

JANUARY 2026

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST · SENIOR LIVING

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Dining Venues

The Beacon:
Monday-Saturday
7am-10am
11am-3pm
4pm-7pm

Sunday Brunch
8am-11am
11am-2pm

Palisade:
Monday-Sunday
7am-9:30am
11am-2pm
4pm-6pm

The Point Bistro:
Tuesday, Thursday,
Saturday
7:30am-10:30am

Skywood:
Sunday
5pm-8pm

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.

- AD New Years Day Scavenger Hunt (LB)
- 10:00am Interactive Crossword (G&GB)
- 10:00am Pool Core & Balance (CR)
- 10:00am Silver Singers Sopranos Practice (PCMR)
- 11:00am Resistance River Training (CR)
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm Cribbage (AGB)
- 1:30pm Bingo (PGR)
- 1:00pm Flower Arrangements (PAS)
- 2:00pm Live Music: Jon Fisher (LB)
- 2:00pm Open Art Studio (PAS)
- 3:00pm Balance Class (PER)
- 3:00pm Documentary: America The Story of Us- Boom (PC)
- 3:00pm The Stitchers (TPB)
- 3:15pm Brain Games (PGR)

1

- 9:00am Bible Study (LC)
- 9:00am Pickleball Open Court (RCR)
- 10:00am Resistance River Training (CR)
- 11:00am Pool Fitness (CR)
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm Cribbage (AGB)
- 1:30pm Bingo (PGR)
- 2:00pm Strength & Cardio (PER)
- 3:00pm Icy Winter Cocktail Happy Hour (AGB)
- 3:00pm Men's Fitness (CR)
- 5:00pm Welcome Shabbat w/ Paula (TPB)
- 6:30pm Movie: The Odd Couple (PC)

2

- 9:00am Pickleball Open Court (RCR)
- 10:00am Pool Core & Balance (CR)
- 11:00am Resistance River Training (CR)
- 1:30pm Bingo (PGR)
- 2:00pm Ball & Band Fitness (PER)
- 2:30pm Arm Chair Travel- Vienna: The Heart of Austrian Culture (PC)
- 3:00pm Movie: Rain Man (PC)
- 6:30pm Movie: Rain Man (PC)

3

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW
The Point Bistro (IL) = TPB

