SUNDAY

AD Game Room Fun! (RGR)

• 10:00am Our Father Lutheran

Church Live Stream (RC)

• 11:00am Broncos vs Raiders

• 1:00pm Cardio w/ Weights (CR)

• 1:00pm Outing: King Soopers

2:00pm Non-Denominational

• 3:00pm Movie: The Boy Who

Harnessed the Wind (RC)

• 7:00pm Movie: The Boy Who

Harnessed the Wind (RC)

Church Service (RCR)

Watch Party (SW)

• 12:00pm Daily Check in

• 9:30am Outing: Catholic

Service (LB)

(LB)

## RIDGE & SUMMIT NEIGHBORHOOD **ACTIVITY CALENDAR**

WEDNESDAY THURSDAY



## THE RIDGE

PINEHURST · SENIOR LIVING

# SATURDAY

• <del>9:00am</del>	Floor Fusion Pilates
<del>(CR)</del>	

MONDAY

- <del>10:00am</del> Aqualates (CR)
- 11:00am LaBlast Dance Fitness
- 12:00pm Daily Check in
- 12:30pm American Mahjong
- 1:00pm Duplicate Bridge (RCR)
- 1:00pm Energy & Focus (CR)
- 1:00pm Party Bridge (RCR)
- 2:00pm Coordination & Flow (CR)
- 2:30pm Humongous Words (RGR) • 4:00pm TV Series: Virgin River
- (S5, E8) (RC)
- 7:00pm TV Series: Lessons in Chemistry (S1, E1) (RC)

7 9:00am Floor Fusion Pilates

■ 10:00am Aqualates (CR)

• 12:00pm Daily Check in

(PSR)

• 9:00am Summit Pastry Party

10:30am Book Club Group 4 (LC)

• 11:00am LaBlast Dance Fitness

• 12:30pm American Mahjong

1:00pm Duplicate Bridge (RCR)

1 • 9:00am Pilates- Chairs, Bands & Balls (CR)

• 10:00am Move & Groove Poolates

TUESDAY

- 10:00am TED Talk Tuesday: How I Made Friends With Reality (RC)
- 12:00pm Daily Check in
- 1:00pm ChairLates (CR) • 1:00pm Chess (RGR)
- 1:00pm Cribbage (AGB)
- 2:00pm Balance & Breath (CR)
- 2:00pm Walking Through Grief w/ Pastor Mark (PCMR)
- 3:00pm Play Pinochle (AGB)
- 3:00pm Video Lecture Series: World War ll: Battlefield Europe (17 and 18 of 24) (RCR)
- 4:00pm Catholic Communion Service w/ Deacon Don (RC)
- 8:00pm TV Series: Call The Midwife (S6, E7) (RC)

- 10:00am Aqualates (CR)
- 10:00am Learn LifeLoop (LC)
- 10:00am Stock Market Discussion Group (PV)
- 10:00am Stretch & Flexibility Class (CR)
- 11:00am Men's Fitness (CR)
- 11:15am Rosary Prayer Group
- 12:00pm Daily Check in • 12:30pm American Mahjong (PSR)
- 1:00pm CardioLates (CR) • 1:00pm Duplicate Bridge (RCR)
- 1:00pm Party Bridge (RCR) • 1:00pm Pool Fitness (CR)
- 2:00pm Bible Study (PCMR)
- (CR)
- 2:00pm Strength Fitness Class (CR)
- 3:30pm Event Planning Committee (LC)
- 6:30pm Live Music: Alan Vail (RCR)

- 2 9:00am Floor Fusion Yoga (CR) 3 9:30am Outing: The Rocky Mountain Quilt Museum (LB)
  - 10:00am Line Dancing w/ Melissa (RCR)
  - 10:00am Pool Core & Balance
  - 11:00am Resistance River Training (CR)
  - 12:00pm Daily Check in

(19 and 20 of 24) (RCR)

