



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div><div></div><div>9:30 Fact or Fiction</div><div></div><div>10:00 Open Arms Exercises With Music</div><div></div><div>10:30 Sensational Sitcoms</div><div></div><div>1:30 CHERYL BLACKLEY Performs</div><div></div><div>2:30 Sensational Smoothies</div><div></div><div>3:00 Sports Corner</div><div></div><div>3:45 Sing-along with Kim</div><div></div><div>6:00 Fill in the Blanks</div><div></div><div>6:30 Monday Movie Night</div></div> <div>1</div>	<div><div></div><div>9:45 Converse and Connect</div><div></div><div>10:00 Movement with Music/with Hydration</div><div></div><div>10:30 Pet Therapy with Intermountain Animal Therapy</div><div></div><div>11:00 Reading Aloud</div><div></div><div>1:30 This Day in History</div><div></div><div>2:00 Baking Corner</div><div></div><div>3:00 Word Games</div><div></div><div>3:30 Name that Tune</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:10 Poetry Time</div><div></div><div>6:30 Tuesday at the Theatre</div></div> <div>2</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Music Artist Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>2:45 Puzzles, Games and Art</div><div></div><div>3:00 Snack and Hydration from the Kitchen</div><div></div><div>3:30 Chair Volley Ball</div><div></div><div>4:00 Scattergories</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Wednesday Movie Night</div></div> <div>3</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Reading Aloud</div><div></div><div>10:45 Open Arms Exercises With Music/Hydration</div><div></div><div>11:15 This Day in History</div><div></div><div>1:30 Basket Ball</div><div></div><div>2:00 Trivia Corner</div><div></div><div>2:30 Homemade Bread and Hydration</div><div></div><div>3:00 Aroma Therapy and Hand Massage</div><div></div><div>4:00 Mindful Meditation and Stretching</div><div></div><div>6:00 Sit Back and Relax to Soft Music</div><div></div><div>6:30 Thursday Movie Night</div></div> <div>4</div>	<div><div></div><div>9:30 A Stroll Down Memory Lane</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Actor Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>1:45 Art & Puzzles</div><div></div><div>3:00 Trail Mix Popcorn Snack</div><div></div><div>3:30 Family Feud</div><div></div><div>4:00 Putt, Putt Golf</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Friday Movie Night</div></div> <div>5</div>	<div><div></div><div>10:00 Good Morning this Day in History</div><div></div><div>10:30 Morning Walk Around The Building</div><div></div><div>11:00 Art & Puzzles</div><div></div><div>1:30 Game Corner</div><div></div><div>2:30 Snack and Hydration from the Kitchen</div><div></div><div>3:00 Jen Bradshaw on Guitar</div><div></div><div>4:00 Tender Hand and Nail Care</div><div></div><div>6:00 Stretch and Reset</div><div></div><div>6:30 Saturday Night at the Movies</div></div> <div>6</div>
<div><div></div><div>10:00 Spiritual Hymns - Recollect/Reflect</div><div></div><div>10:30 Inspirational Story's and Quotes</div><div></div><div>11:00 The Church of Jesus Christ of Latter-day Saints</div><div></div><div>1:30 Pictionary</div><div></div><div>2:00 Putt, Putt Golf</div><div></div><div>2:30 Sunday Ice Cream Bars</div><div></div><div>3:00 Armchair Travel</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:00 Sing-along with Kim</div><div></div><div>6:30 Sunday Movie</div></div> <div>7</div>	<div><div></div><div>9:30 Fact or Fiction</div><div></div><div>10:00 Open Arms Exercises With Music</div><div></div><div>10:30 Sensational Sitcoms</div><div></div><div>1:30 Concert with *Ashtyn Roskelley* Christmas Music</div><div></div><div>2:30 Sensational Smoothies</div><div></div><div>3:00 Sports Corner</div><div></div><div>3:45 Sing-along with Kim</div><div></div><div>6:00 Fill in the Blanks</div><div></div><div>6:30 Monday Movie Night</div></div> <div>8</div>	