



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>● AD Daylight Savings Time</div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Silver Singers Choir Practice</div><div>● 10:00am Assorted Nature Documentaries</div><div>● 10:15am Our Father Lutheran Church Service</div><div>● 10:45am Finish That Line</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 1:00pm Assorted Board Games</div><div>● 1:00pm Play House Theater</div><div>● 2:25pm Broncos Watch Party!</div><div>● 3:00pm Chair Volleyball</div><div>● 3:30pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>1</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sing Along Songs</div><div>● 10:15am Andre Rieu Orchestra Performace</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 12:45pm PBS Documenatry Series</div><div>● 1:45pm Rainbow Ribbon Yoga</div><div>● 2:15pm This Week in History</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 3:00pm Happy Birthday Mary Helen C!</div><div>● 5:30pm Evening Movie</div></div> <div>2</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:30am Outing: Mines Museum of Earth Science</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Brain Games & Trivia</div><div>● 1:00pm Parachute Popcorn</div><div>● 2:00pm Live Music: Randal Ames</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>3</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Bowling Bonanza</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:15am Move & Groove Fitness</div><div>● 1:00pm Nail and Hair Day</div><div>● 1:30pm Documentary: Jaguar Journals (S1, E5)</div><div>● 2:30pm Putt Putt Golf</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div><div>● 6:30pm Live Music: Dennis Young</div></div> <div>4</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Finish That Line</div><div>● 10:45am Outing: Las Dalias</div><div>● 12:30pm Flower Arranging</div><div>● 2:00pm Sound Bath: Wellness-Focus</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>5</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Walk the Ridge</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 3:00pm Happy Birthday Cheryl J!</div><div>● 3:30pm Happy Hour</div><div>● 5:30pm Evening Movie</div></div> <div>6</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Our Planet</div><div>● 2:00pm Live Music: Chris Cheslin</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>7</div>
<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Silver Singers Choir Practice</div><div>● 10:00am Assorted Nature Documentaries</div><div>● 10:15am Our Father Lutheran Church Service</div><div>● 10:45am Finish That Line</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 1:00pm Assorted Board Games</div><div>● 1:00pm Broncos Watch Party!</div><div>● 1:00pm Play House Theater</div><div>● 3:00pm Chair Volleyball</div><div>● 3:30pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>8</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sing Along Songs</div><div>● 10:15am Andre Rieu Orchestra Performace</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 12:45pm PBS Documenatry Series</div><div>● 1:45pm Rainbow Ribbon Yoga</div><div>● 2:15pm This Week in History</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>9</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:30am Outing: Scenic Drive - Alderfer/Three Sisters</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Brain Games & Trivia</div><div>● 1:00pm Parachute Popcorn</div><div>● 2:00pm Live Music: Jeffrey Dallet</div><div>● 2:00pm Walking Through Grief w/ Pastor Mark</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 3:00pm Happy Birthday Ardy C!</div><div>● 5:30pm Evening Movie</div></div> <div>10</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Bowling Bonanza</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:15am Move & Groove Fitness</div><div>● 1:00pm Creative Craft Day: 3D Paper Pumpkins</div><div>● 1:00pm Nail and Hair Day</div><div>● 1:30pm Documentary: Kevin Costner's The West (S1, E1)</div><div>● 2:30pm Putt Putt Golf</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div><div>● 6:30pm Live Music: Dave Miller</div></div> <div>11</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:30am Outing: Forney Museum of Transportation</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Finish That Line</div><div>● 12:30pm Flower Arranging</div><div>● 1:30pm Men's Group</div><div>● 2:00pm Sound Bath: Wellness-Focus</div><div>● 2:30pm Pool Move and Groove</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>12</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Walk the Ridge</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 3:30pm Happy Hour</div><div>● 5:30pm Evening Movie</div></div> <div>13</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Our Planet</div><div>● 2:00pm Live Music: Mark Paulson</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>14</div>

MONTESSORI

"Free choice is one of the highest of all the mental processes."

