



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div><div></div><div>9:00am Floor Fusion Pilates (CR)</div><div>10:00am Aqualates (CR)</div><div>11:00am LaBlast Dance Fitness (CR)</div><div>12:00pm Daily Check in</div><div>12:30pm American Mahjong (PSR)</div><div>1:00pm Duplicate Bridge (RCR)</div><div>1:00pm Energy & Focus (CR)</div><div>1:00pm Party Bridge (RCR)</div><div>2:00pm Coordination & Flow (CR)</div><div>2:30pm Humongous Words (RGR)</div><div>4:00pm TV Series: Virgin River (S5, E8) (RC)</div><div>7:00pm TV Series: Lessons in Chemistry (S1, E1) (RC)</div></div> <div>1</div>	<div><div></div><div>9:00am Pilates- Chairs, Bands & Balls (CR)</div><div>10:00am Move & Groove Poolates (CR)</div><div>10:00am TED Talk Tuesday: How I Made Friends With Reality (RC)</div><div>12:00pm Daily Check in</div><div>1:00pm ChairLates (CR)</div><div>1:00pm Chess (RGR)</div><div>1:00pm Cribbage (AGB)</div><div>2:00pm Balance & Breath (CR)</div><div>2:00pm Walking Through Grief w/ Pastor Mark (PCMR)</div><div>3:00pm Play Pinochle (AGB)</div><div>3:00pm Video Lecture Series: World War II: Battlefield Europe (17 and 18 of 24) (RCR)</div><div>4:00pm Catholic Communion Service w/ Deacon Don (RC)</div><div>8:00pm TV Series: Call The Midwife (S6, E7) (RC)</div></div> <div>2</div>	<div><div></div><div>9:00am Floor Fusion Yoga (CR)</div><div>10:00am Aqualates (CR)</div><div>10:00am Learn LifeLoop (LC)</div><div>10:00am Stock Market Discussion Group (PV)</div><div>10:00am Stretch & Flexibility Class (CR)</div><div>11:00am Men's Fitness (CR)</div><div>11:15am Rosary Prayer Group (LC)</div><div>12:00pm Daily Check in</div><div>12:30pm American Mahjong (PSR)</div><div>1:00pm CardioLates (CR)</div><div>1:00pm Duplicate Bridge (RCR)</div><div>1:00pm Party Bridge (RCR)</div><div>1:00pm Pool Fitness (CR)</div><div>2:00pm Bible Study (PCMR)</div><div>2:00pm Resistance River Training (CR)</div><div>2:00pm Strength Fitness Class (CR)</div><div>3:30pm Event Planning Committee (LC)</div><div>6:30pm Live Music: Alan Vail (RCR)</div></div> <div>3</div>	<div><div></div><div>9:30am Outing: The Rocky Mountain Quilt Museum (LB)</div><div>10:00am Line Dancing w/ Melissa (RCR)</div><div>10:00am Pool Core & Balance (CR)</div><div>11:00am Resistance River Training (CR)</div><div>12:00pm Daily Check in</div><div>1:00pm Band Fitness Class (CR)</div><div>1:00pm Video Lecture Series: World War II: Battlefield Europe (19 and 20 of 24) (RCR)</div><div>2:00pm Balance Fitness Class (CR)</div><div>2:00pm Guided Painting (PAS)</div><div>3:00pm Resident Council Meeting (RCR)</div><div>3:30pm French for Beginners (BR)</div><div>4:00pm Bingo (LC)</div><div>4:00pm The Stitchers (RGR)</div><div>7:00pm TV Series: Dark Winds (S1, E5) (RC)</div></div> <div>4</div>	<div><div></div><div>9:30am Bible Study (LC)</div><div>9:30am Pickleball Open Court (RCR)</div><div>10:00am River Resistance Training (CR)</div><div>11:00am Men's Fitness (CR)</div><div>11:00am Pool Fitness (CR)</div><div>12:00pm Daily Check in</div><div>1:00pm Cardio w/ Weights (CR)</div><div>1:00pm Cribbage (AGB)</div><div>1:00pm Duplicate Bridge (RCR)</div><div>1:00pm Party Bridge (RCR)</div><div>2:00pm Strength Fitness Class (CR)</div><div>3:00pm Icy Winter Happy Hour (AGB)</div><div>3:00pm Movie: Sergeant York (RC)</div><div>5:00pm Welcome Shabbat w/ Paula Levy (TPB)</div><div>7:00pm Movie: Sergeant York (RC)</div></div> <div>5</div>	<div><div></div><div>AD Game Room Fun! (RGR)</div><div>9:30am Pickleball Open Court (RCR)</div><div>10:00am Outing: King Soopers (LB)</div><div>10:00am Pool Core & Balance (CR)</div><div>11:00am Resistance River Training (CR)</div><div>12:00pm Daily Check in</div><div>12:30pm American Mahjong (PV)</div><div>1:00pm Ball & Band Fitness (CR)</div><div>1:00pm Live Speaker: Peace of Mind with Horan & McConaty (RCR)</div><div>2:00pm Mexican Train (RGR)</div><div>3:00pm Movie: Million Dollar Baby (RC)</div><div>7:00pm Movie: Million Dollar Baby (RC)</div></div> <div>6</div>
<div><div></div><div>AD Game Room Fun! (RGR)</div><div>9:30am Outing: Catholic Service (LB)</div><div>10:00am Our Father Lutheran Church Live Stream (RC)</div><div>11:00am Broncos vs Raiders Watch Party (SW)</div><div>12:00pm Daily Check in</div><div>1:00pm Cardio w/ Weights (CR)</div><div>1:00pm Outing: King Soopers (LB)</div><div>2:00pm Non-Denominational Church Service (RCR)</div><div>3:00pm Movie: The Boy Who Harnessed the Wind (RC)</div><div>7:00pm Movie: The Boy Who Harnessed the Wind (RC)</div></div> <div>7</div>	<div><div></div><div>9:00am Floor Fusion Pilates (CR)</div><div>9:00am Summit Pastry Party (TPB)</div><div>10:00am Aqualates (CR)</div><div>10:30am Book Club Group 4 (LC)</div><div>11:00am LaBlast Dance Fitness (CR)</div><div>12:00pm Daily Check in</div><div>12:30pm American Mahjong (PSR)</div><div>1:00pm Duplicate Bridge (RCR)</div><div>1:00pm Energy & Focus (CR)</div><div>1:00pm Party Bridge (RCR)</div><div>1:00pm Writing Group (BR)</div><div>2:00pm Coordination & Flow (CR)</div><div>2:30pm Humongous Words (RGR)</div><div>3:00pm Live Speaker: Dan Hudak - Outrageous Oscar Moments (RC)</div><div>4:00pm TV Series: Virgin River (S5, E9) (RC)</div><div>7:00pm TV Series: Lessons in Chemistry (S1, E2) (RC)</div></div> <div>8</div>	<div><div></div><div>9:00am Learn Bridge: Intermediate Bridge (RCR)</div><div>9:00am Pilates- Chairs, Bands & Balls (CR)</div><div>10:00am Move & Groove Poolates (CR)</div><div>10:00am TED Talk Tuesday: Why Change Is So Scary & How to Unlock Its Potential (RC)</div><div>12:00pm Daily Check in</div><div>1:00pm ChairLates (CR)</div><div>1:00pm Chess (RGR)</div><div>1:00pm Cribbage (AGB)</div><div>1:00pm Video Lecture Series: World War II: Battlefield Europe (21 and 22 of 24) (RCR)</div><div>2:00pm Balance & Breath (CR)</div><div>3:00pm Play Pinochle (AGB)</div><div>3:00pm Live Speaker: Active Minds - The History of Automobiles (RC)</div><div>8:00pm TV Series: Call The Midwife (S6, E8) (RC)</div></div> <div>9</div>	<div><div></div><div>9:00am Floor Fusion Yoga (CR)</div><div>10:00am Aqualates (CR)</div><div>10:00am Stretch & Flexibility Class (CR)</div><div>11:00am Men's Fitness (CR)</div><div>11:15am Rosary Prayer Group (LC)</div><div>12:00pm Daily Check in</div><div>12:30pm American Mahjong (PSR)</div><div>1:00pm CardioLates (CR)</div><div>1:00pm Duplicate Bridge (LC)</div><div>1:00pm Party Bridge (LC)</div><div>1:00pm Pool Fitness (CR)</div><div>2:00pm Bible Study (PCMR)</div><div>2:00pm Resistance River Training (CR)</div><div>2:00pm Strength Fitness Class (CR)</div><div>2:00pm Teaching Kitchen feat. Regional Dietitian (RCR)</div><div>3:30pm Alliant Living Open House & Happy Hour (AGB)</div><div>4:30pm Outing: Outback Steak House (LB)</div><div>6:30pm Live Music: Warren Floyd (RCR)</div></div> <div>10</div>	<div><div></div><div>10:00am Pool Core & Balance (CR)</div><div>10:30am Outing: Colorado Mills Mall (LB)</div><div>11:00am Resistance River Training (CR)</div><div>12:00pm Daily Check in</div><div>12:45pm Bingo (LC)</div><div>1:00pm Band Fitness Class (CR)</div><div>2:00pm Balance Fitness Class (CR)</div><div>2:00pm Guided Painting (PAS)</div><div>3:00pm Video Lecture Series: World War II: Battlefield Europe (23 and 24 of 24) (RCR)</div><div>4:00pm The Stitchers (RGR)</div><div>7:00pm TV Series: Dark Winds (S1, E6) (RC)</div></div> <div>11</div>	<div><div></div><div>9:30am Bible Study (LC)</div><div>9:30am Pickleball Open Court (RCR)</div><div>10:00am Resistance River Training (CR)</div><div>11:00am Men's Fitness (CR)</div><div>11:00am Pool Fitness (CR)</div><div>12:00pm Daily Check in</div><div>1:00pm Cardio w/ Weights (CR)</div><div>1:00pm Cribbage (AGB)</div><div>1:00pm Duplicate Bridge (RCR)</div><div>1:00pm Party Bridge (RCR)</div><div>2:00pm Strength Fitness Class (CR)</div><div>3:00pm Hot Toddy Happy Hour (AGB)</div><div>3:00pm Movie: The Westerner (RC)</div><div>5:00pm Welcome Shabbat w/ Paula Levy (TPB)</div><div>7:00pm Movie: The Westerner (RC)</div></div> <div>12</div>	<div><div></div><div>AD Game Room Fun! (RGR)</div><div>9:30am Pickleball Open Court (RCR)</div><div>10:00am Outing: Trader Joe's (LB)</div><div>10:00am Pool Core & Balance (CR)</div><div>11:00am Resistance River Training (CR)</div><div>12:00pm Daily Check in</div><div>12:30pm American Mahjong (PV)</div><div>1:00pm Ball & Band Fitness (CR)</div><div>2:00pm Mexican Train (RGR)</div><div>3:00pm Movie: The Shawshank Redemption (RC)</div><div>7:00pm Movie: The Shawshank Redemption (RC)</div></div> <div>13</div>

HAPPY BIRTHDAY

Edward K. - 1st
Lola J. - 1st
Rosemarie O. - 1st
Judy S. - 2nd
Ed W. - 3rd
Richard K. - 5th
Ron T. - 5th
Wy S. - 6th
George S. - 7th
Mary E. G. - 8th
Shirley P. - 8th
Jake K. - 11th
Greg M. - 12th
Diane H. - 13th
Pat O. - 16th
Sandra A. - 16th
Judy W. - 17th
Kathryn K. - 17th
Karen H. - 19th
Bea T. - 20th
Linda Z. - 22nd
Smitty S. - 25th
Kathy L. - 27th
Patricia M. - 27th
Rene H. - 27th
