



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<ul style="list-style-type: none"> <li>● AD Say Something Nice Day (LB)</li> <li>● 9:00am Chair Yoga (CR)</li> <li>● 10:00am Aqualates (CR)</li> <li>● 10:00am Men's Group Bocce Ball (CY)</li> <li>● 10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:30am Dining Reservation Class (Full Count) (LC)</li> <li>● 11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>● 1:00pm Strength &amp; Fitness (CR)</li> <li>● 2:00pm Step &amp; Balance (CR)</li> <li>● 2:30pm Humongous Words (RGR)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 4:00pm TV Series: When Calls the Heart (S6, E8) (RC)</li> <li>● 7:00pm TV Series: The Pitt (S1, E9) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chairs, Bands &amp; Balls (CR)</li> <li>● 10:00am Co-Ed Bocce Ball (CY)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 10:00am TED Talk Tuesday: Admiral William H. McRaven - University of Texas at Austin 2014 Commencement Address (RC)</li> <li>● 11:00am Cardio w/ Weights (CR)</li> <li>● 11:15am Mobile Watch Company (LB)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm Chess (RGR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:00pm Step &amp; Balance (CR)</li> <li>● 2:00pm Documentary: The American Buffalo (1 of 2) (RC)</li> <li>● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>● 3:00pm World Cider Day - Cider Tasting Party (TPB)</li> <li>● 8:00pm TV Series: Monk (S4, E6) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Golden Age Tech Support (LB)</li> <li>● 10:00am Silver Singers Rehearsal (PCMR)</li> <li>● 10:00am Stock Market Discussion Group (LC)</li> <li>● 10:00am Stretch &amp; Flexibility Class (CR)</li> <li>● 11:00am Men's Fitness (CR)</li> <li>● 11:15am LifeLoop Help Desk (LC)</li> <li>● 11:15am Rosary Prayer Group (RCR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong (PMVR)</li> <li>● 1:00pm Chair Yoga (CR)</li> <li>● 1:00pm Medici TV: Hilary Hahn plays Bach and Piazzolla (RC)</li> <li>● 1:00pm Pool Fitness (CR)</li> <li>● 2:00pm Bible Study (PCMR)</li> <li>● 2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 2:00pm Resistance River Training (CR)</li> <li>● 3:00pm Event Planning Meeting (LC)</li> <li>● 4:00pm TV Series: The West Wing (S4, E1) (RC)</li> <li>● 6:30pm Live Music: Jeffrey Dallet (RCR)</li> <li>● 8:00pm TV Series: Landman (S1, E10) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>● 11:00am Men's Book Club (PV)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Bingo (LC)</li> <li>● 1:00pm Band Fitness Class (CR)</li> <li>● 1:00pm Sound Bath: Wellness-Focus (PC)</li> <li>● 2:00pm Balance Fitness Class (CR)</li> <li>● 2:00pm Cheese &amp; Wine Tasting (AGB)</li> <li>● 2:00pm Documentary: The American Buffalo (2 of 2) (RC)</li> <li>● 3:00pm Resident Council Meeting (RCR)</li> <li>● 3:00pm The Stitchers (TPB)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 5:50pm Poker Club (PGR)</li> <li>● 7:00pm TV Series: Shrinking (S1, E1) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC)</li> <li>● 9:00am Pickleball Open Court (CY)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Outing: Bodies - The Science Within (LB)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 10:00am Women's Group Bocce Ball (CY)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 3:00pm Mai Tai Happy Hour (AGB)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Movie :The Nutty Professor (RC)</li> <li>● 3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>● 7:00pm Movie: The Nutty Professor (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (CY)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:30am Outing: King Soopers (LB)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm American Mahjong (RCR)</li> <li>● 12:30pm Open Art Studio (RAS)</li> <li>● 1:00pm Ball &amp; Band Fitness (CR)</li> <li>● 2:00pm Mexican Train (RGR)</li> <li>● 3:00pm Movie: Angels in the Outfield (RC)</li> <li>● 3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>● 7:00pm Movie: Angels in the Outfield (RC)</li> </ul>

### HAPPY BIRTHDAY

- Fran A. - 1st
- June B. - 1st
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### ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

