



THE RIDGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			AD International Joke Day (LB) 9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Craft: Patriotic Door Decor (PAS) 10:00am Silver Singers Rehearsal (PCMR) 11:00am Men's Fitness (CR) 11:00am Step & Balance (PER) 11:15am Rosary Prayer Group (RCR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Ice Cream Social (G&GB) 1:00pm Pool Fitness (CR) 1:30pm Outing: Botanic Gardens (LB) 1:30pm Trivia (G&GB) 2:00pm Bible Study (PCMR) 2:00pm Resident Pick Movie (PC) 2:00pm Resistance River Training (CR) 3:00pm Band Class (PER) 3:30pm Mexican Train (PGR) 5:30pm Family Member Activity: Family Council (PCMR) 6:30pm Live Music: Mark Hooper (RCR)	10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Resistance River Training (CR) 12:30pm Hand & Foot Game (PMVR) 1:00pm Flower Arrangements (PAS) 1:00pm Sound Bath: Wellness-Focus (PC) 2:00pm Open Art Studio (PAS) 3:00pm Balance Class (PER) 3:00pm Documentary: Unearthed-Hitlers Lost Bunker (PC) 3:00pm The Stitchers (TPB) 4:00pm Ping Pong Open Table (CR) 5:50pm Poker Club (PGR)	9:00am LifeLoop Help Desk (PGR) 9:00am Pickleball Open Court (CY) 10:00am Catholic Apologetics Group (LC) 10:00am Resistance River Training (CR) 10:00am Women's Group Bocce Ball (CY) 11:00am Outing: P. F. Changs 11:00am Pool Fitness (CR) 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cribbage (AGB) 1:30pm Bingo (PGR) 2:00pm Strength & Cardio (PER) 2:30pm TV Show: Cheers (PC) 3:00pm Men's Fitness (CR) 3:00pm Paloma Happy Hour (AGB) 3:30pm Live Music: Howard Fisher (G&GB) 6:30pm Movie: Yankee Doodle Dandy (PC)	9:00am Peaceful Pacers Walking Group (LB) 9:00am Pickleball Open Court (CY) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 11:30am Independence Day BBQ Party (CY) 11:45am Live Music: The Hoagies Quartet (CY) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 3:00pm Movie: Driving Miss Daisy (PC) 6:30pm Movie: Driving Miss Daisy (PC)

HAPPY BIRTHDAY

Doug D. - 1stAnn C. - 2ndBetty F. - 2ndCherie F. - 3rdMel K. - 4thPaul A. - 4thAnn B. - 5thPam S. - 5thBob M. - 6thVirginia R. - 6thJulie D. - 11thDon N. - 12thKate R. - 14thTeresa M. - 16thChris C. - 17thKen K. - 19thLarry L. - 21stMitzi P. - 22ndBarbara C. - 23rdChery A. - 23rdRosanne R. - 24thConnie K. - 26thVicki A. - 27thTom F. - 31st

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC
Wine Room = WR

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW
The Point Bistro (IL) = TPB



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: The Lift List (PC) ● 6:30pm Movie: The Life List (PC) 5	● 9:00am Chair Yoga (CR) ● 9:00am Cinnamon Roll Summit Social (TPB) ● 9:30am Resident Council Meeting (PCMR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:30pm Rummikub (PGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR) 6	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 11:15am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - My Country "Tis of Thee" (RCR) ● 2:00pm Strength & Stretch (PER) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 2:30pm World Chocolate Day – Chocolate Fondue Social (AGB) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm Catholic Communion Service w/ Deacon Don (RCR) ● 3:00pm TV Show: Cheers (PC) ● 4:00pm Open Card Games (PGR) 7	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Little Critter Magnets (PAS) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Live Music: Joyce Karchere (RCR) 8	● 9:30am Coffee & Donut Social (G&GB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Leaning Tower of Pisa (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 7:00pm Bonfires & Beers (CY) 9	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Men's Fitness (CR) ● 3:00pm Mojito Happy Hour (AGB) ● 3:00pm Snow Cone Social (CY) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 6:30pm Movie: Murder on the Orient Express (PC) 10	● 9:00am Peaceful Pacers Walking Group (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 3:00pm Movie: The Shawshank Redemption (PC) ● 6:30pm Movie: The Shawshank Redemption (PC) 11