<div><div></div><div>9:45 Converse and Connect</div><div></div><div>10:00 Movement with Music/with Hydration</div><div></div><div>10:30 Good News Stories</div><div></div><div>11:00 Reading Aloud</div><div></div><div>1:30 This Day in History</div><div></div><div>2:00 Baking Corner</div><div></div><div>3:00 Word Games</div><div></div><div>3:30 Name that Tune</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:00 Super Scenic Drive *Christmas Lights*</div><div></div><div>6:00 Tuesday at the Theatre</div></div> <div>9</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Music Therapy with Inspiration Home Health</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>2:45 Snack and Hydration from the Kitchen</div><div></div><div>3:00 Moving Forward, Movement Class</div><div></div><div>4:00 Scattergories</div><div></div><div>6:00 Wednesday Movie Night</div></div> <div>10</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Reading Aloud</div><div></div><div>10:45 Open Arms Exercises With Music/Hydration</div><div></div><div>11:15 This Day in History</div><div></div><div>1:30 Basket Ball</div><div></div><div>2:00 Trivia Corner</div><div></div><div>2:30 Homemade Bread and Hydration</div><div></div><div>3:00 Aroma Therapy and Hand Massage</div><div></div><div>4:00 Mindful Meditation and Stretching</div><div></div><div>6:00 Sit Back and Relax to Soft Music</div><div></div><div>6:30 Thursday Movie Night</div></div> <div>11</div>	<div><div></div><div>9:30 A Stroll Down Memory Lane</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Actor Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>1:45 Art & Puzzles</div><div></div><div>3:00 Trail Mix Popcorn Snack</div><div></div><div>3:30 Family Feud</div><div></div><div>4:00 Putt, Putt Golf</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Friday Movie Night</div></div> <div>12</div>	<div><div></div><div>10:00 Good Morning this Day in History</div><div></div><div>10:30 Morning Walk Around The Building</div><div></div><div>11:00 Art & Puzzles</div><div></div><div>1:30 Game Corner</div><div></div><div>2:30 Snack and Hydration from the Kitchen</div><div></div><div>3:00 Music with Kevin Scott</div><div></div><div>4:00 Tender Hand and Nail Care</div><div></div><div>6:00 Stretch and Reset</div><div></div><div>6:30 Saturday Night at the Movies</div></div> <div>13</div>
<div><div></div><div>10:00 Spiritual Hymns - Recollect/Reflect</div><div></div><div>10:30 Inspirational Story's and Quotes</div><div></div><div>11:00 The Church of Jesus Christ of Latter-day Saints</div><div></div><div>1:30 Pictionary</div><div></div><div>2:00 Putt, Putt Golf</div><div></div><div>2:30 Sunday Ice Cream Bars</div><div></div><div>3:00 Armchair Travel</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:00 Sing-along with Kim</div><div></div><div>6:30 Sunday Movie</div></div> <div>14</div>	<div><div></div><div>9:30 Fact or Fiction</div><div></div><div>10:00 Open Arms Exercises With Music</div><div></div><div>10:30 Sensational Sitcoms</div><div></div><div>1:30 Concert with BD Howes</div><div></div><div>2:30 Sensational Smoothies</div><div></div><div>3:00 Sports Corner</div><div></div><div>3:45 Sing-along with Kim</div><div></div><div>6:00 Fill in the Blanks</div><div></div><div>6:30 Monday Movie Night</div></div> <div>15</div>	<div><div></div><div>9:45 Converse and Connect</div><div></div><div>10:00 Movement with Music/with Hydration</div><div></div><div>10:30 Pet Therapy with Intermountain Animal Therapy</div><div></div><div>11:00 Reading Aloud</div><div></div><div>1:30 This Day in History</div><div></div><div>2:00 Baking Corner</div><div></div><div>3:00 Word Games</div><div></div><div>3:30 Concert with *Heart and Soul*</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:10 Poetry Time</div><div></div><div>6:30 Tuesday at the