- 1:00pm Band Fitness Class (CR) • 1:00pm Video Lecture Series: World War ll: Battlefield Europe
- 2:00pm Balance Fitness Class
- 2:00pm Guided Painting (PAS) • 3:00pm Resident Council
- Meeting (RCR) • 2:00pm Resistance River Training • 3:30pm French for Beginners (BR)
  - 4:00pm Bingo (LC)
  - 4:00pm The Stitchers (RGR) • 7:00pm TV Series: Dark Winds
  - (S1, E5) (RC)

4 9:30am Bible Study (LC)

FRIDAY

- 9:30am Pickleball Open Court
- 10:00am River Resistance Training (CR)
- 11:00am Men's Fitness (CR)
- 11:00am Pool Fitness (CR) • 12:00pm Daily Check in
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Cribbage (AGB)
- 1:00pm Duplicate Bridge (RCR) • 1:00pm Party Bridge (RCR)
- 2:00pm Strength Fitness Class
- 3:00pm Icy Winter Happy Hour (AGB)
- 3:00pm Movie: Sergeant York (RC)
- 5:00pm Welcome Shabbat w/ Paula Levy (TPB)
- 7:00pm Movie: Sergeant York (RC)

5 AD Game Room Fun! (RGR) 9:30am Pickleball Open Court

Front Desk: 720-316-5226

- 10:00am Outing: King Soopers
- 10:00am Pool Core & Balance
- 11:00am Resistance River Training (CR)
- 12:00pm Daily Check in
- 12:30pm American Mahjong (PV)
- 1:00pm Ball & Band Fitness (CR) • 1:00pm Live Speaker: Peace of
- Mind with Horan & McConaty
- 2:00pm Mexican Train (RGR) • 3:00pm Movie: Million Dollar Baby (RC)
- 7:00pm Movie: Million Dollar Baby (RC)

### HAPPY BIRTHDAY

Edward K. - 1st Lola I. - 1st

Rosemarie O. - 1st Judy S. - 2nd

Ed W. - 3rd Richard K. - 5th

Ron T. - 5th

Wy S. - 6th

George S. - 7th Mary E. G. - 8th

Shirley P. - 8th Jake K. - 11th

Greg M. - 12th

Diane H. - 13th Pat O. - 16th

Sandra A. - 16th

Judy W. - 17th Kathrvn K. - 17th

Karen H. - 19th

Bea T. - 20th

Linda Z. - 22nd

Smitty S. - 25th

Kathy L. - 27th Patricia M. - 27th

Rene H. - 27th

Rita B. L. - 29th

ACTIVITY TYPES

- Inspirational Intellectual
- Physical
- Social

## **LOCATION KEY**

Club Ridge = CR

Learning Center (IL) = LC

PanoVista (IL) = PV

Peaks (AL) Community Room = PCMR

Peaks (AL) Exercise Room = PER

Ridge Cinema = RC Ridge Community Room = RCR

Ridge Creative Art Studio = RAS

Ridge Wellness Center = RWC

The Beacon = B

- 10:00am Move & Groove Poolates
- 10:00am TED Talk Tuesday: Why Change Is So Scary & How to
- 12:00pm Daily Check in
- 1:00pm Energy & Focus (CR) • 1:00pm Party Bridge (RCR)
- 1:00pm Writing Group (BR) • 2:00pm Coordination & Flow (CR)
- 2:30pm Humongous Words (RGR) • 3:00pm Live Speaker: Dan Hudak - Outrageous Oscar Moments
- 4:00pm TV Series: Virgin River (S5, E9) (RC)
- 7:00pm TV Series: Lessons in Chemistry (S1, E2) (RC)

- 9:00am Learn Bridge: Intermediate Bridge (RCR)
- 9:00am Pilates- Chairs, Bands & Balls (CR)
- Unlock Its Potential (RC)
- 1:00pm ChairLates (CR)
- 1:00pm Chess (RGR) • 1:00pm Cribbage (AGB)
- 1:00pm Video Lecture Series: World War ll: Battlefield Europe (21 and 22 of 24) (RCR)
- 2:00pm Balance & Breath (CR)
- 3:00pm Play Pinochle (AGB) 3:00pm Live Speaker: Active Minds - The History of
- Automobiles (RC) • 8:00pm TV Series: Call The Midwife (S6, E8) (RC)

