

SEPTEMBER 2026

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:00am Chairs, Bands & Balls (CR) 10:00am Co-Ed Bocce Ball (CY) 10:00am Pool Fitness (CR) 10:00am TED Talk Tuesday: There's More to Life than Being Happy (RC) 11:00am Cardio w/ Weights (CR) 11:15am Mobile Watch Company (LB) 12:00pm Daily Check in 12:30pm Chess (RGR) 1:00pm Cribbage (AGB) 1:00pm Step & Balance (CR) 2:00pm Live Speaker: ARTiculating Art w/ Wendy Alder - BFFs (RCR) 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) 3:00pm Documentary: World War II with Tom Hanks (1 of 6) (RC) 8:00pm TV Series: Monk (S5, E3) (RC)	9:00am POWER Over Parkinson's Fitness Class (CR) 10:00am Silver Singers Rehearsal (PCMR) 10:00am Stretch & Flexibility Class (CR) 11:00am Men's Fitness (CR) 11:15am LifeLoop Help Desk (LC) 11:15am Rosary Prayer Group (RCR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm American Mahjong (PMVR) 1:00pm Chair Yoga (CR) 1:00pm Medici TV: Zubin Mehta conducts Beethoven, Ben-Haim, Saint-Saëns, Weber, and Ravel (RC) 1:00pm Pool Fitness (CR) 2:00pm Bible Study (PCMR) 2:00pm Pilates Sit & Stand Fitness Class (CR) 2:00pm Resistance River Training (CR) 4:00pm TV Series: The West Wing (S4, E14) (RC) 6:30pm Live Music: Molly Kaufman (RCR) 8:00pm TV Series: It's Not Like That (S1, E3) (RC)	10:00am Pool Core & Balance (CR) 10:00am Silver Singers Sopranos Practice (PCMR) 11:00am Men's Book Club (PV) 11:00am Resistance River Training (CR) 11:30am National Pizza Day Pizza Party (RCR) 12:00pm Daily Check in 1:00pm Band Fitness Class (CR) 1:00pm Sound Bath: Wellness-Focus (PC) 1:30pm Documentary: World War II with Tom Hanks (2 of 6) (RC) 2:00pm Balance Fitness Class (CR) 2:00pm Bingo (LC) 3:00pm Resident Council Meeting (RCR) 3:00pm The Stitchers (TPB) 4:00pm Ping Pong Open Table (CR) 5:50pm Poker Club (PGR) 7:00pm Bonfires & Beers (CY) 7:00pm TV Series: Shrinking (S2, E4) (RC)	9:00am Pickleball Open Court (CY) 10:00am Catholic Apologetics Group (LC) 10:00am Resistance River Training (CR) 10:00am Women's Group Bocce Ball (CY) 11:00am Pool Fitness (CR) 12:00pm Daily Check in 12:45pm Duplicate Bridge (RCR) 12:45pm Party Bridge (RCR) 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB) 3:00pm Apple Burbon Lemonade Happy Hour (AGB) 3:00pm Men's Fitness (CR) 3:00pm Movie: The Music Man (RC) 3:30pm Live Music: Howard Fisher (G&GB) 5:00pm Welcome Shabbat w/ Paula (TPB) 7:00pm Movie: The Music Man (RC)	9:00am Pickleball Open Court (CY) 10:00am Pool Core & Balance (CR) 10:30am Outing: Trader Joe's (LB) 11:00am Resistance River Training (CR) 12:00pm Daily Check in 12:30pm American Mahjong (RCR) 12:30pm Open Art Studio (RAS) 1:00pm Ball & Band Fitness (CR) 2:00pm Mexican Train (RGR) 3:00pm Movie: La La Land (RC) 3:00pm Stretch & Flexibility Class (CR) 7:00pm Movie: La La Land (RC)

HAPPY BIRTHDAY

Norie A. - 1st
Lorna S. - 2nd
Jack W. - 4th
Holly S. - 7th
Lynn M. - 8th
Harold P. - 10th
Andy M. - 10th
Sue M. - 10th
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Barbara F. - 19th
Anne B. - 20th
Donna S. - 20th
Jack M. - 22nd
Ginny C. - 26th
Rosemarie S. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Garage = G
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB
Wine Room = (WR)

