



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---------|-----------|---|--|--|
| <div>Dining Venues</div> <div>The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-7pm Sunday Brunch 8am-11am 11am-2pm</div> <div>Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm</div> <div>The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am</div> <div>Skywood: Sunday 5pm-8pm</div> <div>This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.</div> | | | | <div>● AD New Years Day Scavenger Hunt (LB)¹</div> <div>● 10:00am Interactive Crossword (G&GB)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:00am Silver Singers Sopranos Practice (PCMR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:30pm Hand & Foot Game (PMVR)</div> <div>● 1:00pm Flower Arrangements (PAS)</div> <div>● 2:00pm Live Music: Jon Fisher (LB)</div> <div>● 2:00pm Open Art Studio (PAS)</div> <div>● 3:00pm Balance Class (PER)</div> <div>● 3:00pm Documentary: America The Story of Us- Boom (PC)</div> <div>● 3:00pm The Stitchers (TPB)</div> <div>● 3:15pm Brain Games (PGR)</div> | <div>● 9:00am Bible Study (LC)²</div> <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Resistance River Training (CR)</div> <div>● 11:00am Pool Fitness (CR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:30pm Bingo (PGR)</div> <div>● 2:00pm Strength & Cardio (PER)</div> <div>● 3:00pm Icy Winter Cocktail Happy Hour (AGB)</div> <div>● 3:00pm Men's Fitness (CR)</div> <div>● 5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div>● 6:30pm Movie: The Odd Couple (PC)</div> | <div>● 9:00am Pickleball Open Court (RCR)³</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 1:30pm Bingo (PGR)</div> <div>● 2:00pm Ball & Band Fitness (PER)</div> <div>● 2:30pm Arm Chair Travel- Vienna: The Heart of Austrian Culture (PC)</div> <div>● 3:00pm Movie: Rain Man (PC)</div> <div>● 6:30pm Movie: Rain Man (PC)</div> |