Theatre</div></div> <div>16</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Music Artist Spotlight</div><div></div><div>1:30 Scattergories</div><div></div><div>2:00 Moving Forward, Movement Class</div><div></div><div>3:00 Snack and Hydration from the Kitchen</div><div></div><div>3:15 Super Scenic Drive</div><div></div><div>6:00 Holiday Social with Santa</div><div></div><div>6:30 Wednesday Movie Night</div></div> <div>17</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Reading Aloud</div><div></div><div>10:45 Open Arms Exercises With Music/Hydration</div><div></div><div>11:15 This Day in History</div><div></div><div>1:30 Basket Ball</div><div></div><div>2:00 Trivia Corner</div><div></div><div>2:30 Homemade Bread and Hydration</div><div></div><div>3:00 Aroma Therapy and Hand Massage</div><div></div><div>4:00 Mindful Meditation and Stretching</div><div></div><div>6:00 Sit Back and Relax to Soft Music</div><div></div><div>6:30 Thursday Movie Night</div></div> <div>18</div>	<div><div></div><div>9:30 A Stroll Down Memory Lane</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Actor Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>1:45 Art & Puzzles</div><div></div><div>3:00 Trail Mix Popcorn Snack</div><div></div><div>3:30 Family Feud</div><div></div><div>4:00 Putt, Putt Golf</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Friday Movie Night</div></div> <div>19</div>	<div><div></div><div>10:00 Good Morning this Day in History</div><div></div><div>10:30 Morning Walk Around The Building</div><div></div><div>11:00 Art & Puzzles</div><div></div><div>1:30 Game Corner</div><div></div><div>2:30 Snack and Hydration from the Kitchen</div><div></div><div>3:00 Concert with *Mira McClure* Christmas Music</div><div></div><div>4:00 Tender Hand and Nail Care</div><div></div><div>6:00 Stretch and Reset</div><div></div><div>6:30 Saturday Night at the Movies</div></div> <div>20</div>
<div><div></div><div>10:00 Spiritual Hymns - Recollect/Reflect</div><div></div><div>10:30 Inspirational Story's and Quotes</div><div></div><div>11:00 The Church of Jesus Christ of Latter-day Saints</div><div></div><div>1:30 Pictionary</div><div></div><div>2:00 Putt, Putt Golf</div><div></div><div>2:30 Sunday Ice Cream Bars</div><div></div><div>3:00 Armchair Travel</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:00 Sing-along with Kim</div><div></div><div>6:30 Sunday Movie</div></div> <div>21</div>	<div><div></div><div>9:30 Fact or Fiction</div><div></div><div>10:00 Open Arms Exercises With Music</div><div></div><div>10:30 Sensational Sitcoms</div><div></div><div>1:30 Scott Larabee Performs</div><div></div><div>2:30 Sensational Smoothies</div><div></div><div>3:00 Sports Corner</div><div></div><div>3:45 Sing-along with Kim</div><div></div><div>6:00 Fill in the Blanks</div><div></div><div>6:30 Monday Movie Night</div></div> <div>22</div>	<div><div></div><div>9:45 Converse and Connect</div><div></div><div>10:00 Movement with Music/with Hydration</div><div></div><div>10:30 Good News Stories</div><div></div><div>11:00 Reading Aloud</div><div></div><div>1:30 This Day in History</div><div></div><div>2:00 Baking Corner</div><div></div><div>3:00 Word Games</div><div></div><div>3:30 Name that Tune</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:10 Poetry Time</div><div></div><div>6:30 Tuesday at the Theatre</div></div> <div>23</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Music Artist Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>2:45 Puzzles, Games and Art</div><div></div><div>3:00 Snack and Hydration from the Kitchen</div><div></div><div>3:30 Chair Volley Ball</div><div></div><div>4:00 Scattergories</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Wednesday Movie Night</div></div> <div>24</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Reading Aloud</div><div></div><div>10:45 Open Arms Exercises With