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6 ● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 11:30am Outing: Rockies vs Cardinals (LB) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: The Big Short (RC) ● 4:00pm Bingo w/ Eve (LC) ● 7:00pm Movie: The Big Short (RC)	7 ● 9:00am Chair Yoga (CR) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 10:30am Dining Reservation Class (Full Count) (LC) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 11:30am Labor Day BBQ Party (CY) ● 11:30am Live Music: MicroGrass Trio (CY) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Ceramics Class: Hand Building (PAS) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S8, E2) (RC) ● 7:00pm TV Series: The Pitt (S2, E8) (RC)	8 ● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Outing: Men's Breakfast at Danny Ray's (LB) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: How to Find Laughter Anywhere (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 1:30pm Documentary: World War II with Tom Hanks (3 of 6) (RC) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Catholic Communion Service w/ Deacon Don (RC) ● 3:00pm Live Speaker: Active Minds - History of Broadway (RCR) ● 4:00pm Dementia Support Group (PCMR) ● 8:00pm TV Series: Monk (S5, E4) (RC)	9 ● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Silver Singers Rehearsal (RCR) ● 10:00am Stock Market Discussion Group (LC) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RC) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (LC) ● 12:45pm Party Bridge (LC) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Great Decisions: US Engagement with Africa (RCR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 3:00pm Beer Garden Party (TPB) ● 3:00pm Live Music: Sweet Peas Trio (TPB) ● 4:00pm TV Series: The West Wing (S4, E15) (RC) ● 4:15pm Outing: Smokin Fins (LB) ● 6:30pm Live Music: Larry O'Connor (RCR) ● 8:00pm TV Series: It's Not Like That (S1, E4) (RC)	10 ● 10:00am Mythology with Moriah (PAS) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Bingo (LC) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Balance Fitness Class (CR) ● 2:30pm Documentary: World War II with Tom Hanks (4 of 6) (RC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 6:15pm Silver Singers Warm Up/Green Room (LC) ● 7:00pm Live Performance: Silver Singers Presents "American Nostalgia" (RCR) ● 7:00pm TV Series: Shrinking (S2, E5) (RC)	11 ● 9:00am Pickleball Open Court (CY) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Mojito Happy Hour (AGB) ● 3:00pm Movie: The Court Jester (RC) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: The Court Jester (RC)	12 ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (PV) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 2:15pm Silver Singers Warm Up/Green Room (LC) ● 3:00pm Live Performance: Silver Singers Presents "American Nostalgia" (RCR) ● 3:00pm Movie: Crazy Stupid Love (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: Crazy Stupid Love (RC)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 11:30am Grandparents Day (CY) ● 12:00pm Balloon Twister: Zane King (CY) ● 12:00pm Caricature Artist: Brad Jackson (CY) ● 12:00pm Daily Check in ● 12:00pm Live Music: Young Heart Trio (CY) ● 1:00pm Cardio w/ Weights (CR) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: Blitz (RC) ● 7:00pm Movie: Blitz (RC)	● 9:00am Chair Yoga (CR) ● 9:00am Summit Morning Muffin Mixer (TPB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 11:30am Couture Chez Vous Boutique (LB) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S8, E3) (RC) ● 7:00pm TV Series: The Pitt (S2, E9) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: How to Preserve Your Private Life in the Age of Social Media (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:00pm Live Music: Coreen Wells (LB) ● 12:30pm Chess (RGR) ● 1:00pm Cribbage (AGB) ● 1:00pm Step & Balance (CR) ● 1:30pm Documentary: World War II with Tom Hanks (5 of 6) (RC) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Rosh Hashanah Celebration (RCR) ● 3:30pm Let's Talk Superfood of the Month: Seasonal Vegetables (WR) ● 8:00pm TV Series: Monk (S5, E5) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am IL Hospitality Committee (SW) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm International Candy & Chocolate Tasting Day (AGB) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 2:00pm Sip and Paint w/ Jeanne (RAS) ● 4:00pm TV Series: The West Wing (S4, E16) (RC) ● 6:30pm Live Music: Alan Vail (RCR) ● 8:00pm TV Series: It's Not Like That (S1, E5) (RC)	● 9:45am EXERAI - Fall Prevention (RCR) ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 11:00am Live Speaker: FTS Presents "Open Enrollment Coming" (RCR) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Bingo (LC) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Balance Fitness Class (CR) ● 2:30pm Documentary: World War II with Tom Hanks (6 of 6) (RC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 5:50pm Poker Club (PGR) ● 7:00pm Bonfires & Beers (CY) ● 7:00pm TV Series: Shrinking (S2, E6) (RC)	● AD National First Love Day (LB) ● 9:00am Pickleball Open Court (CY) ● 10:00am Catholic Apologetics Group (LC) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:15pm Outing: Wings Over the Rockies Air & Space Museum (LB) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 3:00pm Fall Sangria Happy Hour (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: The Ghost and Mister Chicken (RC) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: The Ghost and Mister Chicken (RC)	● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: Trader Joe's (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: The Notebook (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: The Notebook (RC)

