



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<ul style="list-style-type: none"> AD April Fools Wacky Wednesday 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Medici TV: Schubert's "Trout" Quintet (RC) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 3:00pm Ceramic Egg Painting for Easter (RAS) 4:00pm Event Planning Meeting (LC) 4:00pm TV Series: The West Wing (S3, E14) (RC) 6:30pm Live Music: TBA (RCR) 8:00pm TV Series: Landman (S1, E1) (RC) 	<ul style="list-style-type: none"> 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Men's Book Club (PV) 11:00am Resistance River Training (CR) 11:00am Silver Spatulas Cooking Experience (LC) 12:00pm Daily Check in 1:00pm Band Fitness Class (CR) 1:00pm Live Speaker: Gut Health & Probiotics w/ Nutrition Health Coach (RCR) 1:00pm Sound Bath: Wellness-Focus (PCMR) 1:30pm Bingo (LC) 2:00pm Balance Fitness Class (CR) 3:00pm Resident Council Meeting (RCR) 3:00pm The Stitchers (TPB) 4:00pm Documentary: Power Trip: The Story of Energy (1 of 12) (RC) 4:00pm Ping Pong Open Table (CR) 5:50pm Poker Club (PGR) 7:00pm TV Series: Virgin River(S7, E4) (RC) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Catholic Apologetics Group (LC) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:00pm Daily Check in AF Rockies Home Opener Baseball Game (Time TBD) (RC) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 2:00pm Women's Group Bocce Ball (weather permitting) (CY) 3:00pm Men's Fitness (CR) 3:00pm Mojito Happy Hour (AGB) 3:00pm Movie: Guys and Dolls (RC) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: Guys and Dolls (RC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 10:30am Outing: Trader Joe's (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: About Time (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: About Time (RC)

HAPPY BIRTHDAY

- Rick K. - 1st
- Dale G. - 4th
- Maxine S. - 5th
- Barbara A. - 6th
- Mike K. - 10th
- Graham S. - 11th
- Ann B. - 14th
- Barrie M. - 15th
- Sharon B. - 15th
- Art T. - 15th
- Anita M. - 18th
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- Carol M. - 23rd
- Bill D. - 24th
- Betsy B. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