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

- 2nd Floor Location Key**
AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
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Ridge Game Room (IL) = RGR
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| <div><div>4</div><div><div><div>●</div>8:30am Sunday Worship at First Pres. Live Stream (PC)</div><div><div>●</div>9:30am Outing: Catholic Service (LB)</div><div><div>●</div>10:00am Game of Sequence (PGR)</div><div><div>●</div>10:00am Our Father Lutheran Church Live Stream (RC)</div><div><div>●</div>10:00am Pool Fitness (CR)</div><div><div>●</div>11:00am Broncos vs Chargers Potluck (SW)</div><div><div>●</div>1:00pm Cardio w/ Weights (CR)</div><div><div>●</div>1:00pm Root Beer Float Social (G&GB)</div><div><div>●</div>2:00pm Non-Denominational Church Service (RCR)</div><div><div>●</div>2:00pm Stretch & Flexibility Class (PER)</div><div><div>●</div>2:30pm Word Games (PGR)</div><div><div>●</div>3:00pm Movie: Always Be My Maybe (PC)</div><div><div>●</div>6:30pm Movie: Always Be My Maybe (PC)</div></div></div> | <div><div>5</div><div><div><div>●</div>9:00am Chair Yoga (CR)</div><div><div>●</div>9:00am Pastry Party (TPB)</div><div><div>●</div>9:30am Resident Council Meeting (PCMR)</div><div><div>●</div>10:00am Aqualates (CR)</div><div><div>●</div>10:00am LifeLoop Help Desk (PGR)</div><div><div>●</div>10:00am POWER Over Parkinson's Fitness Class (CR)</div><div><div>●</div>10:00am Silver Singers Baritone Practice (PCMR)</div><div><div>●</div>10:30am Rummikub (PGR)</div><div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div><div><div>●</div>12:45pm Duplicate Bridge (RCR)</div><div><div>●</div>12:45pm Party Bridge (RCR)</div><div><div>●</div>1:00pm American Mahjong - Siamese Style (PMVR)</div><div><div>●</div>1:15pm Bingo (PGR)</div><div><div>●</div>2:00pm Chair Yoga (PER)</div><div><div>●</div>2:30pm Humongous Words (PGR)</div><div><div>●</div>3:00pm Silver Singers Alto Practice (RCR)</div><div><div>●</div>3:30pm Mexican Train (PGR)</div></div></div> | <div><div>6</div><div><div><div>●</div>9:00am Chairs, Bands & Balls (CR)</div><div><div>●</div>9:00am Mindfulness Meditation (PC)</div><div><div>●</div>9:30am TED Talk Tuesday: The Transformative Power of Classical Music (PGR)</div><div><div>●</div>10:00am Pool Fitness (CR)</div><div><div>●</div>11:15am Mobile Watch Company (LB)</div><div><div>●</div>12:30pm Chess (RGR)</div><div><div>●</div>1:00pm Cribbage (AGB)</div><div><div>●</div>1:30pm Buzzed Bingo (PGR)</div><div><div>●</div>2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Renaissance Rivals: Da Vinci, Michelangelo, & Raphael (RCR)</div><div><div>●</div>2:00pm Strength & Stretch (PER)</div><div><div>●</div>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div><div><div>●</div>2:30pm Rummikub (PGR)</div><div><div>●</div>3:30pm Catholic Communion Service w/ Deacon Don (RCR)</div><div><div>●</div>3:30pm Name That Tune (PGR)</div></div></div> | <div><div>7</div><div><div><div>●</div>9:00am POWER Over Parkinson's Fitness Class (CR)</div><div><div>●</div>10:00am