



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC) <b>1</b></li> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Card Bingo (PGR)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 11:00am LifeLoop Help Desk (PGR)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:30pm Bingo (PGR)</li> <li>● 2:00pm Strength &amp; Cardio (PER)</li> <li>● 2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>● 2:30pm TV Show: Cheers(S1 E18) (PC)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Whisky Sour Happy Hour (AGB)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>● 5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>● 6:30pm Movie: Man of La Mancha (PC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (RCR) <b>2</b></li> <li>● 10:00am Peaceful Pacers Walking Group (LB)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 1:30pm Bingo (PGR)</li> <li>● 2:00pm Ball &amp; Band Fitness (PER)</li> <li>● 2:30pm Arm Chair Travel- Colorado Experience(S12 E1) (PC)</li> <li>● 4:00pm Kentucky Derby Party (PC)</li> <li>● 6:30pm Movie: Field of Dreams (PC)</li> </ul>

**HAPPY BIRTHDAY**

Barbara B. - 6th  
Dan C. - 21st  
Ed K. - 21st

**ACTIVITY TYPES**

- Inspirational
- Intellectual
- Physical
- Social

**LOCATION KEY**

**2nd Floor Location Key**  
 AlpenGlow Bar = AGB  
 Board Room = BR  
 Courtyard = CY  
 Grab & Go Bistro (AL) = G&GB  
 Learning Center (IL) = LC  
 Lobby = LB  
 Palisade (AL) Dining Room = PDR  
 PanoVista (IL) = PV  
 Peaks (AL) Cinema = PC  
 Peaks (AL) Community Room = PCMR  
 Peaks (AL) Creative Art Studio = PAS  
 Peaks (AL) Game Room = PGR  
 Peaks (AL) Private Dining Room = PPDR  
 Ridge Cinema (IL) = RC  
 Ridge Community Room (IL) = RCR  
 Ridge Game Room (IL) = RGR  
 Wellness Center = WC