- AlpenGlow Bar = AGB
- Board Room (IL) = BR
- Club Ridge = CR
- Courtyard = CY
- Garage = G
- Learning Center (IL) = LC
- Lobby = LB
- PanoVista (IL) = PV
- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Mountain View Room = PMVR
- Peaks (AL) Private Dining Room = PPDR
- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
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- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB
- Wine Room = (WR)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:00am Outing: Catholic Service TRIP #1 (LB) 9:30am Outing: Catholic Service TRIP #2 (LB) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 11:00am Easter Buffet (B) 11:30am Live Music: TBA (LB) 12:00pm Daily Check in 1:00pm Cardio w/ Weights (CR) 1:00pm Outing: Trader Joe's (LB) 1:00pm Root Beer Float Social (G&GB) 1:30pm SCRABBLE! (AGB) 2:00pm Non-Denominational Church Service (RC R) 3:00pm Balance Class (CR) 3:00pm Movie: One Battle After Another (RC) 4:00pm Bingo w/ Eve (LC) 7:00pm Movie: One Battle After Another (RC) 	<ul style="list-style-type: none"> 9:00am Chair Yoga (CR) 9:00am Summit Scone Social (TPB) 10:00am Aqualates (CR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Pilates Sit & Stand Fitness Class (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (LC) 12:45pm Party Bridge (LC) 1:00pm American Mahjong - Siamese Style (PMVR) 1:00pm Strength & Fitness (CR) 2:00pm Men's Group Bocce Ball (weather permitting) (CY) 2:00pm Step & Balance (CR) 2:30pm Humongous Words (RGR) 3:00pm Silver Singers Alto Practice (RCR) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 3:30pm Live Speaker: Jeff Baird, Medical Reiki Master (RCR) 4:00pm Ping Pong Open Table (CR) 4:00pm TV Series: When Calls the Heart (S5, E10) (RC) 7:00pm TV Series: The Pitt (S1, E1) (RC) 	<ul style="list-style-type: none"> 9:00am Chairs, Bands & Balls (CR) 10:00am Pool Fitness (CR) 10:00am TED Talk Tuesday: In Defense of Dialogue (RC) 11:00am Cardio w/ Weights (CR) 11:15am Mobile Watch Company (LB) 12:00pm Daily Check in 12:30pm Chess (RGR) 1:00pm Ceramics Class: Glazing (PAS) 1:00pm Cribbage (AGB) 1:00pm Documentary: Power Trip: The Story of Energy (2 of 12) (RC) 1:00pm Step & Balance (CR) 2:00pm Co-Ed Bocce Ball (weather permitting) (CY) 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Watercolor Artists (RCR) 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 3:00pm Live Music: TBA (AGB) 3:00pm National Beer Day Party (AGB) 3:30pm Catholic Communion Service w/ Deacon Don (RC) 4:30pm Outing: Cafe Terracotta Restaurant (LB) 8:00pm TV Series: Monk (S3, E14) (RC) 	<ul style="list-style-type: none"> 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stock Market Discussion Group (LC) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (LC) 12:45pm Party Bridge (LC) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Great Decisions: The End of an Era: Trump's Tariffs in Historical Perspective (RCR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 4:00pm TV Series: The West Wing (S3, E15) (RC) 6:30pm Live Music: TBA (RCR) 8:00pm TV Series: Landman (S1, E2) (RC) 	<ul style="list-style-type: none"> AD National Unicorn Day (LB) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 1:00pm Band Fitness Class (CR) 1:00pm Live Speaker: Brain & Sleep Health w/ Nutrition Health Coach (RCR) 1:00pm Sound Bath: Wellness-Focus (PCMR) 1:30pm Bingo (LC) 2:00pm Balance Fitness Class (CR) 2:00pm Junk Journals w/ Shelly Greene (RAS) 3:00pm Documentary: Power Trip: The Story of Energy (3 of 12) (RC) 3:00pm Passover Celebration & Education w/ Paula Levy (RCR) 3:00pm The Stitchers (TPB) 3:30pm TV Series: Virgin River (S7, E5) (RC) 4:00pm Ping Pong Open Table (CR) 	<ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Catholic Apologetics Group (LC) 10:00am Resistance River Training (CR) 11:00am Pool Fitness (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 2:00pm Women's Group Bocce Ball (weather permitting) (CY) 3:00pm Men's Fitness (CR) 3:00pm Movie: Casablanca (RC) 3:00pm Tom Collins Happy Hour (AGB) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: Casablanca (RC) 	<ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 10:30am Outing: King Soopers (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: 21 (RC) 3:00pm Outing: Mozart Requiem (LB) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: 21 (RC)

