



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<ul style="list-style-type: none"> <li>● AD April Fools Wacky Wednesday <b>1</b></li> <li>● 9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Craft: Spring Wreaths (PAS)</li> <li>● 10:00am Silver Singers Rehearsal (PCMR)</li> <li>● 11:00am Men's Fitness (CR)</li> <li>● 11:00am Step &amp; Balance (PER)</li> <li>● 11:15am Rosary Prayer Group (RCR)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong (PMVR)</li> <li>● 1:00pm Chair Yoga (CR)</li> <li>● 1:00pm Ice Cream Social (G&amp;GB)</li> <li>● 1:00pm Pool Fitness (CR)</li> <li>● 2:00pm Bible Study (PCMR)</li> <li>● 2:00pm Resident Pick Movie (PC)</li> <li>● 2:00pm Resistance River Training (CR)</li> <li>● 2:00pm Trivia (G&amp;GB)</li> <li>● 3:00pm Band Class (PER)</li> <li>● 3:30pm Mexican Train (PGR)</li> <li>● 5:30pm Family Council Meeting (PCMR)</li> <li>● 6:30pm Live Music: TBA (RCR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:30am Coffee &amp; Donut Social (G&amp;GB) <b>2</b></li> <li>● 10:00am Interactive Hangman (G&amp;GB)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 11:00am Silver Spatulas Cooking Experience (LC)</li> <li>● 12:30pm Hand &amp; Foot Game (PMVR)</li> <li>● 1:00pm Flower Arrangements (PAS)</li> <li>● 1:00pm Live Speaker: Gut Health &amp; Probiotics w/ Nutrition Health Coach (RCR)</li> <li>● 1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>● 2:00pm Open Art Studio (PAS)</li> <li>● 3:00pm Balance Class (PER)</li> <li>● 3:00pm Documentary: Unearthed - Mysteries in the Alien Desert (PC)</li> <li>● 3:00pm The Stitchers (TPB)</li> <li>● 3:15pm Brain Games (PGR)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 5:50pm Poker Club (PGR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC) <b>3</b></li> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● AF Rockies Home Opener Baseball Game (Time TBD) (PC)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:30pm Bingo (PGR)</li> <li>● 2:00pm Strength &amp; Cardio (PER)</li> <li>● 2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>● 2:30pm TV Show: Cheers (S1, E10) (PC)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Mojito Happy Hour (AGB)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>● 5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>● 6:30pm Movie: Guys and Dolls (PC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (RCR) <b>4</b></li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 1:30pm Bingo (PGR)</li> <li>● 2:00pm Ball &amp; Band Fitness (PER)</li> <li>● 2:30pm Arm Chair Travel (PC)</li> <li>● 3:00pm Movie: About Time (PC)</li> <li>● 6:30pm Movie: About Time (PC)</li> </ul>

**HAPPY BIRTHDAY**

- Darrell L. - 6th
- Victoria T. - 8th
- Dale M. - 21st
- Donna F. - 23rd
- Ken C. - 23rd
- John K. - 25th
- Darlene P. - 30th

**ACTIVITY TYPES**

- Inspirational
- Intellectual
- Physical
- Social

**LOCATION KEY**

**2nd Floor Location Key**  
 AlpenGlow Bar = AGB  
 Board Room = BR  
 Courtyard = CY  
 Grab & Go Bistro (AL) = G&GB  
 Learning Center (IL) = LC  
 Lobby = LB  
 Palisade (AL) Dining Room = PDR  
 PanoVista (IL) = PV  
 Peaks (AL) Cinema = PC  
 Peaks (AL) Community Room = PCMR  
 Peaks (AL) Creative Art Studio = PAS  
 Peaks (AL) Game Room = PGR  
 Peaks (AL) Private Dining Room = PPDR  
 Ridge Cinema (IL) = RC  
 Ridge Community Room (IL) = RCR  
 Ridge Game Room (IL) = RGR  
 Wellness Center = WC

