



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Dining Venues</div> <div>The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-7pm Sunday Brunch 8am-11am 11am-2pm</div> <div>The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am</div> <div>Skywood: Sunday 5pm-8pm</div> <div>Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm</div> <div>This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.</div>				<div>● AD New Years Day Scavenger Hunt (LB) 1</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:00am Silver Singers Sopranos Practice (PCMR)</div> <div>● 11:00am Men's Book Club (PV)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 1:00pm Band Fitness Class (CR)</div> <div>● 1:00pm Bingo (LC)</div> <div>● 2:00pm Balance Fitness Class (CR)</div> <div>● 2:00pm Documentary: World War II: Up Close and Personal (15 & 16 of 24) (RC)</div> <div>● 2:00pm Live Music: Jon Fisher (LB)</div> <div>● 2:00pm Open Art Studio (PAS)</div> <div>● 3:00pm The Stitchers (TPB)</div> <div>● 7:00pm TV Series: Yellowstone (S5, E5) (RC)</div>	<div>● 9:00am Bible Study (LC) 2</div> <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Resistance River Training (CR)</div> <div>● 11:00am Pool Fitness (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm Cardio w/ Weights (CR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 3:00pm Icy Winter Cocktail Happy Hour (AGB)</div> <div>● 3:00pm Men's Fitness (CR)</div> <div>● 3:00pm Movie: The Odd Couple (RC)</div> <div>● 5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div>● 7:00pm Movie: The Odd Couple (RC)</div>	<div>● 9:00am Pickleball Open Court (RCR) 3</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:30am Outing: King Soopers (LB)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:30pm American Mahjong (RCR)</div> <div>● 12:30pm Open Art Studio (RAS)</div> <div>● 1:00pm Ball & Band Fitness (CR)</div> <div>● 2:00pm Mexican Train (RGR)</div> <div>● 3:00pm Movie: Rain Man (RC)</div> <div>● 3:00pm Stretch & Flexibility Class (CR)</div> <div>● 7:00pm Movie: Rain Man (RC)</div>

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(AGB)</div> <div><div>●</div>2:00pm Non-Denominational Church Service (RCR)</div> <div><div>●</div>3:00pm Balance Class (CR)</div> <div><div>●</div>3:00pm Movie: Always Be My Maybe (RC)</div> <div><div>●</div>7:00pm Movie: Always Be My Maybe (RC)</div>	<div><div>●</div>9:00am Chair Yoga (CR)</div> <div><div>●</div>9:00am Pastry Party (TPB)</div> <div><div>●</div>10:00am Aqualates (CR)</div> <div><div>●</div>10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div><div>●</div>10:00am Silver Singers Baritone Practice (PCMR)</div> <div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div><div>●</div>11:00am Pilates Sit & Stand Fitness Class (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm American Mahjong - Siamese Style (PMVR)</div> <div><div>●</div>1:00pm Strength & Fitness (CR)</div> <div><div>●</div>2:00pm Step & Balance (CR)</div> <div><div>●</div>2:30pm Humongous Words (RGR)</div> <div><div>●</div>3:00pm Silver Singers Alto Practice (RCR)</div> <div><div>●</div>4:00pm TV Series: When Calls the Heart (S4, E9) (RC)</div> <div><div>●</div>7:00pm TV Series: The Avengers (S4, E7) (RC)</div>	<div><div>●</div>9:00am Chairs, Bands & Balls (CR)</div> <div><div>●</div>10:00am Pool Fitness (CR)</div> <div><div>●</div>10:00am TED Talk Tuesday: The Transformative Power of Classical Music (RC)</div> <div><div>●</div>11:00am Cardio w/ Weights (CR)</div> <div><div>●</div>11:15am Mobile Watch Company (LB)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:30pm Chess (RGR)</div> <div><div>●</div>1:00pm Cribbage (AGB)</div> <div><div>●</div>1:00pm Step & Balance (CR)</div> <div><div>●</div>2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Renaissance Rivals: Da Vinci, Michelangelo, & Raphael (RCR)</div> <div><div>●</div>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div> <div><div>●</div>3:00pm Documentary: World War II: Up Close and Personal (17 & 18 of 24) (RC)</div> <div><div>●</div>3:30pm Catholic Communion Service w/ Deacon Don (RCR)</div> <div><div>●</div>8:00pm TV Series: Monk (S3, E1) (RC)</div>	<div><div>●</div>9:00am POWER Over Parkinson's Fitness Class (CR)</div> <div><div>●</div>10:00am Silver Singers Rehearsal (PCMR)</div> <div><div>●</div>10:00am Stretch & Flexibility Class (CR)</div> <div><div>●</div>11:00am Men's Fitness (CR)</div> <div><div>●</div>11:15am LifeLoop Help Desk (LC)</div> <div><div>●</div>11:15am Rosary Prayer Group (RCR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm American Mahjong (PMVR)</div> <div><div>●</div>1:00pm Chair Yoga (CR)</div> <div><div>●</div>1:00pm Pool Fitness (CR)</div> <div><div>●</div>2:00pm Bible Study (PCMR)</div> <div><div>●</div>2:00pm Pilates Sit & Stand Fitness Class (CR)</div> <div><div>●</div>2:00pm Resistance River Training (CR)</div> <div><div>●</div>4:00pm Event Planning Meeting (LC)</div> <div><div>●</div>4:00pm TV Series: The West Wing (S2, E19) (RC)</div> <div><div>●</div>6:30pm Live Music: Dave Miller (RCR)</div> <div><div>●</div>8:00pm TV Series: Suits (S4, E3) (RC)</div>	<div><div>●</div>10:00am Pool Core & Balance (CR)</div> <div><div>●</div>10:00am Silver Singers Sopranos Practice (PCMR)</div> <div><div>●</div>10:15am Outing: Denver Art Museum (LB)</div> <div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div><div>●</div>11:00am Resistance River Training (CR)</div> <div><div>●</div>1:00pm Band Fitness Class (CR)</div> <div><div>●</div>1:00pm Documentary: World War II: Up Close and Personal (19 & 20 of 24) (RC)</div> <div><div>●</div>2:00pm Balance Fitness Class (CR)</div> <div><div>●</div>2:00pm Open Art Studio (PAS)</div> <div><div>●</div>2:00pm Resident Council Meeting (RCR)</div> <div><div>●</div>3:00pm Elvis Birthday PARTY (AGB)</div> <div><div>●</div>3:00pm The Stitchers (TPB)</div> <div><div>●</div>7:00pm TV Series: Yellowstone (S5, E6) (RC)</div>	<div><div>●</div>9:00am Bible Study (LC)</div> <div><div>●</div>9:00am Pickleball Open Court (RCR)</div> <div><div>●</div>10:00am Resistance River Training (CR)</div> <div><div>●</div>11:00am Pool Fitness (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm Cardio w/ Weights (CR)</div> <div><div>●</div>1:00pm Cribbage (AGB)</div> <div><div>●</div>3:00pm Cranberry Sangria Happy Hour (AGB)</div> <div><div>●</div>3:00pm Men's Fitness (CR)</div> <div><div>●</div>3:00pm Movie: Carousel (RC)</div> <div><div>●</div>5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div><div>●</div>7:00pm Movie: Carousel (RC)</div>	<div><div>●</div>9:00am Pickleball Open Court (RCR)</div> <div><div>●</div>10:00am Pool Core & Balance (CR)</div> <div><div>●</div>10:30am Outing: Trader Joe's (LB)</div> <div><div>●</div>11:00am Resistance River Training (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:30pm American Mahjong (RCR)</div> <div><div>●</div>12:30pm Open Art Studio (RAS)</div> <div><div>●</div>1:00pm Ball & Band Fitness (CR)</div> <div><div>●</div>2:00pm Mexican Train (RGR)</div> <div><div>●</div>3:00pm Movie: Three Amigos (RC)</div> <div><div>●</div>3:00pm Stretch & Flexibility Class (CR)</div> <div><div>●</div>7:00pm Movie: Three Amigos (RC)</div>

