

# FEBRUARY 2026



**THE RIDGE**  
PINEHURST · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>8:45am The Daily Chronicle</li> <li>9:00am Morning Meeting / Montessori Task Board</li> <li>9:15am Sing Along Songs</li> <li>10:15am Andre Rieu Orchestra Performace</li> <li>10:15am Our Father Lutheran Church Service</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>1:00pm Assorted Board Games</li> <li>2:00pm Play House Theater</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am The Daily Chronicle</li> <li>9:00am Morning Meeting / Montessori Task Board</li> <li>9:15am Sing Along Songs</li> <li>10:15am Andre Rieu Orchestra Performace</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>1:00pm PBS Documenatry Series</li> <li>2:00pm Rainbow Ribbon Yoga</li> <li>3:00pm Assorted Board Games</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am The Daily Chronicle</li> <li>9:00am Morning Meeting / Montessori Task Board</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:30am Outing: Scenic Drive - Kittredge Valley</li> <li>10:30am Brain Games &amp; Trivia</li> <li>2:00pm Colorado Experience</li> <li>2:30pm Pool Move &amp; Groove</li> <li>3:00pm Catholic Communion Service w/ Deacon Don</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>9:15am Patriotic Sing Along</li> <li>10:15am <del>Move &amp; Groove Fitness</del></li> <li>10:15am Resident Council Meeting</li> <li>10:30am Neighborhood Rules Meeting</li> <li>1:00pm Nail and Hair Day</li> <li>2:00pm Outing: Wendy's Frosties</li> <li>2:30pm Creative Craft Day: Paper Heart Pouches</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> <li>6:30pm Live Music: Andy Ard</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Finish That Line</li> <li>12:30pm Flower Arranging</li> <li>1:00pm Chair Volleyball</li> <li>2:00pm Live Music: Jeffrey Dallet</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:45am Patriotic Sing Along</li> <li>12:00pm Winter Olympics Opening Ceremonies</li> <li>1:00pm Walk the Ridge</li> <li>1:30pm TV Series: The Andy Griffith Show</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>3:30pm Happy Hour</li> <li>5:30pm Evening Movie "Hatari"</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Strength &amp; Bend w/ Judy</li> <li>9:45am Patriotic Sing Along</li> <li>10:45am Board Game Fun: Rummikub</li> <li>1:00pm Our Planet</li> <li>2:00pm Live Music: Jim Kurty</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>
<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Silver Singers Choir Practice</li> <li>10:00am Andre Rieu Orchestra Performace</li> <li>10:15am Our Father Lutheran Church Service</li> <li>10:45am Finish That Line</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>1:00pm Assorted Board Games</li> <li>2:00pm Play House Theater</li> <li>3:00pm Happy Birthday Nancy!</li> <li>4:30pm Superbowl Sunday Watch Party</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sing Along Songs</li> <li>10:15am Andre Rieu Orchestra Performace</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>11:45am National Pizza Day Pizza Party</li> <li>12:45pm PBS Documenatry Series</li> <li>1:45pm Rainbow Ribbon Yoga</li> <li>3:00pm Assorted Board Games</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Strength &amp; Bend w/ Judy</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Brain Games &amp; Trivia</li> <li>10:45am Outing: Mesa Latin Kitchen</li> <li>1:00pm Parachute Popcorn</li> <li>2:00pm Colorado Experience</li> <li>2:00pm Walking Through Grief w/ Pastor Mark</li> <li>2:30pm Pool Move &amp; Groove</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>4:00pm Family Member Activity: Dementia Support Group</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Bowling Bonanza</li> <li>9:45am Patriotic Sing Along</li> <li>10:15am Move &amp; Groove Fitness</li> <li>1:00pm Creative Craft Day: Painting w/ Heart Cookie Cutters</li> <li>1:00pm Nail and Hair Day</li> <li>2:00pm Alphabet Soup for the Brain</li> <li>2:45pm America's National Parks (S1, E1)</li> <li>3:00pm Putt Putt Golf</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> <li>6:30pm Live Music: Steve Smith</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:30am Outing: Scenic Drive - Red Rocks</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Valentines Cards</li> <li>12:30pm Flower Arranging</li> <li>1:30pm Men's Group</li> <li>2:00pm Live Music: Neil Jordan</li> <li>3:00pm Parachute Popcorn</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Valentines Decorating</li> <li>1:00pm Walk the Ridge</li> <li>1:30pm TV Series: Carol Burnett</li> <li>3:00pm Happy Birthday Richard!</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>3:30pm Happy Hour</li> <li>5:30pm Evening Movie "Anything Goes"</li> </ul>	<ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Strength &amp; Bend w/ Judy</li> <li>9:45am Patriotic Sing Along</li> <li>10:45am Board Game Fun: Triomino's</li> <li>1:00pm Our Planet</li> <li>2:00pm Family Member Activity: Cupid's Celebration (Valentine's Party)</li> <li>2:00pm Live Music: Gary Michaels</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>

**HAPPY BIRTHDAY**

Nancy W. - 8th  
Richard B. - 13th  
Alexis F. - 23rd

**ACTIVITY TYPES**

- Inspirational
- Intellectual
- Physical
- Social

**TIME KEY**

AD = All Day  
MO = Morning  
AF = Afternoon  
EV = Evening

**MONTESSORI**

"Free choice is one of the highest of all the mental processes."

-Maria Montessori  
The Montessori Way

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate to become an Official Resident Connection.

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**THE RIDGE**  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>15</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Silver Singers Choir Practice</li> <li>10:00am Andre Rieu Orchestra Performace</li> <li>10:15am Our Father Lutheran Church Service</li> <li>10:45am Finish That Line</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>1:00pm Assorted Board Games</li> <li>2:00pm Play House Theater</li> <li>3:00pm Chair Basketball Challenge</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sing Along Songs</li> <li>9:30am Outing: LaMar's Donuts</li> <li>10:15am Andre Rieu Orchestra Performace</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>12:45pm PBS Documenatry Series</li> <li>1:45pm Rainbow Ribbon Yoga</li> <li>2:30pm Mardi Gras Decorating</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Strength &amp; Bend w/ Judy</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Brain Games &amp; Trivia</li> <li>1:00pm Parachute Popcorn</li> <li>2:00pm Live Music: Chuck Fisher</li> <li>2:00pm Mardi Gras - Fat Tuesday Party</li> <li>2:30pm Pool Move &amp; Groove</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Bowling Bonanza</li> <li>9:45am Patriotic Sing Along</li> <li>10:15am Move &amp; Groove Fitness</li> <li>1:00pm Creative Craft Day: Painted Stain glass Hearts</li> <li>1:00pm Nail and Hair Day</li> <li>2:00pm Alphabet Soup for the Brain</li> <li>2:45pm America's National Parks (S1, E2)</li> <li>3:00pm Putt Putt Golf</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> <li>6:30pm Live Music: Bobbie Bell</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:30am Outing: The Mines Museum of Earth Science</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Finish That Line</li> <li>12:30pm Flower Arranging</li> <li>2:00pm February Birthday Bash</li> <li>2:00pm Live Music: Dave Hidalgo</li> <li>3:00pm Big Ball Exercise</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>AD Comfy Day</li> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:45am Patriotic Sing Along</li> <li>1:00pm Walk the Ridge</li> <li>1:30pm TV Series: I Love Lucy</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>3:30pm Happy Hour</li> <li>5:30pm Evening Movie "Were No Angels "</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Strength &amp; Bend w/ Judy</li> <li>9:45am Patriotic Sing Along</li> <li>11:00am Board Game Fun: Duck Races</li> <li>1:00pm Our Planet</li> <li>2:00pm Live Music: Daniel Ott</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>
<p><b>22</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Silver Singers Choir Practice</li> <li>10:00am Andre Rieu Orchestra Performace</li> <li>10:15am Our Father Lutheran Church Service</li> <li>10:45am Finish That Line</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>12:30pm Winter Olympics Closing Ceremonies</li> <li>1:00pm Assorted Board Games</li> <li>2:00pm Play House Theater</li> <li>3:00pm Chair Basketball Challenge</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sing Along Songs</li> <li>10:15am Andre Rieu Orchestra Performace</li> <li>11:15am Move &amp; Groove Fitness Class</li> <li>12:45pm PBS Documenatry Series</li> <li>1:45pm Rainbow Ribbon Yoga</li> <li>3:00pm Assorted Board Games</li> <li>3:00pm Happy Birthday Alexis!</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Exercise w/ Ryley</li> <li>9:30am Outing: Scenic Drive Roxborough State Park</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Brain Games &amp; Trivia</li> <li>1:00pm Parachute Popcorn</li> <li>2:00pm Colorado Experience</li> <li>2:00pm Walking Through Grief w/ Pastor Mark</li> <li>2:30pm Pool Move &amp; Groove</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Bowling Bonanza</li> <li>9:45am Patriotic Sing Along</li> <li>10:15am Move &amp; Groove Fitness</li> <li>1:00pm Creative Craft Day: Punches Heart Bubble Machine</li> <li>1:00pm Nail and Hair Day</li> <li>2:00pm Alphabet Soup for the Brain</li> <li>2:45pm America's National Parks (S1, E3)</li> <li>3:00pm Putt Putt Golf</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> <li>6:30pm Live Music: Gordon Close</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:45am Patriotic Sing Along</li> <li>10:30am Finish That Line</li> <li>1:30pm Men's Group</li> <li>2:00pm Live Music: Deva Yoder</li> <li>2:30pm National Chili Day Competition</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Sit &amp; Be Fit</li> <li>9:30am Outing: Museum of Miniatures dolls and toys</li> <li>9:45am Patriotic Sing Along</li> <li>1:00pm Family Member Activity: Parkinson's Support Group</li> <li>1:00pm Walk the Ridge</li> <li>1:30pm TV Series : Murder She Wrote</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>3:30pm Happy Hour</li> <li>5:30pm Evening Movie ' The Long Long Trailer"</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>8:45am Morning Meeting / Montessori Task Board</li> <li>8:45am The Daily Chronicle</li> <li>9:15am Strength &amp; Bend w/ Judy</li> <li>9:45am Patriotic Sing Along</li> <li>11:00am Board Game Fun: Scrabble</li> <li>1:00pm Our Planet</li> <li>2:00pm Live Music: Alan Vail</li> <li>3:30pm Afternoon Snack &amp; Chat</li> <li>5:30pm Evening Movie</li> </ul>

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