**3rd Floor Location Key**  
 Peaks (AL) Sunrise Room = PSR  
 Peaks (AL) Exercise Room = PER

**4th Floor Location Key**  
 Peaks (AL) Mountain View Room = PMVR

**Summit Building Key**  
 Skywood (IL) = SW  
 The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:00am Outing: Catholic Service TRIP #1 (LB)</li> <li>9:30am Outing: Catholic Service TRIP #2 (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>11:00am Easter Buffet (B)</li> <li>11:30am Live Music: TBA (LB)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>2:00pm Non-Denominational Church Service (RC R)</li> <li>2:00pm Stretch &amp; Flexibility Class (PER)</li> <li>3:00pm Movie: One Battle After Another (PC)</li> <li>4:00pm Bingo w/ Eve (LC)</li> <li>6:30pm Movie: One Battle After Another (PC)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Chair Yoga (CR)</li> <li>9:00am Summit Scone Social (TPB)</li> <li>9:30am Resident Council Meeting (PCMR)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am Card Bingo (PGR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>11:00am LifeLoop Help Desk (PGR)</li> <li>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics &amp; Tuttle Bombs (RCR)</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:15pm Bingo (PGR)</li> <li>2:00pm Chair Yoga (PER)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm Rummikub (PGR)</li> <li>3:00pm Silver Singers Alto Practice (RCR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>3:30pm Live Speaker: Jeff Baird, Medical Reiki Master (RCR)</li> <li>3:30pm Mexican Train (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>9:00am Mindfulness Meditation (PC)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:30am Brain Games (PGR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Ceramics Class: Glazing (PAS)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Buzzed Bingo (PGR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Watercolor Artists (RCR)</li> <li>2:00pm Strength &amp; Stretch (PER)</li> <li>2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Humongous Words (PGR)</li> <li>3:00pm Live Music: TBA (AGB)</li> <li>3:00pm National Beer Day Party (AGB)</li> <li>3:00pm TV Show: Cheers (S1, E11) (PC)</li> <li>3:30pm Catholic Communion Service w/ Deacon Don (RC)</li> <li>4:00pm Open Card Games (PGR)</li> <li>4:30pm Outing: Cafe Terracotta Restaurant (LB)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Craft: Spring Door Decor (PAS)</li> <li>10:00am Silver Singers Rehearsal (PCMR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:00am Step &amp; Balance (PER)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Ice Cream Social (G&amp;GB)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Resident Pick Movie (PC)</li> <li>2:00pm Resistance River Training (CR)</li> <li>2:00pm Trivia (G&amp;GB)</li> <li>3:00pm Band Class (PER)</li> <li>3:30pm Mexican Train (PGR)</li> <li>6:30pm Live Music: TBA (RCR)</li> </ul>	<ul style="list-style-type: none"> <li>AD National Unicorn Day (LB)</li> <li>10:00am Event Planning Meeting (PGR)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics &amp; Tuttle Bombs (RCR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:30pm Hand &amp; Foot Game (PMVR)</li> <li>1:00pm Flower Arrangements (PAS)</li> <li>1:00pm Live Speaker: Brain &amp; Sleep Health w/ Nutrition Health Coach (RCR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm Open Art Studio (PAS)</li> <li>3:00pm Balance Class (PER)</li> <li>3:00pm Documentary: Empire State Building: The New Secrets (PC)</li> <li>3:00pm Passover Celebration &amp; Education w/ Paula Levy (RCR)</li> <li>3:00pm The Stitchers (TPB)</li> <li>3:15pm Brain Games (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Strength &amp; Cardio (PER)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm TV Show: Cheers (S1, E12) (PC)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Tom Collins Happy Hour (AGB)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>6:30pm Movie: Casablanca (PC)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Resistance River Training (CR)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Ball &amp; Band Fitness (PER)</li> <li>2:30pm Arm Chair Travel (PC)</li> <li>3:00pm Movie: 21 (PC)</li> <li>3:00pm Outing: Mozart Requiem (LB)</li> <li>6:30pm Movie: 21 (PC)</li> </ul>

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- Victoria T. - 8th
- Dale M. - 21st
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### ACTIVITY TYPES