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<p>12</p> <ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 12:00pm Daily Check in 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 1:30pm SCRABBLE! (AGB) 2:00pm Non-Denominational Church Service (RC) 3:00pm Balance Class (CR) 3:00pm Movie: The Secret Agent (RC) 7:00pm Movie: The Secret Agent (RC) 	<p>13</p> <ul style="list-style-type: none"> 9:00am Bagel Bash (AGB) 9:00am Chair Yoga (CR) 10:00am Aqualates (CR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 10:30am Dining Reservation Class (Full Count) (LC) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Pilates Sit & Stand Fitness Class (CR) 12:45pm Duplicate Bridge (LC) 12:45pm Party Bridge (LC) 1:00pm American Mahjong - Siamese Style (PMVR) 1:00pm Strength & Fitness (CR) 2:00pm Men's Group Bocce Ball (weather permitting) (CY) 2:00pm Step & Balance (CR) 2:30pm Humongous Words (RGR) 3:00pm Silver Singers Alto Practice (RCR) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 3:30pm Live Speaker: Lincoln's Great Coat, 2nd Inaugural Speech & Last Month of His Life (RCR) 4:00pm Ping Pong Open Table (CR) 4:00pm TV Series: When Calls the Heart (S6, E1) (RC) 7:00pm TV Series: The Pitt (S1, E2) (RC) 	<p>14</p> <ul style="list-style-type: none"> AD National Gardening Day (LB) 9:00am Chairs, Bands & Balls (CR) 10:00am Pool Fitness (CR) 10:00am TED Talk Tuesday: 3 Lessons on Decision-Making from a Poker Champion (RC) 11:00am Cardio w/ Weights (CR) 11:15am Mobile Watch Company (LB) 12:00pm Daily Check in 12:30pm Chess (RGR) 1:00pm Cribbage (AGB) 1:00pm Step & Balance (CR) 2:00pm Co-Ed Bocce Ball (weather permitting) (CY) 2:00pm Documentary: Power Trip: The Story of Energy (4 of 12) (RC) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 3:00pm Live Speaker: Active Minds - Iran (RCR) 4:00pm Dementia Support Group (PCMR) 7:00pm Scouts Troop 554: Movie Night - The Love Bug (RC) 8:30pm TV Series: Monk (S3, E15) (RC) 	<p>15</p> <ul style="list-style-type: none"> 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am Hospitality Committee (SW) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:00pm Daily Check in 12:30pm Outing: Colorado State Capitol (LB) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 4:00pm TV Series: The West Wing (S3, E16) (RC) 6:30pm Live Music: Neil Jordan (RCR) 8:00pm TV Series: Landman (S1, E3) (RC) 	<p>16</p> <ul style="list-style-type: none"> AD Pajama Day 9:45am EXERAI - Fall Prevention (RCR) 9:45am Outing: Walk the Park - Johnson Reservoir (LB) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Live Speaker: FTS presents Balance 2.0 (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 1:00pm Band Fitness Class (CR) 1:00pm Bingo (LC) 1:00pm Live Speaker: Sugar & Artificial Sweeteners w/ Nutrition Health Coach (RCR) 1:00pm Sound Bath: Wellness-Focus (PCMR) 2:00pm Balance Fitness Class (CR) 3:00pm Documentary: Power Trip: The Story of Energy (5 of 12) (RC) 3:00pm The Stitchers (TPB) 4:00pm Ping Pong Open Table (CR) 5:50pm Poker Club (PGR) 7:00pm TV Series: Virgin River (S7, E6) (RC) 	<p>17</p> <ul style="list-style-type: none"> 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Catholic Apologetics Group (LC) 10:00am Resistance River Training (CR) 11:00am Craft: Spring Wreaths (RAS) 11:00am Pool Fitness (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 2:00pm Women's Group Bocce Ball (weather permitting) (CY) 3:00pm Irish Cream Cocktail Happy Hour (AGB) 3:00pm Men's Fitness (CR) 3:00pm Movie: What's Up, Doc? (RC) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: What's Up, Doc? (RC) 	<p>18</p> <ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 10:30am Outing: Trader Joe's (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: Michael Clayton (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: Michael Clayton (RC)

