



THE RIDGE
FOOTHILL · SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<ul style="list-style-type: none"> 10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Sports Center 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: High Society (1956, PG-13, DVD) 1	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Musical Guest ~ Scott Woker 2:30 Blackjack with Mary 3:45 Ladies High Tea 6:30 Classic Movie Night: The Leopard (1963, PG, DVD) 2	<ul style="list-style-type: none"> 10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Walmart 1:00 Relief Society 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 3:00 Wine & Cheese Social 6:30 Western Movie Night: The Wild Bunch (1969, R, DVD) 3	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Current Events with Tim Chambless 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 MAKE IT *Be Creative* 6:30 Comedy Movie Night: The Philadelphia Story (1940, PG, DVD) 4	<ul style="list-style-type: none"> 10:00 Stretch and Strengthen 11:00 Book Club 11:00 Liquor Store Outing 1:30 Spanish Class with Vivi 2:30 Musical Guest ~ Scott Larabee 3:30 TGIF Happy Hour 6:30 Critically Acclaimed Movie: Star wars: Return of the Jedi 5	<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:45 Brain Games with Mary 1:30 Italian Soda Bar 2:30 Texas Hold'em 3:30 Our Planet 6:30 Saturday Cinema ~ Super Heros: The Great Escape (1963, PG-13, DVD) 6
<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:30 Catholic Communion 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundaes 3:00 Bingo Bunch 6:30 Sunday Cinema: The Notebook (2004, PG-13, DVD) 7	<ul style="list-style-type: none"> 10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Sports Center 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: Funny Face (1957, PG, DVD) 8	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Blackjack with Mary 2:30 Art with Lemon 3:00 Resident Birthday Party with Marketing 6:30 Classic Movie Night: Who's Afraid of Virginia Wolf(1966, PG-13, DVD) 9	<ul style="list-style-type: none"> 10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Walmart 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 2:30 Wine & Cheese Social 3:30 Hope & Inspiration with Pastor Bruce 6:30 Western Movie Night: John Ford's My Darling Clementine (1946, PG-13, DVD) 10	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Current Events with Tim Chambless 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 Musical Guest ~ BD Howes 6:30 Resident Requested Comedy Movie Night: Caddyshack (1980, R, DVD) 11	<ul style="list-style-type: none"> 10:00 Stretch and Strengthen 11:00 Walk at Sugar House Park 1:30 Spanish Class with Vivi 2:30 Concert with Pop Orchestra 3:30 TGIF Happy Hour 6:30 Award Winning Movie: Jaws (1975, PG-13, DVD) 12	<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:45 Brain Games with Mary 1:30 Italian Soda Bar 2:30 Texas Hold'em 3:30 Our Planet 6:30 Saturday Cinema ~ Super Heros: The Dirty Dozen (1967, PG-13) 13
<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:30 Catholic Communion 11:30 Sunday Brunch 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundaes 3:00 Bingo Bunch 6:30 Sunday Cinema 14	<ul style="list-style-type: none"> 10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Sports Center 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: Anchors Aweigh (1945, PG, DVD) 15	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Blackjack with Mary 2:30 Ladies High Tea 3:30 Musical Guest ~ Merrill Smith 6:30 Classic Movie Night: Arsenic and Old Lace (1944, PG, DVD) 16	<ul style="list-style-type: none"> 10:00 Wednesday's Workout 10:30 Resident Shopping ~ Walmart 10:45 Mini Mani and Hand Massage 11:30 Father's Day Event *Beer & Brats* 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 2:30 Music with Heart & Soul 3:30 Wine & Cheese Social 6:30 Western Movie Night: The Man Who Shot Liberty Valance (1962, 17	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Current Events with Tim Chambless 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 MAKE IT *Be Creative* 6:30 Comedy Movie Night: Some Like it Hot (1959, PG-13, DVD) 18	<ul style="list-style-type: none"> 10:00 Stretch and Strengthen 11:00 Super Scenic Drive *Big Cottonwood Canyon* 1:00 Book Club 1:30 Spanish Class with Vivi 2:30 Concert with Pop Orchestra 3:30 TGIF Happy Hour 6:30 Award Winning Movie: How Green was My Valley (1941, PG, DVD) 19	<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:45 Brain Games with Mary 1:30 Italian Soda Bar 2:30 Texas Hold'em 3:30 Our Planet 6:30 Saturday Cinema ~ Super Heros 20
<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:30 Catholic Communion 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundaes 3:00 Bingo Bunch 6:30 Sunday Cinema 21	<ul style="list-style-type: none"> 10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 2:30 Music with Eric Heideman 3:00 Sports Center 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Resident Requested Monday Musical: Carousel (1956, PG, DVD) 22	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Balloon Badminton 11:30 Meals with Micki 1:30 Blackjack with Mary 2:00 Concert with Pop Orchestra 3:15 Ladies High Tea 6:30 Classic Movie Night: Sabrina (1954, PG, DVD) 23	<ul style="list-style-type: none"> 10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Walmart 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 3:00 Wine & Cheese Social 6:00 Dementia Support Group (Everyone is Welcome) 6:30 Resident Requested Western Movie Night: A Man Called Horse (1970, R, DVD) 24	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Current Events with Tim Chambless 1:30 Card Game: Five Crowns 2:00 Resident Council *Resident only Meeting* 2:30 Resident Council with Directors 3:30 Musical Guest ~ Maggie Beers 6:30 Comedy Movie Night: What About Bob? (1991, PG, DVD) 25	<ul style="list-style-type: none"> 10:00 Stretch and Strengthen 11:00 Utah Fine Arts Museum 1:30 Spanish Class with Vivi 2:30 Concert with Pop Orchestra 3:30 TGIF Happy Hour 6:30 Award Winning Movie 26	<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:45 Brain Games with Mary 1:30 Italian Soda Bar 2:30 Texas Hold'em 3:30 Our Planet 6:30 Saturday Cinema ~ Super Heros 27
<ul style="list-style-type: none"> 10:00 Sit and Get Fit 10:30 Catholic Communion 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundaes 3:00 Bingo Bunch 6:30 Sunday Cinema 28	<ul style="list-style-type: none"> 10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Sports Center 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie 29	<ul style="list-style-type: none"> 10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Blackjack with Mary 2:30 Ladies High Tea 3:30 Cornhole 6:30 Classic Movie Night 30				

HAPPY BIRTHDAY

- Jo S. - 1st
- Theodore F. - 2nd
- Joan E. - 10th
- Deb B. - 15th
- Tom W. - 19th
- Victoria W. - 21st
- Amnon G. - 25th
- SandyR. - 29th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

- Art Studio (2nd Floor) = A
- Courtyard = C
- Demonstration Kitchen = DK
- Fitness Center (3rd Floor) = F C
- Great Room (2nd Floor) = GR
- Lobby = L
- Summit Room = S
- Theatre = T