

AUGUST 2026

RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE

HAPPY BIRTHDAY

- Dennis L. - 3rd
- Joan P. - 4th
- Marilyn M. - 6th
- Roger S. - 6th
- John T. - 8th
- Lee R. - 11th
- Donna C. - 13th
- Barb W. - 17th
- Jim M. - 19th
- Joan C. - 19th
- Aileen W. - 20th
- Jackie M. - 20th
- Frank B. - 21st
- Sharon J. - 21st
- Joan K. - 22nd
- Nelson L. - 23rd
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- Phil J. - 27th
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- Lorraine A. - 28th
- Mark D. - 28th
- Fay B. - 31st
- George M. - 31st
- JoAnn V. - 31st
- JoAnn B. - 31st
- Jim H. - 31st

LOCATION KEY

- AlpenGlow Bar = AGB
- Board Room (IL) = BR
- Club Ridge = CR
- Courtyard = CY
- Garage = G
- Learning Center (IL) = LC
- Lobby = LB
- PanoVista (IL) = PV
- Peaks (AL) Community Room = PCMR
- Peaks (AL) Creative Art Studio = PAS
- Peaks (AL) Mountain View Room = PMVR
- Peaks (AL) Private Dining Room = PPDR
- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
- Ridge Community Room = RCR
- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB
- Wine Room = (WR)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						AD Colorado Spirit Day! 9:00am Pickleball Open Court (CY) 10:00am Pool Core & Balance (CR) 10:30am Outing: King Soopers (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: The Martian (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: The Martian (RC) 1

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: King Soopers (LB) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: The Imitation Game (RC) ● 7:00pm Movie: The Imitation Game (RC)	● 9:00am Chair Yoga (CR) ● 9:00am Summit Summer Scone Social (TPB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am Homemade Pie Day – Pie Sale (LB) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 11:15am Outing: Torres Mexican Restaurant (LB) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Live Music: The Front Porch Singers (CY) ● 1:00pm Marty Gathers 100-year Birthday Party! (CY) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S7, E8) (RC) ● 7:00pm TV Series: The Pitt (S2, E3) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: Your Body Language May Shape Who You Are (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - Arte Nouveau & Art Deco (RCR) ● 2:00pm National Watermelon Day Social (CY) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Documentary: Our Planet (S2, E2) (RC) ● 8:00pm TV Series: Monk (S4, E15) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 11:30am Outing: Rockies vs Rays (LB) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Medici TV: Verdi's Requiem with Eleonora Buratto, Elina Garanča, Benjamin Bernheim, and Riccardo Zanellato (RC) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 4:00pm TV Series: The West Wing (S4, E10) (RC) ● 6:30pm Live Music: Steve Smith (RCR) ● 8:00pm TV Series: Landman (S2, E9) (RC)	● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Men's Book Club (PV) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Bingo (LC) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Balance Fitness Class (CR) ● 2:00pm Documentary: Our Planet (S2, E3) (RC) ● 2:00pm National Ice Cream Sandwich Day (LB) ● 3:00pm Resident Council Meeting (RCR) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 5:50pm Poker Club (PGR) ● 7:00pm Bonfires & Beers (CY) ● 7:00pm TV Series: Shrinking (S1, E10) (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: Death on the Nile (RC) ● 3:00pm Tropical Rum Punch Happy Hour (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: Death on the Nile (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: Trader Joe's (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: The Monuments Men (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: The Monuments Men (RC)