**3rd Floor Location Key**  
 Peaks (AL) Sunrise Room = PSR  
 Peaks (AL) Exercise Room = PER

**4th Floor Location Key**  
 Peaks (AL) Mountain View Room = PMVR

**Summit Building Key**  
 Skywood (IL) = SW  
 The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>● 9:00am Outing: Catholic Service TRIP #1 (LB)</li> <li>● 9:30am Outing: Catholic Service TRIP #2 (LB)</li> <li>● 10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 12:00pm Live Speaker: Morocco w/ Dave &amp; Carolyn Gregory (RC)</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Root Beer Float Social (G&amp;GB)</li> <li>● 2:00pm Non-Denominational Church Service (RC)</li> <li>● 2:00pm Stretch &amp; Flexibility Class (PER)</li> <li>● 3:00pm Movie: The Six Triple Eight (PC)</li> <li>● 4:00pm Bingo w/ Eve (LC)</li> <li>● 6:30pm Movie: The Six Triple Eight (PC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chair Yoga (CR)</li> <li>● 9:30am Resident Council Meeting (PCMR)</li> <li>● 10:00am Aqualates (CR)</li> <li>● 10:00am Outing: Men's Group Breakfast - Sunrise Sunset (LB)</li> <li>● 10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Silver Singers Baritone Practice (PCMR)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>● 1:00pm Ceramics Class: Hand Building (PAS)</li> <li>● 1:15pm Bingo (PGR)</li> <li>● 2:00pm Chair Yoga (PER)</li> <li>● 2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>● 2:30pm Rummikub (PGR)</li> <li>● 3:00pm Silver Singers Alto Practice (PCMR)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>● 3:30pm Mexican Train (PGR)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chairs, Bands &amp; Balls (CR)</li> <li>● 9:00am Mindfulness Meditation (PC)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 10:30am Brain Games (PGR)</li> <li>● 11:15am Mobile Watch Company (LB)</li> <li>● 12:00pm Cinco De Mayo Fiesta (AGB)</li> <li>● 12:30pm Chess (RGR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:30pm Buzzed Bingo (PGR)</li> <li>● 2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>● 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Invitation to the Dance (RCR)</li> <li>● 2:00pm Strength &amp; Stretch (PER)</li> <li>● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>● 3:00pm Humongous Words (PGR)</li> <li>● 3:00pm TV Show: Cheers (S1 E19) (PC)</li> <li>● 3:30pm Catholic Communion Service w/ Deacon Don (RCR)</li> <li>● 4:00pm Open Card Games (PGR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Golden Age Tech Support (LB)</li> <li>● 10:00am Project Puppet: An Archetypal Dive into the Myth of Shiva and Kali Ma (PAS)</li> <li>● 10:00am Silver Singers Rehearsal (PCMR)</li> <li>● 11:00am Men's Fitness (CR)</li> <li>● 11:00am Step &amp; Balance (PER)</li> <li>● 11:15am Rosary Prayer Group (RCR)</li> <li>● 11:30am Outing: Rockies vs. New York Mets (LB)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong (PMVR)</li> <li>● 1:00pm Chair Yoga (CR)</li> <li>● 1:00pm Ice Cream Social (G&amp;GB)</li> <li>● 1:00pm Pool Fitness (CR)</li> <li>● 1:30pm Trivia (G&amp;GB)</li> <li>● 2:00pm Bible Study (PCMR)</li> <li>● 2:00pm Resident Pick Movie (PC)</li> <li>● 2:00pm Resistance River Training (CR)</li> <li>● 3:00pm Band Class (PER)</li> <li>● 3:30pm Mexican Train (PGR)</li> <li>● 6:30pm Live Music: Steve Smith (RCR)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00am Craft: Spring Wreaths (PAS)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:30pm Hand &amp; Foot Game (PMVR)</li> <li>● 1:00pm Flower Arrangements (PAS)</li> <li>● 1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>● 2:00pm Open Art Studio (PAS)</li> <li>● 3:00pm Balance Class (PER)</li> <li>● 3:00pm Documentary: Unearthed - Finding Sparta's 300 (PC)</li> <li>● 3:00pm The Stitchers (TPB)</li> <li>● 3:15pm Brain Games (PGR)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 5:50pm Poker Club (PGR)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC)</li> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Card Bingo (PGR)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 11:00am LifeLoop Help Desk (PGR)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:30pm Bingo (PGR)</li> <li>● 2:00pm National Apple Pie Day Social (AGB)</li> <li>● 2:00pm Strength &amp; Cardio (PER)</li> <li>● 2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>● 2:30pm TV Show: Cheers(S1 E20) (PC)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Strawberry Margarita Happy Hour (AGB)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>● 5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>● 6:30pm Movie: Calamity Jane (PC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Peaceful Pacers Walking Group (LB)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 1:30pm Bingo (PGR)</li> <li>● 2:00pm Ball &amp; Band Fitness (PER)</li> <li>● 2:30pm Arm Chair Travel- Colorado Experience(S12 E2) (PC)</li> <li>● 3:00pm Movie: A Little Bit of Heaven (PC)</li> <li>● 6:30pm Movie: A Little Bit of Heaven (PC)</li> </ul>