Craft: Abstract Marble Painting (PAS)</div><div><div>●</div>10:00am Silver Singers Rehearsal (PCMR)</div><div><div>●</div>11:00am Men's Fitness (CR)</div><div><div>●</div>11:00am Step & Balance (PER)</div><div><div>●</div>11:15am Rosary Prayer Group (RCR)</div><div><div>●</div>12:45pm Duplicate Bridge (RCR)</div><div><div>●</div>12:45pm Party Bridge (RCR)</div><div><div>●</div>1:00pm American Mahjong (PMVR)</div><div><div>●</div>1:00pm Chair Yoga (CR)</div><div><div>●</div>1:00pm Ice Cream Social (G&GB)</div><div><div>●</div>1:00pm Pool Fitness (CR)</div><div><div>●</div>2:00pm Bible Study (PCMR)</div><div><div>●</div>2:00pm Hallmark Rainy Day Movie (PC)</div><div><div>●</div>2:00pm Resistance River Training (CR)</div><div><div>●</div>2:00pm Trivia (G&GB)</div><div><div>●</div>3:00pm Band Class (PER)</div><div><div>●</div>3:30pm Mexican Train (PGR)</div><div><div>●</div>5:30pm Family Council Meeting (PCMR)</div><div><div>●</div>6:30pm Live Music: Dave Miller (RCR)</div></div></div> | <div><div>8</div><div><div><div>●</div>9:30am Coffee & Donut Social (G&GB)</div><div><div>●</div>10:00am Event Planning Meeting (PGR)</div><div><div>●</div>10:00am Pool Core & Balance (CR)</div><div><div>●</div>10:00am Silver Singers Sopranos Practice (PCMR)</div><div><div>●</div>10:15am Outing: Denver Art Museum (LB)</div><div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div><div><div>●</div>11:00am Resistance River Training (CR)</div><div><div>●</div>12:30pm Hand & Foot Game (PMVR)</div><div><div>●</div>1:00pm Flower Arrangements (PAS)</div><div><div>●</div>2:00pm Open Art Studio (PAS)</div><div><div>●</div>3:00pm Balance Class (PER)</div><div><div>●</div>3:00pm Documentary: America the Story of Us- Bust (PC)</div><div><div>●</div>3:00pm Elvis Birthday PARTY (AGB)</div><div><div>●</div>3:00pm The Stitchers (TPB)</div><div><div>●</div>3:15pm Brain Games (PGR)</div></div></div> | <div><div>9</div><div><div><div>●</div>9:00am Bible Study (LC)</div><div><div>●</div>9:00am Pickleball Open Court (RCR)</div><div><div>●</div>10:00am Resistance River Training (CR)</div><div><div>●</div>11:00am Pool Fitness (CR)</div><div><div>●</div>12:45pm Duplicate Bridge (RCR)</div><div><div>●</div>12:45pm Party Bridge (RCR)</div><div><div>●</div>1:00pm Cribbage (AGB)</div><div><div>●</div>1:30pm Bingo (PGR)</div><div><div>●</div>2:00pm Strength & Cardio (PER)</div><div><div>●</div>3:00pm Cranberry Sangria Happy Hour (AGB)</div><div><div>●</div>3:00pm Men's Fitness (CR)</div><div><div>●</div>5:00pm Welcome Shabbat w/ Paula (TPB)</div><div><div>●</div>6:30pm Movie: Carousel (PC)</div></div></div> | <div><div>10</div><div><div><div>●</div>9:00am Pickleball Open Court (RCR)</div><div><div>●</div>10:00am Pool Core & Balance (CR)</div><div><div>●</div>11:00am Resistance River Training (CR)</div><div><div>●</div>1:30pm Bingo (PGR)</div><div><div>●</div>2:00pm Ball & Band Fitness (PER)</div><div><div>●</div>2:30pm Arm Chair Travel- Exploring Iceland (PC)</div><div><div>●</div>3:00pm Movie: Three Amigos (PC)</div><div><div>●</div>6:30pm Movie: Three Amigos (PC)</div></div></div> |