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PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 ● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Outing: Trader Joe's (LB) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: Detachment (RC) ● 4:00pm Bingo w/ Eve (LC) ● 7:00pm Movie: Detachment (RC)	21 ● 9:00am Chair Yoga (CR) ● 10:00am Memory March: A Walk to End Alzheimer's (LB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 10:15am Live Music: Alpine Rose Trio (CY) ● 10:30am Dining Reservation Class (Full Count) (LC) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S8, E4) (RC) ● 7:00pm TV Series: The Pitt (S2, E10) (RC)	22 ● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: I Let DaddyGPT Parent My kids. Here's What I learned (RC) ● 10:00am Voter Registration Help Desk (LB) ● 10:30am Catholic Communion Service w/ Deacon Don (RCR) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:30pm Chess (RGR) ● 1:00pm Ceramics Class: Glazing (PAS) ● 1:00pm Cribbage (AGB) ● 1:00pm Documentary: The Crime of the Century - Part One (RC) ● 1:00pm Step & Balance (CR) ● 2:00pm National Key Lime Pie Day (AGB) ● 2:00pm Walking Through Grief w/ Pastor Mark (PPDR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 3:00pm Live Speaker: Active Minds - O Canada! (RCR) ● 8:00pm TV Series: Monk (S5, E6) (RC)	23 ● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Golden Age Tech Support (LB) ● 10:00am Pinehurst Market (LB) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stock Market Discussion Group (LC) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Medici TV: Sir Simon Rattle conducts Carl Orff's Carmina Burana – With Sally Matthews, Lawrence Brownlee, and Christian Gerhaher (RC) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 4:00pm TV Series: The West Wing (S4, E17) (RC) ● 6:30pm Live Music: Mark Paulson (RCR) ● 8:00pm TV Series: It's Not Like That (S1, E6) (RC)	24 ● 10:00am Pool Core & Balance (CR) ● 10:00am Silver Singers Sopranos Practice (PCMR) ● 10:00am Town Hall (RCR) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 1:00pm Band Fitness Class (CR) ● 1:00pm Bingo BONANZA (RCR) ● 1:00pm Sound Bath: Wellness-Focus (PC) ● 2:00pm Balance Fitness Class (CR) ● 2:00pm Documentary: The Crime of the Century - Part Two (RC) ● 3:00pm The Stitchers (TPB) ● 4:00pm Ping Pong Open Table (CR) ● 4:15pm Outing: Couples Night Out - Perfect Landing Restaurant (LB) ● 7:00pm TV Series: Shrinking (S2, E7) (RC)	25 ● 9:00am Pickleball Open Court (CY) ● 10:00am Book Club Group 1 (PV) ● 10:00am Catholic Apologetics Group (PV) ● 10:00am Resistance River Training (CR) ● 10:00am Women's Group Bocce Ball (CY) ● 11:00am Book Club Group 2 (LC) ● 11:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 12:15pm Outing: Buffalo Bill Museum and Grave (LB) ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Cribbage (AGB) ● 1:00pm Parkinson's Support Group (LC) ● 3:00pm Live Music: Steerdust (AGB) ● 3:00pm Men's Fitness (CR) ● 3:00pm Movie: The Thrill of it All (RC) ● 3:00pm Welcome Wagon Happy Hour (AGB) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 5:00pm Welcome Shabbat w/ Paula (TPB) ● 7:00pm Movie: The Thrill of it All (RC)	26 ● 9:00am Pickleball Open Court (CY) ● 10:00am Pool Core & Balance (CR) ● 10:30am Outing: King Soopers (LB) ● 11:00am Resistance River Training (CR) ● 12:00pm Daily Check in ● 12:30pm American Mahjong (RCR) ● 12:30pm Open Art Studio (RAS) ● 1:00pm Ball & Band Fitness (CR) ● 2:00pm Mexican Train (RGR) ● 3:00pm Movie: Remember the Titans (RC) ● 3:00pm Stretch & Flexibility Class (CR) ● 7:00pm Movie: Remember the Titans (RC)