**HAPPY BIRTHDAY**

Barbara B. - 6th  
Dan C. - 21st  
Ed K. - 21st

**ACTIVITY TYPES**

- Inspirational
- Intellectual
- Physical
- Social

**LOCATION KEY**

**2nd Floor Location Key**  
AlpenGlow Bar = AGB  
Board Room = BR  
Courtyard = CY  
Grab & Go Bistro (AL) = G&GB  
Learning Center (IL) = LC  
Lobby = LB  
Palisade (AL) Dining Room = PDR  
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Peaks (AL) Community Room = PCMR  
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Peaks (AL) Game Room = PGR  
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**3rd Floor Location Key**  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>10</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>11:00am Mother's Day Buffet (B)</li> <li>11:30am Live Music: Scott Grove (LB)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>2:00pm Non-Denominational Church Service (RCR)</li> <li>2:00pm Stretch &amp; Flexibility Class (PER)</li> <li>3:00pm Movie: The Children Act (PC)</li> <li>6:30pm Movie: The Children Act (PC)</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>9:00am Chair Yoga (CR)</li> <li>9:00am The Summit Muffin Mingle (TPB)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:15pm Bingo (PGR)</li> <li>2:00pm Chair Yoga (PER)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm Rummikub (PGR)</li> <li>3:00pm Silver Singers Alto Practice (PCMR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>3:30pm Mexican Train (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>9:00am Mindfulness Meditation (PC)</li> <li>10:00am Pool Fitness (CR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Buzzed Bingo (PGR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Strength &amp; Stretch (PER)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Humongous Words (PGR)</li> <li>3:00pm Live Speaker: Active Minds - Past, Present &amp; Future (RCR)</li> <li>3:00pm TV Show: Cheers(S1 E21) (PC)</li> <li>4:00pm Dementia Support Group (PCMR)</li> <li>4:00pm Open Card Games (PGR)</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Craft: Mosaic Heart Decor (PAS)</li> <li>10:00am Pinehurst Market (LB)</li> <li>10:00am Silver Singers Dress Rehearsal (RCR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:00am Step &amp; Balance (PER)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Ice Cream Social (G&amp;GB)</li> <li>1:00pm Pool Fitness (CR)</li> <li>1:30pm Trivia (G&amp;GB)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Resident Pick Movie (PC)</li> <li>2:00pm Resistance River Training (CR)</li> <li>3:00pm Band Class (PER)</li> <li>3:30pm Mexican Train (PGR)</li> <li>6:30pm Live Music: Larry O'Connor (RCR)</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>9:30am Coffee &amp; Donut Social (G&amp;GB)</li> <li>9:30am Event Planning Meeting (G&amp;GB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:30pm Hand &amp; Foot Game (PMVR)</li> <li>1:00pm Flower Arrangements (PAS)</li> <li>1:00pm Outing: Denver Center of Performing Arts (LB)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm Open Art Studio (PAS)</li> <li>2:30pm Let's Talk Superfood of the Month: Fish (G&amp;GB)</li> <li>3:00pm April Showers Bring May Flowers Celebration (RCR)</li> <li>3:00pm Balance Class (PER)</li> <li>3:00pm Documentary: Unearthed - Dead Sea Scrolls: The Dark Truth (PC)</li> <li>3:00pm Live Music: Mark Diamond Trio (RCR)</li> <li>3:00pm The Stitchers (TPB)</li> <li>3:15pm Brain Games (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>6:15pm Silver Singers Warm Up/Green Room (LC)</li> <li>7:00pm Live Performance: Silver Singers "Broadway Favorites &amp; More..." (RCR)</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Card Bingo (PGR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am LifeLoop Help Desk (PGR)</li> <li>11:00am Pool Fitness (CR)</li> <li>11:30am National Pizza Party Day (RCR)</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Strength &amp; Cardio (PER)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm TV Show: Cheers(S1 E22) (PC)</li> <li>2:45pm Wear Purple for Peace Day (LB)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Tequila Sunrise Happy Hour (AGB)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>6:30pm Movie: Evil Under The Sun (PC)</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Peaceful Pacers Walking Group (LB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:30pm Bingo (PGR)</li> <li>1:30pm Arm Chair Travel- Colorado Experience (S12 E3) (PC)</li> <li>2:00pm Ball &amp; Band Fitness (PER)</li> <li>2:15pm Silver Singers Warm Up/Green Room (LC)</li> <li>3:00pm Live Performance: Silver Singers "Broadway Favorites &amp; More..." (RCR)</li> <li>3:00pm Movie: Everest (PC)</li> <li>6:30pm Movie: Everest (PC)</li> </ul>

