



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Strength & Bend w/ Judy 9:30am Outing: Scenic Drive - Roxborough State Park 9:45am Patriotic Sing Along 10:30am Brain Games & Trivia 1:00pm Parachute Popcorn 2:00pm Live Music: Deva Yoder 2:30pm Pool Move & Groove 2:30pm TimeSlips Storytelling 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Bowling Bonanza 9:45am Patriotic Sing Along 10:15am Move & Groove Fitness 10:50am Resident Council Meeting 1:00pm Nail and Hair Day 1:30pm Documentary: Lost Treasures of Egypt (S2, E4) 2:30pm Putt Putt Golf 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie 6:30pm Live Music: Molly Kaufman	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 10:30am Finish That Line 10:45am Outing: Saucy's Pizza 11:30am National Pizza Day Pizza Party 12:30pm Flower Arranging 1:00pm Chair Volleyball 2:00pm Sound Bath: Wellness-Focus 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 1:00pm Walk the Ridge 1:30pm TV Series: The Andy Griffith Show 3:00pm Afternoon Snack & Chat 3:30pm Happy Hour 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Strength & Bend w/ Judy 9:45am Patriotic Sing Along 10:45am Board Game Fun: Rummikub 1:00pm Our Planet 2:00pm Live Music: Ron Jones 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie
8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Silver Singers Choir Practice 10:00am Assorted Nature Documentaries 10:15am Our Father Lutheran Church Service 10:45am Finish That Line 11:15am Move & Groove Fitness Class 1:00pm Play House Theater 2:00pm Chair Volleyball 3:30pm Afternoon Snack & Chat 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Sing Along Songs 10:15am Andre Rieu Orchestra Performace 11:15am Move & Groove Fitness Class 11:30am Live Music: MicroGrass Trio 12:45pm PBS Documenatry Series 1:45pm Rainbow Ribbon Yoga 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Strength & Bend w/ Judy 9:45am Patriotic Sing Along 10:30am Brain Games & Trivia 1:00pm Parachute Popcorn 2:00pm Live Music: Jeff King 2:00pm Walking Through Grief w/ Pastor Mark 2:30pm Catholic Communion Service w/ Deacon Don 2:30pm Outing: Wendy's for Frosties 2:30pm Pool Move & Groove 2:30pm TimeSlips Storytelling 3:00pm Afternoon Snack & Chat 4:00pm Family Member Activity: Dementia Support Group 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Bowling Bonanza 9:45am Patriotic Sing Along 10:15am Move & Groove Fitness 1:00pm Creative Craft Day: Button Landscape 1:00pm Nail and Hair Day 1:30pm Documentary: Lost Treasures of Egypt (S2, E5) 2:30pm Putt Putt Golf 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie 6:30pm Live Music: Larry O'Connor	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 10:30am Finish That Line 10:45am Outing: Walk and Picnic at Tiny Town 12:30pm Flower Arranging 1:30pm Men's Group 2:00pm Sound Bath: Wellness-Focus 3:00pm Afternoon Snack & Chat 3:00pm Parachute Popcorn 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 1:00pm Walk the Ridge 1:30pm TV Series: Carol Burnett 3:00pm Afternoon Snack & Chat 3:30pm Happy Hour 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Strength & Bend w/ Judy 9:45am Patriotic Sing Along 10:45am Board Game Fun: Triomino's 1:00pm Our Planet 2:00pm Live Music: Richard Blanchard 3:00pm Afternoon Snack & Chat 3:00pm Live Performance: Silver Singers Presents "American Nostalgia" 5:30pm Evening Movie

HAPPY BIRTHDAY

Alan P. - 26th

ACTIVITY TYPES

Inspirational

Intellectual

Physical

Social

TIME KEY

AD = All Day

MO = Morning

AF = Afternoon

EV = Evening

MONTESSORI

"Free choice is one of the highest of all the mental processes."