- Inspirational
- Intellectual
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<p><b>12</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Peaceful Pacers Walking Group (G&amp;GB)</li> <li>10:00am Pool Fitness (CR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>2:00pm Non-Denominational Church Service (RC R)</li> <li>2:00pm Stretch &amp; Flexibility Class (PER)</li> <li>3:00pm Movie: The Secret Agent (PC)</li> <li>6:30pm Movie: The Secret Agent (PC)</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>9:00am Bagel Bash (AGB)</li> <li>9:00am Chair Yoga (CR)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am Card Bingo (PGR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>11:00am LifeLoop Help Desk (PGR)</li> <li>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics &amp; Tuttle Bombs (RCR)</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:15pm Bingo (PGR)</li> <li>2:00pm Chair Yoga (PER)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm Rummikub (PGR)</li> <li>3:00pm Silver Singers Alto Practice (RCR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>3:30pm Live Speaker: Lincoln's Great Coat, 2nd Inaugural Speech &amp; Last Month of His Life (RCR)</li> <li>3:30pm Mexican Train (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>AD National Gardening Day (LB)</li> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>9:00am Mindfulness Meditation (PC)</li> <li>10:00am Pool Fitness (CR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Buzzed Bingo (PGR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Strength &amp; Stretch (PER)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Humongous Words (PGR)</li> <li>3:00pm Live Speaker: Active Minds - Iran (RCR)</li> <li>3:00pm TV Show: Cheers (S1, E13) (PC)</li> <li>4:00pm Dementia Support Group (PCMR)</li> <li>4:00pm Open Card Games (PGR)</li> <li>7:00pm Scouts Troop 554: Movie Night - The Love Bug (RC)</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Craft: Flower Seed Bombs (PAS)</li> <li>10:00am Silver Singers Rehearsal (PCMR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:00am Step &amp; Balance (PER)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:30pm Outing: Colorado State Capitol (LB)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Ice Cream Social (G&amp;GB)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Resident Pick Movie (PC)</li> <li>2:00pm Resistance River Training (CR)</li> <li>2:00pm Trivia (G&amp;GB)</li> <li>3:00pm Band Class (PER)</li> <li>3:30pm Mexican Train (PGR)</li> <li>6:30pm Live Music: Neil Jordan (RCR)</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>AD Pajama Day</li> <li>9:30am Coffee &amp; Donut Social (G&amp;GB)</li> <li>9:30am Interactive Hangman (G&amp;GB)</li> <li>9:45am EXERAI - Fall Prevention (RCR)</li> <li>9:45am Outing: Walk the Park - Johnson Reservoir (LB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Live Speaker: FTS presents Balance 2.0 (PCMR)</li> <li>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics &amp; Tuttle Bombs (RCR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:30pm Hand &amp; Foot Game (PMVR)</li> <li>1:00pm Flower Arrangements (PAS)</li> <li>1:00pm Live Speaker: Sugar &amp; Artificial Sweeteners w/ Nutrition Health Coach (RCR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm Open Art Studio (PAS)</li> <li>3:00pm Balance Class (PER)</li> <li>3:00pm Documentary: Unearthed - Nero's Lost Palace (PC)</li> <li>3:00pm The Stitchers (TPB)</li> <li>3:15pm Brain Games (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>5:50pm Poker Club (PGR)</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Strength &amp; Cardio (PER)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm TV Show: Cheers (S1, E14) (PC)</li> <li>3:00pm Irish Cream Cocktail Happy Hour (AGB)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>6:30pm Movie: What's Up, Doc? (PC)</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Resistance River Training (CR)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Ball &amp; Band Fitness (PER)</li> <li>2:30pm Arm Chair Travel (PC)</li> <li>3:00pm Movie: Michael Clayton (PC)</li> <li>6:30pm Movie: Michael Clayton (PC)</li> </ul>