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Live Stream (PC)</div> <div>● 9:30am Outing: Catholic Service (LB)</div> <div>● 10:00am Game of Sequence (PGR)</div> <div>● 10:00am Our Father Lutheran Church Live Stream (RC)</div> <div>● 10:00am Pool Fitness (CR)</div> <div>● 1:00pm Cardio w/ Weights (CR)</div> <div>● 1:00pm Root Beer Float Social (G&GB)</div> <div>● 2:00pm Non-Denominational Church Service (RCR)</div> <div>● 2:00pm Stretch & Flexibility Class (PER)</div> <div>● 2:30pm Word Games (PGR)</div> <div>● 3:00pm Movie: Temple Grandin (PC)</div> <div>● 4:00pm Bingo w/ Eve (LC)</div> <div>● 6:30pm Movie: Temple Grandin (PC)</div> | <div>● 9:00am Chair Yoga (CR)</div> <div>● 10:00am Aqualates (CR)</div> <div>● 10:00am LifeLoop Help Desk (PGR)</div> <div>● 10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Silver Singers Baritone Practice (PCMR)</div> <div>● 10:30am Rummikub (PGR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong - 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Fall Prevention (RCR)</div> <div>● 9:45am Outing: Johnson Lake - Walk (Weather Permitting) (LB)</div> <div>● 10:00am Interactive Crossword (G&GB)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:00am Silver Singers Sopranos Practice (PCMR)</div> <div>● 11:00am Live Speaker: Fundamental Therapy Solutions Intro (PCMR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:30pm Hand & Foot Game (PMVR)</div> <div>● 12:30pm January Birthday Bash (AGB)</div> <div>● 12:30pm Live Music: RETRO Trio (AGB)</div> <div>● 1:00pm Flower Arrangements (PAS)</div> <div>● 2:00pm Open Art Studio (PAS)</div> <div>● 3:00pm Balance Class (PER)</div> <div>● 3:00pm Documentary: America The Story of Us- WWII (PC)</div> <div>● 3:00pm The Stitchers (TPB)</div> <div>● 3:15pm Brain Games (PGR)</div> <div>● 5:50pm Poker Club (PGR)</div> | <div>● 9:00am Bible Study (LC)</div> <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Resistance River Training (CR)</div> <div>● 11:00am Pool Fitness (CR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:30pm Bingo (PGR)</div> <div>● 2:00pm Strength & Cardio (PER)</div> <div>● 3:00pm Cuba Libre Happy Hour (AGB)</div> <div>● 3:00pm Men's Fitness (CR)</div> <div>● 5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div>● 6:30pm Movie: Heaven Can Wait (PC)</div> | <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 1:30pm Bingo (PGR)</div> <div>● 2:00pm Ball & Band Fitness (PER)</div> <div>● 2:30pm Arm Chair Travel- The Birth and Rise of Paris (PC)</div> <div>● 3:00pm Movie: Catch Me if You Can (PC)</div> <div>● 6:30pm Movie: Catch Me if You Can (PC)</div> |