21

●

9:00am Chair Yoga (CR)

●

10:00am Memory March: A Walk to End Alzheimer's (LB)

●

10:00am Men's Group Bocce Ball (CY)

●

10:00am POWER Over Parkinson's Fitness Class (CR)

●

10:00am Silver Singers Baritone Practice (PCMR)

●

10:00am Tai Chi on Land & Water (CR)

●

10:15am Live Music: Alpine Rose Trio (CY)

●

10:30am Dining Reservation Class (Full Count) (LC)

●

11:00am Pilates Sit & Stand Fitness Class (CR)

●

12:00pm Daily Check in

●

12:45pm Duplicate Bridge (RCR)

●

12:45pm Party Bridge (RCR)

●

1:00pm American Mahjong - Siamese Style (PMVR)

●

1:00pm Strength & Fitness (CR)

●

2:00pm Step & Balance (CR)

●

2:30pm Humongous Words (RGR)

●

3:00pm Silver Singers Alto Practice (PCMR)

●

3:30pm Live Music: Howard Fisher (G&GB)

●

4:00pm Ping Pong Open Table (CR)

●

4:00pm TV Series: When Calls the Heart (S8, E4) (RC)

●

7:00pm TV Series: The Pitt (S2, E10) (RC)

22

●

9:00am Chairs, Bands & Balls (CR)

●

10:00am Co-Ed Bocce Ball (CY)

●

10:00am Pool Fitness (CR)

●

10:00am TED Talk Tuesday: I Let DaddyGPT Parent My kids. Here's What I learned (RC)

●

10:00am Voter Registration Help Desk (LB)

●

10:30am Catholic Communion Service w/ Deacon Don (RCR)

●

11:00am Cardio w/ Weights (CR)

●

11:15am Mobile Watch Company (LB)

●

12:00pm Daily Check in

●

12:30pm Chess (RGR)

●

1:00pm Ceramics Class: Glazing (PAS)

●

1:00pm Cribbage (AGB)

●

1:00pm Documentary: The Crime of the Century - Part One (RC)

●

1:00pm Step & Balance (CR)

●

2:00pm National Key Lime Pie Day (AGB)

●

2:00pm Walking Through Grief w/ Pastor Mark (PPDR)

●

2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR)

●

3:00pm Live Speaker: Active Minds - O Canada! (RCR)

●

8:00pm TV Series: Monk (S5, E6) (RC)

23

●

9:00am POWER Over Parkinson's Fitness Class (CR)

●

10:00am Golden Age Tech Support (LB)

●

10:00am Pinehurst Market (LB)

●

10:00am Silver Singers Rehearsal (PCMR)

●

10:00am Stock Market Discussion Group (LC)

●

10:00am Stretch & Flexibility Class (CR)

●

11:00am Men's Fitness (CR)

●

11:15am LifeLoop Help Desk (LC)

●

11:15am Rosary Prayer Group (RCR)

●

12:00pm Daily Check in

●

12:45pm Duplicate Bridge (RCR)

●

12:45pm Party Bridge (RCR)

●

1:00pm American Mahjong (PMVR)

●

1:00pm Chair Yoga (CR)

●

1:00pm Medici TV: Sir Simon Rattle conducts Carl Orff's Carmina Burana - With Sally Matthews, Lawrence Brownlee, and Christian Gerhaher (RC)

●

1:00pm Pool Fitness (CR)