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<p><b>19</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Peaceful Pacers Walking Group (G&amp;GB)</li> <li>10:00am Pool Fitness (CR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>2:00pm Non-Denominational Church Service (RC R)</li> <li>2:00pm Stretch &amp; Flexibility Class (PER)</li> <li>3:00pm Movie: Sentimental Value (PC)</li> <li>4:00pm Bingo w/ Eve (LC)</li> <li>6:30pm Movie: Sentimental Value (PC)</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>AD Cleaning for a Reason Week (ARC Donations) (G)</li> <li>9:00am Chair Yoga (CR)</li> <li>9:00am Summit Scone Social (TPB)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am Card Bingo (PGR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>11:00am LifeLoop Help Desk (PGR)</li> <li>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics &amp; Tuttle Bombs (RCR)</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:00pm Poetry Reading - Poetry &amp; The Creative Minds Day (RCR)</li> <li>1:15pm Bingo (PGR)</li> <li>2:00pm Chair Yoga (PER)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm Live Music: TBA (G&amp;GB)</li> <li>2:30pm Peaks Cheese &amp; Wine Tasting (G&amp;GB)</li> <li>2:30pm Rummikub (PGR)</li> <li>3:00pm Silver Singers Alto Practice (RCR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>3:30pm Mexican Train (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>AD Cleaning for a Reason Week (ARC Donations) (G)</li> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>9:00am Mindfulness Meditation (PC)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:30am Brain Games (PGR)</li> <li>10:30am Confessionals (LC)</li> <li>11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:00pm Live Music: Coreen Wells (LB)</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Ceramics Class: Hand Building (PAS)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Buzzed Bingo (PGR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Strength &amp; Stretch (PER)</li> <li>2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Humongous Words (PGR)</li> <li>3:00pm TV Show: Cheers (S1, E15) (PC)</li> <li>4:00pm Open Card Games (PGR)</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>AD Cleaning for a Reason Week (ARC Donations) (G)</li> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Craft: Pinecone Bird Feeders (PAS)</li> <li>10:00am Silver Singers Rehearsal (PCMR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:00am Step &amp; Balance (PER)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Ice Cream Social (G&amp;GB)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Resident Pick Movie (PC)</li> <li>2:00pm Resistance River Training (CR)</li> <li>2:00pm Trivia (G&amp;GB)</li> <li>3:00pm Band Class (PER)</li> <li>3:30pm Mexican Train (PGR)</li> <li>6:30pm Live Music: Strum Along Band (RCR)</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>AD Cleaning for a Reason Week (ARC Donations) (G)</li> <li>10:00am Interactive Hangman (G&amp;GB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics &amp; Tuttle Bombs (RCR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:30pm April Birthday Bash (AGB)</li> <li>12:30pm Hand &amp; Foot Game (PMVR)</li> <li>12:30pm Live Music: TBA (AGB)</li> <li>1:00pm Flower Arrangements (PAS)</li> <li>1:00pm Live Speaker: Bone &amp; Arthritis Health w/ Nutrition Health Coach (RCR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm Open Art Studio (PAS)</li> <li>3:00pm Balance Class (PER)</li> <li>3:00pm Documentary: Unearthed - Curse of the Seventh Wonder (PC)</li> <li>3:00pm The Stitchers (TPB)</li> <li>3:15pm Brain Games (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:30pm Outing: Bridgewater Grill - A Couples Night Out (LB)</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>AD Cleaning for a Reason Week (ARC Donations) (G)</li> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Parkinson's Support Group (LC)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Strength &amp; Cardio (PER)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm TV Show: Cheers (S1, E16) (PC)</li> <li>3:00pm Live Music: TBA (AGB)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Welcome Wagon Happy Hour (AGB)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (LB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>6:30pm Movie: My Favorite Brunette (PC)</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Resistance River Training (CR)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Ball &amp; Band Fitness (PER)</li> <li>2:30pm Arm Chair Travel (PC)</li> <li>3:00pm Movie: Mona Lisa Smile (PC)</li> <li>6:30pm Movie: Mona Lisa Smile (PC)</li> </ul>

### HAPPY BIRTHDAY

Darrell L. - 6th  
 Victoria T. - 8th  
 Dale M. - 21st  
 Donna F. - 23rd  
 Ken C. - 23rd  
 John K. - 25th  
 Darlene P. - 30th

### ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

### LOCATION KEY

**2nd Floor Location Key**  
 AlpenGlow Bar = AGB  
 Board Room = BR  
 Courtyard = CY  
 Grab & Go Bistro (AL) = G&GB  
 Learning Center (IL) = LC  
 Lobby = LB  
 Palisade (AL) Dining Room = PDR  
 PanoVista (IL) = PV  
 Peaks (AL) Cinema = PC  
 Peaks (AL) Community Room = PCMR  
 Peaks (AL) Creative Art Studio = PAS  
 Peaks (AL) Game Room = PGR  
 Peaks (AL) Private Dining Room = PPDR  
 Ridge Cinema (IL) = RC  
 Ridge Community Room (IL) = RCR  
 Ridge Game Room (IL) = RGR  
 Wellness Center = WC