-Maria Montessori

The Montessori Way

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● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Silver Singers Choir Practice ● 10:00am Assorted Nature Documentaries ● 10:15am Our Father Lutheran Church Service ● 10:45am Finish That Line ● 11:15am Move & Groove Fitness Class ● 11:30am Grandparents Day ● 1:00pm Assorted Board Games ● 1:00pm Play House Theater ● 3:00pm Chair Volleyball ● 3:30pm Afternoon Snack & Chat ● 5:30pm Evening Movie 13	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sing Along Songs ● 10:15am Andre Rieu Orchestra Performace ● 11:15am Move & Groove Fitness Class ● 12:45pm PBS Documenatry Series ● 1:45pm Rainbow Ribbon Yoga ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 14	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:30am Outing: Scenic Drive - Red Rocks and Morrison ● 9:45am Patriotic Sing Along ● 10:30am Brain Games & Trivia ● 1:00pm Parachute Popcorn ● 2:00pm Live Music: Karen Osburn ● 2:30pm Pool Move & Groove ● 2:30pm TimeSlips Storytelling ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 15	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Bowling Bonanza ● 9:45am Patriotic Sing Along ● 10:15am Move & Groove Fitness ● 1:00pm Creative Craft Day: Squeegee Painting ● 1:00pm Nail and Hair Day ● 1:30pm Documentary: Lost Treasures of Egypt (S2, E6) ● 2:30pm Putt Putt Golf ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie ● 6:30pm Live Music: Alan Vail 16	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 10:30am Finish That Line ● 12:30pm Flower Arranging ● 2:00pm Sound Bath: Wellness-Focus ● 2:30pm Outing: Culver's for Custard ● 2:45pm Big Ball Exercise ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 17	● AD National First Love Day ● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 1:00pm Walk the Ridge ● 1:30pm TV Series: I Love Lucy ● 3:00pm Afternoon Snack & Chat ● 3:30pm Happy Hour ● 5:30pm Evening Movie 18	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 11:00am Board Game Fun: Duck Races ● 1:00pm Our Planet ● 2:00pm Live Music: Mark Fossey ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 19
● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Silver Singers Choir Practice ● 10:00am Assorted Nature Documentaries ● 10:15am Our Father Lutheran Church Service ● 10:45am Finish That Line ● 11:15am Move & Groove Fitness Class ● 1:00pm Assorted Board Games ● 1:00pm Play House Theater ● 3:00pm Chair Volleyball ● 3:30pm Afternoon Snack & Chat ● 5:30pm Evening Movie 20	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 10:00am Memory March: A Walk to End Alzheimer's ● 10:15am Live Music: Alpine Rose Trio ● 11:15am Move & Groove Fitness Class ● 12:45pm PBS Documenatry Series ● 1:45pm Rainbow Ribbon Yoga ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 21	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 10:30am Brain Games & Trivia ● 1:00pm Parachute Popcorn ● 2:00pm Live Music: Chris Cheslin ● 2:00pm Walking Through Grief w/ Pastor Mark ● 2:30pm Outing: Putt Putt at Putter's Pride ● 2:30pm Pool Move & Groove ● 2:30pm TimeSlips Storytelling ● 3:00pm National Ice Cream Cone Day ● 5:30pm Evening Movie 22	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Bowling Bonanza ● 9:45am Patriotic Sing Along ● 10:15am Move & Groove Fitness ● 10:30am Bowling Bonanza ● 1:00pm Creative Craft Day: Animal Plaster Pour ● 1:00pm Nail and Hair Day ● 1:30pm Documentary: Lost Treasures of Egypt (S2, E7) ● 2:30pm Putt Putt Golf ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie ● 6:30pm Live Music: Mark Paulson 23	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sit & Be Fit ● 9:30am Outing: Lakewood Heritage Museum ● 9:45am Patriotic Sing Along ● 10:30am Finish That Line ● 12:30pm Flower Arranging ● 2:00pm Sound Bath: Wellness-Focus ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 24	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 1:00pm Parkinson's Support Group ● 1:00pm Walk the Ridge ● 1:30pm TV Series : Murder She Wrote ● 3:00pm Afternoon Snack & Chat ● 3:00pm Happy Birthday Rita S! ● 3:30pm Happy Hour ● 5:30pm Evening Movie 25	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 11:00am Board Game Fun: Scrabble ● 1:00pm Our Planet ● 2:00pm Live Music: Alan Vail ● 3:00pm Afternoon Snack & Chat ● 3:00pm Happy Birthday Alan P! ● 5:30pm Evening Movie 26

HAPPY BIRTHDAY

Alan P. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

TIME KEY

AD = All Day
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MONTESSORI

"Free choice is one of the highest of all the mental processes."

-Maria Montessori
The Montessori Way

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SEPTEMBER 2026



THE RIDGE
PINEHURST • SENIOR LIVING

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● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Silver Singers Choir Practice ● 10:00am Assorted Nature Documentaries ● 10:15am Our Father Lutheran Church Service ● 10:45am Finish That Line ● 11:15am Move & Groove Fitness Class ● 1:00pm Assorted Board Games ● 1:00pm Play House Theater ● 3:00pm Chair Volleyball ● 3:30pm Afternoon Snack & Chat ● 5:30pm Evening Movie 27	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sing Along Songs ● 10:15am Andre Rieu Orchestra Performace ● 11:15am Move & Groove Fitness Class ● 12:45pm PBS Documenatry Series ● 1:45pm Rainbow Ribbon Yoga ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 28	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 10:30am Brain Games & Trivia ● 1:00pm Parachute Popcorn ● 2:00pm Live Music: Mark Brier ● 2:00pm September Birthday Bash ● 2:30pm Pool Move & Groove ● 2:30pm TimeSlips Storytelling ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 29	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Bowling Bonanza ● 9:45am Patriotic Sing Along ● 10:15am Move & Groove Fitness ● 1:00pm Creative Craft Day: Animal Painting Day ● 1:00pm Nail and Hair Day ● 1:30pm Documentary: Lost Treasures of Egypt (S2, E8) ● 2:30pm Putt Putt Golf ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 30			

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