JANUARY 2026

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Game of Sequence (PGR) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 11:00am Broncos vs Chargers Potluck (SW) 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 2:00pm Non-Denominational Church Service (RCR) 2:00pm Stretch & Flexibility Class (PER) 2:30pm Word Games (PGR) 3:00pm Movie: Always Be My Maybe (PC) 6:30pm Movie: Always Be My Maybe (PC) 	<ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 9:00am Pastry Party (TPB) 9:30am Resident Council Meeting (PCMR) 10:00am Aqualates (CR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am LifeLoop Help Desk (PGR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 10:30am Rummikub (PGR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:15pm Mobile Watch Company (LB) 1:30pm Buzzed Bingo (PGR) 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Renaissance Rivals: Da Vinci, Michelangelo, & Raphael (RCR) 2:00pm Strength & Stretch (PER) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 2:30pm Rummikub (PGR) 3:00pm Catholic Communion Service w/ Deacon Don (RCR) 3:00pm Name That Tune (PGR) 	<ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 9:00am Mindfulness Meditation (PC) 9:30am TED Talk Tuesday: The Transformative Power of Classical Music (PGR) 10:00am Pool Fitness (CR) 11:15am Rosary Prayer Group (RCR) 12:30pm Chess (RGR) 1:00pm Cribbage (AGB) 1:30pm Buzzed Bingo (PGR) 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Renaissance Rivals: Da Vinci, Michelangelo, & Raphael (RCR) 2:00pm Strength & Stretch (PER) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 2:30pm Rummikub (PGR) 3:30pm Catholic Communion Service w/ Deacon Don (RCR) 3:30pm Name That Tune (PGR) 	<ul style="list-style-type: none"> 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Craft: Abstract Marble Painting (PAS) 10:00am Silver Singers Rehearsal (PCMR) 11:00am Men's Fitness (CR) 11:00am Step & Balance (PER) 11:15am Rosary Prayer Group (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Ice Cream Social (G&GB) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Hallmark Rainy Day Movie (PC) 2:00pm Resistance River Training (CR) 2:00pm Trivia (G&GB) 3:00pm Band Class (PER) 3:30pm Mexican Train (PGR) 5:30pm Family Council Meeting (PCMR) 6:30pm Live Music: Dave Miller (RCR) 	<ul style="list-style-type: none"> 9:30am Coffee & Donut Social (G&GB) 10:00am Event Planning Meeting (PGR) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Outing: Denver Art Museum (LB) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 1:00pm Cribbage (AGB) 1:30pm Bingo (PGR) 2:00pm Strength & Cardio (PER) 3:00pm Cranberry Sangria Happy Hour (AGB) 11:00am Resistance River Training (CR) 12:30pm Hand & Foot Game (PMVR) 1:00pm Flower Arrangements (PAS) 2:00pm Open Art Studio (PAS) 3:00pm Balance Class (PER) 3:00pm Documentary: America the Story of Us- Bust (PC) 3:00pm Elvis Birthday PARTY (AGB) 3:00pm The Stitchers (TPB) 3:15pm Brain Games (PGR) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cribbage (AGB) 1:30pm Bingo (PGR) 2:00pm Strength & Cardio (PER) 3:00pm Cranberry Sangria Happy Hour (AGB) 3:00pm Men's Fitness (CR) 5:00pm Welcome Shabbat w/ Paula (TPB) 6:30pm Movie: Carousel (PC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- Exploring Iceland (PC) 3:00pm Movie: Three Amigos (PC) 6:30pm Movie: Three Amigos (PC)

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key
 AlpenGlow Bar = AGB
 Board Room = BR
 Courtyard = CY
 Grab & Go Bistro (AL) = G&GB
 Learning Center (IL) = LC
 Lobby = LB
 Palisade (AL) Dining Room = PDR
 PanoVista (IL) = PV
 Peaks (AL) Cinema = PC
 Peaks (AL) Community Room = PCMR
 Peaks (AL) Creative Art Studio = PAS
 Peaks (AL) Game Room = PGR
 Peaks (AL) Private Dining Room = PPDR
 Ridge Cinema (IL) = RC
 Ridge Community Room (IL) = RCR
 Ridge Game Room (IL) = RGR
 Wellness Center = WC

3rd Floor Location Key
 Peaks (AL) Sunrise Room = PSR
 Peaks (AL) Exercise Room = PER