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● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: Trader Joe's (LB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: How to Lose a Guy in Ten Days (RC) ● 4:00pm Bingo w/ Eve (LC) ● 7:00pm Movie: How to Lose a Guy in Ten Days (RC)	● 9:00am Chair Yoga (CR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 10:30am Dining Reservation Class (Full Count) (LC) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Strength & Fitness (CR) ● 2:00pm National Root Beer Float Day (CY) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S7, E9) (RC) ● 7:00pm TV Series: The Pitt (S2, E4) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: My \$60 Million Science Experiment (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Ceramics Class: Glazing (PAS) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 1:30pm Documentary: Our Planet (S2, E4) (RC) ● 2:00pm Let's Talk Superfood of the Month: Fish (WR) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Catholic Communion Service w/ Deacon Don (PCMR) ● 3:00pm International Beer Day (TPB) ● 3:00pm Live Music: Mandolin Ranch Tro (TPB) ● 3:00pm Live Speaker: Active Minds - Julius Caesar (RCR) ● 4:00pm Dementia Support Group (PCMR) ● 8:00pm TV Series: Monk (S4, E16) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stock Market Discussion Group (LC) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (LC) ● 12:45pm Party Bridge (LC) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Great Decisions: Multilateral Institutions in a Changing World Order (RCR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 2:00pm Sip and Paint w/ Jeanne (RAS) ● 4:00pm TV Series: The West Wing (S4, E11) (RC) ● 4:15pm Outing: Manning's Steak and Spirits (LB) ● 6:30pm Live Music: Marco & Marie (RCR) ● 8:00pm TV Series: Landman (S2, E10) (RC)	● 10:00am Mythology with Moriah (PAS) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 1:30pm Bingo (LC) ● 2:00pm Balance Fitness Class (CR) ● 2:30pm Documentary: Our Planet (S2, E5) (RC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 7:00pm TV Series: Shrinking (S2, E1) (RC)	● 9:00am National Pickleball Day (CY) ● 9:00am Pickleball Open Court (CY) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: The Unsinkable Molly Brown (RC) ● 3:00pm Tequila Sunrise Happy Hour & National Prosecco Day (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: The Unsinkable Molly Brown (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: King Soopers (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: Good Will Hunting (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: Good Will Hunting (RC)

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● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: King Soopers (LB) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: The Theory of Everything (RC) ● 7:00pm Movie: The Theory of Everything (RC)	● 9:00am Chair Yoga (CR) ● 9:00am Summit Summer Scone Social (TPB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 11:15am Outing: Picnic at Evergreen Lake (LB) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S7, E10) (RC) ● 7:00pm TV Series: The Pitt (S2, E5) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: Your Elusive Creative Genius (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:00pm Live Music: Coreen Wells (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 2:00pm Documentary: Our Planet (S2, E6) (RC) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 8:00pm TV Series: Monk (S5, E1) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Pinehurst Market (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am IL Hospitality Committee (SW) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 2:30pm Teaching Kitchen w/ Chef Jean-Luc (LC) ● 4:00pm TV Series: The West Wing (S4, E12) (RC) ● 6:30pm Live Music: Neil Jordan (RCR) ● 8:00pm TV Series: It's Not Like That (S1, E1) (RC)	● 9:45am EXERAI - Fall Prevention (RCR) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Live Speaker: FTS Presents "When to Know? Transfers to Higher Levels of Care (RCR) ● 11:00am Resistance River Training (CR) ● 11:30am Annual Pinehurst Luau (CY) ● 12:00pm Daily Check in ● 12:00pm Live Performance: Wiki Wiki Band (CY) ● 1:00pm Band Fitness Class (CR) ● 1:00pm Live Performance: Tehani's Hula Dancers (CY) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 1:30pm Bingo (LC) ● 2:00pm Balance Fitness Class (CR) ● 3:00pm Documentary: Remarkably Bright Creatures (RC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 5:50pm Poker Club (PGR) ● 7:00pm Bonfires & Beers (CY) ● 7:00pm TV Series: Shrinking (S2, E2) (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 10:00am World Photography Day (LB) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 3:00pm Cosmopolitan Happy Hour (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: The Apple Dumpling Gang (RC) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: The Apple Dumpling Gang (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: Trader Joe's (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: Downsizing (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: Downsizing (RC)