Rita B. L. - 29th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Exercise Room = PER
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Ridge Wellness Center = RWC
Skywood (IL) = SW
The Beacon = B
The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>● AD Game Room Fun! (RGR)</div><div>● 9:30am Outing: Catholic Service (LB)</div><div>● 10:00am Our Father Lutheran Church Live Stream (RC)</div><div>● 12:00pm Daily Check in</div><div>● 1:00pm Cardio w/ Weights (CR)</div><div>● 1:00pm Outing: Trader Joe's (LB)</div><div>● 2:00pm Movie: Mission: Impossible - Dead Reckoning Part One (RC)</div><div>● 2:00pm Non-Denominational Church Service (RCR)</div><div>● 6:00pm Movie: Mission: Impossible - Dead Reckoning Part One (RC)</div></div> <div>14</div>	<div><div>● 9:00am Floor Fusion Pilates (CR)</div><div>● 9:00am National Bagel Day (AGB)</div><div>● 10:00am Aqualates (CR)</div><div>● 10:30am Dining Reservation Class (Full Count) (LC)</div><div>● 11:00am LaBlast Dance Fitness (CR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm American Mahjong (PSR)</div><div>● 1:00pm Duplicate Bridge (RCR)</div><div>● 1:00pm Energy & Focus (CR)</div><div>● 1:00pm Party Bridge (RCR)</div><div>● 2:00pm Coordination & Flow (CR)</div><div>● 2:30pm Humongous Words (RGR)</div><div>● 4:00pm TV Series: Virgin River (S5, E10) (RC)</div><div>● 7:00pm TV Series: Lessons in Chemistry (S1, E3) (RC)</div></div> <div>15</div>	<div><div>● 9:00am Learn Bridge: Intermediate Bridge (RCR)</div><div>● 9:00am Pilates- Chairs, Bands & Balls (CR)</div><div>● 10:00am Move & Groove Poolates (CR)</div><div>● 10:00am TED Talk Tuesday: Why I Built My Own Time Machine (RC)</div><div>● 11:00am Catholic Communion Mass w/ Fr. Anthony Phan (RCR)</div><div>● 12:00pm Daily Check in</div><div>● 1:00pm ChairLates (CR)</div><div>● 1:00pm Chess (RGR)</div><div>● 1:00pm Cribbage (AGB)</div><div>● 2:00pm Balance & Breath (CR)</div><div>● 2:00pm Walking Through Grief with Pastor Mark (PCMR)</div><div>● 3:00pm Play Pinochle (AGB)</div><div>● 3:00pm Documentary: Night Will Fall (RC)</div><div>● 8:00pm TV Series: Call The Midwife (S6, E9) (RC)</div></div> <div>16</div>	<div><div>● 9:00am Floor Fusion (CR)</div><div>● 10:00am Aqualates (CR)</div><div>● 10:00am Learn LifeLoop (BR)</div><div>● 10:00am Mimosas & Raffle w/ One Medical (LC)</div><div>● 10:00am Stock Market Discussion Group (PV)</div><div>● 10:00am Stretch & Flexibility Class (CR)</div><div>● 11:00am Men's Fitness (CR)</div><div>● 11:15am Hospitality Committee (PV)</div><div>● 11:15am Rosary Group (LC)</div><div>● 11:30am Pinehurst Pizza Party (RCR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm Mahjong (PSR)</div><div>● 1:00pm CardioLates (CR)</div><div>● 1:00pm Pool Fitness (CR)</div><div>● 1:30pm Duplicate Bridge (RCR)</div><div>● 1:30pm Party Bridge (RCR)</div><div>● 2:00pm Bible Study (PCMR)</div><div>● 2:00pm Paint & Sip w/ Jeanne (RAS)</div><div>● 2:00pm Resistance River Training (CR)</div><div>● 2:00pm Strength