(PCMR)

(PSR)

(RGR)

MONDAY

9:45am Voice Your Opinion

12:30pm American Mahjong

2:30pm Humongous Words

3:30pm Wii Bowling (PCMR)

• 7:00pm TV Series: Lessons in

Chemistry (S1, E1) (RC)

AD Game Room Fun! (PGR)

• 9:00am Summit Pastry Party

10:00am LifeLoop Help Desk

12:30pm American Mahjong

2:30pm Humongous Words

3:00pm Live Speaker: Dan

Hudak - Outrageous Oscar

3:30pm Wii Bowling (PCMR)

• 7:00pm TV Series: Lessons in

Chemistry (S1, E2) (RC)

• 9:00am Outing: Kohls

(TPB)

(PGR)

(PSR)

(RGR)

Shopping Center (LB)

10:00am Aqualates (CR)

• 1:00pm Bingo (PGR)

Moments (RC)

• 10:00am Aqualates (CR)

• 1:00pm Bingo (PGR)

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

WEDNESDAY THURSDAY



PINEHURST · SENIOR LIVING

HAPPY BIRTHDAY

Michael "Mickey" C. - 8th

Stella Z. - 20th

Robert S. - 26th

ACTIVITY TYPES

SUNDAY • AD Game Room Fun! (PGR) • 8:30am Sunday Worship at First Pres. Live Stream (PC) • 9:30am Outing: Catholic Service (LB) • 10:00am Our Father Lutheran Church Live Stream (RC) • 11:00am Broncos vs Raiders Watch Party (SW) • 2:00pm Non-Denominational Church Service (RCR) • 2:00pm Stretch & Flexibility Class (PER) • 3:00pm Movie: The Boy Who Harnessed the Wind (PC) • 6:30pm Movie: The Boy Who Harnessed the Wind (PC)

- AD Game Room Fun! (PGR) 9:00am TED Talk Tuesday: 9:00am LifeLoop Help Desk How I Made Friends with (PGR) Reality (PC)
 - 10:00am Move & Groove Poolates (CR)

TUESDAY

- 1:00pm Chess (RGR)
- 1:00pm Cribbage (AGB) • 1:30pm Buzzed Bingo (PGR)
- 2:00pm Walking Through
- Grief w/ Pastor Mark (PCMR) 3:00pm Play Pinochle (AGB)
- 3:00pm Video Lecture Series: World War ll: Battlefield Europe (17 and 18 of 24) (RCR)
- 4:00pm Catholic Communion Service w/ Deacon Don (RC)

Why Change Is So Scary &

How to Unlock Its Potential

■ 10:00am Move & Groove

10:30am I-phone/Android

Poolates (CR)

Class (PGR)

1:00pm Chess (RGR)

1:00pm Cribbage (AGB)

• 1:00pm Video Lecture Series:

Europe (21and 22 of 24) (RCR)

World War ll: Battlefield

• 1:30pm Buzzed Bingo (PGR)

• 3:00pm Live Speaker: Active

3:00pm Play Pinochle (AGB)

Minds - The History of

Automobiles (RC)

(PC)

- 10:00am Aqualates (CR)
- 10:00am Craft: Paper Cranes (PAS)
- 10:00am Fingers & Toes Fitness (PER)
- 11:00am Men's Fitness (CR)
- 11:15am Rosary Prayer Group (LC)
- 12:30pm American Mahjong (PSR)
- 1:00pm Balance Class (PER) • 1:00pm Pool Fitness (CR)
- 1:30pm Ice Cream Social (G&GB)
- 2:00pm Bible Study (PCMR)
- 2:00pm Resistance River Training (CR)
- 3:30pm Docuseries: History 101 - Fast Food (PC)
- 6:30pm Live Music: Alan Vail (RCR)

- 3 9:30am Motivate Your Morning (PC)
 - 10:00am Line Dancing w/ Melissa (RCR)
- 10:00am Pool Core & Balance (CR)
- 11:00am Resistance River Training (CR)
- 11:00am Vitals Clinic (WC) • 1:00pm Flower Arrangements (PAS)
- 1:00pm Video Lecture Series: World War ll: Battlefield Europe (19 and 20of 24) (RCR)
- 2:00pm Guided Painting (PAS)
- 3:00pm Documentary: What Happened Miss Simone? (PC)
- 3:30pm French for Beginners
- 4:00pm The Stitchers (RGR)

- 4 9:30am Pickleball Open Court (RCR)
 - 10:00am Colorado Experience (PC)

