



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Sit & Be Fit 9:30am Outing: Scenic Walk - Hudson Gardens 9:45am Patriotic Sing Along 10:30am Finish That Line 12:30pm Flower Arranging 1:00pm Chair Volleyball 2:00pm Sound Bath: Wellness-Focus 3:00pm National Pumpkin Spice Day 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 1:00pm Walk the Ridge 1:30pm TV Series: The Andy Griffith Show 3:00pm Afternoon Snack & Chat 3:30pm Happy Hour 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Strength & Bend w/ Judy 9:45am Patriotic Sing Along 10:45am Board Game Fun: Rummikub 1:00pm Our Planet 2:00pm Live Music: Daniel Ott 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie
8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 10:00am Assorted Nature Documentaries 10:15am Our Father Lutheran Church Service 11:15am Move & Groove Fitness Class 1:00pm Play House Theater 3:30pm Afternoon Snack & Chat 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Sing Along Songs 10:15am Andre Rieu Orchestra Performace 11:15am Move & Groove Fitness Class 12:45pm PBS Documenatry Series 1:45pm Rainbow Ribbon Yoga 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Vaccine Clinic 9:15am Strength & Bend w/ Judy 9:30am Outing: Scenic Drive - Leaf Peeping 9:45am Patriotic Sing Along 10:30am Brain Games & Trivia 1:00pm Parachute Popcorn 2:00pm Live Music: David Harrower, "Song Circle" 2:00pm Walking Through Grief w/ Pastor Mark 2:30pm Catholic Communion Service w/ Deacon Don 2:30pm Pool Move & Groove 2:30pm Timeslips Storytelling 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie	AD Breast Cancer Awareness Month - Wear PINK 8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Bowling Bonanza 9:45am Patriotic Sing Along 10:15am Move & Groove Fitness 10:50am Resident Council Meeting 1:00pm Nail and Hair Day 1:30pm Documentary: Jaguar Journals (S1, E1) 2:30pm Putt Putt Golf 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie 5:30pm Family Member Activity: Family Council 6:30pm Live Music: Gio Barabadze	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 10:30am Finish That Line 10:45am Outing: In-N-Out Burger 12:30pm Flower Arranging 1:30pm Men's Group 2:00pm Sound Bath: Wellness-Focus 3:00pm Afternoon Snack & Chat 3:00pm Parachute Popcorn 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:00am Garden Bed Care 9:15am Sit & Be Fit 9:45am Patriotic Sing Along 1:00pm Walk the Ridge 1:30pm TV Series: Carol Burnett 3:00pm Afternoon Snack & Chat 3:30pm Happy Hour 5:30pm Evening Movie	8:45am Morning Meeting / Montessori Task Board 8:45am The Daily Chronicle 9:15am Strength & Bend w/ Judy 9:45am Patriotic Sing Along 10:45am Board Game Fun: Triomino's 1:00pm Our Planet 2:00pm Live Music: Warren Floyd 3:00pm Afternoon Snack & Chat 5:30pm Evening Movie

HAPPY BIRTHDAY

Peggy F. - 14th
Jane J. - 17th
Bill B. - 23rd

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

TIME KEY

AD = All Day
MO = Morning
AF = Afternoon
EV = Evening

MONTESSORI

"Free choice is one of the highest of all the mental processes."