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| <div>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</div> <div>● 9:30am Outing: Catholic Service (LB)</div> <div>● 10:00am Game of Sequence (PGR)</div> <div>● 10:00am Our Father Lutheran Church Live Stream (RC)</div> <div>● 10:00am Pool Fitness (CR)</div> <div>● 1:00pm Cardio w/ Weights (CR)</div> <div>● 1:00pm Root Beer Float Social (G&GB)</div> <div>● 2:00pm Non-Denominational Church Service (RCR)</div> <div>● 2:00pm Stretch & Flexibility Class (PER)</div> <div>● 2:30pm Word Games (PGR)</div> <div>● 3:00pm Movie: Hell or High Water (PC)</div> <div>● 6:30pm Movie: Hell or High Water (PC)</div> | <div>● 9:00am Chair Yoga (CR)</div> <div>● 9:00am Pastry Party (TPB)</div> <div>● 10:00am Aqualates (CR)</div> <div>● 10:00am LifeLoop Help Desk (PGR)</div> <div>● 10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Silver Singers Baritone Practice (PCMR)</div> <div>● 10:30am Rummikub (PGR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong - Siamese Style (PMVR)</div> <div>● 1:15pm Bingo (PGR)</div> <div>● 2:00pm Chair Yoga (PER)</div> <div>● 2:30pm Humongous Words (PGR)</div> <div>● 3:00pm Silver Singers Alto Practice (RCR)</div> <div>● 3:30pm Mexican Train (PGR)</div> | <div>● 9:00am Chairs, Bands & Balls (CR)</div> <div>● 9:00am Mindfulness Meditation (PC)</div> <div>● 9:30am TED Talk Tuesday: How I Turned Frustration into Creative Success (PGR)</div> <div>● 10:00am Pool Fitness (CR)</div> <div>● 10:30am Confessionals (LC)</div> <div>● 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)</div> <div>● 11:15am Mobile Watch Company (LB)</div> <div>● 12:00pm Live Music: Coreen Wells (LB)</div> <div>● 12:30pm Chess (RGR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:30pm Buzzed Bingo (PGR)</div> <div>● 2:00pm Strength & Stretch (PER)</div> <div>● 2:30pm Let's Talk Food (G&GB)</div> <div>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div> <div>● 2:30pm Rummikub (PGR)</div> <div>● 3:30pm Name That Tune (PGR)</div> | <div>● 9:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Craft: Sunset Beneath a Winter Moon Step by Step Painting (PAS)</div> <div>● 10:00am Silver Singers Rehearsal (PCMR)</div> <div>● 11:00am Men's Fitness (CR)</div> <div>● 11:00am Step & Balance (PER)</div> <div>● 11:15am Rosary Prayer Group (RCR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong (PMVR)</div> <div>● 1:00pm Chair Yoga (CR)</div> <div>● 1:00pm Ice Cream Social (G&GB)</div> <div>● 1:00pm Pool Fitness (CR)</div> <div>● 2:00pm Bible Study (PCMR)</div> <div>● 2:00pm Hallmark Rainy Day Movie (PC)</div> <div>● 2:00pm Resistance River Training (CR)</div> <div>● 2:00pm Trivia (G&GB)</div> <div>● 3:00pm Band Class (PER)</div> <div>● 3:30pm Mexican Train (PGR)</div> <div>● 6:30pm Live Music: Scott Hackler (RCR)</div> | <div>● 9:30am Coffee & Donut Social (G&GB)</div> <div>● 10:00am Interactive Crossword (G&GB)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:00am Silver Singers Sopranos Practice (PCMR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:30pm Hand & Foot Game (PMVR)</div> <div>● 1:00pm Flower Arrangements (PAS)</div> <div>● 1:15pm Outing: The Butterfly Pavilion (LB)</div> <div>● 2:00pm Open Art Studio (PAS)</div> <div>● 3:00pm Balance Class (PER)</div> <div>● 3:00pm Documentary: America The Story of Us- Superpower (PC)</div> <div>● 3:00pm The Stitchers (TPB)</div> <div>● 3:15pm Brain Games (PGR)</div> | <div>● 9:00am Bible Study (LC)</div> <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 9:30am Outing: History Colorado Center (LB)</div> <div>● 10:00am Resistance River Training (CR)</div> <div>● 11:00am Pool Fitness (CR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:00pm Parkinson's Support Group (LC)</div> <div>● 1:30pm Bingo (PGR)</div> <div>● 2:00pm National Pie Day (LB)</div> <div>● 2:00pm Strength & Cardio (PER)</div> <div>● 3:00pm Good Tidings Happy Hour (AGB)</div> <div>● 3:00pm Men's Fitness (CR)</div> <div>● 5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div>● 6:30pm Movie: Sleepless in Seattle (PC)</div> | <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 1:30pm Bingo (PGR)</div> <div>● 2:00pm Ball & Band Fitness (PER)</div> <div>● 2:30pm Arm Chair Travel- Cologne: From Karneval to Kölsch (PC)</div> <div>● 3:00pm Movie: Amelie (PC)</div> <div>● 6:30pm Movie: Amelie (PC)</div> |