- 9 9:00am Floor Fusion Yoga (CR)
- 10:00am Aqualates (CR) ■ 10:00am Stretch & Flexibility
- Class (CR) 11:00am Men's Fitness (CR) • 11:15am Rosary Prayer Group
- 12:00pm Daily Check in • 12:30pm American Mahiong
- (PSR) • 1:00pm CardioLates (CR)
- 1:00pm Duplicate Bridge (LC) • 1:00pm Party Bridge (LC)
- 1:00pm Pool Fitness (CR) • 2:00pm Bible Study (PCMR)
- (CR) • 2:00pm Strength Fitness Class (CR)
- 2:00pm Teaching Kitchen feat. Regional Dietitian (RCR) 3:30pm Alliant Living Open
- House & Happy Hour (AGB) • 4:30pm Outing: Outback Steak House (LB)

(RCR)

• 6:30pm Live Music: Warren Floyd

- 10:30am Outing: Colorado Mills Mall (LB)
- 11:00am Resistance River Training (CR)
- 12:00pm Daily Check in
- 12:45pm Bingo (LC) • 1:00pm Band Fitness Class (CR) • 2:00pm Balance Fitness Class
- 2:00pm Guided Painting (PAS) 3:00pm Video Lecture Series: World War II: Battlefield Europe (23 and 24 of 24) (RCR)
- 4:00pm The Stitchers (RGR) • 2:00pm Resistance River Training • 7:00pm TV Series: Dark Winds (S1, E6) (RC)

- 10 10:00am Pool Core & Balance 11 9:30am Bible Study (LC) • 9:30am Pickleball Open Court (RCR) ▶ 10:00am Resistance River
  - Training (CR) • 11:00am Men's Fitness (CR)
  - 11:00am Pool Fitness (CR) • 12:00pm Daily Check in • 1:00pm Cardio w/ Weights (CR)
  - 1:00pm Cribbage (AGB) • 1:00pm Duplicate Bridge (RCR)
  - 1:00pm Party Bridge (RCR) • 2:00pm Strength Fitness Class
  - 3:00pm Hot Toddy Happy Hour (AGB) • 3:00pm Movie: The Westerner
  - (RC) • 5:00pm Welcome Shabbat w/ Paula Levy (TPB)
  - 7:00pm Movie: The Westerner (RC)

- 12 AD Game Room Fun! (RGR) 13 • 9:30am Pickleball Open
  - Court (RCR) • 10:00am Outing: Trader Joe's (LB) • 10:00am Pool Core & Balance
- 11:00am Resistance River
- Training (CR) • 12:00pm Daily Check in

Redemption (RC)

• 12:30pm American Mahjong (PV) • 1:00pm Ball & Band Fitness (CR) • 2:00pm Mexican Train (RGR)

• 3:00pm Movie: The Shawshank

• 7:00pm Movie: The Shawshank Redemption (RC)

AlpenGlow Bar = AGB Board Room (IL) = BR

Courtyard = CY

Lobby = LB

Peaks (AL) Creative Art Studio = PAS

Peaks (AL) Sunrise Room = PSR

Ridge Game Room = RGR

Skywood (IL) = SW

The Point Bistro (IL) = TPB

# JANUARY 2024

## RIDGE & SUMMIT NEIGHBORHOOD **ACTIVITY CALENDAR**

WEDNESDAY THURSDAY

## THE RIDGE SATURDAY

## FRIDAY

### AD Game Room Fun! (RGR) • 9:30am Outing: Catholic

Service (LB) • 10:00am Our Father Lutheran

SUNDAY

- Church Live Stream (RC) ■ 12:00pm Daily Check in
- 1:00pm Cardio w/ Weights (CR)
- 1:00pm Outing: Trader Joe's (LB)
- 2:00pm Movie: Mission: Impossible - Dead Reckoning Part One (RC)
- 2:00pm Non-Denominational Church Service (RCR)
- 6:00pm Movie: Mission: Impossible - Dead Reckoning Part One (RC)

• 9:30am Outing: Catholic

• 12:00pm Daily Check in

• 10:00am Our Father Lutheran

• 1:00pm Cardio w/ Weights (CR)