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(AGB)</div> <div>● 2:00pm Non-Denominational Church Service (RCR)</div> <div>● 3:00pm Balance Class (CR)</div> <div>● 3:00pm Movie: Temple Grandin (RC)</div> <div>● 4:00pm Bingo w/ Eve (LC)</div> <div>● 7:00pm Movie: Temple Grandin (RC)</div>	<div>● 9:00am Chair Yoga (CR)</div> <div>● 10:00am Aqualates (CR)</div> <div>● 10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Silver Singers Baritone Practice (PCMR)</div> <div>● 10:30am Dining Reservation Class (Full Count) (LC)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 11:00am Pilates Sit & Stand Fitness Class (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong - Siamese Style (PMVR)</div> <div>● 1:00pm Strength & Fitness (CR)</div> <div>● 2:00pm Step & Balance (CR)</div> <div>● 2:30pm Humongous Words (RGR)</div> <div>● 3:00pm Silver Singers Alto Practice (RCR)</div> <div>● 4:00pm TV Series: When Calls the Heart (S4, E9) (RC)</div> <div>● 7:00pm TV Series: The Avengers (S4, E8) (RC)</div>	<div>● 9:00am Chairs, Bands & Balls (CR)</div> <div>● 10:00am Pool Fitness (CR)</div> <div>● 10:00am TED Talk Tuesday: Wicked's Costume Designer on How to Tell Stories with Clothes (RC)</div> <div>● 11:00am Cardio w/ Weights (CR)</div> <div>● 11:15am Mobile Watch Company (LB)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:30pm Chess (RGR)</div> <div>● 1:00pm Ceramics Class: Hand Building (PAS)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:00pm Documentary: World War II: Up Close and Personal (21 & 22 of 24) (RC)</div> <div>● 1:00pm Step & Balance (CR)</div> <div>● 2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</div> <div>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div> <div>● 3:00pm Live Speaker: Active Minds - Baltic States (RCR)</div> <div>● 4:00pm Dementia Support Group (PCMR)</div> <div>● 8:00pm TV Series: Monk (S3, E2) (RC)</div>	<div>● 9:00am National Bagel Day Bagel Bash (AGB)</div> <div>● 9:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Silver Singers Rehearsal (PCMR)</div> <div>● 10:00am Stock Market Discussion Group (LC)</div> <div>● 10:00am Stretch & Flexibility Class (CR)</div> <div>● 11:00am Men's Fitness (CR)</div> <div>● 11:15am LifeLoop Help Desk (LC)</div> <div>● 11:15am Rosary Prayer Group (RCR)</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong (PMVR)</div> <div>● 1:00pm Chair Yoga (CR)</div> <div>● 1:00pm Pool Fitness (CR)</div> <div>● 2:00pm Bible Study (PCMR)</div> <div>● 2:00pm Pilates Sit & Stand Fitness Class (CR)</div> <div>● 2:00pm Resistance River Training (CR)</div> <div>● 4:00pm TV Series: The West Wing (S2, E20) (RC)</div> <div>● 5:00pm Outing: Maggiano's Little Italy (LB)</div> <div>● 6:30pm Live Music: Larry O'Connor (RCR)</div> <div>● 8:00pm TV Series: Suits (S4, E4) (RC)</div>	<div>● 9:45am EXERA! - Fall Prevention (RCR)</div> <div>● 9:45am Outing: Johnson Lake - Walk (Weather Permitting) (LB)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:00am Silver Singers Sopranos Practice (PCMR)</div> <div>● 11:00am Live Speaker: Fundamental Therapy Solutions (FTS) Introduction (PCMR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:30pm January Birthday Bash (AGB)</div> <div>● 12:30pm Live Music: RETRO Trio (AGB)</div> <div>● 1:00pm Band Fitness Class (CR)</div> <div>● 1:00pm Bingo (LC)</div> <div>● 2:00pm Balance Fitness Class (CR)</div> <div>● 2:00pm Documentary: World War II: Up Close and Personal (23 & 24 of 24) (RC)</div> <div>● 2:00pm Open Art Studio (PAS)</div> <div>● 3:00pm The Stitchers (TPB)</div> <div>● 5:50pm Poker Club (PGR)</div> <div>● 7:00pm TV Series: Yellowstone (S5, E7) (RC)</div>	<div>● 9:00am Bible Study (LC)</div> <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Resistance River Training (CR)</div> <div>● 11:00am Pool Fitness (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm Cardio w/ Weights (CR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 3:00pm Cuba Libre Happy Hour (AGB)</div> <div>● 3:00pm Men's Fitness (CR)</div> <div>● 3:00pm Movie: Heaven Can Wait (RC)</div> <div>● 5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div>● 7:00pm Movie: Heaven Can Wait (RC)</div>	<div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:30am Outing: King Soopers (LB)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:30pm American Mahjong (RCR)</div> <div>● 12:30pm Open Art Studio (RAS)</div> <div>● 1:00pm Ball & Band Fitness (CR)</div> <div>● 2:00pm Mexican Train (RGR)</div> <div>● 3:00pm Movie: Catch Me if You Can (RC)</div> <div>● 3:00pm Stretch & Flexibility Class (CR)</div> <div>● 7:00pm Movie: Catch Me if You Can (RC)</div>