**3rd Floor Location Key**  
 Peaks (AL) Sunrise Room = PSR  
 Peaks (AL) Exercise Room = PER

**4th Floor Location Key**  
 Peaks (AL) Mountain View Room = PMVR

**Summit Building Key**  
 Skywood (IL) = SW  
 The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</p> <p>● 9:00am Outing: Catholic Service TRIP #1 (LB)</p> <p>● 9:30am Outing: Catholic Service TRIP #2 (LB)</p> <p>● 10:00am Our Father Lutheran Church Live Stream (RC)</p> <p>● 10:00am Peaceful Pacers Walking Group (G&amp;GB)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 12:30pm Outing: Littleman Icecream (LB)</p> <p>● 1:00pm Cardio w/ Weights (CR)</p> <p>● 1:00pm Root Beer Float Social (G&amp;GB)</p> <p>● 2:00pm Non-Denominational Church Service (RC R)</p> <p>● 2:00pm Stretch &amp; Flexibility Class (PER)</p> <p>● 3:00pm Movie: Sinners (PC)</p> <p>● 6:00pm Live Performance: Opera Fanciers (RCR)</p> <p>● 6:30pm Movie: Sinners (PC)</p>	<p>● 9:00am Chair Yoga (CR)</p> <p>● 10:00am Aqualates (CR)</p> <p>● 10:00am Card Bingo (PGR)</p> <p>● 10:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 10:00am Silver Singers Baritone Practice (PCMR)</p> <p>● 11:00am LifeLoop Help Desk (PGR)</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong - Siamese Style (PMVR)</p> <p>● 1:15pm Bingo (PGR)</p> <p>● 2:00pm Chair Yoga (PER)</p> <p>● 2:00pm Men's Group Bocce Ball (weather permitting) (CY)</p> <p>● 2:30pm Rummikub (PGR)</p> <p>● 2:30pm Town Hall (PCMR)</p> <p>● 3:00pm Silver Singers Alto Practice (RCR)</p> <p>● 3:30pm Live Music: Piano Music with Howard Fisher (LB)</p> <p>● 3:30pm Mexican Train (PGR)</p> <p>● 4:00pm Ping Pong Open Table (CR)</p> <p>● 7:00pm The Josh Farley Magic Show! (RCR)</p>	<p>● 9:00am Chairs, Bands &amp; Balls (CR)</p> <p>● 9:00am Mindfulness Meditation (PC)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 11:15am Mobile Watch Company (LB)</p> <p>● 12:30pm Chess (RGR)</p> <p>● 1:00pm Cribbage (AGB)</p> <p>● 1:30pm Buzzed Bingo (PGR)</p> <p>● 2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</p> <p>● 2:00pm Strength &amp; Stretch (PER)</p> <p>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</p> <p>● 3:00pm Humongous Words (PGR)</p> <p>● 3:00pm Live Speaker: Active Minds - Water in Colorado (RCR)</p> <p>● 3:00pm TV Show: Cheers (S1, E17) (PC)</p> <p>● 4:00pm Open Card Games (PGR)</p>	<p>● 9:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 10:00am Craft: Mother's Day Cards (PAS)</p> <p>● 10:00am Silver Singers Rehearsal (PCMR)</p> <p>● 11:00am Men's Fitness (CR)</p> <p>● 11:00am Step &amp; Balance (PER)</p> <p>● 11:15am Rosary Prayer Group (RCR)</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong (PMVR)</p> <p>● 1:00pm Chair Yoga (CR)</p> <p>● 1:00pm Ice Cream Social (G&amp;GB)</p> <p>● 1:00pm Pool Fitness (CR)</p> <p>● 2:00pm Bible Study (PCMR)</p> <p>● 2:00pm Resident Pick Movie (PC)</p> <p>● 2:00pm Resistance River Training (CR)</p> <p>● 2:00pm Trivia (G&amp;GB)</p> <p>● 3:00pm Band Class (PER)</p> <p>● 3:30pm Mexican Train (PGR)</p> <p>● 6:30pm Live Music: TBA (RCR)</p>	<p>● 9:30am Coffee &amp; Donut Social (G&amp;GB)</p> <p>● 9:30am Interactive Hangman (G&amp;GB)</p> <p>● 10:00am Pool Core &amp; Balance (CR)</p> <p>● 10:00am Silver Singers Sopranos Practice (PCMR)</p> <p>● 11:00am Resistance River Training (CR)</p> <p>● 11:00am Silver Spatulas Cooking Experience (LC)</p> <p>● 12:30pm Hand &amp; Foot Game (PMVR)</p> <p>● 1:00pm Flower Arrangements (PAS)</p> <p>● 1:00pm Live Speaker: Blood Pressure &amp; Hypertension w/ Nutrition Health Coach (RCR)</p> <p>● 1:00pm Sound Bath: Wellness-Focus (PCMR)</p> <p>● 2:00pm Open Art Studio (PAS)</p> <p>● 2:30pm Let's Talk Food: Leafy Greens (G&amp;GB)</p> <p>● 3:00pm Balance Class (PER)</p> <p>● 3:00pm Documentary: Unearthed - Pompeii's Evil Twin (PC)</p> <p>● 3:00pm The Stitchers (TPB)</p> <p>● 3:15pm Brain Games (PGR)</p> <p>● 4:00pm Ping Pong Open Table (CR)</p>		

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This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.