• 1:00pm Outing: King Soopers

2:00pm Non-Denominational

• 3:00pm Movie: Maestro (RC)

• 7:00pm Movie: Maestro (RC)

• 4:00pm Bingo w/ Barbara (LC)

Church Service (RCR)

Church Live Stream (RC)

Service (LB)

# 14 9:00am Floor Fusion Pilates 15 9:00am Learn Bridge:

• 9:00am National Bagel Day (AGB)

MONDAY

- 10:00am Aqualates (CR)
- ▶ 10:30am Dining Reservation Class (Full Count) (LC)
- 11:00am LaBlast Dance Fitness
- 12:00pm Daily Check in
- 12:30pm American Mahiong (PSR)
- 1:00pm Duplicate Bridge (RCR)
- 1:00pm Energy & Focus (CR)
- 1:00pm Party Bridge (RCR)
- 2:00pm Coordination & Flow (CR) 1:00pm Cribbage (AGB)
- 2:30pm Humongous Words (RGR) | 2:00pm Balance & Breath (CR)
- 4:00pm TV Series: Virgin River (S5, E10) (RC)
- 7:00pm TV Series: Lessons in Chemistry (S1, E3) (RC)

## Intermediate Bridge (RCR)

- 9:00am Pilates- Chairs, Bands & Balls (CR)
- 10:00am Move & Groove Poolates

TUESDAY

- ▶ 10:00am TED Talk Tuesday: Why I Built My Own Time Machine
- 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)
- 12:00pm Daily Check in
- 1:00pm ChairLates (CR)
- 1:00pm Chess (RGR)
- 2:00pm Walking Through Grief with Pastor Mark (PCMR)
- 3:00pm Play Pinochle (AGB)
- 3:00pm Documentary: Night Will Fall (RC)
- 8:00pm TV Series: Call The Midwife (S6, E9) (RC)

### 16 9:00am Floor Fusion (CR) 10:00am Aqualates (CR)

- 10:00am Learn LifeLoop (BR)
- 10:00am Mimosas & Raffle w/ One Medical (LC)
- 10:00am Stock Market Discussion Group (PV) 10:00am Stretch & Flexibility
- Class (CR) 11:00am Men's Fitness (CR)
- 11:15am Hospitality Committee
- 11:15am Rosary Group (LC)
- 11:30am Pinehurst Pizza Party (RCR)
- 12:00pm Daily Check in • 12:30pm Mahjong (PSR)
- 1:00pm CardioLates (CR)
- 1:00pm Pool Fitness (CR)
- 1:30pm Duplicate Bridge (RCR) • 1:30pm Party Bridge (RCR)
- 2:00pm Bible Study (PCMR)
- 2:00pm Paint & Sip w/ Jeanne (RAS)
- (CR) • 2:00pm Strength Fitness Class
- (CR) • 6:30pm Live Music: Hip Replacements Band (RCR)

- 17 9:15am Outing: Denver Art 18 9:30am Bible Study (LC) Museum (LB)
  - 10:00am Line Dancing w/ Melissa (RCR)
  - 10:00am Pool Core & Balance
  - 11:00am Resistance River Training (CR)
  - 12:00pm Daily Check in
  - 12:30pm Documentary: The U.S. and the Holocaust (S1.E1) · The Golden Door (Beginnings-1938)
  - 1:00pm Band Fitness Class (CR) • 1:30pm Bingo (LC)
  - 2:00pm Balance Fitness Class (CR)
  - 2:00pm Guided Painting (PAS)
  - 2:00pm Let's Talk Food (RCR)
  - 3:15pm Poetry Reading w/ Barrie (RCR)
  - 3:30pm French for Beginners (LC)
  - 4:00pm The Stitchers (RGR)
- 2:00pm Resistance River Training 6:30pm Silver Singers Rehearsal (RCR) • 7:00pm TV Series: Dark Winds
  - (S2, E1) (RC)

10:00am Book Club Group 1 (PV)

• 9:30am Pickleball Open

Court (RCR)

