

# The Ridge Cottonwood

# menu

April 2-8 2023

## SOUP AND SALAD

### SOUP OF THE DAY

Please ask your server about our soup of the day

### CHEF SALAD

Chopped Romaine with Turkey, Ham, Swiss, Cheddar, Cucumber, Tomatoes and Hard Boiled Egg. Served with Choice of Dressing

### GARDEN SALAD

Chopped Romaine with Cucumbers, Carrots and Tomatoes. Served with Choice of Dressing

## ENTREES

### RIDGE BURGER

Beef Patty with Onion and Garlic. Served with Choice of Cheese, Lettuce, Tomato and Onion on a Brioche Bun

### FISH AND CHIPS

Pub Style Battered Cod Served with Crispy French Fries

### DELI SANDWICH

Choice of Turkey or Ham with Lettuce, Tomato and Mayonnaise on Wheat or White Bread. Served with Chips

### GRILLED CHEESE

Golden Grilled Cheese Sandwich with Choice of American, Swiss or Cheddar Cheese. Served with Chips

### CHICKEN FINGERS

Crispy Chicken Strips Served with French Fries and Choice of Ranch, Bleu Cheese, BBQ Sauce or Ketchup

## BEVERAGES

### COFFEE OR DECAF COFFEE

### HOT TEA

English Breakfast, Green and Earl Grey

### FRUIT JUICES

Orange, Apple, Cranberry, Orange Guava, Vitamin Water

### SOFT DRINKS

Coke, Diet Coke, Root Beer, Sprite, Iced Tea, Orange

## BREAKFAST

### EGGS YOUR WAY

Eggs served with Choice of Bacon or Sausage and Toast

### WAFFLE, PANCAKE, FRENCH TOAST OR ENGLISH MUFFIN

Served with Butter, Jelly, Syrup

## THIS WEEKS LUNCH SPECIALS

### SUNDAY - CHICKEN CORDON BLEU

Wild Rice, Steamed Broccoli

### MONDAY - CHEESE RAVIOLI ALFREDO

Spinach  
Breadstick

### TUESDAY - HERB BAKED TILAPIA

Brown Rice  
Seasonal Vegetable

### WEDNESDAY - SPAGHETTI AND MEATBALLS WITH MARINARA SAUCE

Green Beans

### THURSDAY -BLT SANDWICH

Your Choice of toasted bread  
Peas and Carrots  
Sweet Potato Fries

### FRIDAY- CHOPPED STIR FRIED CHICKEN

Asian Vegetable Stir Fry  
Udon Noodles

### SATURDAY-CHICKEN POT PIE WITH WILD RICE

Zuchinni and Squash

## Weekly Fish Special

### Crab Salad Croissant

Fresh Fruit Cup  
Chips or Fries

Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses.



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### ENTREES

#### RIDGE BURGER

Beef Patty with Onion and Garlic, Served with Choice Cheese, Lettuce, tomato and Onion on a Brioche Bun

#### FISH AND CHIPS

Pub Style Battered Cod Served with Crispy French Fries

#### DELI SANDWICH

Choice of Turkey or Ham with Lettuce Tomato and Mayonnaise on Wheat or White Bread. Served with Chips

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#### SOFT DRINKS

Coke, Diet Coke, Root Beer, Sprite, Iced Tea and Orange

### BREAKFAST

#### EGGS YOUR WAY

Eggs served with Choice of Bacon or Sausage and Toast

#### WAFFLE, PANCAKE, FRENCH TOAST

Served with Butter, Jelly, Syrup

### THIS WEEKS DINNER SPECIALS

#### SUNDAY - FRENCH DIP

Peas and Pearl Onions  
Potato Chips or French Fries

#### MONDAY - GRILLED PORK LOIN

Served with Smashed Potatoes and Leeks  
Glazed Baby Carrot

#### TUESDAY - SPINACH AND CHEESE

#### QUICHE

Served with Melon Wedge  
and Side Caesar Salad

#### WEDNESDAY - CHICKEN ENCHILADA

#### CASSEROLE

Served with Spanish Rice, Black Beans  
Fresh Salsa

#### THURSDAY - BEEF STROGANOFF WITH

#### EGG NOODLES

Served with Braised Collard Greens

#### FRIDAY - CITRUS LEMON SALMON SALAD

Served on a bed of Spring Mix Greens  
and a Citrus Dressing  
Herb Roasted Potato

#### SATURDAY - HAMBURGER DELUXE

Served with Lettuce, Tomato, Onion  
French Fries

### Weekly Fish Special

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Fresh Fruit Cup  
Chips or Fries

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