-Maria Montessori
The Montessori Way

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● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Silver Singers Choir Practice ● 10:00am Assorted Nature Documentaries ● 10:15am Our Father Lutheran Church Service ● 10:45am Finish That Line ● 11:15am Move & Groove Fitness Class ● 1:00pm Assorted Board Games ● 1:00pm Play House Theater ● 3:00pm Chair Volleyball ● 3:30pm Afternoon Snack & Chat ● 5:30pm Evening Movie 11	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sing Along Songs ● 10:15am Andre Rieu Orchestra Performace ● 11:15am Move & Groove Fitness Class ● 12:45pm PBS Documenatry Series ● 1:45pm Rainbow Ribbon Yoga ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 12	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:30am Outing: Scenic Drive - Leaf Peeping ● 9:45am Patriotic Sing Along ● 10:30am Brain Games & Trivia ● 1:00pm Parachute Popcorn ● 2:00pm Live Music: Gordon Close ● 2:30pm Pool Move & Groove ● 2:30pm TimeSlips ● 3:00pm Afternoon Snack & Chat ● 4:00pm Family Member Activity: Dementia Support Group ● 5:30pm Evening Movie 13	● AD Breast Cancer Awareness Month - Wear PINK ● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Bowling Bonanza ● 9:45am Patriotic Sing Along ● 10:15am Move & Groove Fitness ● 1:00pm Creative Craft Day: Autumn Pastel Scene ● 1:00pm Nail and Hair Day ● 1:30pm Documentary: Jaguar Journals (S1, E2) ● 2:30pm Putt Putt Golf ● 3:00pm Afternoon Snack & Chat ● 3:00pm Happy Birthday Peggy F! ● 5:30pm Evening Movie ● 6:30pm Live Music: Scott Hackler 14	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 10:30am Finish That Line ● 12:30pm Flower Arranging ● 2:00pm Sound Bath: Wellness-Focus ● 2:30pm Outing: Dairy Queen ● 2:45pm Big Ball Exercise ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 15	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 1:00pm Walk the Ridge ● 1:30pm TV Series: I Love Lucy ● 3:00pm Afternoon Snack & Chat ● 3:30pm Happy Hour ● 5:30pm Evening Movie 16	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 11:00am Board Game Fun: Duck Races ● 1:00pm Our Planet ● 2:00pm Live Music: Steve Smith ● 3:00pm Afternoon Snack & Chat ● 3:00pm Happy Birthday Jane J! ● 5:30pm Evening Movie 17
● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Silver Singers Choir Practice ● 10:00am Assorted Nature Documentaries ● 10:15am Our Father Lutheran Church Service ● 10:45am Finish That Line ● 11:15am Move & Groove Fitness Class ● 1:00pm Assorted Board Games ● 1:00pm Play House Theater ● 3:00pm Chair Volleyball ● 3:30pm Afternoon Snack & Chat ● 5:30pm Evening Movie ● 6:00pm Live Performance: Opera Fanciers 18	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sing Along Songs ● 10:15am Andre Rieu Orchestra Performace ● 11:15am Move & Groove Fitness Class ● 12:45pm PBS Documenatry Series ● 1:45pm Rainbow Ribbon Yoga ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 19	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Strength & Bend w/ Judy ● 9:30am Outing: Buffalo Bill Museum ● 9:45am Patriotic Sing Along ● 10:30am Brain Games & Trivia ● 1:00pm Parachute Popcorn ● 2:00pm Live Music: Harry Olsson ● 2:00pm October Birthday Bash ● 2:00pm Walking Through Grief w/ Pastor Mark ● 2:30pm Pool Move & Groove ● 2:30pm TimeSlips ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 20	● AD Breast Cancer Awareness Month - Wear PINK ● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Bowling Bonanza ● 9:45am Patriotic Sing Along ● 10:15am Move & Groove Fitness ● 1:00pm Creative Craft Day: Plaster Turkey Paint ● 1:00pm Nail and Hair Day ● 1:30pm Documentary: Jaguar Journals (S1, E3) ● 2:30pm Putt Putt Golf ● 3:00pm National Apple Day ● 5:30pm Evening Movie ● 6:30pm Live Music: Bob Harris 21	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 10:30am Finish That Line ● 12:30pm Flower Arranging ● 1:30pm Men's Group ● 2:00pm Sound Bath: Wellness-Focus ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 22	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 1:00pm Parkinson's Support Group ● 1:00pm Walk the Ridge ● 1:30pm TV Series: Dick Van Dyke Show ● 3:00pm Afternoon Snack & Chat ● 3:00pm Happy Birthday, Bill Brown! ● 3:30pm Happy Hour ● 5:30pm Evening Movie 23	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 11:00am Board Game Fun: Scrabble ● 1:00pm Our Planet ● 2:00pm Live Music: Alan Vail ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 24

HAPPY BIRTHDAY

Peggy F. - 14th
Jane J. - 17th
Bill B. - 23rd

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

TIME KEY

AD = All Day
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MONTESSORI

"Free choice is one of the highest of all the mental processes."

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The Montessori Way

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OCTOBER 2026



THE RIDGE

PINEHURST • SENIOR LIVING

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● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Silver Singers Choir Practice ● 10:00am Assorted Nature Documentaries ● 10:15am Our Father Lutheran Church Service ● 10:45am Finish That Line ● 11:15am Move & Groove Fitness Class ● 1:00pm Assorted Board Games ● 1:00pm Play House Theater ● 3:00pm Chair Volleyball ● 3:30pm Afternoon Snack & Chat ● 5:30pm Evening Movie 25	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sing Along Songs ● 10:15am Andre Rieu Orchestra Performace ● 11:15am Move & Groove Fitness Class ● 12:45pm PBS Documenatry Series ● 1:45pm Rainbow Ribbon Yoga ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 26	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:30am Outing: Scenic Drive - Leaf Peeping ● 9:45am Patriotic Sing Along ● 10:30am Brain Games & Trivia ● 1:00pm Parachute Popcorn ● 2:00pm Live Music: Deva Yoder ● 2:30pm Pool Move & Groove ● 2:30pm TimeSlips Storytelling ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 27	● AD Breast Cancer Awareness Month - Wear PINK ● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Bowling Bonanza ● 9:45am Patriotic Sing Along ● 10:15am Move & Groove Fitness ● 10:30am Bowling Bonanza ● 1:00pm Creative Craft Day: Stencil Aand Squeegee Paint ● 1:00pm Nail and Hair Day ● 1:30pm Documentary: Jaguar Journals (S1, E4) ● 2:30pm Putt Putt Golf ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie ● 6:30pm Live Music: Tanya Taylor 28	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Sit & Be Fit ● 9:30am Outing: Lamar's Donuts ● 9:45am Patriotic Sing Along ● 10:30am Finish That Line ● 12:30pm Flower Arranging ● 2:00pm Sound Bath: Wellness-Focus ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 29	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:15am Sit & Be Fit ● 9:45am Patriotic Sing Along ● 1:00pm Walk the Ridge ● 1:30pm TV Series : Murder She Wrote ● 3:00pm Afternoon Snack & Chat ● 3:30pm Happy Hour ● 5:30pm Evening Movie 30	● 8:45am Morning Meeting / Montessori Task Board ● 8:45am The Daily Chronicle ● 9:00am Garden Bed Care ● 9:15am Strength & Bend w/ Judy ● 9:45am Patriotic Sing Along ● 1:00pm Our Planet ● 2:00pm Ghouls' Gala Halloween Party ● 2:00pm Live Music: Mark Paulson ● 3:00pm Afternoon Snack & Chat ● 5:30pm Evening Movie 31

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