### LOCATION KEY

- AlpenGlow Bar = AGB
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- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Mountain View Room = PMVR
- Peaks (AL) Private Dining Room = PPDR
- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
- Ridge Community Room = RCR
- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB
- Wine Room = (WR)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>● 9:30am Outing: Catholic Service (LB)</li> <li>● 10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Outing: King Soopers (LB)</li> <li>● 1:00pm Root Beer Float Social (G&amp;GB)</li> <li>● 1:30pm SCRABBLE! (AGB)</li> <li>● 2:00pm Non-Denominational Church Service (RC)</li> <li>● 3:00pm Balance Class (CR)</li> <li>● 3:00pm Movie: Nuremberg (RC)</li> <li>● 7:00pm Movie: Nuremberg (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chair Yoga (CR)</li> <li>● 9:00am Donut Daze Summit Social (TPB)</li> <li>● 10:00am Aqualates (CR)</li> <li>● 10:00am Friends &amp; Fiction - Virginia Evans + Allen Levi   (RC)</li> <li>● 10:00am Men's Group Bocce Ball (CY)</li> <li>● 10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Silver Singers Baritone Practice (PCMR)</li> <li>● 11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>● 1:00pm Ceramics Class: Hand Building (PAS)</li> <li>● 1:00pm Strength &amp; Fitness (CR)</li> <li>● 2:00pm Step &amp; Balance (CR)</li> <li>● 2:30pm Humongous Words (RGR)</li> <li>● 3:00pm Silver Singers Alto Practice (PCMR)</li> <li>● 3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 4:00pm TV Series: When Calls the Heart (S6, E9) (RC)</li> <li>● 7:00pm TV Series: The Pitt (S1, E10) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Chairs, Bands &amp; Balls (CR)</li> <li>● 10:00am Co-Ed Bocce Ball (CY)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 10:00am TED Talk Tuesday: Eric Church - 2026 Commencement Speech at UNC Chapel (RC)</li> <li>● 11:00am Cardio w/ Weights (CR)</li> <li>● 11:15am Mobile Watch Company (LB)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm Chess (RGR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:00pm Step &amp; Balance (CR)</li> <li>● 1:30pm Documentary: America: Our Defining Hours (1 of 3) (RC)</li> <li>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>● 3:00pm Live Speaker: Active Minds - Dinosaurs &amp; New Discoveries (RCR)</li> <li>● 3:00pm Strawberry Rhubarb Pie Social (AGB)</li> <li>● 4:00pm Dementia Support Group (PCMR)</li> <li>● 8:00pm TV Series: Monk (S4, E7) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Outing: Men's Group - Rupert's at the Edge (LB)</li> <li>● 10:00am Silver Singers Rehearsal (PCMR)</li> <li>● 10:00am Stretch &amp; Flexibility Class (CR)</li> <li>● 11:00am Men's Fitness (CR)</li> <li>● 11:15am LifeLoop Help Desk (LC)</li> <li>● 11:15am Rosary Prayer Group (RCR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (LC)</li> <li>● 12:45pm Party Bridge (LC)</li> <li>● 1:00pm American Mahjong (PMVR)</li> <li>● 1:00pm Chair Yoga (CR)</li> <li>● 1:00pm Pool Fitness (CR)</li> <li>● 1:30pm Live Speaker: ARTICulating Art w/ Wendy Alder - Monochrome Works (RCR)</li> <li>● 2:00pm Bible Study (PCMR)</li> <li>● 2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 2:00pm Resistance River Training (CR)</li> <li>● 3:00pm Great Decisions: The Third Nuclear Age: Trump, The Order, and the Bomb (RCR)</li> <li>● 3:30pm Catholic Communion Service w/ Deacon Don (RC)</li> <li>● 4:00pm TV Series: The West Wing (S4, E2) (RC)</li> <li>● 6:30pm Live Music: Alan Vail (RCR)</li> <li>● 8:00pm TV Series: Landman (S2, E1) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 11:00am Silver Spatulas Cooking Experience (LC)</li> <li>● 11:15am Outing: Rockies vs Cubs (LB)</li> <li>● 12:00pm Daily Check in</li> <li>● 1:00pm Band Fitness Class (CR)</li> <li>● 1:00pm Bingo BONANZA (RCR)</li> <li>● 2:00pm Balance Fitness Class (CR)</li> <li>● 2:00pm Documentary: America: Our Defining Hours (2 of 3) (RC)</li> <li>● 3:00pm The Stitchers (TPB)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 7:00pm TV Series: Shrinking (S1, E2) (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Bible Study (LC)</li> <li>● 9:00am Pickleball Open Court (CY)</li> <li>● 10:00am Catholic Apologetics Group (LC)</li> <li>● 10:00am Resistance River Training (CR)</li> <li>● 10:00am Women's Group Bocce Ball (CY)</li> <li>● 11:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 2:00pm Peanut Butter Cookie Day Social (AGB)</li> <li>● 3:00pm Cucumber Basil Martini Happy Hour (AGB)</li> <li>● 3:00pm Men's Fitness (CR)</li> <li>● 3:00pm Movie: Goldfinger (RC)</li> <li>● 3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>● 7:00pm Movie: Goldfinger (RC)</li> </ul>	<ul style="list-style-type: none"> <li>● 9:00am Pickleball Open Court (CY)</li> <li>● 10:00am Pool Core &amp; Balance (CR)</li> <li>● 10:30am Outing: Trader Joe's (LB)</li> <li>● 11:00am Resistance River Training (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm American Mahjong (RCR)</li> <li>● 12:30pm Open Art Studio (RAS)</li> <li>● 1:00pm Ball &amp; Band Fitness (CR)</li> <li>● 2:00pm Mexican Train (RGR)</li> <li>● 3:00pm Movie: The Guernsey Literary and Potato Peel Pie Society (RC)</li> <li>● 3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>● 7:00pm Movie: The Guernsey Literary and Potato Peel Pie Society (RC)</li> </ul>

