

JANUARY 2026

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Dining Venues

The Beacon:
Monday-Saturday
7am-10am
11am-3pm
4pm-7pm
Sunday Brunch
8am-11am
11am-2pm

The Point Bistro:
Tuesday, Thursday,
Saturday
7:30am-10:30am

Skywood:
Sunday
5pm-8pm

Palisade:
Monday-Sunday
7am-9:30am
11am-2pm
4pm-6pm

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.

- AD New Years Day Scavenger Hunt (LB)
- 10:00am Pool Core & Balance (CR)
- 10:00am Silver Singers Sopranos Practice (PCMR)
- 11:00am Men's Book Club (PV)
- 11:00am Resistance River Training (CR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm Band Fitness Class (CR)
- 1:00pm Bingo (LC)
- 2:00pm Balance Fitness Class (CR)
- 2:00pm Documentary: World War II: Up Close and Personal (15 & 16 of 24) (RC)
- 2:00pm Live Music: Jon Fisher (LB)
- 2:00pm Open Art Studio (PAS)
- 3:00pm The Stitchers (TPB)
- 7:00pm TV Series: Yellowstone (S5, E5) (RC)

1

- 9:00am Bible Study (LC)
- 9:00am Pickleball Open Court (RCR)
- 10:00am Resistance River Training (CR)
- 11:00am Pool Fitness (CR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Cribbage (AGB)
- 3:00pm Icy Winter Cocktail Happy Hour (AGB)
- 3:00pm Men's Fitness (CR)
- 3:00pm Movie: The Odd Couple (RC)
- 5:00pm Welcome Shabbat w/ Paula (TPB)
- 7:00pm Movie: The Odd Couple (RC)

2

- 9:00am Pickleball Open Court (RCR)
- 10:00am Pool Core & Balance (CR)
- 10:30am Outing: King Soopers (LB)
- 11:00am Resistance River Training (CR)
- 12:00pm Daily Check in
- 12:30pm American Mahjong (RCR)
- 12:30pm Open Art Studio (RAS)
- 1:00pm Ball & Band Fitness (CR)
- 2:00pm Mexican Train (RGR)
- 3:00pm Movie: Rain Man (RC)
- 3:00pm Stretch & Flexibility Class (CR)
- 7:00pm Movie: Rain Man (RC)

3

HAPPY BIRTHDAY

Judy S. - 2nd
Richard K. - 5th
Mary E. G. - 8th
Norma C. - 8th
Beth W. - 11th
Pat O. - 16th
Sandi A. - 16th
Judy W. - 17th
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Bea T. - 20th
Cynthia M. - 20th
Linda Z. - 22nd
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Rita B. L. - 29th
Barbara K. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
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Lobby = LB
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<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 11:00am Broncos vs Chargers Potluck (SW) 12:00pm Daily Check in 1:00pm Cardio w/ Weights (CR) 1:00pm Outing: King Soopers (LB) 1:00pm Root Beer Float Social (G&GB) 1:30pm SCRABBLE! (AGB) 2:00pm Non-Denominational Church Service (RCR) 3:00pm Balance Class (CR) 3:00pm Movie: Always Be My Maybe (RC) 7:00pm Movie: Always Be My Maybe (RC) 	<ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 9:00am Pastry Party (TPB) 10:00am Aqualates (CR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Pilates Sit & Stand Fitness Class (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong - Siamese Style (PMVR) 1:00pm Strength & Fitness (CR) 2:00pm Step & Balance (CR) 2:30pm Humongous Words (RGR) 3:00pm Silver Singers Alto Practice (RCR) 4:00pm TV Series: When Calls the Heart (S4, E9) (RC) 7:00pm TV Series: The Avengers (S4, E7) (RC) 	<ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 10:00am Pool Fitness (CR) 10:00am TED Talk Tuesday: The Transformative Power of Classical Music (RC) 11:00am Cardio w/ Weights (CR) 11:15am Mobile Watch Company (LB) 12:00pm Daily Check in 12:30pm Chess (RGR) 1:00pm Cribbage (AGB) 1:00pm Step & Balance (CR) 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Renaissance Rivals: Da Vinci, Michelangelo, & Raphael (RCR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 3:00pm Documentary: World War II: Up Close and Personal (17 & 18 of 24) (RC) 3:30pm Catholic Communion Service w/ Deacon Don (RCR) 8:00pm TV Series: Monk (S3, E1) (RC) 	<ul style="list-style-type: none"> 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 4:00pm Event Planning Meeting (LC) 4:00pm TV Series: The West Wing (S2, E19) (RC) 6:30pm Live Music: Dave Miller (RCR) 8:00pm TV Series: Suits (S4, E3) (RC) 	<ul style="list-style-type: none"> 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 10:15am Outing: Denver Art Museum (LB) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Resistance River Training (CR) 12:00pm Daily Check in 1:00pm Band Fitness Class (CR) 1:00pm Documentary: World War II: Up Close and Personal (19 & 20 of 24) (RC) 2:00pm Balance Fitness Class (CR) 2:00pm Open Art Studio (PAS) 2:00pm Resident Council Meeting (RCR) 3:00pm Elvis Birthday PARTY (AGB) 3:00pm The Stitchers (TPB) 7:00pm TV Series: Yellowstone (S5, E6) (RC) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 1:00pm Documentary: World War II: Up Close and Personal (19 & 20 of 24) (RC) 2:00pm Welcome Shabbat w/ Paula (TPB) 3:00pm Movie: Carousel (RC) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: Carousel (RC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 10:30am Outing: Trader Joe's (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: Three Amigos (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: Three Amigos (RC)