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LOCATION KEY

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- Board Room (IL) = BR
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- Wine Room = (WR)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: We Live in Time (RC) ● 4:00pm Bingo w/ Eve (LC) ● 7:00pm Movie: We Live in Time (RC) 23	● 9:00am Chair Yoga (CR) ● 9:45am Legislative Update w/ Colorado 7th District Congresswoman Brittany Pettersen (RCR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 10:30am Dining Reservation Class (Full Count) (LC) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Strength & Fitness (CR) ● 1:30pm Humongous Words (RGR) ● 2:00pm Step & Balance (CR) ● 2:30pm Banana Split Day Social (LB) ● 3:00pm Live Speaker: Jewish Movie Icons w/ Dan Hudak (RCR) ● 3:15pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S7, E11) (RC) ● 7:00pm TV Series: The Pitt (S2, E6) (RC) 24	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: How Language Shapes the Way We Think (RC) ● 10:30am Catholic Communion Service w/ Deacon Don (RCR) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm August Birthday Bash (AGB) ● 12:30pm Chess (RGR) ● 12:30pm Live Music: Clint Dadian Trio (Three to the Bar) (AGB) ● 1:00pm Ceramics Class: Hand Building (PAS) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 1:30pm Documentary: The Librarians (RC) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Live Speaker: Active Minds - The History of Colorado (RCR) ● 7:00pm Scouts Troop 554: Game Night (RCR) ● 8:00pm TV Series: Monk (S5, E2) (RC) 25	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Outing: Men's Breakfast at Breakfast on Broadway (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stock Market Discussion Group (LC) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Medici TV: A Tango Night From Buenos Aires Orquesta Filarmónica de Buenos Aires (RC) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 4:00pm TV Series: The West Wing (S4, E13) (RC) ● 6:30pm Live Music: Dave Miller (RCR) ● 8:00pm TV Series: It's Not Like That (S1, E2) (RC) 26	● 9:00am Outing: Garden of the Gods Tolly Ride & Lunch (LB) ● 10:00am Leadership Lounge w/ Lori (TPB) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 11:00am Silver Spatulas Cooking Experience (LC) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 1:30pm Bingo (LC) ● 2:00pm Balance Fitness Class (CR) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 7:00pm TV Series: Shrinking (S2, E3) (RC) 27	● 9:00am Pickleball Open Court (CY) ● 10:00am Book Club Group 1 (PV) ● 10:00am Catholic Apologetics Group (PV) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Book Club Group 2 (LC) ● 11:00am Pool Fitness (CR) ● 11:30am Live Music: The Hoagies Quartet (CY) ● 11:30am National Beach Day BBQ & Pool Party (CY) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 1:00pm Parkinson's Support Group (LC) ● 3:00pm Live Music: Timeless (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: Chitty Chitty Bang Bang (RC) ● 3:00pm Welcome Wagon Happy Hour (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: Chitty Chitty Bang Bang (RC) 28	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: King Soopers (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: The Talented Mr. Ripley (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: The Talented Mr. Ripley (RC) 29



THE RIDGE

HAPPY BIRTHDAY

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ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.

Dining Venues

The Beacon:
Monday-Saturday
7am-10am
11am-3pm
4pm-6:30pm
Sunday
8am-1:30pm

The Point Bistro:
Monday-Friday
8:00am-2:30pm

Skywood:
Sunday
5pm-7pm

Palisade:
Monday-Sunday
7am-9:30am
11am-2pm
4pm-6pm

- AD College Colors Day
- 8:30am Sunday Worship at First Pres. Live Stream (PC)
- 9:30am Outing: Catholic Service (LB)
- 10:00am Our Father Lutheran Church Live Stream (RC)
- 10:00am Pool Fitness (CR)
- 12:00pm Daily Check in
- 1:00pm Cardio w/Weights (CR)
- 1:00pm Outing: King Soopers (LB)
- 1:00pm Root Beer Float Social (G&GB)
- 1:30pm SCRABBLE! (AGB)
- 2:00pm Non-Denominational Church Service (RCR)
- 3:00pm Balance Class (CR)
- 3:00pm Movie: An Unfinished Life (RC)
- 7:00pm Movie: An Unfinished Life (RC)

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- 9:00am Chair Yoga (CR)
- 9:00am Summit Summer Scone Social (TPB)
- 10:00am Men's Group Bocce Ball (CY)
- 10:00am POWER Over Parkinson's Fitness Class (CR)
- 10:00am Silver Singers Baritone Practice (PCMR)
- 10:00am Tai Chi on Land & Water (CR)
- 11:00am Pilates Sit & Stand Fitness Class (CR)
- 12:00pm Daily Check in
- 12:45pm Duplicate Bridge (RCR)
- 12:45pm Party Bridge (RCR)
- 1:00pm American Mahjong - Siamese Style (PMVR)
- 1:00pm Strength & Fitness (CR)
- 2:00pm Step & Balance (CR)
- 2:30pm Humongous Words (RGR)
- 3:00pm National Bar Mix Day - Bar Mix Sale (AGB)
- 3:00pm Silver Singers Alto Practice (PCMR)
- 3:30pm Live Music: Howard Fisher (G&GB)
- 4:00pm Ping Pong Open Table (CR)
- 4:00pm TV Series: When Calls the Heart (S8, E1) (RC)
- 7:00pm TV Series: The Pitt (S2, E7) (RC)

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