FRIDAY

- 10:00am Fingers & Toes Fitness (PER)
- 10:00am River Resistance Training (CR) • 11:00am Men's Fitness (CR)
- 11:00am Pool Fitness (CR)
- 1:00pm Cribbage (AGB)
- 1:00pm Stretch for Flexibility (PER)
- 1:30pm Bingo (PGR)

11 9:30am Pickleball Open

● 10:00am Fingers & Toes

■ 10:00am Resistance River

• 11:00am Men's Fitness (CR)

• 11:00am Pool Fitness (CR)

• 1:00pm Stretch for Flexibility

• 2:00pm Cardio w/ Weights

• 5:00pm Welcome Shabbat w/

• 1:00pm Cribbage (AGB)

• 1:30pm Bingo (PGR)

Court (RCR)

Fitness (PER)

Training (CR)

(PC)

(PER)

(PER)

(AGB)

- 2:00pm Cardio w/ Weights (PER)
- 3:00pm Icy Winter Happy Hour (AGB)
- 5:00pm Welcome Shabbat w/ Paula Levy (TPB)
- 6:30pm Movie: Sergeant York (PC)

10:00am Colorado Experience

- 5 9:00am Colorado Experience (PC)
 - 9:30am Pickleball Open Court (RCR)

SATURDAY

Front Desk: 720-316-5226

- 10:00am Pool Core & Balance (CR)
- 10:30am Documentary: Diana In Her Own Words (PC)
- 11:00am Resistance River Training (CR)
- 12:30pm American Mahjong
- 1:00pm Live Speaker: Peace of Mind with Horan & McConaty (RCR)
- 1:00pm Wii Bowling (PGR)
- 2:00pm Ball & Band Fitness (PER)
- 2:00pm Outing: ARC Thrift Store (LB) 2:30pm Dealer's Choice Poker
- (PGR) • 3:00pm Movie: Million Dollar
- Baby (PC) • 6:30pm Movie: Million Dollar Baby (PC)

• 9:30am Pickleball Open Court

• 10:00am Pool Core & Balance

12 9:00am Colorado

(RCR)

(CR)

Experience (PC)

LOCATION KEY

AlpenGlow Bar = AGB Board Room = BR Courtyard = CY

■ 10:30am Documentary: Mysteries of the Inca: New Lobby = LBInsights in the Andes (PC)

13

• 11:00am Resistance River Training (CR)

- 12:30pm American Mahjong
- 1:00pm Wii Bowling (PGR)
- 2:00pm Ball & Band Fitness (PER)
- 3:00pm Hot Toddy Happy Hour | 2:30pm Dealer's Choice Poker (PGR)
 - 3:00pm Movie: The Shawshank Redemption (PC)
 - 6:30pm Movie: The Shawshank Redemption (PC)

2nd Floor Location Key

Inspirational

Intellectual

Physical

Social

Grab & Go Bistro (AL) = G&GB Learning Center (IL) = LC

Palisade (AL) Dining Room = PDR PanoVista (IL) = PV

Peaks (AL) Cinema = PC Peaks (AL) Community Room =

PCMR Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Kev

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Skywood (IL) = SWThe Point Bistro (IL) = TPB

- 9:00am TED Talk Tuesday: • 10:00am Aqualates (CR)
 - (PAS) • 10:00am Fingers & Toes Fitness (PER)

• 10:00am Craft: 3D

• 11:00am Men's Fitness (CR)

Patterned Paper Snowflake

- 11:15am Rosary Group (LC)
- 12:30pm American Mahjong (PSR)
- 1:00pm Balance Class (PER) • 1:00pm Ice Cream Social
- (G&GB) • 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR) • 2:00pm Resistance River
- Training (CR) 2:00pm Teaching Kitchen feat. Regional Dietitian (RCR)
- 3:30pm Activity Planning Committee (PGR)
- 3:30pm Alliant Living Open House & Happy Hour (AGB)
- 3:30pm Docuseries: History 101 - The Space Race (PC)
- 6:30pm Live Music: Warren Floyd (RCR)

- 10 9:00am Hot Cocoa Social (G&GB) • 9:30am Documentary: Miles
 - Davis Birth of the Cool (PC) • 10:00am Pool Core & Balance (CR)
 - 11:00am Resistance River Training (CR)
 - 1:00pm Flower Arrangements (PAS)
 - 2:00pm Guided Painting (PAS) • 2:00pm Let's Talk Food (G&GB)
 - 3:00pm Video Lecture Series: World War ll: Battlefield Europe (23 and 24 of 24) (RCR)
 - 4:00pm The Stitchers (RGR)
- - - Paula Levy (TPB) • 6:30pm Movie: The Westerner (PC)