●

2:00pm Bible Study (PCMR)

●

2:00pm Pilates Sit & Stand Fitness Class (CR)

●

2:00pm Resistance River Training (CR)

●

4:00pm TV Series: The West Wing (S4, E17) (RC)

●

6:30pm Live Music: Mark Paulson (RCR)

●

8:00pm TV Series: It's Not Like That (S1, E6) (RC)

24

●

10:00am Pool Core & Balance (CR)

●

10:00am Silver Singers Sopranos Practice (PCMR)

●

10:00am Town Hall (RCR)

●

11:00am Resistance River Training (CR)

●

12:00pm Daily Check in

●

1:00pm Band Fitness Class (CR)

●

1:00pm Bingo BONANZA (RCR)

●

1:00pm Sound Bath: Wellness-Focus (PC)

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2:00pm Balance Fitness Class (CR)

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2:00pm Documentary: The Crime of the Century - Part Two (RC)

●

3:00pm The Stitchers (TPB)

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4:00pm Ping Pong Open Table (CR)

●

4:15pm Outing: Couples Night Out - Perfect Landing Restaurant (LB)

●

7:00pm TV Series: Shrinking (S2, E7) (RC)

25

●

9:00am Pickleball Open Court (CY)

●

10:00am Book Club Group 1 (PV)

●

10:00am Catholic Apologetics Group (PV)

●

10:00am Resistance River Training (CR)

●

10:00am Women's Group Bocce Ball (CY)

●

11:00am Book Club Group 2 (LC)

●

11:00am Pool Fitness (CR)

●

12:00pm Daily Check in

●

12:15pm Outing: Buffalo Bill Museum and Grave (LB)

●

12:45pm Duplicate Bridge (RCR)

●

12:45pm Party Bridge (RCR)

●

1:00pm Cardio w/ Weights (CR)

●

1:00pm Cribbage (AGB)

●

1:00pm Parkinson's Support Group (LC)

●

3:00pm Live Music: Steerdust (AGB)

●

3:00pm Men's Fitness (CR)

●

3:00pm Movie: The Thrill of it All (RC)

●

3:00pm Welcome Wagon Happy Hour (AGB)

●

3:30pm Live Music: Howard Fisher (G&GB)

●

5:00pm Welcome Shabbat w/ Paula (TPB)

●

7:00pm Movie: The Thrill of it All (RC)

26

●

9:00am Pickleball Open Court (CY)

●

10:00am Pool Core & Balance (CR)

●

10:30am Outing: King Soopers (LB)

●

11:00am Resistance River Training (CR)

●

12:00pm Daily Check in

●

12:30pm American Mahjong (RCR)

●

12:30pm Open Art Studio (RAS)

●

1:00pm Ball & Band Fitness (CR)

●

2:00pm Mexican Train (RGR)

●

3:00pm Movie: Remember the Titans (RC)

●

3:00pm Stretch & Flexibility Class (CR)

●

7:00pm Movie: Remember the Titans (RC)

HAPPY BIRTHDAY

Norie A. - 1st
Lorna S. - 2nd
Jack W. - 4th
Holly S. - 7th
Lynn M. - 8th
Harold P. - 10th
Andy M. - 10th
Sue M. - 10th
Marley H. - 10th
Ro H. - 11th
Peter N. - 12th
Margot L. - 13th
Caryl H. - 15th
Don W. - 15th
John M. - 16th
Dwight G. - 17th
Barbara F. - 19th
Anne B. - 20th
Donna S. - 20th
Jack M. - 22nd
Ginny C. - 26th
Rosemarie S. - 30th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Garage = G
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Mountain View Room = PMVR
Peaks (AL) Private Dining Room = PPDR
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Skywood (IL) = SW
The Point Bistro (IL) = TPB
Wine Room = (WR)