Music/Hydration</div><div></div><div>11:15 This Day in History</div><div></div><div>1:30 Basket Ball</div><div></div><div>2:00 Trivia Corner</div><div></div><div>2:30 Homemade Bread and Hydration</div><div></div><div>3:00 Aroma Therapy and Hand Massage</div><div></div><div>4:00 Mindful Meditation and Stretching</div><div></div><div>6:00 Sit Back and Relax to Soft Music</div><div></div><div>6:30 Thursday Movie Night</div></div> <div>25</div>	<div><div></div><div>9:30 A Stroll Down Memory Lane</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Actor Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>1:45 Art & Puzzles</div><div></div><div>3:00 Trail Mix Popcorn Snack</div><div></div><div>3:30 Family Feud</div><div></div><div>4:00 Putt, Putt Golf</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Friday Movie Night</div></div> <div>26</div>	<div><div></div><div>10:00 Good Morning this Day in History</div><div></div><div>10:30 Morning Walk Around The Building</div><div></div><div>11:00 Art & Puzzles</div><div></div><div>1:30 Game Corner</div><div></div><div>2:30 Snack and Hydration from the Kitchen</div><div></div><div>3:00 Piano with Merrille Smith</div><div></div><div>4:00 Tender Hand and Nail Care</div><div></div><div>6:00 Stretch and Reset</div><div></div><div>6:30 Saturday Night at the Movies</div></div> <div>27</div>
<div><div></div><div>10:00 Spiritual Hymns - Recollect/Reflect</div><div></div><div>10:30 Inspirational Story's and Quotes</div><div></div><div>11:00 The Church of Jesus Christ of Latter-day Saints</div><div></div><div>1:30 Pictionary</div><div></div><div>2:00 Putt, Putt Golf</div><div></div><div>2:30 Sunday Ice Cream Bars</div><div></div><div>3:00 Armchair Travel</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:00 Sing-along with Kim</div><div></div><div>6:30 Sunday Movie</div></div> <div>28</div>	<div><div></div><div>9:30 Fact or Fiction</div><div></div><div>10:00 Open Arms Exercises With Music</div><div></div><div>10:30 Sensational Sitcoms</div><div></div><div>1:30 Concert with *Linda Davidson*</div><div></div><div>2:30 Sensational Smoothies</div><div></div><div>3:00 Sports Corner</div><div></div><div>3:45 Sing-along with Kim</div><div></div><div>6:00 Fill in the Blanks</div><div></div><div>6:30 Monday Movie Night</div></div> <div>29</div>	<div><div></div><div>9:45 Converse and Connect</div><div></div><div>10:00 Movement with Music/with Hydration</div><div></div><div>11:00 Reading Aloud</div><div></div><div>1:30 This Day in History</div><div></div><div>2:00 Baking Corner</div><div></div><div>3:00 Word Games</div><div></div><div>3:30 Name that Tune</div><div></div><div>4:00 Stretch and Reset</div><div></div><div>6:10 Poetry Time</div><div></div><div>6:30 Tuesday at the Theatre</div></div> <div>30</div>	<div><div></div><div>9:30 Good Morning Conversation Starters</div><div></div><div>10:00 Open Arms Exercises With Music/Hydration</div><div></div><div>10:45 Music Artist Spotlight</div><div></div><div>1:30 Super Scenic Drive</div><div></div><div>2:45 Puzzles, Games and Art</div><div></div><div>3:00 Snack and Hydration from the Kitchen</div><div></div><div>3:30 Chair Volley Ball</div><div></div><div>4:00 Scattergories</div><div></div><div>6:00 Name that Tune</div><div></div><div>6:30 Wednesday Movie Night</div></div> <div>31</div>			

HAPPY BIRTHDAY

Karol M. - 1st
Jean L. - 3rd
Diana J. - 5th
Sharon M. - 6th
Carol W. - 8th
Dick F. - 11th
Dee C. - 13th
Jamie W. - 13th
Harold J. - 18th
Ray K. - 19th
Valene B. - 23rd
Rachel S. - 29th
Vern H. - 29th
Imogene S. - 31st

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

Bistro = B
Multi-Purpose Room = MPR
Game Room = GR
Dining Room Piano = DRP
Dining Room = DR
Theatre Room = TR
Exercise Room = ER
Resident Apartment = RA
Lobby = lby
AL Patio = AP
Around the Building = ATB
Outing = O
MS Activity Room = MAR
Piano Room = PR
MS Patio = MSP