**HAPPY BIRTHDAY**

Barbara B. - 6th  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>17</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>2:00pm Non-Denominational Church Service (RCR)</li> <li>2:00pm Stretch &amp; Flexibility Class (PER)</li> <li>3:00pm Movie: Two for the Money (PC)</li> <li>4:00pm Bingo w/ Eve (LC)</li> <li>6:30pm Movie: Two for the Money (PC)</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:00am Chair Yoga (CR)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:45am Outing: Granny Scott's Pie Shop (LB)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:15pm Bingo (PGR)</li> <li>2:00pm Chair Yoga (PER)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm Rummikub (PGR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>3:30pm Mexican Train (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>9:00am Mindfulness Meditation (PC)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:30am Brain Games (PGR)</li> <li>10:30am Confessionals (LC)</li> <li>11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Ceramics Class: Glazing (PAS)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:30pm Buzzed Bingo (PGR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Strength &amp; Stretch (PER)</li> <li>2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Humongous Words (PGR)</li> <li>3:00pm TV Show: Cheers(S2 E1) (PC)</li> <li>4:00pm Open Card Games (PGR)</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Craft: Bubble Wrap Painting (PAS)</li> <li>10:00am Golden Age Tech Support (LB)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:00am Step &amp; Balance (PER)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Ice Cream Social (G&amp;GB)</li> <li>1:00pm Pool Fitness (CR)</li> <li>1:30pm Trivia (G&amp;GB)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Resident Pick Movie (PC)</li> <li>2:00pm Resistance River Training (CR)</li> <li>3:00pm Band Class (PER)</li> <li>3:30pm Mexican Train (PGR)</li> <li>6:30pm Live Music: Harris &amp; Harris Duo (RCR)</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:45am EXERAI - Fall Prevention (RCR)</li> <li>9:45am Outing: Walk the Park - Johnson Reservoir (LB)</li> <li>10:00am Interactive Hangman (G&amp;GB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Live Speaker: FTS presents Fall Prevention (RCR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:30pm Hand &amp; Foot Game (PMVR)</li> <li>1:00pm Flower Arrangements (PAS)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm International Tea Day - High Tea Party (PV)</li> <li>2:00pm Live Music: Harpist Mary Keener (High Tea Party) (PV)</li> <li>2:00pm Open Art Studio (PAS)</li> <li>3:00pm Balance Class (PER)</li> <li>3:00pm Documentary: Unearthed - Mystery of the Ice Mummy (PC)</li> <li>3:00pm The Stitchers (TPB)</li> <li>3:15pm Brain Games (PGR)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>5:50pm Poker Club (PGR)</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Card Bingo (PGR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am LifeLoop Help Desk (PGR)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Parkinson's Support Group (LC)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Strength &amp; Cardio (PER)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>2:30pm TV Show: Cheers(S2 E2) (PC)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Mojito Happy Hour (AGB)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>6:30pm Movie: Barefoot in the Park (PC)</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Peaceful Pacers Walking Group (LB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Resistance River Training (CR)</li> <li>1:30pm Bingo (PGR)</li> <li>2:00pm Ball &amp; Band Fitness (PER)</li> <li>2:30pm Arm Chair Travel- Colorado Experience (S12 E4) (PC)</li> <li>3:00pm Movie: The Best of Enemies (PC)</li> <li>6:30pm Movie: The Best of Enemies (PC)</li> </ul>

**HAPPY BIRTHDAY**

Barbara B. - 6th  
Dan C. - 21st  
Ed K. - 21st

**ACTIVITY TYPES**

- Inspirational
- Intellectual
- Physical
- Social

**LOCATION KEY**

**2nd Floor Location Key**  
AlpenGlow Bar = AGB  
Board Room = BR  
Courtyard = CY  
Grab & Go Bistro (AL) = G&GB  
Learning Center (IL) = LC  
Lobby = LB  
Palisade (AL) Dining Room = PDR  
PanoVista (IL) = PV  
Peaks (AL) Cinema = PC  
Peaks (AL) Community Room = PCMR  
Peaks (AL) Creative Art Studio = PAS  
Peaks (AL) Game Room = PGR  
Peaks (AL) Private Dining Room = PPDR  
Ridge Cinema (IL) = RC  
Ridge Community Room (IL) = RCR  
Ridge Game Room (IL) = RGR  
Wellness Center = WC

**3rd Floor Location Key**  
Peaks (AL) Sunrise Room = PSR  
Peaks (AL) Exercise Room = PER

**4th Floor Location Key**  
Peaks (AL) Mountain View Room = PMVR

**Summit Building Key**  
Skywood (IL) = SW  
The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>● AD World Hunger Drive (21st-28th) (LB) <b>24</b></p> <p>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</p> <p>● 9:00am Outing: Catholic Service TRIP #1 (LB)</p> <p>● 9:30am Outing: Catholic Service TRIP #2 (LB)</p> <p>● 10:00am Our Father Lutheran Church Live Stream (RC)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 1:00pm Cardio w/ Weights (CR)</p> <p>● 1:00pm Root Beer Float Social (G&amp;GB)</p> <p>● 2:00pm Non-Denominational Church Service (RCR)</p> <p>● 2:00pm Stretch &amp; Flexibility Class (PER)</p> <p>● 3:00pm Movie: The Iron Claw (PC)</p> <p>● 6:30pm Movie: The Iron Claw (PC)</p>	<p>● AD World Hunger Drive (21st-28th) (LB) <b>25</b></p> <p>● 9:00am Chair Yoga (CR)</p> <p>● 9:00am The Summit Muffin Mingle (TPB)</p> <p>● 10:00am Aqualates (CR)</p> <p>● 10:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 11:30am Live Music: MicroGrass Quartet (CY)</p> <p>● 11:30am Memorial Day BBQ Party (CY)</p> <p>● 11:30am Outing: Romano's Italian Restaurant (LB)</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong - Siamese Style (PMVR)</p> <p>● 1:15pm Bingo (PGR)</p> <p>● 2:00pm Chair Yoga (PER)</p> <p>● 2:00pm Men's Group Bocce Ball (weather permitting) (CY)</p> <p>● 2:30pm Rummikub (PGR)</p> <p>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</p> <p>● 3:30pm Mexican Train (PGR)</p> <p>● 4:00pm Ping Pong Open Table (CR)</p>	<p>● AD World Hunger Drive (21st-28th) (LB) <b>26</b></p> <p>● 9:00am Chairs, Bands &amp; Balls (CR)</p> <p>● 9:00am Mindfulness Meditation (PC)</p> <p>● 10:00am Pool Fitness (CR)</p> <p>● 11:15am Mobile Watch Company (LB)</p> <p>● 12:30pm Chess (RGR)</p> <p>● 12:30pm Live Music: Studio 8 Trio (AGB)</p> <p>● 12:30pm May Birthday Bash (AGB)</p> <p>● 1:00pm Cribbage (AGB)</p> <p>● 1:30pm Buzzed Bingo (PGR)</p> <p>● 1:30pm Paper Airplane Contest (RCR)</p> <p>● 2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</p> <p>● 2:00pm Strength &amp; Stretch (PER)</p> <p>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</p> <p>● 3:00pm Humongous Words (PGR)</p> <p>● 3:00pm Live Speaker: Active Minds - Interstate Highways (RCR)</p> <p>● 3:00pm TV Show: Cheers(S2 E3) (PC)</p> <p>● 4:00pm Open Card Games (PGR)</p>	<p>● AD World Hunger Drive (21st-28th) (LB) <b>27</b></p> <p>● 8:45am Outing: The Wild Animal Sanctuary (LB)</p> <p>● 9:00am POWER Over Parkinson's Fitness Class (CR)</p> <p>● 10:00am Craft: DIY Gel Air Fresheners (PAS)</p> <p>● 11:00am Men's Fitness (CR)</p> <p>● 11:00am Step &amp; Balance (PER)</p> <p>● 11:15am Rosary Prayer Group (RCR)</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm American Mahjong (PMVR)</p> <p>● 1:00pm Chair Yoga (CR)</p> <p>● 1:00pm Ice Cream Social (G&amp;GB)</p> <p>● 1:00pm Pool Fitness (CR)</p> <p>● 1:30pm Trivia (G&amp;GB)</p> <p>● 2:00pm Bible Study (PCMR)</p> <p>● 2:00pm Resident Pick Movie (PC)</p> <p>● 2:00pm Resistance River Training (CR)</p> <p>● 3:00pm Band Class (PER)</p> <p>● 3:30pm Mexican Train (PGR)</p> <p>● 6:30pm Live Music: "Saxy" Patty Shaw (RCR)</p>	<p>● AD Red Nose Day (Comic Relief Day) (LB) <b>28</b></p> <p>● AD World Hunger Drive (21st-28th) (LB)</p> <p>● 9:30am Coffee &amp; Donut Social (G&amp;GB)</p> <p>● 10:00am Interactive Hangman (G&amp;GB)</p> <p>● 10:00am Pool Core &amp; Balance (CR)</p> <p>● 11:00am Resistance River Training (CR)</p> <p>● 12:30pm Hand &amp; Foot Game (PMVR)</p> <p>● 1:00pm Flower Arrangements (PAS)</p> <p>● 1:00pm Sound Bath: Wellness-Focus (PCMR)</p> <p>● 2:00pm Open Art Studio (PAS)</p> <p>● 3:00pm Balance Class (PER)</p> <p>● 3:00pm Documentary: Unearthed - Egypt's Buried City (PC)</p> <p>● 3:00pm The Stitchers (TPB)</p> <p>● 3:15pm Brain Games (PGR)</p> <p>● 4:00pm Ping Pong Open Table (CR)</p>	<p>● AD Flip Flop Day <b>29</b></p> <p>● 9:00am Bible Study (LC)</p> <p>● 9:00am Pickleball Open Court (RCR)</p> <p>● 10:00am Card Bingo (PGR)</p> <p>● 10:00am Catholic Apologetics Group (LC)</p> <p>● 10:00am Resistance River Training (CR)</p> <p>● 11:00am LifeLoop Help Desk (PGR)</p> <p>● 11:00am Pool Fitness (CR)</p> <p>● 12:45pm Duplicate Bridge (RCR)</p> <p>● 12:45pm Party Bridge (RCR)</p> <p>● 1:00pm Cribbage (AGB)</p> <p>● 1:30pm Bingo (PGR)</p> <p>● 2:00pm Strength &amp; Cardio (PER)</p> <p>● 2:00pm Women's Group Bocce Ball (weather permitting) (CY)</p> <p>● 2:30pm TV Show: Cheers(S2 E4) (PC)</p> <p>● 3:00pm Live Music: RETRO Trio (AGB)</p> <p>● 3:00pm Men's Fitness (CR)</p> <p>● 3:00pm Welcome Wagon Happy Hour (AGB)</p> <p>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</p> <p>● 5:00pm Welcome Shabbat w/ Paula (TPB)</p> <p>● 6:30pm Movie: The Pink Panther Strikes Again (PC)</p>	<p>● 9:00am Pickleball Open Court (RCR) <b>30</b></p> <p>● 10:00am Peaceful Pacers Walking Group (LB)</p> <p>● 10:00am Pool Core &amp; Balance (CR)</p> <p>● 11:00am Resistance River Training (CR)</p> <p>● 1:30pm Bingo (PGR)</p> <p>● 2:00pm Ball &amp; Band Fitness (PER)</p> <p>● 2:30pm Arm Chair Travel- Colorado Experience(S11 E1) (PC)</p> <p>● 3:00pm Movie: Ray (PC)</p> <p>● 6:30pm Movie: Ray (PC)</p>

**HAPPY BIRTHDAY**

Barbara B. - 6th  
Dan C. - 21st  
Ed K. - 21st

**ACTIVITY TYPES**

- Inspirational
- Intellectual
- Physical
- Social

**LOCATION KEY**

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Ridge Community Room (IL) = RCR  
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**3rd Floor Location Key**  
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Peaks (AL) Exercise Room = PER

**4th Floor Location Key**  
Peaks (AL) Mountain View Room = PMVR

**Summit Building Key**  
Skywood (IL) = SW  
The Point Bistro (IL) = TPB



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- 31**
- 8:30am Sunday Worship at First Pres. Live Stream (PC)
  - 9:30am Outing: Catholic Service (LB)
  - 10:00am Our Father Lutheran Church Live Stream (RC)
  - 10:00am Pool Fitness (CR)
  - 1:00pm Cardio w/ Weights (CR)
  - 1:00pm Root Beer Float Social (G&GB)
  - 2:00pm Non-Denominational Church Service (RCR)
  - 2:00pm Stretch & Flexibility Class (PER)
  - 3:00pm Movie: Worth (PC)
  - 3:30pm Live Performance: Student Piano Recital (RCR)
  - 4:00pm Bingo w/ Eve (LC)
  - 6:30pm Movie: Worth (PC)

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**Dining Venues**

The Beacon:  
Monday-Saturday  
7am-10am  
11am-3pm  
4pm-7pm  
Sunday Brunch  
8am-11am  
11am-2pm

The Point Bistro:  
Monday-Friday  
8:00am-2:30pm

Skywood:  
Sunday  
5pm-8pm

Palisade:  
Monday-Sunday  
7am-9:30am  
11am-2pm  
4pm-6pm

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.

**HAPPY BIRTHDAY**

Barbara B. - 6th  
Dan C. - 21st  
Ed K. - 21st

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