



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						AD Colorado Spirit Day! 9:00am Peaceful Pacers Walking Group (LB) 9:00am Pickleball Open Court (CY) 10:00am Pool Core & Balance (CR) 11:00am Resistance River Training (CR) 1:30pm Bingo (PGR) 2:00pm Ball & Band Fitness (PER) 3:00pm Movie: The Martian (PC) 6:30pm Movie: The Martian (PC) 1

HAPPY BIRTHDAY

Marty G. - 3rd
Renata B. - 5th
Norma M. - 6th
Danielle M. - 7th
Don M. - 8th
Hobie H. - 9th
Luisa F. - 11th
Carl F. - 17th
Sharon P. - 22nd
Carlin J. - 24th
Kathleen N. - 29th
Joyce E. - 31st
Teri O. - 31st

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key
AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC
Wine Room = WR

3rd Floor Location Key
Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key
Peaks (AL) Mountain View Room = PMVR

Summit Building Key
Skywood (IL) = SW
The Point Bistro (IL) = TPB



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● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: The Imitation Game (PC) ● 6:30pm Movie: The Imitation Game (PC)	● 9:00am Chair Yoga (CR) ● 9:00am Summit Summer Scone Social (TPB) ● 9:30am Resident Council Meeting (PCMR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am Homemade Pie Day – Pie Sale (LB) ● 11:15am Outing: Torres Mexican Restaurant (LB) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Live Music: The Front Porch Singers (CY) ● 1:00pm Marty Gathers 100-year Birthday Party! (CY) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:30pm Rummikub (PGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 11:15am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Arte Nouveau & Art Deco (RCR) ● 2:00pm National Watermelon Day Social (CY) ● 2:00pm Strength & Stretch (PER) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm TV Show: Cheers (PC) ● 4:00pm Open Card Games (PGR)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Hibiscus/Plumeria Hair Clip Craft (PAS) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 11:30am Outing: Rockies vs Rays (LB) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Live Music: Steve Smith (RCR)	● 9:30am Coffee & Donut Social (G&GB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm National Ice Cream Sandwich Day (LB) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Alcatraz's Hidden Secrets (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 5:50pm Poker Club (PGR) ● 7:00pm Bonfires & Beers (CY)	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Men's Fitness (CR) ● 3:00pm Snow Cone Social (CY) ● 3:00pm Tropical Rum Punch Happy Hour (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 6:30pm Movie: Death on the Nile (PC)	● 9:00am Peaceful Pacers Walking Group (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 3:00pm Movie: The Monuments Men (PC) ● 6:30pm Movie: The Monuments Men (PC)

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3rd Floor Location Key

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● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: How to Lose a Guy in Ten Days (PC) ● 4:00pm Bingo w/ Eve (LC) ● 6:30pm Movie: How to Lose a Guy in Ten Days (PC)	● 9:00am Chair Yoga (CR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am AL Hospitality Committee (G&GB) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:00pm National Root Beer Float Day (CY) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:30am Brain Games (PGR) ● 11:15am Mobile Watch Company (LB) ● 12:30pm Chess (RGR) ● 1:00pm Ceramics Class: Glazing (PAS) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Let's Talk Superfood of the Month: Fish (WR) ● 2:00pm Strength & Stretch (PER) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm Catholic Communion Service w/ Deacon Don (PCMR) ● 3:00pm International Beer Day (TPB) ● 3:00pm Live Music: Mandolin Ranch Tro (TPB) ● 3:00pm Live Speaker: Active Minds - Julius Caesar (RCR) ● 3:00pm TV Show: Cheers (PC) ● 4:00pm Dementia Support Group (PCMR) ● 4:00pm Open Card Games (PGR)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: DIY Lei for the Luau (PAS) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 12:45pm Duplicate Bridge (LC) ● 12:45pm Party Bridge (LC) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 2:30pm Teaching Kitchen w/ Chef Jean-Luc (G&GB) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 4:15pm Outing: Manning's Steak and Spirits (LB) ● 6:30pm Live Music: Marco & Marie (RCR)	● 10:00am Mythology with Moriah (PAS) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Romes Great Wall (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am National Pickleball Day (CY) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Men's Fitness (CR) ● 3:00pm Snow Cone Social (CY) ● 3:00pm Tequila Sunrise Happy Hour & National Prosecco Day (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 6:30pm Movie: The Unsinkable Molly Brown (PC)	● 9:00am Peaceful Pacers Walking Group (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 3:00pm Movie: Good Will Hunting (PC) ● 6:30pm Movie: Good Will Hunting (PC)