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(AGB)</div> <div>● 2:00pm Non-Denominational Church Service (RCR)</div> <div>● 3:00pm Balance Class (CR)</div> <div>● 3:00pm Movie: Hell or High Water (RC)</div> <div>● 7:00pm Movie: Hell or High Water (RC)</div>	<div>● 9:00am Chair Yoga (CR)</div> <div>● 9:00am Pastry Party (TPB)</div> <div>● 10:00am Aqualates (CR)</div> <div>● 10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Silver Singers Baritone Practice (PCMR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 11:00am Pilates Sit & Stand Fitness Class (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong - Siamese Style (PMVR)</div> <div>● 1:00pm Strength & Fitness (CR)</div> <div>● 2:00pm Step & Balance (CR)</div> <div>● 2:30pm Humongous Words (RGR)</div> <div>● 3:00pm Silver Singers Alto Practice (RCR)</div> <div>● 4:00pm TV Series: When Calls the Heart (S4, E10) (RC)</div> <div>● 7:00pm TV Series: The Avengers (S4, E9) (RC)</div>	<div>● 9:00am Chairs, Bands & Balls (CR)</div> <div>● 10:00am Pool Fitness (CR)</div> <div>● 10:00am TED Talk Tuesday: How I Turned Frustration into Creative Success (RC)</div> <div>● 10:30am Confessionals (LC)</div> <div>● 11:00am Cardio w/ Weights (CR)</div> <div>● 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)</div> <div>● 11:15am Mobile Watch Company (LB)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:00pm Live Music: Coreen Wells (LB)</div> <div>● 12:30pm Chess (RGR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:00pm Step & Balance (CR)</div> <div>● 2:00pm Documentary: Night Will Fall (RC)</div> <div>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div> <div>● 8:00pm TV Series: Monk (S3, E3) (RC)</div>	<div>● 9:00am POWER Over Parkinson's Fitness Class (CR)</div> <div>● 10:00am Silver Singers Rehearsal (PCMR)</div> <div>● 10:00am Stretch & Flexibility Class (CR)</div> <div>● 11:00am Men's Fitness (CR)</div> <div>● 11:15am Hospitality Committee (SW)</div> <div>● 11:15am LifeLoop Help Desk (LC)</div> <div>● 11:15am Rosary Prayer Group (RCR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm American Mahjong (PMVR)</div> <div>● 1:00pm Chair Yoga (CR)</div> <div>● 1:00pm Pool Fitness (CR)</div> <div>● 2:00pm Bible Study (PCMR)</div> <div>● 2:00pm Pilates Sit & Stand Fitness Class (CR)</div> <div>● 2:00pm Resistance River Training (CR)</div> <div>● 4:00pm TV Series: The West Wing (S2, E21) (RC)</div> <div>● 6:30pm Live Music: Scott Hackler (RCR)</div> <div>● 8:00pm TV Series: Suits (S4, E5) (RC)</div>	<div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:00am Silver Singers Sopranos Practice (PCMR)</div> <div>● 10:00am Town Hall (RCR)</div> <div>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 1:00pm Band Fitness Class (CR)</div> <div>● 1:00pm Bingo (LC)</div> <div>● 1:15pm Outing: The Butterfly Pavilion (LB)</div> <div>● 2:00pm Balance Fitness Class (CR)</div> <div>● 2:00pm Documentary: The Wonderful, Horrible Life of Leni Riefenstahl (part t 1) (RC)</div> <div>● 2:00pm Open Art Studio (PAS)</div> <div>● 3:00pm Let's Talk Food (LC)</div> <div>● 3:00pm The Stitchers (TPB)</div> <div>● 7:00pm TV Series: Yellowstone (S5, E8) (RC)</div>	<div>● 9:00am Bible Study (LC)</div> <div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 9:30am Outing: History Colorado Center (LB)</div> <div>● 10:00am Book Club Group 1 (PV)</div> <div>● 10:00am Resistance River Training (CR)</div> <div>● 11:00am Book Club Group 2 (LC)</div> <div>● 11:00am Pool Fitness (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:45pm Duplicate Bridge (RCR)</div> <div>● 12:45pm Party Bridge (RCR)</div> <div>● 1:00pm Cardio w/ Weights (CR)</div> <div>● 1:00pm Cribbage (AGB)</div> <div>● 1:00pm Parkinson's Support Group (LC)</div> <div>● 2:00pm National Pie Day (LB)</div> <div>● 3:00pm Good Tidings Happy Hour (AGB)</div> <div>● 3:00pm Men's Fitness (CR)</div> <div>● 3:00pm Movie: Sleepless in Seattle (RC)</div> <div>● 5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div>● 7:00pm Movie: Sleepless in Seattle (RC)</div>	<div>● 9:00am Pickleball Open Court (RCR)</div> <div>● 10:00am Pool Core & Balance (CR)</div> <div>● 10:30am Outing: Trader Joe's (LB)</div> <div>● 11:00am Resistance River Training (CR)</div> <div>● 12:00pm Daily Check in</div> <div>● 12:30pm American Mahjong (RCR)</div> <div>● 12:30pm Open Art Studio (RAS)</div> <div>● 1:00pm Ball & Band Fitness (CR)</div> <div>● 2:00pm Mexican Train (RGR)</div> <div>● 3:00pm Movie: Amelie (RC)</div> <div>● 3:00pm Stretch & Flexibility Class (CR)</div> <div>● 7:00pm Movie: Amelie (RC)</div>

HAPPY BIRTHDAY

Judy S. - 2nd
Richard K. - 5th
Mary E. G. - 8th
Norma C. - 8th
Beth W. - 11th
Pat O. - 16th
Sandi A. - 16th
Judy W. - 17th
Sally R. - 18th
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Rene H. - 27th
Rita B. L. - 29th
Barbara K. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>●</div>8:30am Sunday Worship at First Pres. Live Stream (PC)</div> <div><div>●</div>9:30am Outing: Catholic Service (LB)</div> <div><div>●</div>10:00am Our Father Lutheran Church Live Stream (RC)</div> <div><div>●</div>10:00am Pool Fitness (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>1:00pm Cardio w/ Weights (CR)</div> <div><div>●</div>1:00pm Root Beer Float Social (G&GB)</div> <div><div>●</div>1:30pm SCRABBLE! (AGB)</div> <div><div>●</div>2:00pm Non-Denominational Church Service (RCR)</div> <div><div>●</div>3:00pm Balance Class (CR)</div> <div><div>●</div>3:00pm Movie: Truth and Treason (RC)</div> <div><div>●</div>4:00pm Bingo w/ Eve (LC)</div> <div><div>●</div>7:00pm Movie: Truth and Treason (RC)</div>	<div><div>●</div>9:00am Chair Yoga (CR)</div> <div><div>●</div>10:00am Aqualates (CR)</div> <div><div>●</div>10:00am POWER Over Parkinson's Fitness Class (CR)</div> <div><div>●</div>10:00am Silver Singers Baritone Practice (PCMR)</div> <div><div>●</div>10:30am Dining Reservation Class (Full Count) (LC)</div> <div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div><div>●</div>11:00am Pilates Sit & Stand Fitness Class (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm American Mahjong - Siamese Style (PMVR)</div> <div><div>●</div>1:00pm Strength & Fitness (CR)</div> <div><div>●</div>2:00pm Step & Balance (CR)</div> <div><div>●</div>2:30pm Humongous Words (RGR)</div> <div><div>●</div>3:00pm Silver Singers Alto Practice (RCR)</div> <div><div>●</div>4:00pm TV Series: When Calls the Heart (S4, E11) (RC)</div> <div><div>●</div>7:00pm TV Series: The Avengers (S4, E10) (RC)</div>	<div><div>●</div>9:00am Chairs, Bands & Balls (CR)</div> <div><div>●</div>10:00am Pool Fitness (CR)</div> <div><div>●</div>10:00am TED Talk Tuesday: NFL Quarterback - Overcoming Setbacks and Self-doubt (RC)</div> <div><div>●</div>11:00am Cardio w/ Weights (CR)</div> <div><div>●</div>11:15am Mobile Watch Company (LB)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:30pm Chess (RGR)</div> <div><div>●</div>1:00pm Ceramics Class: Open Studio (PAS)</div> <div><div>●</div>1:00pm Cribbage (AGB)</div> <div><div>●</div>1:00pm Step & Balance (CR)</div> <div><div>●</div>1:30pm Documentary: The Wonderful, Horrible Life of Leni Riefenstahl (part 2) (RC)</div> <div><div>●</div>2:00pm National Chocolate Cake Day (AGB)</div> <div><div>●</div>2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</div> <div><div>●</div>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</div> <div><div>●</div>3:00pm Live Music: Mandolin Ranch (RCR)</div> <div><div>●</div>3:00pm Live Speaker: Active Minds - Julius Caesar (RC)</div> <div><div>●</div>3:00pm Winter Wonderland Party (RCR)</div> <div><div>●</div>8:00pm TV Series: Monk (S3, E4) (RC)</div>	<div><div>●</div>9:00am POWER Over Parkinson's Fitness Class (CR)</div> <div><div>●</div>10:00am Silver Singers Rehearsal (PCMR)</div> <div><div>●</div>10:00am Stock Market Discussion Group (LC)</div> <div><div>●</div>10:00am Stretch & Flexibility Class (CR)</div> <div><div>●</div>11:00am Men's Fitness (CR)</div> <div><div>●</div>11:15am LifeLoop Help Desk (LC)</div> <div><div>●</div>11:15am Rosary Prayer Group (RCR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm American Mahjong (PMVR)</div> <div><div>●</div>1:00pm Chair Yoga (CR)</div> <div><div>●</div>1:00pm Pool Fitness (CR)</div> <div><div>●</div>2:00pm Bible Study (PCMR)</div> <div><div>●</div>2:00pm Pilates Sit & Stand Fitness Class (CR)</div> <div><div>●</div>2:00pm Resistance River Training (CR)</div> <div><div>●</div>2:00pm Sip and Paint w/ Jeanne (RAS)</div> <div><div>●</div>4:00pm TV Series: The West Wing (S2, E22) (RC)</div> <div><div>●</div>6:30pm Live Music: Catherine “Cat on the Keys” Paz (RCR)</div> <div><div>●</div>8:00pm TV Series: Suits (S4, E6) (RC)</div>	<div><div>●</div>AD Twin Day</div> <div><div>●</div>10:00am Pool Core & Balance (CR)</div> <div><div>●</div>10:00am Silver Singers Sopranos Practice (PCMR)</div> <div><div>●</div>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</div> <div><div>●</div>11:00am Resistance River Training (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>1:00pm Band Fitness Class (CR)</div> <div><div>●</div>1:30pm Bingo (LC)</div> <div><div>●</div>2:00pm Balance Fitness Class (CR)</div> <div><div>●</div>2:00pm Documentary: Riefenstahl (RC)</div> <div><div>●</div>2:00pm Open Art Studio (PAS)</div> <div><div>●</div>3:00pm The Stitchers (TPB)</div> <div><div>●</div>7:00pm TV Series: Yellowstone (S5, E9) (RC)</div>	<div><div>●</div>9:00am Bible Study (LC)</div> <div><div>●</div>9:00am Pickleball Open Court (RCR)</div> <div><div>●</div>10:00am Outing: Men's Group - Blue Sky Cafe & Juice Bar (LB)</div> <div><div>●</div>10:00am Resistance River Training (CR)</div> <div><div>●</div>11:00am Pool Fitness (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:45pm Duplicate Bridge (RCR)</div> <div><div>●</div>12:45pm Party Bridge (RCR)</div> <div><div>●</div>1:00pm Cardio w/ Weights (CR)</div> <div><div>●</div>1:00pm Cribbage (AGB)</div> <div><div>●</div>3:00pm Live Music: Not Your Father's Mustache Band (AGB)</div> <div><div>●</div>3:00pm Men's Fitness (CR)</div> <div><div>●</div>3:00pm Movie: Fiddler on the Roof (RC)</div> <div><div>●</div>3:00pm Welcome Wagon Happy Hour (AGB)</div> <div><div>●</div>5:00pm Welcome Shabbat w/ Paula (TPB)</div> <div><div>●</div>7:00pm Movie: Fiddler on the Roof (RC)</div>	<div><div>●</div>9:00am Pickleball Open Court (RCR)</div> <div><div>●</div>10:00am Pool Core & Balance (CR)</div> <div><div>●</div>10:30am Outing: King Soopers (LB)</div> <div><div>●</div>11:00am Resistance River Training (CR)</div> <div><div>●</div>12:00pm Daily Check in</div> <div><div>●</div>12:30pm American Mahjong (RCR)</div> <div><div>●</div>12:30pm Open Art Studio (RAS)</div> <div><div>●</div>1:00pm Ball & Band Fitness (CR)</div> <div><div>●</div>2:00pm Mexican Train (RGR)</div> <div><div>●</div>3:00pm Movie: The Devil Wears Prada (RC)</div> <div><div>●</div>3:00pm Stretch & Flexibility Class (CR)</div> <div><div>●</div>7:00pm Movie: The Devil Wears Prada (RC)</div>

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