- 10:00am Resistance River Training (CR)
- 11:00am Men's Fitness (CR) • 11:00am Pool Fitness (CR)
- 12:00pm Daily Check in
- 1:00pm Cardio w/ Weights (CR) 1:00pm Cribbage (AGB)
- 1:00pm Duplicate Bridge (RCR)
- 1:00pm Party Bridge (RCR) • 2:00pm Strength Fitness Class (CR)
- 3:00pm Cuba Libre Happy Hour (AGB)
- 3:00pm Live Music: Patchwork Pickers Duo (AGB)
- 3:00pm Movie: One Flew Over the Cuckoo's Nest (RC) • 3:00pm National Popcorn Day
- (AGB) • 5:00pm Welcome Shabbat w/ Paula Levy (TPB)
- 7:00pm Movie: One Flew Over the Cuckoo's Nest (RC)

19 • AD Game Room Fun! (RGR) 20 9:30am Pickleball Open Court (RCR)

Front Desk: 720-316-5226

- 10:00am Outing: King Soopers
- 10:00am Pool Core & Balance
- 11:00am Resistance River Training (CR)
- 12:00pm Daily Check in • 12:30pm American Mahjong (PV)
- 1:00pm Ball & Band Fitness (CR)
- 2:00pm Mexican Train (RGR)
- 3:00pm Movie: Backdraft (RC)
- 7:00pm Movie: Backdraft (RC)

### HAPPY BIRTHDAY Edward K. - 1st

Lola I. - 1st Rosemarie O. - 1st Judy S. - 2nd Ed W. - 3rd Richard K. - 5th Ron T. - 5th Wy S. - 6th George S. - 7th Mary E. G. - 8th Shirley P. - 8th Jake K. - 11th Greg M. - 12th Diane H. - 13th

Pat O. - 16th Sandra A. - 16th Judy W. - 17th

Kathrvn K. - 17th Karen H. - 19th

Bea T. - 20th Linda Z. - 22nd Smitty S. - 25th

Kathy L. - 27th Patricia M. - 27th Rene H. - 27th

Rita B. L. - 29th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical Social
  - **LOCATION KEY**

Club Ridge = CR Courtyard = CY Learning Center (IL) = LC Peaks (AL) Community Room = PCMR

Ridge Cinema = RC Ridge Community Room = RCR Ridge Creative Art Studio = RAS Ridge Game Room = RGR Ridge Wellness Center = RWC

- 21 9:00am Floor Fusion Pilates 22 • AD Game Room Fun! (RGR) 9:00am Learn Bridge: (CR) • 9:00am Summit Pastry Party 9:00am Pilates- Chairs, Bands &
  - 10:00am Aqualates (CR)
  - 11:00am LaBlast Dance Fitness • 12:00pm Daily Check in
  - Brilliant Ideas (RC) • 12:30pm American Mahiong
  - 1:00pm Duplicate Bridge (RCR) • 1:00pm Energy & Focus (CR)
  - 1:00pm Party Bridge (RCR)
  - 1:00pm Writing Group (BR) • 2:00pm Blonde Brownie Day (AGB)
  - 2:00pm Coordination & Flow (CR) 1:00pm Cribbage (AGB)
  - 2:30pm Humongous Words (RGR) • 4:00pm TV Series: Virgin River
  - 7:00pm TV Series: Lessons in Chemistry (S1, E4) (RC)

(S5, E11) (RC)

- Intermediate Bridge (RCR)
- Balls (CR) ■ 10:00am Move & Groove Poolates
- 10:00am TED Talk Tuesday: How Boredom Can Lead to Your Most
- 12:00pm Daily Check in
- 12:30pm Documentary: The U.S. and the Holocaust (S1.E2) Yearning to Breathe Free (1938-1942) (RC)
- 1:00pm ChairLates (CR)
- 1:00pm Chess (RGR)
- 2:00pm Balance & Breath (CR)
- 3:00pm Play Pinochle (AGB) • 3:00pm Ceramic Creations w/ Melissa (1 of 2) (PAS)
- 8:00pm TV Series: Call The Midwife (S7, E1) (RC)