HAPPY BIRTHDAY

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<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 12:00pm Daily Check in 12:00pm Live Speaker: Patagonia with Dave and Carolyn Gregory (RC) 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 1:30pm SCRABBLE! (AGB) 2:00pm Non-Denominational Church Service (RCR) 3:00pm Balance Class (CR) 3:00pm Movie: Temple Grandin (RC) 4:00pm Bingo w/ Eve (LC) 7:00pm Movie: Temple Grandin (RC) 	<ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 10:00am Aqualates (CR) 10:00am POWER Over Parkinson's Fitness 10:00am Silver Singers Baritone Practice 10:30am Dining Reservation Class (Full Count) (LC) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Pilates Sit & Stand Fitness Class (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong - Siamese Style (PMVR) 1:00pm Strength & Fitness (CR) 2:00pm Step & Balance (CR) 2:30pm Humongous Words (RGR) 3:00pm Silver Singers Alto Practice (RCR) 4:00pm TV Series: When Calls the Heart (S4, E9) (RC) 7:00pm TV Series: The Avengers (S4, E8) (RC) 	<ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 10:00am Pool Fitness (CR) 10:00am TED Talk Tuesday: Wicked's Costume Designer on How to Tell Stories with Clothes (RC) 11:00am Cardio w/ Weights (CR) 11:15am Mobile Watch Company (LB) 12:00pm Daily Check in 12:30pm Chess (RGR) 1:00pm Ceramics Class: Hand Building (PAS) 1:00pm Cribbage (AGB) 1:00pm Documentary: World War II: Up Close and Personal (21 & 22 of 24) (RC) 1:00pm Step & Balance (CR) 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 3:00pm Live Speaker: Active Minds - Baltic States (RCR) 4:00pm Dementia Support Group (PCMR) 8:00pm TV Series: Monk (S3, E2) (RC) 	<ul style="list-style-type: none"> 9:00am National Bagel Day Bagel Bash (AGB) 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stock Market Discussion Group (LC) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 2:00pm Bible Study (PCMR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 4:00pm TV Series: The West Wing (S2, E20) (RC) 5:00pm Outing: Maggiano's Little Italy (LB) 6:30pm Live Music: Larry O'Connor (RCR) 8:00pm TV Series: Suits (S4, E4) (RC) 	<ul style="list-style-type: none"> 9:45am EXERAI - Fall Prevention (RCR) 9:45am Outing: Johnson Lake - Walk (Weather Permitting) (LB) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Live Speaker: Fundamental Therapy Solutions (FTS) Introduction (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 3:00pm Cuba Libre Happy Hour (AGB) 3:00pm Men's Fitness (CR) 3:00pm Movie: Heaven Can Wait (RC) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: Heaven Can Wait (RC) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 3:00pm Cuba Libre Happy Hour (AGB) 3:00pm Men's Fitness (CR) 3:00pm Movie: Heaven Can Wait (RC) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: Heaven Can Wait (RC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 10:30am Outing: King Soopers (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: Catch Me if You Can (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: Catch Me if You Can (RC)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</p> <p>● 9:30am Outing: Catholic Service (LB)</p> <p>● 10:00am Our Father Lutheran Church Live Stream (RC)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 1:00pm Cardio w/ Weights (CR)</p> <p>● 1:00pm Root Beer Float Social (G&GB)</p> <p>● 1:30pm SCRABBLE! (AGB)</p> <p>● 2:00pm Non-Denominational Church Service (RCR)</p> <p>● 3:00pm Balance Class (CR)</p> <p>● 3:00pm Movie: Truth and Treason (RC)</p> <p>● 4:00pm Bingo w/ Eve (LC)</p> <p>● 7:00pm Movie: Truth and Treason (RC)</p>	<p>● 9:00am Chair Yoga (CR)</p> <p>● 10:00am Aqualates (CR)</p> <p>● 10:00am POWER Over Parkinson's Fitness (CR)</p> <p>● 10:00am Silver Singers Baritone Practice (PCMR)</p> <p>● 10:30am Dining Reservation Class (Full Count) (LC)</p> <p>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</p> <p>● 11:00am Pilates Sit & Stand Fitness Class (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RC)</p> <p>● 