-Maria Montessori
The Montessori Way

HAPPY BIRTHDAY

Cheryl J. - 6th
Ardy C. - 10th
Jan W. - 24th
Barb B. - 27th

ACTIVITY TYPES

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 Inspirational

●

 Intellectual

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 Physical

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 Social

TIME KEY

AD = All Day

MO = Morning

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Silver Singers Choir Practice</div><div>● 10:00am Assorted Nature Documentaries</div><div>● 10:15am Our Father Lutheran Church Service</div><div>● 10:45am Finish That Line</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 1:00pm Assorted Board Games</div><div>● 1:00pm Play House Theater</div><div>● 3:00pm Chair Volleyball</div><div>● 3:30pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>15</div>	<div><div>● AD National PJ Day!</div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sing Along Songs</div><div>● 10:15am Andre Rieu Orchestra Performace</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 12:45pm PBS Documenatry Series</div><div>● 1:45pm Rainbow Ribbon Yoga</div><div>● 2:15pm This Week in History</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div><div>● 6:30pm Live Music: The 2 Judys Perform Classical Duets & Solos</div></div> <div>16</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:30am Outing: Lamar's Donuts</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Brain Games & Trivia</div><div>● 1:00pm Parachute Popcorn</div><div>● 2:00pm Live Music: Jeff King</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>17</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Bowling Bonanza</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:15am Move & Groove Fitness</div><div>● 1:00pm Creative Craft Day: Turkey Day Placemats</div><div>● 1:00pm Nail and Hair Day</div><div>● 1:30pm Documentary: Kevin Costner's The West (S1, E2)</div><div>● 2:30pm Putt Putt Golf</div><div>● 3:00pm Cider & Spice Cake Social</div><div>● 5:30pm Evening Movie</div><div>● 6:30pm Live Music: Neil Jordan</div></div> <div>18</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Finish That Line</div><div>● 12:30pm Flower Arranging</div><div>● 2:00pm Sound Bath: Wellness-Focus</div><div>● 2:30pm Pool Move and Groove</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>19</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Walk the Ridge</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 3:30pm Happy Hour</div><div>● 5:30pm Evening Movie</div></div> <div>20</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Our Planet</div><div>● 2:00pm Live Music: Deva Yoder</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>21</div>
<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Silver Singers Choir Practice</div><div>● 10:00am Assorted Nature Documentaries</div><div>● 10:15am Our Father Lutheran Church Service</div><div>● 10:45am Finish That Line</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 1:00pm Assorted Board Games</div><div>● 1:00pm Play House Theater</div><div>● 2:25pm Broncos Watch Party!</div><div>● 3:00pm Chair Volleyball</div><div>● 3:30pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>22</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sing Along Songs</div><div>● 10:15am Andre Rieu Orchestra Performace</div><div>● 11:15am Move & Groove Fitness Class</div><div>● 12:45pm PBS Documenatry Series</div><div>● 1:45pm Rainbow Ribbon Yoga</div><div>● 2:15pm This Week in History</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>23</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:30am Outing: Scenic Drive - Evergreen Lake</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Brain Games & Trivia</div><div>● 1:00pm Parachute Popcorn</div><div>● 2:00pm Happy Birthday Jan W!</div><div>● 2:00pm Live Music: Daniel Ott</div><div>● 2:00pm November Birthday Bash</div><div>● 2:00pm Walking Through Grief w/ Pastor Mark</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>24</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Bowling Bonanza</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:15am Move & Groove Fitness</div><div>● 1:00pm Creative Craft Day: Painted Pumpkins</div><div>● 1:00pm Nail and Hair Day</div><div>● 1:30pm Documentary: Kevin Costner's The West (S1, E3)</div><div>● 2:30pm Putt Putt Golf</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div><div>● 6:30pm Live Music: Mark Brier</div></div> <div>25</div>	<div><div>● AD Thanksgiving Day!</div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 10:30am Finish That Line</div><div>● 12:30pm Flower Arranging</div><div>● 1:30pm Men's Group</div><div>● 2:00pm Sound Bath: Wellness-Focus</div><div>● 2:30pm Pool Move and Groove</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>26</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Sit & Be Fit</div><div>● 9:45am Patriotic Sing Along</div><div>● 1:00pm Walk the Ridge</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 3:00pm Broncos Watch Party!</div><div>● 3:00pm Happy Birthday Barb B!</div><div>● 3:30pm Happy Hour</div><div>● 5:30pm Evening Movie</div></div> <div>27</div>	<div><div>● 8:45am Morning Meeting / Montessori Task Board</div><div>● 8:45am The Daily Chronicle</div><div>● 9:15am Strength & Bend w/ Judy</div><div>● 9:45am Patriotic Sing Along</div><div>● 11:00am Board Game Fun: Scrabble</div><div>● 1:00pm Our Planet</div><div>● 2:00pm Live Music: Alan Vail</div><div>● 3:00pm Afternoon Snack & Chat</div><div>● 5:30pm Evening Movie</div></div> <div>28</div>

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NOVEMBER 2026



THE RIDGE
PINEHURST • SENIOR LIVING

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