- 23 8:45am Outing: The Denver 24 10:00am Pool Core & Balance 25 9:30am Bible Study (LC) Mint (LB) 9:00am Floor Fusion Yoga (CR)
  - 10:00am Aqualates (CR)
  - 10:00am Learn LifeLoop (LC) ■ 10:00am Stretch & Flexibility
  - Class (CR) • 11:00am Men's Fitness (CR)
  - 11:15am Rosary Prayer Group (LC)
  - 12:00pm Daily Check in • 12:30pm American Mahiong (PSR)
  - 1:00pm CardioLates (CR)
  - 1:00pm Duplicate Bridge (LC) • 1:00pm Party Bridge (LC)
  - 1:00pm Pool Fitness (CR) • 2:00pm Bible Study (PCMR)
  - (CR) • 2:00pm Strength Fitness Class
  - (CR) • 2:00pm The Chili Challenge Cook Off (RCR)
  - 6:30pm Live Music: Chris Kroger (RCR)

- (CR) ● 11:00am Resistance River Training (CR)
- 11:00am Town Hall (RCR)
- 12:00pm Daily Check in • 12:30pm Documentary: The U.S. and the Holocaust (S1.E3) Yearning to Breathe Free (1938-1942) (RC)
- 1:00pm Band Fitness Class (CR) ● 1:30pm Bingo (LC)
- 2:00pm Balance Fitness Class • 2:00pm Guided Painting (PAS)
- 4:00pm The Stitchers (RGR) • 4:30pm Outing: The Sherpa

House (LB)

- 2:00pm Resistance River Training 6:30pm Silver Singers Rehearsal (RCR)
  - 7:00pm TV Series: Dark Winds (S2, E2) (RC)

- 9:30am Pickleball Open Court (RCR) 10:00am Resistance River
- Training (CR) 11:00am Book Club Group 2 (LC)
- 11:00am Men's Fitness (CR) • 11:00am Pool Fitness (CR)
- 12:00pm Daily Check in • 1:00pm Cardio w/ Weights (CR)
- 1:00pm Cribbage (AGB) • 1:00pm Duplicate Bridge (RCR)
- 1:00pm Party Bridge (RCR) • 2:00pm Strength Fitness Class
- (CR) • 3:00pm Live Music: The Hoagies Trio (AGB)
- 3:00pm Movie: Something the Lord Made (RC) • 3:00pm Welcome Wagon Happy
- Hour (AGB) • 5:00pm Welcome Shabbat w/ Paula Levy (TPB)
- 7:00pm Movie: Something the Lord Made (RC)

- 26 AD Game Room Fun! (RGR) 27 • 9:30am Pickleball Open
- Court (RCR) • 10:00am Outing: Trader Joe's (LB)
- 10:00am Pool Core & Balance • 11:00am Resistance River
- Training (CR) • 12:00pm Daily Check in
- 12:30pm American Mahjong (PV) • 1:00pm Ball & Band Fitness (CR)
- 3:00pm Movie: Radio (RC) • 7:00pm Movie: Radio (RC)
- 2:00pm Mexican Train (RGR) AlpenGlow Bar = AGB Board Room (IL) = BR