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The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: We Live in Time (PC) ● 4:00pm Bingo w/ Eve (LC) ● 6:30pm Movie: We Live in Time (PC)	● 9:00am Chair Yoga (CR) ● 9:45am Legislative Update with Colorado 7th District Congresswoman Brittany Pettersen (RCR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 2:30pm Banana Split Day Social (LB) ● 3:00pm Live Speaker: Jewish Movie Icons w/ Dan Hudak (RCR) ● 3:15pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am Chairs, Bands & Balls (CR) ● 9:00am Mindfulness Meditation (PC) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:30am Brain Games (PGR) ● 10:30am Catholic Communion Service w/ Deacon Don (RCR) ● 11:15am Mobile Watch Company (LB) ● 12:30pm August Birthday Bash (AGB) ● 12:30pm Chess (RGR) ● 12:30pm Live Music: Clint Dadian Trio (Three to the Bar) (AGB) ● 1:00pm Ceramics Class: Hand Building (PAS) ● 1:00pm Cribbage (AGB) ● 1:30pm Buzzed Bingo (PGR) ● 2:00pm Strength & Stretch (PER) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 2:30pm Town Hall (PCMR) ● 3:00pm Boggle Word Games (PGR) ● 3:00pm Live Speaker: Active Minds - The History of Colorado (RCR) ● 3:00pm TV Show: Cheers (PC) ● 4:00pm Open Card Games (PGR) ● 7:00pm Scouts Troop 554: Game Night (RCR)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Craft: Pressed Flower Suncatcher (PAS) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Outing: Men's Breakfast at Breakfast on Broadway (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 11:00am Men's Fitness (CR) ● 11:00am Step & Balance (PER) ● 11:15am Rosary Prayer Group (RCR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Ice Cream Social (G&GB) ● 1:00pm Pool Fitness (CR) ● 1:30pm Trivia (G&GB) ● 2:00pm Bible Study (PCMR) ● 2:00pm Resident Pick Movie (PC) ● 2:00pm Resistance River Training (CR) ● 3:00pm Band Class (PER) ● 3:30pm Mexican Train (PGR) ● 6:30pm Live Music: Dave Miller (RCR)	● 9:00am Outing: Garden of the Gods Trolley Ride & Lunch (LB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 11:00am Silver Spatulas Cooking Experience (LC) ● 12:30pm Hand & Foot Game (PMVR) ● 1:00pm Flower Arrangements (PAS) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Open Art Studio (PAS) ● 3:00pm Balance Class (PER) ● 3:00pm Documentary: Unearthed-Lost City of Babylon (PC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR)	● 9:00am LifeLoop Help Desk (PGR) ● 9:00am Pickleball Open Court (CY) ● 10:00am Card Bingo (PGR) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 11:30am Live Music: The Hoagies Quartet (CY) ● 11:30am National Beach Day BBQ & Pool Party (CY) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cribbage (AGB) ● 1:00pm Parkinson's Support Group (LC) ● 1:30pm Bingo (PGR) ● 2:00pm Strength & Cardio (PER) ● 2:30pm TV Show: Cheers (PC) ● 3:00pm Live Music: Timeless (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Snow Cone Social (CY) ● 3:00pm Welcome Wagon Happy Hour (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 6:30pm Movie: Chitty Chitty Bang Bang (PC)	● 9:00am Peaceful Pacers Walking Group (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 1:30pm Bingo (PGR) ● 2:00pm Ball & Band Fitness (PER) ● 3:00pm Movie: The Talented Mr. Ripley (PC) ● 6:30pm Movie: The Talented Mr. Ripley (PC)

HAPPY BIRTHDAY

Marty G. - 3rd
Renata B. - 5th
Norma M. - 6th
Danielle M. - 7th
Don M. - 8th
Hobie H. - 9th
Luisa F. - 11th
Carl F. - 17th
Sharon P. - 22nd
Carlin J. - 24th
Kathleen N. - 29th
Joyce E. - 31st
Teri O. - 31st

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB
Board Room = BR
Courtyard = CY
Grab & Go Bistro (AL) = G&GB
Learning Center (IL) = LC
Lobby = LB
Palisade (AL) Dining Room = PDR
PanoVista (IL) = PV
Peaks (AL) Cinema = PC
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Game Room = PGR
Peaks (AL) Private Dining Room = PPDR
Ridge Cinema (IL) = RC
Ridge Community Room (IL) = RCR
Ridge Game Room (IL) = RGR
Wellness Center = WC
Wine Room = WR

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR
Peaks (AL) Exercise Room = PER

4th Floor Location Key

Peaks (AL) Mountain View Room = PMVR

Summit Building Key

Skywood (IL) = SW
The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● AD College Colors Day ● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 2:00pm Stretch & Flexibility Class (PER) ● 3:00pm Movie: An Unfinished Life (PC) ● 6:30pm Movie: An Unfinished Life (PC) 30 ● 9:00am Chair Yoga (CR) ● 9:00am Summit Summer Scone Social (TPB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:15pm Bingo (PGR) ● 2:00pm Chair Yoga (PER) ● 3:00pm National Bar Mix Day - Bar Mix Sale (AGB) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 3:30pm Mexican Train (PGR) ● 4:00pm Ping Pong Open Table (CR) 31						
						Dining Venues The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-6:30pm Sunday 8am-1:30pm The Point Bistro: Monday-Friday 8:00am-2:30pm Skywood: Sunday 5pm-7pm Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop. If you need assistance, ask a Community Life Associate or Concierge.

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