4th Floor Location Key
 Peaks (AL) Mountain View Room = PMVR

Summit Building Key
 Skywood (IL) = SW
 The Point Bistro (IL) = TPB

JANUARY 2026

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Game of Sequence (PGR) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 2:00pm Non-Denominational Church Service (RCR) 2:00pm Stretch & Flexibility Class (PER) 2:30pm Word Games (PGR) 3:00pm Movie: Temple Grandin (PC) 4:00pm Bingo w/ Eve (LC) 6:30pm Movie: Temple Grandin (PC) 	<ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 10:00am Aqualates (CR) 10:00am LifeLoop Help Desk (PGR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 10:30am Rummikub (PGR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong - Siamese Style (PMVR) 1:15pm Bingo (PGR) 2:00pm Chair Yoga (PER) 2:30pm Humongous Words (PGR) 3:00pm Silver Singers Alto Practice (RCR) 3:30pm Mexican Train (PGR) 	<ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 9:00am Mindfulness Meditation (PC) 9:30am TED Talk Tuesday: Wicked's Costume Designer on How to Tell Stories with Clothes (PGR) 10:00am Pool Fitness (CR) 10:30am Brain Games (PGR) 11:15am Mobile Watch Company (LB) 12:30pm Chess (RGR) 1:00pm Ceramics Class: Hand Building (PAS) 1:00pm Cribbage (AGB) 1:30pm Buzzed Bingo (PGR) 2:00pm Strength & Stretch (PER) 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 2:30pm Rummikub (PGR) 3:00pm Live Speaker: Active Minds - Baltic States (RCR) 3:30pm Name That Tune (PGR) 4:00pm Dementia Support Group (PCMR) 	<ul style="list-style-type: none"> 9:00am National Bagel Day Bagel Bash (AGB) 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Craft: Beaded Suncatcher (PAS) 10:00am Silver Singers Rehearsal (PCMR) 11:00am Men's Fitness (CR) 11:00am Step & Balance (PER) 11:15am Rosary Prayer Group (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Ice Cream Social (G&GB) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Hallmark Rainy Day Movie (PC) 2:00pm Resistance River Training (CR) 2:00pm Trivia (G&GB) 3:00pm Band Class (PER) 3:30pm Mexican Train (PGR) 5:00pm Outing: Maggiano's Little Italy (LB) 6:30pm Live Music: Larry O'Connor (RCR) 	<ul style="list-style-type: none"> 9:45am EXERAI - Fall Prevention (RCR) 9:45am Outing: Johnson Lake - Walk (Weather Permitting) (LB) 10:00am Interactive Crossword (G&GB) 10:00am Pool Core & Balance (CR) 11:00am Pool Fitness (CR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cribbage (AGB) 1:30pm Bingo (PGR) 2:00pm Strength & Cardio (PER) 3:00pm Cuba Libre Happy Hour (AGB) 3:00pm Men's Fitness (CR) 5:00pm Welcome Shabbat w/ Paula (TPB) 6:30pm Movie: Heaven Can Wait (PC) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Resistance River Training (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- The Birth and Rise of Paris (PC) 3:00pm Movie: Catch Me if You Can (PC) 6:30pm Movie: Catch Me if You Can (PC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- The Birth and Rise of Paris (PC) 3:00pm Movie: Catch Me if You Can (PC)

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key
 AlpenGlow Bar = AGB
 Board Room = BR
 Courtyard = CY
 Grab & Go Bistro (AL) = G&GB
 Learning Center (IL) = LC
 Lobby = LB
 Palisade (AL) Dining Room = PDR
 PanoVista (IL) = PV
 Peaks (AL) Cinema = PC
 Peaks (AL) Community Room = PCMR
 Peaks (AL) Creative Art Studio = PAS
 Peaks (AL) Game Room = PGR
 Peaks (AL) Private Dining Room = PPDR
 Ridge Cinema (IL) = RC
 Ridge Community Room (IL) = RCR
 Ridge Game Room (IL) = RGR
 Wellness Center = WC

3rd Floor Location Key
 Peaks (AL) Sunrise Room = PSR
 Peaks (AL) Exercise Room = PER