SEPTEMBER 2026

RIDGE & SUMMIT NEIGHBORHOOD
ACTIVITY CALENDAR

Front Desk: 720-316-5226



THE RIDGE
PINEHURST • SENIOR LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
● 8:30am Sunday Worship at First Pres. Live Stream (PC) ● 9:30am Outing: Catholic Service (LB) ● 10:00am Our Father Lutheran Church Live Stream (RC) ● 10:00am Pool Fitness (CR) ● 12:00pm Daily Check in ● 1:00pm Cardio w/ Weights (CR) ● 1:00pm Root Beer Float Social (G&GB) ● 1:30pm SCRABBLE! (AGB) ● 2:00pm Non-Denominational Church Service (RC R) ● 3:00pm Balance Class (CR) ● 3:00pm Movie: Unbroken (RC) ● 7:00pm Movie: Unbroken (RC)	● 9:00am Chair Yoga (CR) ● 9:00am Summit Morning Muffin Mixer (TPB) ● 10:00am Men's Group Bocce Ball (CY) ● 10:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Baritone Practice (PCMR) ● 10:00am Tai Chi on Land & Water (CR) ● 11:00am Pilates Sit & Stand Fitness Class (CR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (RCR) ● 12:45pm Party Bridge (RCR) ● 1:00pm American Mahjong - Siamese Style (PMVR) ● 1:00pm Strength & Fitness (CR) ● 2:00pm Step & Balance (CR) ● 2:30pm Humongous Words (RGR) ● 3:00pm Silver Singers Alto Practice (PCMR) ● 3:30pm Live Music: Howard Fisher (G&GB) ● 4:00pm Ping Pong Open Table (CR) ● 4:00pm TV Series: When Calls the Heart (S8, E5) (RC) ● 7:00pm TV Series: The Pitt (S2, E11) (RC)	● 9:00am Chairs, Bands & Balls (CR) ● 10:00am Co-Ed Bocce Ball (CY) ● 10:00am Pool Fitness (CR) ● 10:00am TED Talk Tuesday: The Roots of Resilience (RC) ● 11:00am Cardio w/ Weights (CR) ● 11:15am Mobile Watch Company (LB) ● 12:00pm Daily Check in ● 12:15pm Outing: Colorado History Center (LB) ● 12:30pm Chess (RGR) ● 12:30pm Live Music: Studio 8 Trio (AGB) ● 12:30pm September Birthday Bash (AGB) ● 1:00pm Cribbage (AGB) ● 1:00pm Jewelry & Lanyard Making Class (PAS) ● 1:00pm Step & Balance (CR) ● 2:30pm Pool Move and Groove (Memory Care ONLY Pool Activity) (CR) ● 8:00pm TV Series: Monk (S5, E7) (RC)	● 9:00am POWER Over Parkinson's Fitness Class (CR) ● 10:00am Silver Singers Rehearsal (PCMR) ● 10:00am Stretch & Flexibility Class (CR) ● 11:00am Men's Fitness (CR) ● 11:15am LifeLoop Help Desk (LC) ● 11:15am Rosary Prayer Group (RCR) ● 12:00pm Daily Check in ● 12:45pm Duplicate Bridge (LC) ● 12:45pm Party Bridge (LC) ● 1:00pm American Mahjong (PMVR) ● 1:00pm Chair Yoga (CR) ● 1:00pm Pool Fitness (CR) ● 2:00pm Bible Study (PCMR) ● 2:00pm Pilates Sit & Stand Fitness Class (CR) ● 2:00pm Resistance River Training (CR) ● 3:30pm Live Music: Mandolin Ranch Trio (RCR) ● 3:30pm New Resident Social (RCR) ● 4:00pm TV Series: The West Wing (S4, E18) (RC) ● 8:00pm TV Series: It's Not Like That (S1, E7) (RC)			● Dining Venues ● The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-6:30pm Sunday 8am-1:30pm ● The Point Bistro: Monday-Friday 8:00am-2:30pm ● Skywood: Sunday 5pm-7pm ● Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm ● This calendar is subject to change. To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.

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- Lorna S. - 2nd
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- Lynn M. - 8th
- Harold P. - 10th
- Andy M. - 10th
- Sue M. - 10th
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- Peter N. - 12th
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- Peaks (AL) Sunrise Room = PSR
- Ridge Cinema = RC
- Ridge Community Room = RCR
- Ridge Creative Art Studio = RAS
- Ridge Game Room = RGR
- Skywood (IL) = SW
- The Point Bistro (IL) = TPB
- Wine Room = (WR)