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

17 9:00am Motivate Your

Morning (PC)

Melissa (RCR)

Sherrif? (PC)

Training (CR)

(CR)

(PAS)

(LC)

Barrie (RCR)

Rehearsal (RCR)

• 10:00am Line Dancing w/

• 10:30am Documentary:

• 10:00am Pool Core & Balance

Remastered - Who Shot the

11:00am Resistance River

• 12:30pm Documentary: The

· The Golden Door

(Beginnings-1938) (PC)

3:15pm Poetry Reading w/

• 1:00pm Flower Arrangements

• 2:00pm Guided Painting (PAS)

• 3:30pm French for Beginners

• 4:00pm The Stitchers (RGR)

U.S. and the Holocaust (S1.E1)

WEDNESDAY THURSDAY



SATURDAY

PINEHURST · SENIOR LIVING

Front Desk: 720-316-5226

19 • 9:00am Colorado

(RCR)

(LB)

(PER)

(PGR)

Experience (PC)

Chasing Coral (PC)

Training (CR)

• 9:30am Pickleball Open Court

• 10:00am Pool Core & Balance

● 12:30pm American Mahjong

• 1:00pm Outing: Dollar Store

• 1:00pm Wii Bowling (PGR)

• 2:00pm Ball & Band Fitness

• 11:00am Resistance River

10:00am Documentary: Stella Z. - 20th

Michael "Mickey" C. - 8th

HAPPY BIRTHDAY

- Inspirational
- Intellectual
- 3:00pm Movie: Backdraft (PC)

• 2:30pm Dealer's Choice Poker

- Physical

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Robert S. - 26th

ACTIVITY TYPES

- Social
- 6:30pm Movie: Backdraft (PC)

Part One (PC)

Impossible - Dead Reckoning

SUNDAY

AD Game Room Fun!

• 8:30am Sunday Worship at

• 9:30am Outing: Catholic

• 2:00pm Movie: Mission:

Church Service (RCR)

• 6:30pm Movie: Mission:

First Pres. Live Stream (PC)

● 10:00am Our Father Lutheran

Church Live Stream (RC)

2:00pm Non-Denominational

2:00pm Stretch & Flexibility

(PGR)

Service (LB)

Part One (PC)

Class (PER)

(PGR) • 9:00am National Bagel Day

14 AD Game Room Fun!

(AGB)

MONDAY

■ 10:00am Aqualates (CR)

■ 10:00am LifeLoop Help Desk (PGR)

12:30pm American Mahjong (PSR) Impossible - Dead Reckoning

• 1:00pm Bingo (PGR)

2:30pm Humongous Words (RGR)

• 3:30pm Wii Bowling (PCMR)

● 7:00pm TV Series: Lessons in Chemistry (S1, E3) (RC)

15 9:00am TED Talk Tuesday: 16 Why I Built My Own Time Machine (PC)

> ■ 10:00am Move & Groove Poolates (CR)

• 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)

TUESDAY

1:00pm Chess (RGR)

• 1:00pm Cribbage (AGB) • 1:30pm Buzzed Bingo (PGR)

• 2:00pm Walking Through

Grief with Pastor Mark (PCMR)

• 3:00pm Documentary: Night Will Fall (PC)

• 3:00pm Play Pinochle (AGB)

(RCR) 12:30pm American Mahjong

• 10:00am Aqualates (CR)

• 10:00am Craft: Mandala

■ 10:00am Fingers & Toes

10:00am Mimosas & Raffle w/

• 11:15am Rosary Prayer Group

• 11:30am Pinehurst Pizza Party

• 11:00am Men's Fitness (CR)

Dotting (PAS)

Fitness (PER)

(LC)

One Medical (LC)

(PSR) • 1:00pm Balance Class (PER)

• 1:00pm Ice Cream Social (G&GB)

• 1:00pm Pool Fitness (CR) • 2:00pm Bible Study (PCMR)

• 2:00pm Resistance River Training (CR)

3:30pm Docuseries: History 101 - The Rise of China (PC)

• 6:30pm Live Music: Hip • 6:30pm Silver Singers Replacements Band (RCR)

(PAS) • 10:00am Fingers & Toes

Fitness (PER)

(LC)

(PSR)

• 1:00pm Ice Cream Social (G&GB)

• 2:00pm Bible Study (PCMR)

Training (CR) • 2:00pm The Chili Challenge

101 - Plastics (PC)

• 6:30pm Live Music: Chris Kroger (RCR)

• 11:00am Resistance River

Training (CR)

· Yearning to Breathe Free (1938-1942) (PC)