Lobby = LB PanoVista (IL) = PV

Peaks (AL) Creative Art Studio = PAS Peaks (AL) Exercise Room = PER

Peaks (AL) Sunrise Room = PSR

Skywood (IL) = SW The Beacon = B

The Point Bistro (IL) = TPB

# JANUARY 2024

# RIDGE & SUMMIT NEIGHBORHOOD ACTIVITY CALENDAR



Front Desk: 720-316-5226

### THE RIDGE SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY **FRIDAY** SATURDAY PINEHURST · SENIOR LIVING 28 9:00am Floor Fusion Pilates 29 9:00am Pilates- Chairs, Bands 30 9:00am Floor Fusion Yoga AD Game Room Fun! (RGR) • 9:30am Outing: Catholic & Balls (CR) HAPPY BIRTHDAY • 10:00am Aqualates (CR) • 10:00am Move & Groove Poolates • 10:00am Aqualates (CR) Service (LB) ● 10:00am Our Father Lutheran • 10:00am Outing: Men's Group 10:00am Learn LifeLoop (LC) Edward K. - 1st Church Live Stream (RC) Lookin Good Restaurant (LB) ■ 10:00am TED Talk Tuesday: Why • 10:00am Stock Market Discussion Lola I. - 1st 10:30am Dining Reservation ■ 12:00pm Daily Check in You Should Make Useless Things Group (PV) Rosemarie O. - 1st • 1:00pm Cardio w/ Weights (CR) Class (Full Count) (LC) ■ 10:00am Stretch & Flexibility Judy S. - 2nd • 1:00pm Outing: Trader Joe's (LB) ■ 11:00am LaBlast Dance Fitness • 12:00pm Daily Check in Class (CR) Ed W. - 3rd • 1:00pm ChairLates (CR) • 2:00pm Non-Denominational • 11:00am Men's Fitness (CR) Richard K. - 5th Church Service (RCR) • 12:00pm Daily Check in • 1:00pm Chess (RGR) • 11:15am Rosary Prayer Group Ron T. - 5th • 2:30pm Movie: The Sound of • 12:30pm American Mahjong • 1:00pm Cribbage (AGB) (LC) • 2:00pm Balance & Breath (CR) • 12:00pm Daily Check in Wy S. - 6th Music (RC) (PSR) • 12:30pm American Mahjong George S. - 7th • 6:00pm Movie: The Sound of 1:00pm Duplicate Bridge (RCR) • 2:00pm Walking Through Grief Mary E. G. - 8th • 1:00pm Energy & Focus (CR) w/ Pastor Mark (PCMR) Music (RC) (PSR) Shirley P. - 8th • 1:00pm Party Bridge (RCR) 3:00pm Play Pinochle (AGB) • 1:00pm Bingo Parlor Bingo (RCR) Jake K. - 11th • 2:00pm Coordination & Flow (CR) • 3:00pm Ceramic Creations w/ • 1:00pm CardioLates (CR) Greg M. - 12th • 2:30pm Humongous Words (RGR) Melissa (2 of 2) (PAS) • 1:00pm Duplicate Bridge (LC) • 4:00pm TV Series: Virgin River 7:00pm Comedy & Musical Trivia • 1:00pm Party Bridge (LC) Diane H. - 13th (S5, E12) (RC) (RCR) • 1:00pm Pool Fitness (CR) Pat O. - 16th • 7:00pm TV Series: Lessons in Sandra A. - 16th • 8:00pm TV Series: Call The • 2:00pm Bible Study (PCMR) Judy W. - 17th Chemistry (S1, E5) (RC) Midwife (S7, E2) (RC) • 2:00pm Resistance River Training Kathrvn K. - 17th (CR) Karen H. - 19th • 2:00pm Strength Fitness Class Bea T. - 20th (CR) Linda Z. - 22nd 3:30pm New Resident Social Smitty S. - 25th (RCR) Kathy L. - 27th • 6:30pm Live Music: Pete Vrazsity Patricia M. - 27th (RCR) Rene H. - 27th Rita B. L. - 29th Venue Hours ACTIVITY TYPES The Beacon: Inspirational Monday-Saturday Intellectual 7am-10am Physical 11am-3pm Social 4pm-7pm Sunday Brunch 8am-11am **LOCATION KEY** 11am-2pm AlpenGlow Bar = AGB Board Room (IL) = BR The Point Bistro: Club Ridge = CR Tuesday, Thursday, Saturday Courtyard = CY 7:30am-10:30am Learning Center (IL) = LC Lobby = LB PanoVista (IL) = PV Skywood: Peaks (AL) Community Room = PCMR Thursday & Sunday Peaks (AL) Creative Art Studio = PAS 5pm-8pm Peaks (AL) Exercise Room = PER Peaks (AL) Sunrise Room = PSR Ridge Cinema = RC Palisade: Ridge Community Room = RCR Monday-Sunday To stay up to date, please visit Ridge Creative Art Studio = RAS 7am-9:30am LifeLoop or contact a Community Ridge Game Room = RGR Life Associate. If you intend on 11am-2pm Ridge Wellness Center = RWC attending an activity, please 4pm-6pm Skywood (IL) = SW REGISTER on LifeLoop. The Beacon = B The Point Bistro (IL) = TPB