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### ACTIVITY TYPES

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<p><b>14</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Outing: Trader Joe's (LB)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>1:30pm SCRABBLE! (AGB)</li> <li>2:00pm Non-Denominational Church Service (RC)</li> <li>3:00pm Balance Class (CR)</li> <li>3:00pm Movie: Happiness for Beginners (RC)</li> <li>4:00pm Bingo w/ Eve (LC)</li> <li>7:00pm Movie: Happiness for Beginners (RC)</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>8:00am Summit Smoothie Shack Grand Opening (TPB)</li> <li>9:00am Chair Yoga (CR)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am Men's Group Bocce Ball (CY)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>10:30am Dining Reservation Class (Full Count) (LC)</li> <li>11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>11:30am Couture Chez Vous Boutique (LB)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:00pm Strength &amp; Fitness (CR)</li> <li>2:00pm Step &amp; Balance (CR)</li> <li>2:30pm Humongous Words (RGR)</li> <li>3:00pm Silver Singers Alto Practice (PCMR)</li> <li>3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:00pm TV Series: When Calls the Heart (S7, E1) (RC)</li> <li>7:00pm TV Series: The Pitt (S1, E11) (RC)</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>10:00am Co-Ed Bocce Ball (CY)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:00am TED Talk Tuesday: Misty Copeland - Wake Forest Commencement 2026 (RC)</li> <li>11:00am Cardio w/ Weights (CR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:00pm Daily Check in</li> <li>12:00pm Live Music: Coreen Wells (LB)</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Documentary: America: Our Defining Hours (3 of 3) (RC)</li> <li>1:00pm Step &amp; Balance (CR)</li> <li>2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>2:30pm Senior Prom "A Midsummer Night's Dream" (RCR)</li> <li>3:30pm Let's Talk Superfood of the Month: Berries (WR)</li> <li>8:00pm TV Series: Monk (S4, E8) (RC)</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Golden Age Tech Support (LB)</li> <li>10:00am Pinehurst Market (LB)</li> <li>10:00am Silver Singers Rehearsal (PCMR)</li> <li>10:00am Stock Market Discussion Group (LC)</li> <li>10:00am Stretch &amp; Flexibility Class (CR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:15am IL Hospitality Committee (SW)</li> <li>11:15am LifeLoop Help Desk (LC)</li> <li>11:15am Rosary Prayer Group (RCR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Medici TV: Verdi's Don Carlo (RC)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>2:00pm Resistance River Training (CR)</li> <li>4:00pm TV Series: The West Wing (S4, E3) (RC)</li> <li>6:30pm Live Performance: Professional Ballerina Dance w/ Emily &amp; Isaiah (RCR)</li> <li>8:00pm TV Series: Landman (S2, E2) (RC)</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>9:45am EXERAI - Fall Prevention (RCR)</li> <li>9:45am Outing: Walk the Park - Washington Park (LB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Resistance River Training (CR)</li> <li>11:30am International Picnic Day (CY)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Bingo (LC)</li> <li>1:00pm Band Fitness Class (CR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PC)</li> <li>2:00pm Balance Fitness Class (CR)</li> <li>2:00pm Documentary: The Men Who Built America: Frontiersmen (1 of 4) (RC)</li> <li>2:30pm Teaching Kitchen w/ Chef Jean-Luc (LC)</li> <li>3:00pm The Stitchers (TPB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:30pm Outing: Ted's Montana Grill (LB)</li> <li>5:50pm Poker Club (PGR)</li> <li>7:00pm TV Series: Shrinking (S1, E3) (RC)</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>10:00am Women's Group Bocce Ball (CY)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Cribbage (AGB)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Movie: The Money Pit (RC)</li> <li>3:00pm Passion Fruit Margarita Happy Hour (AGB)</li> <li>3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>7:00pm Movie: The Money Pit (RC)</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:30am Outing: King Soopers (LB)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>12:30pm American Mahjong (RCR)</li> <li>1:00pm Ball &amp; Band Fitness (CR)</li> <li>2:00pm Mexican Train (RGR)</li> <li>3:00pm Movie: Mr. Destiny (RC)</li> <li>3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>7:00pm Movie: Mr. Destiny (RC)</li> </ul>