• 1:00pm Flower Arrangements

• 2:00pm Guided Painting (PAS)

• 4:00pm The Stitchers (RGR)

• 6:30pm Silver Singers

9:30am Pickleball Open Court (RCR)

10:00am Colorado Experience (PC)

• 10:00am Fingers & Toes Fitness (PER)

▶ 10:00am Resistance River Training (CR)

• 11:00am Men's Fitness (CR)

• 11:00am Pool Fitness (CR)

• 1:00pm Cribbage (AGB)

(PER)

• 2:00pm Cardio w/ Weights (PER)

Hoagies Trio (AGB)

• 3:00pm Welcome Wagon Happy Hour (AGB)

Paula Levy (TPB)

Lord Made (PC)

26 9:00am Colorado Experience (PC)

• 9:30am Pickleball Open Court (RCR)

10:00am Documentary: Seaspiracy (PC)

• 10:00am Pool Core & Balance (CR)

• 11:00am Resistance River Training (CR)

• 12:30pm American Mahjong

• 1:00pm Wii Bowling (PGR)

• 2:00pm Ball & Band Fitness (PER)

2:30pm Dealer's Choice Poker (PGR)

• 3:00pm Movie: Radio (PC) • 6:30pm Movie: Radio (PC)

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB Board Room = BR Courtyard = CY Grab & Go Bistro (AL) = G&GB Learning Center (IL) = LC Lobby = LBPalisade (AL) Dining Room = PDR PanoVista (IL) = PV Peaks (AL) Cinema = PC

Peaks (AL) Community Room = PCMR Peaks (AL) Creative Art Studio = PAS Peaks (AL) Game Room = PGR

Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Kev

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Skywood (IL) = SWThe Point Bistro (IL) = TPB

AD Game Room Fun! (PGR)

• 8:30am Sunday Worship at First Pres. Live Stream (PC) • 9:30am Outing: Catholic

Service (LB) • 10:00am Our Father Lutheran Church Live Stream (RC)

• 2:00pm Non-Denominational Church Service (RCR)

• 2:00pm Stretch & Flexibility Class (PER)

3:00pm Movie: Maestro (PC) • 6:30pm Movie: Maestro (PC)

21 AD Game Room Fun! (PGR)

9:00am LifeLoop Help Desk (PGR)

• 9:00am Summit Pastry Party (TPB)

■ 10:00am Aqualates (CR) 10:00am Resident Town Hall (PDR)

12:30pm American Mahjong (PSR)

• 1:00pm Bingo (PGR)

2:00pm Blonde Brownie Day

2:30pm Humongous Words

(AGB)

(RGR) • 3:30pm Wii Bowling (PCMR)

• 7:00pm TV Series: Lessons in

Chemistry (S1, E4) (RC)

22 9:00am TED Talk Tuesday: How Boredom Can Lead to Your Most Brilliant Ideas (PC)

> ■ 10:00am Move & Groove Poolates (CR)

> 10:30am I-phone/Android Class (PGR)

12:30pm Documentary: The U.S. and the Holocaust (S1.E2) · Yearning to Breathe Free (1938-1942) (PC)

• 1:00pm Chess (RGR) • 1:00pm Cribbage (AGB)

• 1:30pm Buzzed Bingo (PGR) • 3:00pm Ceramic Creations w/

Melissa (1 of 2) (PAS) 3:00pm Play Pinochle (AGB) ● 10:00am Aqualates (CR) • 10:00am Craft: Button Bowl

● 11:00am Men's Fitness (CR)

• 11:15am Rosary Prayer Group

• 12:30pm American Mahjong

• 1:00pm Balance Class (PER)

• 1:00pm Pool Fitness (CR)

• 2:00pm Resistance River

Cook Off (RCR) 3:30pm Docuseries: History

24 9:30am Hot Cocoa Social (G&GB) • 10:00am Pool Core & Balance

(CR)

• 12:30pm Documentary: The U.S. and the Holocaust (S1.E3)

Rehearsal (RCR)

25 | 9:30am Outing: Rocky Mountain Quilt Museum

FRIDAY

10:00am Colorado Experience

■ 10:00am Fingers & Toes

• 10:00am Resistance River

• 11:00am Men's Fitness (CR)

• 1:00pm Stretch for Flexibility

• 2:00pm Cardio w/ Weights

• 3:00pm Cuba Libre Happy

• 3:00pm Live Music: Patchwork

• 3:00pm National Popcorn Day

• 5:00pm Welcome Shabbat w/

• 6:30pm Movie: One Flew Over the Cuckoo's Nest (PC)

• 11:00am Pool Fitness (CR)