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Live Speaker: Iceland w/ Dave & Carolyn Gregory (RC) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: The Magic of Belle Isle (PC) ● 4:00pm Bingo w/ Eve (LC) ● 6:30pm Movie: The Magic of Belle Isle (PC)	● 9:00am Chair Yoga (CR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am AL Hospitality Committee (G&GB) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:30pm Ice Cream Sundae Day Social (LB) ● 2:30pm Rummikub (PGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:30am Brain Games (PGR) ● 11:15am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Strength & Stretch (PER) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm Live Speaker: Active Minds - Kashmir (RCR) ● 3:00pm TV Show: Cheers (PC) ● 3:30pm Let's Talk Superfood of the Month: Stone Fruit (WR) ● 4:00pm Dementia Support Group (PCMR) ● 4:00pm Open Card Games (PGR)	● 9:00am Outing: Georgetown Loop Railroad (LB) ● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Stained Glass Pencil Holders (PAS) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Pinehurst Market (LB) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Live Music: Bobbie Bell (RCR)	● 9:45am EXERAI - Fall Prevention (RCR) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Live Speaker: FTS Presents "Assistive Devices" (RCR) ● 11:00am Resistance River Training (CR) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 1:00pm Pet Portrait Event (RCR) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Ghosts of the Wild West (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 5:50pm Poker Club (PGR)	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Aperol Spritz Happy Hour (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Snow Cone Social (CY) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 6:30pm Movie: The Love Bug (PC)	● 9:00am Peaceful Pacers Walking Group (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 3:00pm Movie: Lean On Me (PC) ● 6:30pm Movie: Lean On Me (PC)

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● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 11:15am Outing: Rockies vs Reds (LB) ● 1:00pm Cardio w/ Weights (CR) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: Green Book (PC) ● 6:30pm Movie: Green Book (PC)	● 9:00am Chair Yoga (CR) ● 9:00am Cinnamon Roll Summit Social (TPB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am Live Speaker: Three tails of Espionage and International Corruption w/ Michael Stitcher (RCR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:30pm Rummikub (PGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 9:15am Outing: Men's Breakfast at Lucile's Creole Cafe (LB) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:30am Catholic Mass (PCMR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Live Music: Coreen Wells (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Strength & Stretch (PER) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm Live Music: Barncasters (CY) ● 3:00pm Summer Hoedown w/ Petting Zoo (CY) ● 3:00pm TV Show: Cheers (PC) ● 4:00pm Open Card Games (PGR)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Flower Painting (PAS) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Live Music: Dan McClerren (RCR)	● 9:30am Coffee & Donut Social (G&GB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Secrets of the Seven Wonders (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 7:00pm Bonfires & Beers (CY)	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:00pm Parkinson's Support Group (LC) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Men's Fitness (CR) ● 3:00pm Peach Bellini Happy Hour (AGB) ● 3:00pm Snow Cone Social (CY) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 6:30pm Movie: The Great Race (PC)	● 9:00am Peaceful Pacers Walking Group (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 3:00pm Movie: Amistad (PC) ● 6:30pm Movie: Amistad (PC)

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The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: I Was a Stranger (PC) ● 4:00pm Bingo w/ Eve (LC) ● 6:30pm Movie: I Was a Stranger (PC)	● 9:00am Chair Yoga (CR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:30pm Rummikub (PGR) ● 2:30pm Town Hall (PCMR) ● 3:15pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:30am Brain Games (PGR) ● 11:15am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 12:30pm July Birthday Bash (AGB) ● 12:30pm Live Music: Chris Cheslin Trio (AGB) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Strength & Stretch (PER) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm Live Speaker: Active Minds - Declaration of Independence (RCR) ● 3:00pm TV Show: Cheers (PC) ● 4:00pm Open Card Games (PGR)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft :Sand Art (PAS) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 11:30am Live Music: Crowded Shower Trio (CY) ● 11:30am National Chili Dog Day Picnic (CY) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Live Music: Catherine "Cat on the Keys" Paz (RCR)	● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Cheesecake Bar Social (AGB) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Hunt for the First Pryamid (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 4:15pm Outing: Couples Night Out - Ocean Prime (LB)	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Live Music: Diamond Edwards Duo (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Snow Cone Social (CY) ● 3:00pm Welcome Wagon Happy Hour (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 6:30pm Movie: Double Indemnity (PC)	ACTIVITY TYPES ● Inspirational ● Intellectual ● Physical ● Social
						Dining Venues The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-7pm Sunday Brunch 8am-11am 11am-2pm The Point Bistro: Monday-Friday 8:00am-2:30pm Skywood: Sunday 5pm-8pm Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.

HAPPY BIRTHDAY

Doug D. - 1st

Ann C. - 2nd

Betty F. - 2nd

Cherie F. - 3rd

Mel K. - 4th

Paul A. - 4th

Ann B. - 5th

Pam S. - 5th

Bob M. - 6th

Virginia R. - 6th

Julie D. - 11th

Don N. - 12th

Kate R. - 14th

Teresa M. - 16th

Chris C. - 17th

Ken K. - 19th

Larry L. - 21st

Mitzi P. - 22nd

Barbara C. - 23rd

Chery A. - 23rd

Rosanne R. - 24th

Connie K. - 26th

Vicki A. - 27th

Tom F. - 31st

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB

Board Room = BR

Courtyard = CY

Grab & Go Bistro (AL) = G&GB

Learning Center (IL) = LC

Lobby = LB

Palisade (AL) Dining Room = PDR

PanoVista (IL) = PV

Peaks (AL) Cinema = PC

Peaks (AL) Community Room = PCMR

Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR

Peaks (AL) Private Dining Room = PPDR

Ridge Cinema (IL) = RC

Ridge Community Room (IL) = RCR

Ridge Game Room (IL) = RGR

Wellness Center = WC

Wine Room = WR

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR

Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW

The Point Bistro (IL) = TPB