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- Wine Room = (WR)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>21</b></p> <ul style="list-style-type: none"> <li>8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>9:30am Outing: Catholic Service (LB)</li> <li>10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>10:00am Pool Fitness (CR)</li> <li>11:30am Father's Day Buffet (B)</li> <li>12:00pm Daily Check in</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Outing: King Soopers (LB)</li> <li>1:00pm Root Beer Float Social (G&amp;GB)</li> <li>1:30pm SCRABBLE! (AGB)</li> <li>2:00pm Non-Denominational Church Service (RC)</li> <li>3:00pm Balance Class (CR)</li> <li>3:00pm Movie: Come from Away (RC)</li> <li>7:00pm Movie: Come from Away (RC)</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>9:00am Chair Yoga (CR)</li> <li>9:00am Donut Daze Summit Social (TPB)</li> <li>10:00am Aqualates (CR)</li> <li>10:00am Men's Group Bocce Ball (CY)</li> <li>10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Baritone Practice (PCMR)</li> <li>11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>1:00pm Strength &amp; Fitness (CR)</li> <li>2:00pm Step &amp; Balance (CR)</li> <li>2:30pm Humongous Words (RGR)</li> <li>3:00pm Silver Singers Alto Practice (PCMR)</li> <li>3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:00pm TV Series: When Calls the Heart (S7, E2) (RC)</li> <li>7:00pm TV Series: The Pitt (S1, E12) (RC)</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>9:00am Chairs, Bands &amp; Balls (CR)</li> <li>10:00am Co-Ed Bocce Ball (CY)</li> <li>10:00am Pool Fitness (CR)</li> <li>10:00am TED Talk Tuesday: Michael Beschloss - University of Pennsylvania 270th Commencement 2026 (RC)</li> <li>11:00am Cardio w/ Weights (CR)</li> <li>11:15am Mobile Watch Company (LB)</li> <li>12:00pm Daily Check in</li> <li>12:30pm Chess (RGR)</li> <li>1:00pm Ceramics Class: Open Studio (PAS)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Documentary: The Men Who Built America: Frontiersmen (2 of 4) (RC)</li> <li>1:00pm Step &amp; Balance (CR)</li> <li>2:30pm "Tickled Pink" Day (LB)</li> <li>2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>3:00pm Live Speaker: Active Minds - Barcelona (RCR)</li> <li>7:00pm Scouts Troop 554: Game Night (RCR)</li> <li>8:00pm TV Series: Monk (S4, E9) (RC)</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>9:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>10:00am Silver Singers Rehearsal (PCMR)</li> <li>10:00am Stretch &amp; Flexibility Class (CR)</li> <li>11:00am Live Speaker: Fraud &amp; Scam Awareness &amp; Protection in a World of AI w/ Michael Stichter (RCR)</li> <li>11:00am Men's Fitness (CR)</li> <li>11:15am LifeLoop Help Desk (LC)</li> <li>11:15am Outing: Rockies vs Red Sox (LB)</li> <li>11:15am Rosary Prayer Group (RC)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm *Movie Special Feature: Young Frankenstein (RC)</li> <li>1:00pm American Mahjong (PMVR)</li> <li>1:00pm Chair Yoga (CR)</li> <li>1:00pm Pool Fitness (CR)</li> <li>2:00pm Bible Study (PCMR)</li> <li>2:00pm Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>2:00pm Resistance River Training (CR)</li> <li>2:00pm Sip and Paint w/ Jeanne (RAS)</li> <li>4:00pm TV Series: The West Wing (S4, E4) (RC)</li> <li>6:30pm Live Music: Mark Paulson (RCR)</li> <li>8:00pm TV Series: Landman (S2, E3) (RC)</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>10:00am Leadership Lounge w/ Lori (TPB)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:00am Project Puppet: An Archetypal Dive into the Myth of Shiva and Kali Ma (PAS)</li> <li>10:00am Silver Singers Sopranos Practice (PCMR)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Bingo (LC)</li> <li>1:00pm Band Fitness Class (CR)</li> <li>1:00pm Sound Bath: Wellness-Focus (PC)</li> <li>2:00pm Balance Fitness Class (CR)</li> <li>2:00pm Documentary: The Men Who Built America: Frontiersmen (3 of 4) (RC)</li> <li>3:00pm The Stitchers (TPB)</li> <li>4:00pm Ping Pong Open Table (CR)</li> <li>4:15pm Outing: Blue Bonnet Restaurant (LB)</li> <li>EV The Casino Royale (RCR)</li> <li>7:00pm TV Series: Shrinking (S1, E4) (RC)</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>9:00am Bible Study (LC)</li> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Book Club Group 1 (PV)</li> <li>10:00am Catholic Apologetics Group (LC)</li> <li>10:00am Resistance River Training (CR)</li> <li>10:00am Women's Group Bocce Ball (CY)</li> <li>11:00am Book Club Group 2 (LC)</li> <li>11:00am Pool Fitness (CR)</li> <li>12:00pm Daily Check in</li> <li>12:45pm Duplicate Bridge (RCR)</li> <li>12:45pm Party Bridge (RCR)</li> <li>1:00pm Cardio w/ Weights (CR)</li> <li>1:00pm Cribbage (AGB)</li> <li>1:00pm Parkinson's Support Group (LC)</li> <li>3:00pm Men's Fitness (CR)</li> <li>3:00pm Movie: To Kill a Mockingbird (RC)</li> <li>3:00pm Welcome Wagon Happy Hour (AGB)</li> <li>3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>6:30pm Live Music: The 2 Judys - Patriotic Piano Performance (RCR)</li> <li>7:00pm Movie: To Kill a Mockingbird (RC)</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>9:00am Pickleball Open Court (CY)</li> <li>10:00am Pool Core &amp; Balance (CR)</li> <li>10:30am Outing: Trader Joe's (LB)</li> <li>11:00am Resistance River Training (CR)</li> <li>12:00pm Daily Check in</li> <li>12:30pm American Mahjong (RCR)</li> <li>12:30pm Open Art Studio (RAS)</li> <li>1:00pm Ball &amp; Band Fitness (CR)</li> <li>2:00pm Mexican Train (RGR)</li> <li>3:00pm Movie: Terms of Endearment (RC)</li> <li>3:00pm Stretch &amp; Flexibility Class (CR)</li> <li>7:00pm Movie: Terms of Endearment (RC)</li> </ul>

