am Resistance River Training (CR) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 2:00pm Women's Group Bocce Ball (CY) ● 3:00pm Live Music: Close N' Counter Trio (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: Uncle Buck (RC) ● 3:00pm Welcome Wagon Happy Hour (AGB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: Uncle Buck (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: Trader Joe's (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: Sideways (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: Sideways (RC)

HAPPY BIRTHDAY

Neil S. - 1st
Bunt B. - 2nd
Prudence G. - 4th
Fran K. - 7th
Laurel B. - 8th
Kaaren J. - 9th
Arllys C. - 10th
Jill W. - 12th
Betty M. - 14th
Don S. - 14th
Nick B. - 15th
Bob M. - 16th
Jack D. - 17th
Rod W. - 17th
Ritajean S. - 20th
Elaine K. - 21st
Linda G. - 23rd
Marcy R. - 23rd
Gerry A. - 25th
Don S. - 28th
Roger D. - 28th
Carol H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB

NOVEMBER 2025

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 12:00pm Daily Check in 1:00pm Cardio w/ Weights (CR) 1:00pm Outing: Trader Joe's (LB) 1:00pm Root Beer Float Social (G&GB) 1:30pm SCRABBLE! (AGB) 2:00pm Non-Denominational Church Service (RCR) 3:00pm Balance Class (CR) 3:00pm Movie: Gifted (RC) 4:00pm Bingo w/ Eve (LC) 6:00pm Broncos vs Commanders Watch Party (SW) 7:00pm Movie: Gifted (RC)						

HAPPY BIRTHDAY

- Neil S. - 1st
- Bunt B. - 2nd
- Prudence G. - 4th
- Fran K. - 7th
- Laurel B. - 8th
- Kaaren J. - 9th
- Arlys C. - 10th
- Jill W. - 12th
- Betty M. - 14th
- Don S. - 14th
- Nick B. - 15th
- Bob M. - 16th
- Jack D. - 17th
- Rod W. - 17th
- Ritajean S. - 20th
- Elaine K. - 21st
- Linda G. - 23rd
- Marcy R. - 23rd
- Gerry A. - 25th
- Don S. - 28th
- Roger D. - 28th
- Carol H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

- AlpenGlow Bar = AGB
- Board Room (IL) = BR
- Club Ridge = CR
- Courtyard = CY
- Learning Center (IL) = LC
- Lobby = LB
- PanoVista (IL) = PV
- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Mountain View Room = PMVR
- Peaks (AL) Private Dining Room = PPDR
- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
- Ridge Community Room = RCR
- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.