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<p>19</p> <ul style="list-style-type: none"> 8:30am Sunday Worship at First Pres. Live Stream (PC) 9:30am Outing: Catholic Service (LB) 10:00am Our Father Lutheran Church Live Stream (RC) 10:00am Pool Fitness (CR) 12:00pm Daily Check in 1:00pm Cardio w/ Weights (CR) 1:00pm Root Beer Float Social (G&GB) 1:30pm SCRABBLE! (AGB) 2:00pm Non-Denominational Church Service (RC) 3:00pm Balance Class (CR) 3:00pm Movie: Sentimental Value (RC) 4:00pm Bingo w/ Eve (LC) 7:00pm Movie: Sentimental Value (RC) 	<p>20</p> <ul style="list-style-type: none"> AD Cleaning for a Reason Week (ARC Donations) (G) 9:00am Chair Yoga (CR) 9:00am Summit Scone Social (TPB) 10:00am Aqualates (CR) 10:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Baritone Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Pilates Sit & Stand Fitness Class (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (LC) 12:45pm Party Bridge (LC) 1:00pm American Mahjong - Siamese Style (PMVR) 1:00pm Poetry Reading - Poetry & The Creative Minds Day (RCR) 1:00pm Strength & Fitness (CR) 2:00pm Men's Group Bocce Ball (weather permitting) (CY) 2:00pm Step & Balance (CR) 2:30pm Humongous Words (RGR) 3:00pm Silver Singers Alto Practice (RCR) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 4:00pm Ping Pong Open Table (CR) 4:00pm TV Series: When Calls the Heart (S6, E2) (RC) 7:00pm TV Series: The Pitt (S1, E3) (RC) 	<p>21</p> <ul style="list-style-type: none"> AD Cleaning for a Reason Week (ARC Donations) (G) 9:00am Chairs, Bands & Balls (CR) 10:00am Pool Fitness (CR) 10:00am TED Talk Tuesday: This Movie Changes Every Time You Watch It (RC) 10:30am Confessionals (LC) 11:00am Cardio w/ Weights (CR) 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR) 11:15am Mobile Watch Company (LB) 12:00pm Daily Check in 12:00pm Live Music: Coreen Wells (LB) 12:30pm Chess (RGR) 1:00pm Ceramics Class: Hand Building (PAS) 1:00pm Cribbage (AGB) 1:00pm Step & Balance (CR) 2:00pm Co-Ed Bocce Ball (weather permitting) (CY) 2:00pm Documentary: Power Trip: The Story of Energy (6 of 12) (RC) 2:00pm Walking Through Grief w/ Pastor Mark (PCMR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 3:00pm Let's Talk Food: Leafy Greens (WR) 8:00pm TV Series: Monk (S3, E16) (RC) 	<p>22</p> <ul style="list-style-type: none"> AD Cleaning for a Reason Week (ARC Donations) (G) 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stock Market Discussion Group (LC) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Medici TV: Yuja Wang plays Liszt, Rimsky-Korsakov, Scriabin, and Ravel (RC) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 4:00pm TV Series: The West Wing (S3, E17) (RC) 6:30pm Live Music: Strum Along Band (RCR) 8:00pm TV Series: Landman (S1, E4) (RC) 	<p>23</p> <ul style="list-style-type: none"> AD Cleaning for a Reason Week (ARC Donations) (G) 10:00am Leadership Lounge w/ Lori (TPB) 10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Live Speaker: How the World Works - Volcanos, Earthquakes, Plate Tectonics & Tuttle Bombs (RCR) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm April Birthday Bash (AGB) 12:30pm Live Music: TBA (AGB) 1:00pm Band Fitness Class (CR) 1:00pm Live Speaker: Bone & Arthritis Health w/ Nutrition Health Coach (RCR) 1:00pm Sound Bath: Wellness-Focus (PCMR) 1:30pm Bingo (LC) 2:00pm Balance Fitness Class (CR) 3:00pm Documentary: Power Trip: The Story of Energy (7 of 12) (RC) 3:00pm The Stitchers (TPB) 4:00pm Ping Pong Open Table (CR) 4:30pm Outing: Bridgewater Grill - A Couples Night Out (LB) 7:00pm TV Series: Virgin River (S7, E7) (RC) 	<p>24</p> <ul style="list-style-type: none"> AD Cleaning for a Reason Week (ARC Donations) (G) 9:00am Bible Study (LC) 9:00am Pickleball Open Court (RCR) 10:00am Book Club Group 1 (PV) 10:00am Catholic Apologetics Group (LC) 10:00am Resistance River Training (CR) 11:00am Book Club Group 2 (LC) 11:00am Pool Fitness (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 1:00pm Parkinson's Support Group (LC) 2:00pm Women's Group Bocce Ball (weather permitting) (CY) 3:00pm Live Music: TBA (AGB) 3:00pm Men's Fitness (CR) 3:00pm Movie: My Favorite Brunette (RC) 3:00pm Welcome Wagon Happy Hour (AGB) 3:30pm Live Music: Piano Music with Howard Fisher (LB) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: My Favorite Brunette (RC) 	<p>25</p> <ul style="list-style-type: none"> 9:00am Pickleball Open Court (RCR) 10:00am Pool Core & Balance (CR) 10:30am Outing: King Soopers (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: Mona Lisa Smile (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: Mona Lisa Smile (RC)

