

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Macys 1:00 Relief Society 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 3:30 Wine & Cheese Social 6:30 Patriotic Movie: The Right Stuff (1983, PG-13, DVD)	10:15 Movement Class with Canyons 10:45 Current Events with Tim Chamblless 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 Musical Guest - Margo 6:30 Resident Requested Comedy Movie: A League of Their Own (1992, PG, DVD)	10:00 Stretch and Strengthen 11:00 Super Scenic Drive 1:30 Book Club 1:30 Spanish Class with Vivi 2:30 Musical Guest ~ Kevin Scott 3:30 TGIF Happy Hour 4:30 Fourth Of July BBQ 6:30 Critically Acclaimed Movie: Forrest Gump (1994, PG-13, DVD)	10:00 Sit and Get Fit 10:45 Big Crossword with Mary 1:30 Italian Soda Bar and Board Games 2:30 Texas Hold'em 3:30 Music Memories 6:30 Saturday Cinema ~ Super Heros: Mr. Smith Goes to Washington (1939, PG, DVD)
10:00 Sit and Get Fit 10:30 Catholic Communion 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundae's 3:00 Bingo Bunch 6:30 Resident Requested Sunday Cinema: The Natural (1984, PG, DVD)	10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Sports Center 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: Calamity Jane (1953, PG, DVD)	10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Blackjack with Mary 1:30 Musical Guest ~ Scott Woker 2:30 Ladies High Tea and Card Making 6:30 Classic Movie Night: The Lion in Winter (1968, PG, DVD)	10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Macys 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 3:30 Hope & Inspiration with Pastor Bruce 3:30 Wine & Cheese Social 6:30 Western Movie Night : Bad Day at Black Rock (1955, PG-13, DVD)	10:15 Movement Class with Canyons 10:45 Current Events with Tim Chamblless 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 Musical Guest ~ BD Howes 6:30 Comedy Musical Movie Night: Lucky Me (1954, PG, DVD)	10:00 Stretch and Strengthen 11:00 Super Scenic Drive 1:30 Spanish Class with Vivi 2:30 Concert with Pop Orchestra 3:30 TGIF Happy Hour 6:30 Award Winning Movie: It Happened One Night (1934, PG, DVD)	10:00 Sit and Get Fit 10:45 Big Crossword with Mary 1:30 Italian Soda Bar and Board Games 2:30 Texas Hold'em 3:30 Music Memories 6:30 Saturday Cinema ~ Super Heros: Passengers (2016, PG-13, DVD)
10:00 Sit and Get Fit 10:30 Catholic Communion 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundae's 3:00 Bingo Bunch 6:30 Sunday Cinema: Courage Under Fire (1996, R, DVD)	10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Meaningful Memories 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: By the Light of the Silvery Moon (1953, PG, DVD)	10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Blackjack with Mary 2:30 Art with Lemon 3:30 Resident Birthday Party with Marketing 6:30 Classic Movie Night: A Guy Named Joe (1943, PG-13, DVD)	10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Macys 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 2:30 Music with Heart & Soul 3:30 Wine & Cheese Social 6:30 Western Movie Night: Never So Few (1959, PG-13, DVD)	10:15 Movement Class with Canyons 10:45 Current Events with Tim Chamblless 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 MAKE IT *Be Creative* Water Colors 6:30 Comedy Movie Night: Room for One More (1952, PG, DVD)	10:00 Stretch and Strengthen 11:00 Super Scenic Drive 1:30 Spanish Class with Vivi 2:30 Musical Guest ~ Scott Larabee 3:30 TGIF Happy Hour 6:30 Award Winning Movie	10:00 Sit and Get Fit 10:45 Big Crossword with Mary 1:30 Italian Soda Bar and Board Games 2:30 Texas Hold'em 3:30 Music Memories 6:30 Saturday Cinema ~ Super Heros
10:00 Sit and Get Fit 10:30 Catholic Communion 11:30 Sunday Brunch 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundae's 3:00 Bingo Bunch 6:30 Sunday Cinema	10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Meaningful Memories 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: Summer Stock (1950, PG, DVD)	10:15 Movement Class with Canyons 10:45 Balloon Badminton 1:30 Blackjack with Mary 2:30 Resident Food Commitee & Teaching Kitchen 3:30 Musical Guest ~ Merrill Smith 6:30 Classic Movie Night	10:00 Wednesday's Workout 10:45 Current Events with Tim Chamblless 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Macys 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 3:30 Wine & Cheese Social 6:30 Western Movie Night : Northwest Passage (1940, PG-13, DVD)	10:15 Movement Class with Canyons 10:45 MAKE IT *Be Creative* Water Colors 1:30 Card Game: Five Crowns 2:30 Bingo Bunch 3:30 Musical Guest ~ Maggie Beers 6:30 Comedy Movie Night	10:00 Stretch and Strengthen 11:00 Super Scenic Drive 1:30 Spanish Class with Vivi 2:30 Concert with Pop Orchestra 3:30 TGIF Happy Hour 6:30 Award Winning Movie	10:00 Sit and Get Fit 10:45 Big Crossword with Mary 1:30 Italian Soda Bar and Board Games 2:30 Texas Hold'em 3:30 Music Memories 6:30 Saturday Cinema ~ Super Heros
10:00 Sit and Get Fit 10:30 Catholic Communion 1:00 LDS Sacrament Services 1:15 The Ridge Bridge Club 1:30 Sunday Sundae's 3:00 Bingo Bunch 6:30 Sunday Cinema	10:00 Move It Monday 10:45 Rummykub Club 1:30 Floral Designers 3:00 Meaningful Memories 3:30 Chatter & Cheers Happy Hour 4:00 Come Follow Me *LDS Resident Led Activity* 6:30 Monday Musical Movie: Hello, Dolly!	10:15 Movement Class with Canyons 10:45 Balloon Badminton 11:30 Meals with Micki 1:30 Blackjack with Mary 2:00 Concert with Pop Orchestra 2:30 Ladies High Tea and Card Making 6:30 Classic Movie Night	10:00 Wednesday's Workout 10:45 Mini Mani and Hand Massage 11:00 Resident Shopping ~ Macys 1:30 Mexican Train Dominoes 2:00 Balance Class with Christian 3:30 Wine & Cheese Social 6:00 Dementia Support Group (Everyone is Welcome) 6:30 Western Movie Night: Red River (1948, PG-13, DVD)	10:15 Movement Class with Canyons 10:45 Current Events with Tim Chamblless 1:30 Card Game: Five Crowns 2:00 Resident Council *Resident only Meeting* 2:30 Resident Council with Directors 3:30 MAKE IT *Be Creative* Water Colors 6:30 Comedy Movie Night	10:00 Stretch and Strengthen 11:00 Super Scenic Drive 1:30 Spanish Class with Vivi 2:30 Concert 3:30 TGIF Happy Hour 6:30 Award Winning Movie	



THE RIDGE

FOOTHILL • SENIOR LIVING

HAPPY BIRTHDAY

Ron D. - 2nd
Judith G. - 8th
Ruth S. - 8th
Marianne T. - 12th
Valerie W. - 15th
Hubert M. - 21st
Launa K. - 21st
Joan D. - 23rd
Dorothy W. - 24th
Barbara G. - 25th
Robert H. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

Art Studio (2nd Floor) = A
Courtyard = C
Demonstration Kitchen = DK
Fitness Center (3rd Floor) = F C
Great Room (2nd Floor) = GR
Lobby = L
Summit Room = S
Theatre = T