HAPPY BIRTHDAY

Dorothy R. - 1st
Barb F. - 5th
Jake K. - 11th
Smitty S. - 25th
Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key
AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC

3rd Floor Location Key
Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key
Peaks (AL) Mountain View Room = PMVR

Summit Building Key
Skywood (IL) = SW
The Point Bistro (IL) = TPB



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| <div><div>●</div>8:30am Sunday Worship at First Pres. Live Stream (PC)</div> <div><div>●</div>9:30am Outing: Catholic Service (LB)</div> <div><div>●</div>10:00am Game of Sequence (PGR)</div> <div><div>●</div>10:00am Our Father Lutheran Church Live Stream (RC)</div> <div><div>●</div>10:00am Pool Fitness (CR)</div> <div><div>●</div>1:00pm Cardio w/ Weights (CR)</div> <div><div>●</div>1:00pm Root Beer Float Social (G&GB)</div> <div><div>●</div>2:00pm Non-Denominational Church Service (RCR)</div> <div><div>●</div>2:00pm Stretch & Flexibility Class (PER)</div> <div><div>●</div>2:30pm Word Games (PGR)</div> <div><div>●</div>3:00pm Movie: Truth and Treason (PC)</div> <div><div>●</div>4:00pm Bingo w/ Eve (LC)</div> <div><div>●</div>6:30pm Movie: Truth and Treason (PC)</div> | <div><div>●</div>9:00am Chair Yoga (CR)</div> <div><div>●</div>10:00am Aqualates (CR)</div> <div><div>●</div>10:00am LifeLoop Help Desk (PGR)</div> <div><div>●</div>10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div><div>●</div>10:00am Silver Singers Baritone Practice (PCMR)</div> <div><div>●</div>10:30am Rummikub (PGR)</div> <div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm American Mahjong - Siamese Style (PMVR)</div> <div><div>●</div>1:15pm Bingo (PGR)</div> <div><div>●</div>2:00pm Chair Yoga (PER)</div> <div><div>●</div>2:30pm Humongous Words (PGR)</div> <div><div>●</div>2:30pm Town Hall (PCMR)</div> <div><div>●</div>3:00pm Silver Singers Alto Practice (RCR)</div> <div><div>●</div>3:30pm Mexican Train (PGR)</div> | <div><div>●</div>9:00am Chairs, Bands & Balls (CR)</div> <div><div>●</div>9:00am Mindfulness Meditation (PC)</div> <div><div>●</div>9:30am TED Talk Tuesday: NFL Quarterback - Overcoming Setbacks and Self-doubt (PGR)</div> <div><div>●</div>10:00am Pool Fitness (CR)</div> <div><div>●</div>10:30am Brain Games (PGR)</div> <div><div>●</div>11:15am Mobile Watch Company (LB)</div> <div><div>●</div>12:30pm Chess (RGR)</div> <div><div>●</div>1:00pm Ceramics Class: Open Studio (PAS)</div> <div><div>●</div>1:00pm Cribbage (AGB)</div> <div><div>●</div>1:30pm Buzzed Bingo (PGR)</div> <div><div>●</div>2:00pm National Chocolate Cake Day (AGB)</div> <div><div>●</div>2:00pm Strength & Stretch (PER)</div> <div><div>●</div>2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</div> <div><div>●</div>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div> <div><div>●</div>2:30pm Rummikub (PGR)</div> <div><div>●</div>3:00pm Live Music: Mandolin Ranch (RCR)</div> <div><div>●</div>3:00pm Live Speaker: Active Minds - Julius Caesar (RC)</div> <div><div>●</div>3:00pm Winter Wonderland Party (RCR)</div> <div><div>●</div>3:30pm Name That Tune (PGR)</div> | <div><div>●</div>9:00am POWER Over Parkinson's Fitness Class (CR)</div> <div><div>●</div>10:00am Craft: Thank You Cards (PAS)</div> <div><div>●</div>10:00am Silver Singers Rehearsal (PCMR)</div> <div><div>●</div>11:00am Men's Fitness (CR)</div> <div><div>●</div>11:00am Step & Balance (PER)</div> <div><div>●</div>11:15am Rosary Prayer Group (RCR)</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm American Mahjong (PMVR)</div> <div><div>●</div>1:00pm Chair Yoga (CR)</div> <div><div>●</div>1:00pm Ice Cream Social (G&GB)</div> <div><div>●</div>1:00pm Pool Fitness (CR)</div> <div><div>●</div>2:00pm Bible Study (PCMR)</div> <div><div>●</div>2:00pm Hallmark Rainy Day Movie (PC)</div> <div><div>●</div>2:00pm Resistance River Training (CR)</div> <div><div>●</div>2:00pm Trivia (G&GB)</div> <div><div>●</div>3:00pm Band Class (PER)</div> <div><div>●</div>3:30pm Mexican Train (PGR)</div> <div><div>●</div>6:30pm Live Music: Catherine “Cat on the Keys” Paz (RCR)</div> | <div><div>●</div>AD Twin Day</div> <div><div>●</div>10:00am Interactive Crossword (G&GB)</div> <div><div>●</div>10:00am Pool Core & Balance (CR)</div> <div><div>●</div>10:00am Silver Singers Sopranos Practice (PCMR)</div> <div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div><div>●</div>11:00am Resistance River Training (CR)</div> <div><div>●</div>12:30pm Hand & Foot Game (PMVR)</div> <div><div>●</div>1:00pm Flower Arrangements (PAS)</div> <div><div>●</div>2:00pm Open Art Studio (PAS)</div> <div><div>●</div>3:00pm Balance Class (PER)</div> <div><div>●</div>3:00pm Documentary: America the Story of Us- Millenium (PC)</div> <div><div>●</div>3:00pm The Stitchers (TPB)</div> <div><div>●</div>3:15pm Brain Games (PGR)</div> | <div><div>●</div>9:00am Bible Study (LC)</div> <div><div>●</div>9:00am Pickleball Open Court (RCR)</div> <div><div>●</div>10:00am Outing: Men's Group - Blue Sky Cafe & Juice Bar (LB)</div> <div><div>●</div>10:00am Resistance River Training (CR)</div> <div><div>●</div>11:00am Pool Fitness (CR)</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm Cribbage (AGB)</div> <div><div>●</div>1:30pm Bingo (PGR)</div> <div><div>●</div>2:00pm Strength & Cardio (PER)</div> <div><div>●</div>3:00pm Live Music: Not Your Father's Mustache Band (AGB)</div> <div><div>●</div>3:00pm Men's Fitness (CR)</div> <div><div>●</div>3:00pm Welcome Wagon Happy Hour (AGB)</div> <div><div>●</div>5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div><div>●</div>6:30pm Movie: Fiddler on the Roof (PC)</div> | <div><div>●</div>9:00am Pickleball Open Court (RCR)</div> <div><div>●</div>10:00am Pool Core & Balance (CR)</div> <div><div>●</div>11:00am Resistance River Training (CR)</div> <div><div>●</div>1:30pm Bingo (PGR)</div> <div><div>●</div>2:00pm Ball & Band Fitness (PER)</div> <div><div>●</div>2:30pm Arm Chair Travel- Athens: Around the Acropolis and Parthenon (PC)</div> <div><div>●</div>3:00pm Movie: The Devil Wears Prada (PC)</div> <div><div>●</div>6:30pm Movie: The Devil Wears Prada (PC)</div> |

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