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- The Point Bistro (IL) = TPB
- Wine Room = (WR)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</p> <p>● 9:00am Outing: Catholic Service TRIP #1 (LB)</p> <p>● 9:30am Outing: Catholic Service TRIP #2 (LB)</p> <p>● 10:00am Our Father Lutheran Church Live Stream (RC)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:30pm Outing: Littleman Icecream (LB)</p> <p>● 1:00pm Cardio w/ Weights (CR)</p> <p>● 1:00pm Root Beer Float Social (G&GB)</p> <p>● 1:30pm SCRABBLE! (AGB)</p> <p>● 2:00pm Non-Denominational Church Service (RC)</p> <p>● 3:00pm Balance Class (CR)</p> <p>● 3:00pm Movie: Sinners (RC)</p> <p>● 6:00pm Live Performance: Opera Fanciers (RCR)</p> <p>● 7:00pm Movie: Sinners (RC)</p>	<p>● 9:00am Chair Yoga (CR)</p> <p>● 10:00am Aqualates (CR)</p> <p>● 10:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 10:00am Silver Singers Baritone Practice (PCMR)</p> <p>● 10:30am Dining Reservation Class (Full Count) (LC)</p> <p>● 11:00am Pilates Sit & Stand Fitness Class (CR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong - Siamese Style (PMVR)</p> <p>● 1:00pm Strength & Fitness (CR)</p> <p>● 2:00pm Men's Group Bocce Ball (weather permitting) (CY)</p> <p>● 2:00pm Step & Balance (CR)</p> <p>● 2:30pm Humongous Words (RGR)</p> <p>● 3:00pm Silver Singers Alto Practice (RCR)</p> <p>● 3:30pm Live Music: Piano Music with Howard Fisher (LB)</p> <p>● 4:00pm Ping Pong Open Table (CR)</p> <p>● 4:00pm TV Series: When Calls the Heart (S6, E3) (RC)</p> <p>● 7:00pm The Josh Farley Magic Show! (RCR)</p> <p>● 7:00pm TV Series: The Pitt (S1, E4) (RC)</p>	<p>● 9:00am Chairs, Bands & Balls (CR)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 10:00am TED Talk Tuesday: The Difference Between Winning and Succeeding (RC)</p> <p>● 11:00am Cardio w/ Weights (CR)</p> <p>● 11:15am Mobile Watch Company (LB)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:30pm Chess (RGR)</p> <p>● 1:00pm Cribbage (AGB)</p> <p>● 1:00pm Step & Balance (CR)</p> <p>● 2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</p> <p>● 2:00pm Documentary: Power Trip: The Story of Energy (8 of 12) (RC)</p> <p>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</p> <p>● 3:00pm Live Speaker: Active Minds - Water in Colorado (RCR)</p> <p>● 8:00pm TV Series: Monk (S4, E1) (RC)</p>	<p>● 9:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 10:00am Silver Singers Rehearsal (PCMR)</p> <p>● 10:00am Stretch & Flexibility Class (CR)</p> <p>● 11:00am Men's Fitness (CR)</p> <p>● 11:15am LifeLoop Help Desk (LC)</p> <p>● 11:15am Rosary Prayer Group (RCR)</p> <p>● 12:00pm Daily Check in</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong (PMVR)</p> <p>● 1:00pm Chair Yoga (CR)</p> <p>● 1:00pm Pool Fitness (CR)</p> <p>● 2:00pm Bible Study (PCMR)</p> <p>● 2:00pm Pilates Sit & Stand Fitness Class (CR)</p> <p>● 2:00pm Resistance River Training (CR)</p> <p>● 2:30pm Teaching Kitchen w/ Chef Jean-Luc (LC)</p> <p>● 4:00pm TV Series: The West Wing (S3, E18) (RC)</p> <p>● 6:30pm Live Music: TBA (RCR)</p> <p>● 8:00pm TV Series: Landman (S1, E5) (RC)</p>	<p>● 10:00am Pool Core & Balance (CR)</p> <p>● 10:00am Silver Singers Sopranos Practice (PCMR)</p> <p>● 11:00am Resistance River Training (CR)</p> <p>● 11:00am Silver Spatulas Cooking Experience (LC)</p> <p>● 12:00pm Daily Check in</p> <p>● 1:00pm Band Fitness Class (CR)</p> <p>● 1:00pm Live Speaker: Blood Pressure & Hypertension w/ Nutrition Health Coach (RCR)</p> <p>● 1:00pm Sound Bath: Wellness-Focus (PCMR)</p> <p>● 1:30pm Bingo (LC)</p> <p>● 2:00pm Balance Fitness Class (CR)</p> <p>● 3:00pm Documentary: Power Trip: The Story of Energy (9 of 12) (RC)</p> <p>● 3:00pm The Stitchers (TPB)</p> <p>● 4:00pm Ping Pong Open Table (CR)</p> <p>● 7:00pm TV Series: Virgin River (S7, E8) (RC)</p>		

HAPPY BIRTHDAY

Rick K. - 1st
Dale G. - 4th
Maxine S. - 5th
Barbara A. - 6th
Mike K. - 10th
Graham S. - 11th
Ann B. - 14th
Barrie M. - 15th
Sharon B. - 15th
Art T. - 15th
Anita M. - 18th
Jerrri H. - 19th
Jim H. - 22nd
Carol M. - 23rd
Bill D. - 24th
Betsy B. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Garage = G
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB
Wine Room = (WR)

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Dining Venues

The Beacon:
Monday-Saturday
7am-10am
11am-3pm
4pm-7pm
Sunday Brunch
8am-11am
11am-2pm

The Point Bistro:
Tuesday, Thursday, Saturday
7:30am-10:30am

Skywood:
Sunday
5pm-8pm

Palisade:
Monday-Sunday
7am-9:30am
11am-2pm
4pm-6pm