### HAPPY BIRTHDAY

- Fran A. - 1st
- June B. - 1st
- Ellen P. - 3rd
- Peggy R. - 5th
- John B. - 6th
- Naomi A. - 6th
- Joan B. - 8th
- Bonnie K. - 11th
- Kathy H. - 13th
- Larry K. - 14th
- Jackie W. - 15th
- Susie H. - 15th
- Dorris T. - 17th
- Mary Helen B. - 18th
- Bruce M. - 20th
- Marie B. - 22nd
- Mary G. - 27th
- Pam T. - 28th
- Sharon H. - 29th
- Mary S. - 30th
- Nancy C. - 30th

### ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

### LOCATION KEY

- AlpenGlow Bar = AGB
- Board Room (IL) = BR
- Club Ridge = CR
- Courtyard = CY
- Garage = G
- Learning Center (IL) = LC
- Lobby = LB
- PanoVista (IL) = PV
- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Mountain View Room = PMVR
- Peaks (AL) Private Dining Room = PPDR
- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
- Ridge Community Room = RCR
- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB
- Wine Room = (WR)



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>28</b></p> <ul style="list-style-type: none"> <li>● 8:30am Sunday Worship at First Pres. Live Stream (PC)</li> <li>● 9:30am Outing: Catholic Service (LB)</li> <li>● 10:00am Our Father Lutheran Church Live Stream (RC)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 1:00pm Cardio w/ Weights (CR)</li> <li>● 1:00pm Root Beer Float Social (G&amp;GB)</li> <li>● 1:30pm SCRABBLE! (AGB)</li> <li>● 2:00pm Live Music: The 2 Judys - Patriotic Piano Performance (LB)</li> <li>● 2:00pm Non-Denominational Church Service (RCR)</li> <li>● 3:00pm Balance Class (CR)</li> <li>● 3:00pm Movie: Project Hail Mary (RC)</li> <li>● 4:00pm Bingo w/ Eve (LC)</li> <li>● 7:00pm Movie: Project Hail Mary (RC)</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>● 9:00am Bagel Bash (AGB)</li> <li>● 9:00am Chair Yoga (CR)</li> <li>● 10:00am Aqualates (CR)</li> <li>● 10:00am Men's Group Bocce Ball (CY)</li> <li>● 10:00am POWER Over Parkinson's Fitness Class (CR)</li> <li>● 10:00am Silver Singers Baritone Practice (PCMR)</li> <li>● 10:30am Dining Reservation Class (Full Count) (LC)</li> <li>● 11:00am Pilates Sit &amp; Stand Fitness Class (CR)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:45pm Duplicate Bridge (RCR)</li> <li>● 12:45pm Party Bridge (RCR)</li> <li>● 1:00pm American Mahjong - Siamese Style (PMVR)</li> <li>● 1:00pm Strength &amp; Fitness (CR)</li> <li>● 2:00pm Step &amp; Balance (CR)</li> <li>● 2:30pm Humongous Words (RGR)</li> <li>● 3:00pm Silver Singers Alto Practice (PCMR)</li> <li>● 3:30pm Live Music: Howard Fisher (G&amp;GB)</li> <li>● 4:00pm Ping Pong Open Table (CR)</li> <li>● 4:00pm TV Series: When Calls the Heart (S7, E3) (RC)</li> <li>● 7:00pm TV Series: The Pitt (S1, E13) (RC)</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>● AD Social Media Day</li> <li>● 9:00am Chairs, Bands &amp; Balls (CR)</li> <li>● 10:00am Co-Ed Bocce Ball (CY)</li> <li>● 10:00am Pool Fitness (CR)</li> <li>● 10:00am TED Talk Tuesday: Reshma Saujani's Smith College Commencement Address 2023 (RC)</li> <li>● 11:00am Cardio w/ Weights (CR)</li> <li>● 11:15am Mobile Watch Company (LB)</li> <li>● 12:00pm Daily Check in</li> <li>● 12:30pm Chess (RGR)</li> <li>● 12:30pm June Birthday Bash (AGB)</li> <li>● 1:00pm Cribbage (AGB)</li> <li>● 1:00pm Step &amp; Balance (CR)</li> <li>● 2:00pm Documentary: The Men Who Built America: Frontiersmen (4 of 4) (RC)</li> <li>● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR)</li> <li>● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)</li> <li>● 8:00pm TV Series: Monk (S4, E10) (RC)</li> </ul>				

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 Wine Room = (WR)

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.