• 1:00pm Cribbage (AGB)

• 1:30pm Bingo (PGR)

Pickers Duo (AGB)

Paula Levy (TPB)

18 9:30am Pickleball Open

Court (RCR)

Fitness (PER)

Training (CR)

(PC)

(PER)

(PER)

(AGB)

Hour (AGB)

• 1:00pm Stretch for Flexibility

• 1:30pm Bingo (PGR)

• 3:00pm Live Music: The

• 5:00pm Welcome Shabbat w/

• 6:30pm Movie: Something the

JANUARY 2024

PEAKS NEIGHBORHOOD ACTIVITY CALENDAR

THURSDAY

This calendar is subject to change.

To stay up to date, please visit

LifeLoop or contact a Community

Life Associate. If you intend on

attending an activity, please REGISTER on LifeLoop. If you need

assistance, ask a Community Life

Associate or Concierge.



THE RIDGE

PINEHURST · SENIOR LIVING

HAPPY BIRTHDAY

Michael "Mickey" C. - 8th Stella Z. - 20th Robert S. - 26th

ACTIVITY TYPES

- Inspirational
- Intellectual Physical
- Social

LOCATION KEY

2nd Floor Location Key

AlpenGlow Bar = AGB Board Room = BR Courtyard = CY Grab & Go Bistro (AL) = G&GB Learning Center (IL) = LC Lobby = LBPalisade (AL) Dining Room = PDR PanoVista (IL) = PV Peaks (AL) Cinema = PC Peaks (AL) Community Room = PCMR Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Game Room = PGR Ridge Cinema (IL) = RC Ridge Community Room (IL) = RCR Ridge Game Room (IL) = RGR Wellness Center = WC

3rd Floor Location Key

Peaks (AL) Sunrise Room = PSR Peaks (AL) Exercise Room = PER

4th Floor Location Key

Skywood (IL) = SWThe Point Bistro (IL) = TPB

Game Room Fun!	28	• AD	Game Room Fur
GR)		(PGR)	

First Pres. Live Stream (PC) • 9:30am Outing: Catholic Service (LB)

• 8:30am Sunday Worship at

AD

10:00am Our Father Lutheran Church Live Stream (RC)

SUNDAY

- 2:00pm Movie: The Sound of Music (PC)
- 2:00pm Non-Denominational Church Service (RCR)
- 2:00pm Stretch & Flexibility Class (PER) • 6:30pm Movie: The Sound of

Music (PC)

- 10:00am Aqualates (CR)
- 10:00am LifeLoop Help Desk (PGR)

MONDAY

- 12:30pm American Mahjong (PSR)
- 1:00pm Bingo (PGR)
- 2:30pm Humongous Words (RGR)
- 3:30pm Wii Bowling (PCMR)
- 7:00pm TV Series: Lessons in Chemistry (S1, E5) (RC)

- 29 9:00am TED Talk Tuesday: 30 10:00am Aqualates (CR) Why You Should Make Useless Things (PC)
 - 10:00am Move & Groove Poolates (CR)

TUESDAY

- 11:00am Outing: JP's Asian Bistro (LB)
- 1:00pm Chess (RGR)
- 1:00pm Cribbage (AGB)
- 1:30pm Buzzed Bingo (PGR) • 2:00pm Walking Through
- Grief w/ Pastor Mark (PCMR) • 3:00pm Ceramic Creations w/
- Melissa (2 of 2) (PAS) 3:00pm Play Pinochle (AGB)
- 7:00pm Comedy & Musical Trivia (RCR)

- - Making Class (PAS) ● 10:00am Fingers & Toes Fitness (PER)

• 10:00am Craft: Card

• 11:00am Men's Fitness (CR)

WEDNESDAY

- 11:15am Rosary Prayer Group (LC)
- 12:30pm American Mahjong (PSR)
- 12:45pm Ice Cream Social (G&GB)
- 1:00pm Balance Class (PER)
- 1:00pm Bingo Parlor Bingo (RCR)
- 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR)
- 2:00pm Resistance River Training (CR)
- 3:30pm Docuseries: History 101 - Oil and the Middle East (PC)
- 3:30pm New Resident Social (RCR)
- 6:30pm Live Music: Pete Vrazsity (RCR)

The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am

> Skywood: Thursday & Sunday 5pm-8pm

> > 7am-9:30am 11am-2pm 4pm-6pm

Dining Venues

FRIDAY

The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-7pm Sunday Brunch 8am-11am 11am-2pm

Dining Venues

Front Desk: 720-316-5226

SATURDAY

Palisade: Monday-Sunday