1:00pm American Mahjong - Siamese Style (PMVR)</p> <p>● 1:00pm Strength & Fitness (CR)</p> <p>● 2:00pm Step & Balance (CR)</p> <p>● 2:30pm Humongous Words (RGR)</p> <p>● 3:00pm Silver Singers Alto Practice (RCR)</p> <p>● 4:00pm TV Series: When Calls the Heart (S4, E11) (RC)</p> <p>● 7:00pm TV Series: The Avengers (S4, E10) (RC)</p>	<p>● 9:00am Chairs, Bands & Balls (CR)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 10:00am TED Talk Tuesday: NFL Quarterback - Overcoming Setbacks and Self-doubt (RC)</p> <p>● 11:00am Cardio w/ Weights (CR)</p> <p>● 11:15am Mobile Watch Company (LB)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:30pm Chess (RGR)</p> <p>● 1:00pm Ceramics Class: Open Studio (PAS)</p> <p>● 1:00pm Cribbage (AGB)</p> <p>● 1:00pm Step & Balance (CR)</p> <p>● 1:30pm Documentary: The Wonderful, Horrible Life of Leni Riefenstahl (part 2)</p> <p>● 2:00pm National Chocolate Cake Day (AGB)</p> <p>● 2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</p> <p>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</p> <p>● 3:00pm Live Music: Mandolin Ranch (RCR)</p> <p>● 3:00pm Live Speaker: Active Minds - Julius Caesar (RC)</p> <p>● 3:00pm Winter Wonderland Party (RCR)</p> <p>● 8:00pm TV Series: Monk (S3, E4) (RC)</p>	<p>● 9:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 10:00am Silver Singers Rehearsal (PCMR)</p> <p>● 10:00am Stock Market Discussion Group (LC)</p> <p>● 10:00am Stretch & Flexibility Class (CR)</p> <p>● 11:00am Men's Fitness (CR)</p> <p>● 11:15am LifeLoop Help Desk (LC)</p> <p>● 11:15am Rosary Prayer Group (RCR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong (PMVR)</p> <p>● 1:00pm Chair Yoga (CR)</p> <p>● 1:00pm Pool Fitness (CR)</p> <p>● 2:00pm Bible Study (PCMR)</p> <p>● 2:00pm Pilates Sit & Stand Fitness Class (CR)</p> <p>● 2:00pm Resistance River Training (CR)</p> <p>● 2:00pm Sip and Paint w/ Jeanne (RAS)</p> <p>● 4:00pm TV Series: The West Wing (S2, E22) (RC)</p> <p>● 6:30pm Live Music: Catherine "Cat on the Keys" Paz (RCR)</p> <p>● 8:00pm TV Series: Suits (S4, E6) (RC)</p>	<p>● AD Twin Day</p> <p>● 10:00am Pool Core & Balance (CR)</p> <p>● 10:00am Silver Singers Sopranos Practice (PCMR)</p> <p>● 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR)</p> <p>● 11:00am Resistance River Training (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:30pm Bingo (LC)</p> <p>● 2:00pm Balance Fitness Class (CR)</p> <p>● 2:00pm Documentary: Riefenstahl (RC)</p> <p>● 2:00pm Open Art Studio (PAS)</p> <p>● 3:00pm The Stitchers (TPB)</p> <p>● 7:00pm TV Series: Yellowstone (S5, E9) (RC)</p>	<p>● 9:00am Bible Study (LC)</p> <p>● 10:00am Pool Core & Balance (CR)</p> <p>● 10:00am Outing: Men's Group - Blue Sky Cafe & Juice Bar (LB)</p> <p>● 10:00am Resistance River Training (CR)</p> <p>● 11:00am Pool Fitness (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm Cardio w/ Weights (CR)</p> <p>● 2:00pm Balance Fitness Class (CR)</p> <p>● 3:00pm Live Music: Not Your Father's Mustache Band (AGB)</p> <p>● 3:00pm Men's Fitness (CR)</p> <p>● 3:00pm Movie: Fiddler on the Roof (RC)</p> <p>● 3:00pm Welcome Wagon Happy Hour (AGB)</p> <p>● 5:00pm Welcome Shabbat w/ Paula (TPB)</p> <p>● 7:00pm Movie: Fiddler on the Roof (RC)</p>	<p>● 9:00am Pickleball Open Court (RCR)</p> <p>● 10:00am Pool Core & Balance (CR)</p> <p>● 10:30am Outing: King Soopers (LB)</p> <p>● 11:00am Resistance River Training (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:30pm American Mahjong (RCR)</p> <p>● 12:30pm Open Art Studio (RAS)</p> <p>● 1:00pm Ball & Band Fitness (CR)</p> <p>● 2:00pm Mexican Train (RGR)</p> <p>● 3:00pm Movie: The Devil Wears Prada (RC)</p> <p>● 3:00pm Stretch & Flexibility Class (CR)</p> <p>● 7:00pm Movie: The Devil Wears Prada (RC)</p>

HAPPY BIRTHDAY

Judy S. - 2nd
Richard K. - 5th
Mary E. G. - 8th
Norma C. - 8th
Beth W. - 11th
Pat O. - 16th
Sandi A. - 16th
Judy W. - 17th
Sally R. - 18th
Bea T. - 20th
Cynthia M. - 20th
Linda Z. - 22nd
Rene H. - 27th
Rita B. L. - 29th
Barbara K. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB