

# MAY 2026

## RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



### THE RIDGE

PINEHURST · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC) <b>1</b></li> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Movie: Man of La Mancha (RC)</li> <li>● 3:00pm Whisky Sour Happy Hour (AGB)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>● 5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>● 7:00pm Movie: Man of La Mancha (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (RCR) <b>2</b></li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:30am Outing: Trader Joe's (LB)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm American Mahjong (RCR)</li> <li>● 12:30pm Open Art Studio (RAS)</li> <li>● 1:00pm Ball &amp; Band Fitness (CR)</li> <li>● 2:00pm Mexican Train (RGR)</li> <li>● 3:00pm Movie: Field of Dreams (RC)</li> <li>● 3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>● 4:00pm Kentucky Derby Party (SW)</li> <li>● 7:00pm Movie: Field of Dreams (RC)</li> </ul>

#### HAPPY BIRTHDAY

- Doug F. - 4th
- Jerry G. - 4th
- Bobbie S. - 4th
- Kay D. - 5th
- Test R. - 5th
- Marlene J. - 9th
- Frank A. - 9th
- Karl G. - 10th
- Gretchen N. - 11th
- Joanne G. - 11th
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- Rosie S. - 24th
- Dan M. - 25th
- Karen W. - 27th
- Sue P. - 31st

#### ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

#### LOCATION KEY

- AlpenGlow Bar = AGB
- Board Room (IL) = BR
- Club Ridge = CR
- Courtyard = CY
- Garage = G
- Learning Center (IL) = LC
- Lobby = LB
- PanoVista (IL) = PV
- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Mountain View Room = PMVR
- Peaks (AL) Private Dining Room = PPDR
- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
- Ridge Community Room = RCR
- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB
- Wine Room = (WR)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>● 9:00am Outing: Catholic Service TRIP #1 (LB)</li> <li>● 9:30am Outing: Catholic Service TRIP #2 (LB)</li> <li>● 10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:00pm Live Speaker: Morocco w/ Dave &amp; Carolyn Gregory (RC)</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Outing: Trader Joe's (LB)</li> <li>● 1:00pm Root Beer Float Social (G&amp;GB)</li> <li>● 1:30pm SCRABBLE! (AGB)</li> <li>● 2:00pm Non-Denominational Church Service (RC)</li> <li>● 3:00pm Balance Class (CR)</li> <li>● 3:00pm Movie: The Six Triple Eight (RC)</li> <li>● 4:00pm Bingo w/ Eve (LC)</li> <li>● 7:00pm Movie: The Six Triple Eight (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chair Yoga (CR)</li> <li>● 10:00am Aqualates (CR)</li> <li>● 10:00am Outing: Men's Group Breakfast - Sunrise Sunset (LB)</li> <li>● 10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Silver Singers Baritone Practice (PCMR)</li> <li>● 10:30am Dining Reservation Class (Full Count) (LC)</li> <li>● 11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>● 1:00pm Ceramics Class: Hand Building (PAS)</li> <li>● 1:00pm Strength &amp; Fitness (CR)</li> <li>● 2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>● 2:00pm Step &amp; Balance (CR)</li> <li>● 2:30pm Humongous Words (RGR)</li> <li>● 3:00pm Silver Singers Alto Practice (PCMR)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 4:00pm TV Series: When Calls the Heart (S6, E4) (RC)</li> <li>● 7:00pm TV Series: The Pitt (S1, E5) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chairs, Bands &amp; Balls (CR)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 10:00am TED Talk Tuesday: What I Got Wrong About Changing the World (RC)</li> <li>● 11:00am Cardio w/ Weights (CR)</li> <li>● 11:15am Mobile Watch Company (LB)</li> <li>● 12:00pm Cinco De Mayo Fiesta (AGB)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm Chess (RGR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:00pm Step &amp; Balance (CR)</li> <li>● 2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>● 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Invitation to the Dance (RCR)</li> <li>● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>● 3:00pm Documentary: Power Trip: The Story of Energy (10 of 12) (RC)</li> <li>● 3:30pm Catholic Communion Service w/ Deacon Don (RCR)</li> <li>● 8:00pm TV Series: Monk (S4, E2) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Golden Age Tech Support (LB)</li> <li>● 10:00am Project Puppet: An Archetypal Dive into the Myth of Shiva and Kali Ma (PAS)</li> <li>● 10:00am Silver Singers Rehearsal (PCMR)</li> <li>● 10:00am Stock Market Discussion Group (LC)</li> <li>● 10:00am Stretch &amp; Flexibility Class (CR)</li> <li>● 11:00am Men's Fitness (CR)</li> <li>● 11:15am LifeLoop Help Desk (LC)</li> <li>● 11:15am Rosary Prayer Group (RCR)</li> <li>● 11:30am Outing: Rockies vs. New York Mets (LB)</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong (PMVR)</li> <li>● 1:00pm Chair Yoga (CR)</li> <li>● 1:00pm Medici TV: Ion Marin conducts Mussorgsky, Dvořák, Khachaturian, Strauss, Wagner... — With Renée Fleming (RC)</li> <li>● 1:00pm Pool Fitness (CR)</li> <li>● 2:00pm Bible Study (PCMR)</li> <li>● 2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 2:00pm Resistance River Training (CR)</li> <li>● 4:00pm Event Planning Meeting (LC)</li> <li>● 4:00pm TV Series: The West Wing (S3, E19) (RC)</li> <li>● 6:30pm Live Music: Steve Smith (RCR)</li> <li>● 8:00pm TV Series: Landman (S1, E6) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>● 11:00am Men's Book Club (PV)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 1:00pm Band Fitness Class (CR)</li> <li>● 1:00pm Bingo (LC)</li> <li>● 1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>● 2:00pm Balance Fitness Class (CR)</li> <li>● 2:00pm Documentary: Power Trip: The Story of Energy (11 of 12) (RC)</li> <li>● 3:00pm Resident Council Meeting (RCR)</li> <li>● 3:00pm The Stitchers (TPB)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 5:50pm Poker Club (PGR)</li> <li>● 7:00pm TV Series: Virgin River (S7, E9) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC)</li> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 2:00pm National Apple Pie Day Social (AGB)</li> <li>● 2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Movie: Calamity Jane (RC)</li> <li>● 3:00pm Strawberry Margarita Happy Hour (AGB)</li> <li>● 3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>● 5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>● 7:00pm Movie: Calamity Jane (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (RCR)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:30am Outing: King Soopers (LB)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm American Mahjong (RCR)</li> <li>● 12:30pm Open Art Studio (RAS)</li> <li>● 1:00pm Ball &amp; Band Fitness (CR)</li> <li>● 2:00pm Mexican Train (RGR)</li> <li>● 3:00pm Movie: A Little Bit of Heaven (RC)</li> <li>● 3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>● 7:00pm Movie: A Little Bit of Heaven (RC)</li> </ul>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>10</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>11:00am Mother's Day Buffet (B)</li> <li>11:30am Live Music: Scott Grove (LB)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>1:30pm SCRABBLE! (AGB)</li> <li>2:00pm Non-Denominational Church Service (RC R)</li> <li>3:00pm Balance Class (CR)</li> <li>3:00pm Movie: The Children Act (RC)</li> <li>7:00pm Movie: The Children Act (RC)</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>9:00am Chair Yoga (CR)</li> <li>9:00am The Summit Muffin Mingle (TPB)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:00pm Strength &amp; Fitness (CR)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Step &amp; Balance (CR)</li> <li>2:30pm Humongous Words (RGR)</li> <li>3:00pm Silver Singers Alto Practice (PCMR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:00pm TV Series: When Calls the Heart (S6, E5) (RC)</li> <li>7:00pm TV Series: The Pitt (S1, E6) (RC)</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:00am TED Talk Tuesday: Stress Resets, the Ultimate Mental Health Hack (RC)</li> <li>11:00am Cardio w/ Weights (CR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:00pm Daily Check in</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Step &amp; Balance (CR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Documentary: Power Trip: The Story of Energy (12 of 12) (RC)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Let's Talk Superfood of the Month: Fish (WR)</li> <li>3:00pm Live Speaker: Active Minds - Past, Present &amp; Future (RCR)</li> <li>4:00pm Dementia Support Group (PCMR)</li> <li>8:00pm TV Series: Monk (S4, E3) (RC)</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Pinehurst Market (LB)</li> <li>10:00am Silver Singers Dress Rehearsal (RCR)</li> <li>10:00am Stretch &amp; Flexibility Class (CR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:15am LifeLoop Help Desk (LC)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Great Decisions: US-China Relations in the New Trump Era (RCR)</li> <li>2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>2:00pm Resistance River Training (CR)</li> <li>4:00pm TV Series: The West Wing (S3, E20) (RC)</li> <li>6:30pm Live Music: Larry O'Connor (RCR)</li> <li>8:00pm TV Series: Landman (S1, E7) (RC)</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Band Fitness Class (CR)</li> <li>1:00pm Bingo (LC)</li> <li>1:00pm Outing: Denver Center of Performing Arts (LB)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm Balance Fitness Class (CR)</li> <li>2:00pm Documentary: Fukushima - A Nuclear Nightmare (RC)</li> <li>3:00pm April Showers Bring May Flowers Celebration (RCR)</li> <li>3:00pm Live Music: Mark Diamond Trio (RCR)</li> <li>3:00pm The Stitchers (TPB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>6:15pm Silver Singers Warm Up/Green Room (LC)</li> <li>7:00pm Live Performance: Silver Singers "Broadway Favorites &amp; More..." (RCR)</li> <li>7:00pm TV Series: Virgin River (S7, E10) (RC)</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (CY)</li> <li>9:45am Book Club Group 1 (PV)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am Pool Fitness (CR)</li> <li>11:30am National Pizza Party Day (RCR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (LC)</li> <li>12:45pm Party Bridge (LC)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Cribbage (AGB)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>2:45pm Wear Purple for Peace Day (LB)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Movie: Evil Under The Sun (RC)</li> <li>3:00pm Tequila Sunrise Happy Hour (AGB)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>7:00pm Movie: Evil Under the Sun (RC)</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:30am Outing: Trader Joe's (LB)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>12:30pm American Mahjong (RCR)</li> <li>12:30pm Open Art Studio (RAS)</li> <li>1:00pm Ball &amp; Band Fitness (CR)</li> <li>2:00pm Mexican Train (RGR)</li> <li>2:15pm Silver Singers Warm Up/Green Room (LC)</li> <li>3:00pm Live Performance: Silver Singers "Broadway Favorites &amp; More..." (RCR)</li> <li>3:00pm Movie: Everest (RC)</li> <li>3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>7:00pm Movie: Everest (RC)</li> </ul>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>17</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>1:30pm SCRABBLE! (AGB)</li> <li>2:00pm Non-Denominational Church Service (RC)</li> <li>3:00pm Balance Class (CR)</li> <li>3:00pm Movie: Two for the Money (RC)</li> <li>4:00pm Bingo w/ Eve (LC)</li> <li>7:00pm Movie: Two for the Money (RC)</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:00am Chair Yoga (CR)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:30am Dining Reservation Class (Full Count) (LC)</li> <li>10:45am Outing: Granny Scott's Pie Shop (LB)</li> <li>11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:00pm Strength &amp; Fitness (CR)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Step &amp; Balance (CR)</li> <li>2:30pm Humongous Words (RGR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:00pm TV Series: When Calls the Heart (S6, E6) (RC)</li> <li>7:00pm TV Series: The Pitt (S1, E7) (RC)</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:00am TED Talk Tuesday: How to Tune Your Inner Voice (RC)</li> <li>10:30am Confessionals (LC)</li> <li>11:00am Cardio w/ Weights (CR)</li> <li>11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:00pm Daily Check in</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Ceramics Class: Glazing (PAS)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Jewelry &amp; Lanyard Making Class (RAS)</li> <li>1:00pm Step &amp; Balance (CR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Documentary: Chasing the Moon (1 of 3) (RC)</li> <li>2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>8:00pm TV Series: Monk (S4, E4) (RC)</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Golden Age Tech Support (LB)</li> <li>10:00am Stock Market Discussion Group (LC)</li> <li>10:00am Stretch &amp; Flexibility Class (CR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:15am Hospitality Committee (SW)</li> <li>11:15am LifeLoop Help Desk (LC)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Medici TV: Verdi's La Traviata (RC)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>2:00pm Resistance River Training (CR)</li> <li>4:00pm TV Series: The West Wing (S3, E21) (RC)</li> <li>6:30pm Live Music: Harris &amp; Harris Duo (RCR)</li> <li>8:00pm TV Series: Landman (S1, E8) (RC)</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:45am EXERAI - Fall Prevention (RCR)</li> <li>9:45am Outing: Walk the Park - Johnson Reservoir (LB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>11:00am Live Speaker: FTS presents Fall Prevention (RCR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Band Fitness Class (CR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>2:00pm Balance Fitness Class (CR)</li> <li>2:00pm Documentary: Chasing the Moon (2 of 3) (RC)</li> <li>2:00pm International Tea Day - High Tea Party (PV)</li> <li>2:00pm Live Music: Harpist Mary Keener (High Tea Party) (PV)</li> <li>3:00pm The Stitchers (TPB)</li> <li>3:15pm Bingo (LC)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>5:50pm Poker Club (PGR)</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am Book Club Group 2 (LC)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Parkinson's Support Group (LC)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Mojito Happy Hour (AGB)</li> <li>3:00pm Movie: Barefoot in the Park (RC)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>7:00pm Movie: Barefoot in the Park (RC)</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:30am Outing: King Soopers (LB)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>12:30pm American Mahjong (RCR)</li> <li>12:30pm Open Art Studio (RAS)</li> <li>1:00pm Ball &amp; Band Fitness (CR)</li> <li>2:00pm Mexican Train (RGR)</li> <li>3:00pm Movie: The Best of Enemies (RC)</li> <li>3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>7:00pm Movie: The Best of Enemies (RC)</li> </ul>

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- Test R. - 5th
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### ACTIVITY TYPES

- Inspirational
- Intellectual
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### LOCATION KEY

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:00am Outing: Catholic Service TRIP #1 (LB)</li> <li>9:30am Outing: Catholic Service TRIP #2 (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Outing: King Soopers (LB)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>1:30pm SCRABBLE! (AGB)</li> <li>2:00pm Non-Denominational Church Service (RC)</li> <li>3:00pm Balance Class (CR)</li> <li>3:00pm Movie: The Iron Claw (RC)</li> <li>7:00pm Movie: The Iron Claw (RC)</li> </ul>	<ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:00am Chair Yoga (CR)</li> <li>9:00am The Summit Muffin Mingle (TPB)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>11:30am Live Music: MicroGrass Quartet (CY)</li> <li>11:30am Memorial Day BBQ Party (CY)</li> <li>11:30am Outing: Romano's Italian Restaurant (LB)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:00pm Strength &amp; Fitness (CR)</li> <li>2:00pm Men's Group Bocce Ball (weather permitting) (CY)</li> <li>2:00pm Step &amp; Balance (CR)</li> <li>2:30pm Humongous Words (RGR)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:00pm TV Series: When Calls the Heart (S6, E7) (RC)</li> <li>7:00pm TV Series: The Pitt (S1, E8) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:00am TED Talk Tuesday: Is Luck Random - or Can You Cultivate It? (RC)</li> <li>11:00am Cardio w/ Weights (CR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:00pm Daily Check in</li> <li>12:30pm Chess (RGR)</li> <li>12:30pm Live Music: Studio 8 Trio (AGB)</li> <li>12:30pm May Birthday Bash (AGB)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Documentary: Chasing the Moon (3 of 3) (RC)</li> <li>1:00pm Step &amp; Balance (CR)</li> <li>1:30pm Paper Airplane Contest (RCR)</li> <li>2:00pm Co-Ed Bocce Ball (weather permitting) (CY)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Live Speaker: Active Minds - Interstate Highways (RCR)</li> <li>8:00pm TV Series: Monk (S4, E5) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>8:45am Outing: The Wild Animal Sanctuary (LB)</li> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Stretch &amp; Flexibility Class (CR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:15am LifeLoop Help Desk (LC)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>2:00pm Resistance River Training (CR)</li> <li>4:00pm TV Series: The West Wing (S3, E22) (RC)</li> <li>6:30pm Live Music: "Saxy" Patty Shaw (RCR)</li> <li>8:00pm TV Series: Landman (S1, E9) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>AD Red Nose Day (Comic Relief Day) (LB)</li> <li>AD World Hunger Drive (21st-28th) (LB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Town Hall (RCR)</li> <li>11:00am Resistance River Training (CR)</li> <li>1:00pm Band Fitness Class (CR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PCMR)</li> <li>1:30pm Bingo (LC)</li> <li>2:00pm Balance Fitness Class (CR)</li> <li>3:00pm The Stitchers (TPB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> </ul>	<ul style="list-style-type: none"> <li>AD Flip Flop Day</li> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Cribbage (AGB)</li> <li>2:00pm Women's Group Bocce Ball (weather permitting) (CY)</li> <li>3:00pm Live Music: RETRO Trio (AGB)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Movie: The Pink Panther Strikes Again (RC)</li> <li>3:00pm Welcome Wagon Happy Hour (AGB)</li> <li>3:30pm Live Music: Piano Music with Howard Fisher (G&amp;GB)</li> <li>5:00pm Welcome Shabbat w/ Paula (TPB)</li> <li>7:00pm Movie: The Pink Panther Strikes Again (RC)</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (RCR)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:30am Outing: Trader Joe's (LB)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>12:30pm American Mahjong (RCR)</li> <li>12:30pm Open Art Studio (RAS)</li> <li>1:00pm Ball &amp; Band Fitness (CR)</li> <li>2:00pm Mexican Train (RGR)</li> <li>3:00pm Movie: Ray (RC)</li> <li>3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>7:00pm Movie: Ray (RC)</li> </ul>

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<p><b>31</b></p> <ul style="list-style-type: none"> <li>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>● 9:30am Outing: Catholic Service (LB)</li> <li>● 10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Root Beer Float Social (G&amp;GB)</li> <li>● 1:30pm SCRABBLE! (AGB)</li> <li>● 2:00pm Non-Denominational Church Service (RCR)</li> <li>● 3:00pm Balance Class (CR)</li> <li>● 3:00pm Movie: Worth (RC)</li> <li>● 3:30pm Live Performance: Student Piano Recital (RCR)</li> <li>● 4:00pm Bingo w/ Eve (LC)</li> <li>● 7:00pm Movie: Worth (RC)</li> </ul>						

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This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.