4th Floor Location Key
 Peaks (AL) Mountain View Room = PMVR

Summit Building Key
 Skywood (IL) = SW
 The Point Bistro (IL) = TPB

JANUARY 2026

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE

PINEHURST · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Game of Sequence (PGR) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 2:00pm Non-Denominational Church Service (RCR) 2:00pm Stretch & Flexibility Class (PER) 2:30pm Word Games (PGR) 3:00pm Movie: Hell or High Water (PC) 6:30pm Movie: Hell or High Water (PC) 	<ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 9:00am Pastry Party (TPB) 10:00am Aqualates (CR) 10:00am LifeLoop Help Desk (PGR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 10:30am Rummikub (PGR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:15am Mobile Watch Company (LB) 12:00pm Live Music: Coreen Wells (LB) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong - Siamese Style (PMVR) 1:15pm Bingo (PGR) 2:00pm Chair Yoga (PER) 2:30pm Humongous Words (PGR) 3:00pm Silver Singers Alto Practice (RCR) 3:30pm Mexican Train (PGR) 	<ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 9:00am Mindfulness Meditation (PC) 9:30am TED Talk Tuesday: How I Turned Frustration into Creative Success (PGR) 10:00am Pool Fitness (CR) 10:30am Confessionals (LC) 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR) 11:15am Mobile Watch Company (LB) 12:00pm Live Music: Coreen Wells (LB) 12:30pm Chess (RGR) 1:00pm Cribbage (AGB) 1:30pm Buzzed Bingo (PGR) 2:00pm Strength & Stretch (PER) 2:30pm Let's Talk Food (G&GB) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 2:30pm Rummikub (PGR) 3:30pm Name That Tune (PGR) 	<ul style="list-style-type: none"> 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Craft: Sunset Beneath a Winter Moon Step by Step Painting (PAS) 10:00am Silver Singers Rehearsal (PCMR) 11:00am Men's Fitness (CR) 11:00am Step & Balance (PER) 11:15am Rosary Prayer Group (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Ice Cream Social (G&GB) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Hallmark Rainy Day Movie (PC) 2:00pm Resistance River Training (CR) 2:00pm Trivia (G&GB) 3:00pm Band Class (PER) 3:30pm Mexican Train (PGR) 6:30pm Live Music: Scott Hackler (RCR) 	<ul style="list-style-type: none"> 9:30am Coffee & Donut Social (G&GB) 10:00am Interactive Crossword (G&GB) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cribbage (AGB) 1:00pm Parkinson's Support Group (LC) 12:30pm Hand & Foot Game (PMVR) 1:00pm Flower Arrangements (PAS) 1:15pm Outing: The Butterfly Pavilion (LB) 2:00pm Open Art Studio (PAS) 3:00pm Balance Class (PER) 3:00pm Documentary: America The Story of Us- Superpower (PC) 3:00pm The Stitchers (TPB) 3:15pm Brain Games (PGR) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 9:30am Outing: History Colorado Center (LB) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Parkinson's Support Group (LC) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- Cologne: From Karneval to Kölsch (PC) 3:00pm Movie: Amelie (PC) 6:30pm Movie: Amelie (PC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- Cologne: From Karneval to Kölsch (PC) 3:00pm Movie: Amelie (PC) 6:30pm Movie: Amelie (PC)

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key

- AlpenGlow Bar = AGB
- Board Room = BR
- Courtyard = CY
- Grab & Go Bistro (AL) = G&GB
- Learning Center (IL) = LC
- Lobby = LB
- Palisade (AL) Dining Room = PDR
- PanoVista (IL) = PV
- Peaks (AL) Cinema = PC
- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Game Room = PGR
- Peaks (AL) Private Dining Room = PPDR
- Ridge Cinema (IL) = RC
- Ridge Community Room (IL) = RCR
- Ridge Game Room (IL) = RGR
- Wellness Center = WC

