



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Good Morning Conversation Starters 10:00 Open Arms Exercises With Music/Hydration 10:30 Music Artist Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Snack and Hydration from the Kitchen 3:30 Aroma Therapy & Hand Massage 6:00 Name that Tune 6:30 Wednesday Movie Night 1	9:30 Good Morning Conversation Starters 10:00 Tracy Aviary and Picnic 11:00 This Day in History 1:30 Basket Ball 2:00 Trivia Corner 2:30 Homemade Bread and Hydration 3:00 Tender Hand and Nail Care 4:00 Mindful Meditation and Stretching 6:00 Relax to Soft Music 6:30 Thursday Movie Night 2	9:30 A Stroll Down Memory Lane 10:00 Open Arms Exercises With Music/Hydration 10:45 Actor Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Trail Mix Popcorn Snack 3:30 Family Feud 4:00 Trivia Corner 6:00 Name that Tune 6:30 Friday Movie Night 3	10:00 Good Morning this Day in History 10:30 Open Arms Exercises With Music 11:00 Art & Puzzles 12:00 4th of July BBQ 1:30 Game Corner 2:00 Brain Games 2:30 Snack and Hydration from the Kitchen 3:00 Jen Bradshaw on Guitar 4:00 Stretch and Reset 6:00 Saturday Night at the Movies 4
10:00 Spiritual Hymns - Recollect/Reflect 10:30 Inspirational Story's and Quotes 11:00 The Church of Jesus Christ of Latter-day Saints 1:30 Pictionary 2:00 Putt, Putt Golf 2:30 Sunday Ice Cream Bars 3:00 Armchair Travel 4:00 Stretch and Reset 6:00 Sing-along with Kim 6:30 Sunday Movie 5	9:30 Fact or Fiction 10:00 Open Arms Exercises With Music 10:30 Sensational Sitcoms 1:30 CHERYL BLACKLEY Performs 2:30 Sensational Smoothies 3:00 Sports Corner 3:45 Sing-along with Kim 6:00 Fill in the Blanks 6:30 Monday Movie Night 6	9:45 Converse and Connect 10:00 Movement with Music/with Hydration 10:30 Pet Therapy with Intermountain Animal Therapy 11:00 Reading Aloud 1:30 Baking Corner 2:30 This Day in History 3:00 Word Games 3:30 Name that Tune 4:00 Stretch and Reset 6:00 Poetry Time 6:30 Tuesday at the Theatre 7	9:30 Good Morning Conversation Starters 10:00 Open Arms Exercises With Music/Hydration 10:30 Music Artist Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Snack and Hydration from the Kitchen 3:30 Aroma Therapy & Hand Massage 6:00 Name that Tune 6:30 Wednesday Movie Night 8	9:30 Good Morning Conversation Starters 10:00 Reading Aloud 10:45 Exercises With Canyons 11:00 This Day in History 1:30 Basket Ball 2:00 Trivia Corner 2:30 Homemade Bread and Hydration 3:00 Tender Hand and Nail Care 4:00 Mindful Meditation and Stretching 6:00 Relax to Soft Music 6:30 Thursday Movie Night 9	9:30 A Stroll Down Memory Lane 10:00 Open Arms Exercises With Music/Hydration 10:45 Actor Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Trail Mix Popcorn Snack 3:30 Family Feud 4:00 Trivia Corner 6:00 Name that Tune 6:30 Friday Movie Night 10	10:00 Good Morning this Day in History 10:30 Open Arms Exercises With Music 11:00 Art & Puzzles 1:30 Game Corner 2:00 Brain Games 2:30 Snack and Hydration from the Kitchen 3:00 Music with Kevin Scott 4:00 Stretch and Reset 6:00 Saturday Night at the Movies 11
10:00 Spiritual Hymns - Recollect/Reflect 10:30 Inspirational Story's and Quotes 11:00 The Church of Jesus Christ of Latter-day Saints 1:30 Pictionary 2:00 Putt, Putt Golf 2:30 Sunday Ice Cream Bars 3:00 Armchair Travel 4:00 Stretch and Reset 6:00 Sing-along with Kim 6:30 Sunday Movie 12	9:30 Fact or Fiction 10:00 Open Arms Exercises With Music 10:30 Sensational Sitcoms 1:30 Concert with Pop Orchestra *Golden Age Musical* 2:30 Sensational Smoothies 3:00 Sports Corner 3:45 Sing-along with Kim 6:00 Fill in the Blanks 6:30 Monday Movie Night 13	9:45 Converse and Connect 10:00 Movement with Music/with Hydration 10:30 Music Therapy with Inspiration Home Health 11:00 Reading Aloud 1:30 Baking Corner 2:30 This Day in History 3:00 Word Games 3:30 Name that Tune 4:00 Stretch and Reset 6:00 Poetry Time 6:30 Tuesday at the Theatre 14	9:30 Good Morning Conversation Starters 10:00 Open Arms Exercises With Music/Hydration 10:30 Music Artist Spotlight 1:30 Scattergories 2:00 Music Concert with *Scott Woker* 2:45 Snack and Hydration from the Kitchen 3:15 Super Scenic Drive 3:30 Reading and Reminiscing 6:00 Name that Tune 6:30 Wednesday Movie Night 15	9:30 Good Morning Conversation Starters 10:00 Reading Aloud 10:45 Exercises With Canyons 11:00 This Day in History 1:30 Basket Ball 2:00 Trivia Corner 2:30 Homemade Bread and Hydration 3:00 Tender Hand and Nail Care 4:00 Mindful Meditation and Stretching 6:00 Relax to Soft Music 6:30 Thursday Movie Night 16	9:30 A Stroll Down Memory Lane 10:00 Open Arms Exercises With Music/Hydration 10:45 Actor Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Trail Mix Popcorn Snack 3:30 Family Feud 4:00 Trivia Corner 6:00 Name that Tune 6:30 Friday Movie Night 17	10:00 Good Morning this Day in History 10:30 Open Arms Exercises With Music 11:00 Art & Puzzles 1:30 Game Corner 2:00 Brain Games 2:30 Snack and Hydration from the Kitchen 3:00 Concert with Annie Burton *Carpenters/Easy Listen* 4:00 Stretch and Reset 6:00 Saturday Night at the Movies 18