3rd Floor Location Key

- Peaks (AL) Sunrise Room = PSR
- Peaks (AL) Exercise Room = PER

4th Floor Location Key

- Peaks (AL) Mountain View Room = PMVR

Summit Building Key

- Skywood (IL) = SW
- The Point Bistro (IL) = TPB

JANUARY 2026

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Game of Sequence (PGR) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 2:00pm Non-Denominational Church Service (RCR) 2:00pm Stretch & Flexibility Class (PER) 2:30pm Word Games (PGR) 3:00pm Movie: Truth and Treason (PC) 4:00pm Bingo w/ Eve (LC) 6:30pm Movie: Truth and Treason (PC) 	<p>25</p> <ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 10:00am Aqualates (CR) 10:00am LifeLoop Help Desk (PGR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 10:30am Rummikub (PGR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong - Siamese Style (PMVR) 1:15pm Bingo (PGR) 2:00pm Chair Yoga (PER) 2:30pm Humongous Words (PGR) 2:30pm Town Hall (PCMR) 3:00pm Silver Singers Alto Practice (RCR) 3:30pm Mexican Train (PGR) 	<p>26</p> <ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 9:00am Mindfulness Meditation (PC) 9:30am TED Talk Tuesday: NFL Quarterback - Overcoming Setbacks and Self-doubt (PGR) 10:00am Pool Fitness (CR) 10:30am Brain Games (PGR) 11:15am Mobile Watch Company (LB) 12:30pm Chess (RGR) 1:00pm Ceramics Class: Open Studio (PAS) 1:00pm Cribbage (AGB) 1:30pm Buzzed Bingo (PGR) 2:00pm National Chocolate Cake Day (AGB) 2:00pm Strength & Stretch (PER) 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 2:30pm Rummikub (PGR) 3:00pm Live Music: Mandolin Ranch (RCR) 3:00pm Live Speaker: Active Minds - Julius Caesar (RC) 3:00pm Winter Wonderland Party (RCR) 3:30pm Name That Tune (PGR) 	<p>27</p> <ul style="list-style-type: none"> 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Craft: Thank You Cards (PAS) 10:00am Silver Singers Rehearsal (PCMR) 11:00am Men's Fitness (CR) 11:00am Step & Balance (PER) 11:15am Rosary Prayer Group (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Ice Cream Social (G&GB) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Hallmark Rainy Day Movie (PC) 2:00pm Resistance River Training (CR) 2:00pm Trivia (G&GB) 3:00pm Band Class (PER) 3:30pm Mexican Train (PGR) 6:30pm Live Music: Catherine "Cat on the Keys" Paz (RCR) 	<p>28</p> <ul style="list-style-type: none"> AD Twin Day 10:00am Interactive Crossword (G&GB) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 11:00am Resistance River Training (CR) 12:30pm Hand & Foot Game (PMVR) 1:00pm Flower Arrangements (PAS) 1:00pm Open Art Studio (PAS) 3:00pm Balance Class (PER) 3:00pm Documentary: America the Story of Us- Millenium (PC) 3:00pm The Stitchers (TPB) 3:15pm Brain Games (PGR) 	<p>29</p> <ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Outing: Men's Group - Blue Sky Cafe & Juice Bar (LB) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 11:00am Resistance River Training (CR) 1:00pm Cribbage (AGB) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- Athens: Around the Acropolis and Parthenon (PC) 3:00pm Movie: The Devil Wears Prada (PC) 6:30pm Movie: The Devil Wears Prada (PC) 	<p>30</p> <ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 2:30pm Arm Chair Travel- Athens: Around the Acropolis and Parthenon (PC) 3:00pm Movie: The Devil Wears Prada (PC) 6:30pm Movie: The Devil Wears Prada (PC) 	<p>31</p>

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key
 AlpenGlow Bar = AGB
 Board Room = BR
 Courtyard = CY
 Grab & Go Bistro (AL) = G&GB
 Learning Center (IL) = LC
 Lobby = LB
 Palisade (AL) Dining Room = PDR
 PanoVista (IL) = PV
 Peaks (AL) Cinema = PC
 Peaks (AL) Community Room = PCMR
 Peaks (AL) Creative Art Studio = PAS
 Peaks (AL) Game Room = PGR
 Peaks (AL) Private Dining Room = PPDR
 Ridge Cinema (IL) = RC
 Ridge Community Room (IL) = RCR
 Ridge Game Room (IL) = RGR
 Wellness Center = WC

3rd Floor Location Key
 Peaks (AL) Sunrise Room = PSR
 Peaks (AL) Exercise Room = PER

4th Floor Location Key
 Peaks (AL) Mountain View Room = PMVR

Summit Building Key
 Skywood (IL) = SW
 The Point Bistro (IL) = TPB