10:00 Spiritual Hymns - Recollect/Reflect 10:30 Inspirational Story's and Quotes 11:00 The Church of Jesus Christ of Latter-day Saints 1:30 Pictionary 2:00 Putt, Putt Golf 2:30 Sunday Ice Cream Bars 3:00 Armchair Travel 4:00 Stretch and Reset 6:00 Sing-along with Kim 6:30 Sunday Movie 19	9:30 Fact or Fiction 10:00 Open Arms Exercises With Music 10:30 Sensational Sitcoms 1:30 Concert with Margo Canaan 2:30 Sensational Smoothies 3:00 Sports Corner 3:45 Sing-along with Kim 6:00 Fill in the Blanks 6:30 Monday Movie Night 20	9:45 Converse and Connect 10:00 Movement with Music/with Hydration 10:30 Pet Therapy with Intermountain Animal Therapy 11:00 Reading Aloud 1:30 Baking Corner 2:30 This Day in History 3:00 Concert with Heart & Soul 4:00 Stretch and Reset 6:00 Poetry Time 6:30 Tuesday at the Theatre 21	9:30 Good Morning Conversation Starters 10:00 Open Arms Exercises With Music/Hydration 10:30 Music Artist Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Snack and Hydration from the Kitchen 3:30 Aroma Therapy & Hand Massage 6:00 Name that Tune 6:30 Wednesday Movie Night 22	9:30 Good Morning Conversation Starters 10:00 Reading Aloud 10:45 Exercises With Canyons 11:00 This Day in History 1:30 Basket Ball 2:00 Trivia Corner 2:30 Homemade Bread and Hydration 3:00 Tender Hand and Nail Care 4:00 Mindful Meditation and Stretching 6:00 Relax to Soft Music 6:30 Thursday Movie Night 23	9:30 A Stroll Down Memory Lane 10:00 Open Arms Exercises With Music/Hydration 10:45 Actor Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Pioneer Day Celebration 4:00 Pioneer Day Trivia 6:00 Name that Tune 6:30 Friday Movie Night 24	10:00 Good Morning this Day in History 10:30 Open Arms Exercises With Music 11:00 Art & Puzzles 1:30 Game Corner 2:00 Brain Games 2:30 Snack and Hydration from the Kitchen 3:00 Piano with Merrill Smith 4:00 Stretch and Reset 6:00 Saturday Night at the Movies 25
10:00 Spiritual Hymns - Recollect/Reflect 10:30 Inspirational Story's and Quotes 11:00 The Church of Jesus Christ of Latter-day Saints 1:30 Pictionary 2:00 Putt, Putt Golf 2:30 Sunday Ice Cream Bars 3:00 Armchair Travel 4:00 Stretch and Reset 6:00 Sing-along with Kim 6:30 Sunday Movie 26	9:30 Fact or Fiction 10:00 Open Arms Exercises With Music 10:30 Sensational Sitcoms 1:30 Scott Larabee Performs 2:30 Sensational Smoothies 3:00 Sports Corner 3:45 Sing-along with Kim 6:00 Fill in the Blanks 6:30 Monday Movie Night 27	9:45 Converse and Connect 10:00 Movement with Music/with Hydration 10:30 Brain Games 11:00 Reading Aloud 1:30 Baking Corner 2:30 This Day in History 3:00 Word Games 3:30 Name that Tune 4:00 Stretch and Reset 6:00 Poetry Time 6:30 Tuesday at the Theatre 28	9:30 Good Morning Conversation Starters 10:00 Open Arms Exercises With Music/Hydration 10:30 Music Artist Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Snack and Hydration from the Kitchen 3:30 Aroma Therapy & Hand Massage 6:00 Name that Tune 6:30 Wednesday Movie Night 29	9:30 Good Morning Conversation Starters 10:00 Reading Aloud 10:45 Exercises With Canyons 11:00 This Day in History 1:30 Basket Ball 2:00 Trivia Corner 2:30 Homemade Bread and Hydration 3:00 Tender Hand and Nail Care 4:00 Mindful Meditation and Stretching 6:00 Relax to Soft Music 6:30 Thursday Movie Night 30	9:30 A Stroll Down Memory Lane 10:00 Open Arms Exercises With Music/Hydration 10:45 Actor Spotlight 1:30 Super Scenic Drive 1:45 Reading and Reminiscing 3:00 Trail Mix Popcorn Snack 3:30 Family Feud 4:00 Trivia Corner 6:00 Name that Tune 6:30 Friday Movie Night 31	

HAPPY BIRTHDAY

Ace A. - 3rd
Stott C. - 3rd
Lodene H. - 5th
Susan L. - 8th
Kay S. - 9th
Karen M. - 13th
Valerie S. - 15th
Sharon P. - 16th
Wayne M. - 16th
Betty Sue P. - 19th
Linda B. - 20th
Gary W. - 31st

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

Bistro = B
Multi-Purpose Room = MPR
Game Room = GR
Dining Room Piano = DRP
Dining Room = DR
Theatre Room = TR
Exercise Room = ER
Resident Apartment = RA
Lobby = lby
AL Patio = AP
Around the Building = ATB
Outing = O
MS Activity Room = MAR
Piano Room = PR
MS Patio = MSP