Fitness Class (CR)</div><div>● 6:30pm Live Music: Hip Replacements Band (RCR)</div></div> <div>17</div>	<div><div>● 9:15am Outing: Denver Art Museum (LB)</div><div>● 10:00am Line Dancing w/ Melissa (RCR)</div><div>● 10:00am Pool Core & Balance (CR)</div><div>● 11:00am Resistance River Training (CR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm Documentary: The U.S. and the Holocaust (S1.E1) · The Golden Door (Beginnings-1938) (RC)</div><div>● 1:00pm Band Fitness Class (CR)</div><div>● 1:30pm Bingo (LC)</div><div>● 2:00pm Balance Fitness Class (CR)</div><div>● 2:00pm Guided Painting (PAS)</div><div>● 2:00pm Let's Talk Food (RCR)</div><div>● 3:15pm Poetry Reading w/ Barrie (RCR)</div><div>● 3:30pm French for Beginners (LC)</div><div>● 4:00pm The Stitchers (RGR)</div><div>● 6:30pm Silver Singers Rehearsal (RCR)</div><div>● 7:00pm TV Series: Dark Winds (S2, E1) (RC)</div></div> <div>18</div>	<div><div>● 9:30am Bible Study (LC)</div><div>● 9:30am Pickleball Open Court (RCR)</div><div>● 10:00am Book Club Group 1 (PV)</div><div>● 10:00am Resistance River Training (CR)</div><div>● 11:00am Men's Fitness (CR)</div><div>● 11:00am Pool Fitness (CR)</div><div>● 12:00pm Daily Check in</div><div>● 1:00pm Cardio w/ Weights (CR)</div><div>● 1:00pm Cribbage (AGB)</div><div>● 1:00pm Duplicate Bridge (RCR)</div><div>● 1:00pm Party Bridge (RCR)</div><div>● 2:00pm Strength Fitness Class (CR)</div><div>● 3:00pm Cuba Libre Happy Hour (AGB)</div><div>● 3:00pm Live Music: Patchwork Pickers Duo (AGB)</div><div>● 3:00pm Movie: One Flew Over the Cuckoo's Nest (RC)</div><div>● 3:00pm National Popcorn Day (AGB)</div><div>● 5:00pm Welcome Shabbat w/ Paula Levy (TPB)</div><div>● 7:00pm Movie: One Flew Over the Cuckoo's Nest (RC)</div></div> <div>19</div>	<div><div>● AD Game Room Fun! (RGR)</div><div>● 9:30am Pickleball Open Court (RCR)</div><div>● 10:00am Outing: King Soopers (LB)</div><div>● 10:00am Pool Core & Balance (CR)</div><div>● 11:00am Resistance River Training (CR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm American Mahjong (PV)</div><div>● 1:00pm Ball & Band Fitness (CR)</div><div>● 2:00pm Mexican Train (RGR)</div><div>● 3:00pm Movie: Backdraft (RC)</div><div>● 7:00pm Movie: Backdraft (RC)</div></div> <div>20</div>
<div><div>● AD Game Room Fun! (RGR)</div><div>● 9:30am Outing: Catholic Service (LB)</div><div>● 10:00am Our Father Lutheran Church Live Stream (RC)</div><div>● 12:00pm Daily Check in</div><div>● 1:00pm Cardio w/ Weights (CR)</div><div>● 1:00pm Outing: King Soopers (LB)</div><div>● 2:00pm Non-Denominational Church Service (RCR)</div><div>● 3:00pm Movie: Maestro (RC)</div><div>● 4:00pm Bingo w/ Barbara (LC)</div><div>● 7:00pm Movie: Maestro (RC)</div></div> <div>21</div>	<div><div>● 9:00am Floor Fusion Pilates (CR)</div><div>● 9:00am Summit Pastry Party (TPB)</div><div>● 10:00am Aqualates (CR)</div><div>● 11:00am LaBlast Dance Fitness (CR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm American Mahjong (PSR)</div><div>● 1:00pm Duplicate Bridge (RCR)</div><div>● 1:00pm Energy & Focus (CR)</div><div>● 1:00pm Party Bridge (RCR)</div><div>● 1:00pm Writing Group (BR)</div><div>● 2:00pm Blonde Brownie Day (AGB)</div><div>● 2:00pm Coordination & Flow (CR)</div><div>● 2:30pm Humongous Words (RGR)</div><div>● 4:00pm TV Series: Virgin River (S5, E11) (RC)</div><div>● 7:00pm TV Series: Lessons in Chemistry (S1, E4) (RC)</div></div> <div>22</div>	<div><div>● 9:00am Learn Bridge: Intermediate Bridge (RCR)</div><div>● 9:00am Pilates- Chairs, Bands & Balls (CR)</div><div>● 10:00am Move & Groove Poolates (CR)</div><div>● 10:00am TED Talk Tuesday: How Boredom Can Lead to Your Most Brilliant Ideas (RC)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm Documentary: The U.S. and the Holocaust (S1.E2) · Yearning to Breathe Free (1938-1942) (RC)</div><div>● 1:00pm ChairLates (CR)</div><div>● 1:00pm Chess (RGR)</div><div>● 1:00pm Cribbage (AGB)</div><div>● 2:00pm Balance & Breath (CR)</div><div>● 3:00pm Play Pinochle (AGB)</div><div>● 3:00pm Ceramic Creations w/ Melissa (1 of 2) (PAS)</div><div>● 8:00pm TV Series: Call The Midwife (S7, E1) (RC)</div></div> <div>23</div>	<div><div>● 8:45am Outing: The Denver Mint (LB)</div><div>● 9:00am Floor Fusion Yoga (CR)</div><div>● 10:00am Aqualates (CR)</div><div>● 10:00am Learn LifeLoop (LC)</div><div>● 10:00am Stretch & Flexibility Class (CR)</div><div>● 11:00am Men's Fitness (CR)</div><div>● 11:15am Rosary Prayer Group (LC)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm American Mahjong (PSR)</div><div>● 1:00pm CardioLates (CR)</div><div>● 1:00pm Duplicate Bridge (LC)</div><div>● 1:00pm Party Bridge (LC)</div><div>● 1:00pm Pool Fitness (CR)</div><div>● 2:00pm Bible Study (PCMR)</div><div>● 2:00pm Resistance River Training (CR)</div><div>● 2:00pm Strength Fitness Class (CR)</div><div>● 2:00pm The Chili Challenge Cook Off (RCR)</div><div>● 6:30pm Live Music: Chris Kroger (RCR)</div></div> <div>24</div>	<div><div>● 10:00am Pool Core & Balance (CR)</div><div>● 11:00am Resistance River Training (CR)</div><div>● 11:00am Town Hall (RCR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm Documentary: The U.S. and the Holocaust (S1.E3) · Yearning to Breathe Free (1938-1942) (RC)</div><div>● 1:00pm Band Fitness Class (CR)</div><div>● 1:30pm Bingo (LC)</div><div>● 2:00pm Balance Fitness Class (CR)</div><div>● 2:00pm Guided Painting (PAS)</div><div>● 4:00pm The Stitchers (RGR)</div><div>● 4:30pm Outing: The Sherpa House (LB)</div><div>● 6:30pm Silver Singers Rehearsal (RCR)</div><div>● 7:00pm TV Series: Dark Winds (S2, E2) (RC)</div></div> <div>25</div>	<div><div>● 9:30am Bible Study (LC)</div><div>● 9:30am Pickleball Open Court (RCR)</div><div>● 10:00am Resistance River Training (CR)</div><div>● 11:00am Book Club Group 2 (LC)</div><div>● 11:00am Men's Fitness (CR)</div><div>● 11:00am Pool Fitness (CR)</div><div>● 12:00pm Daily Check in</div><div>● 1:00pm Cardio w/ Weights (CR)</div><div>● 1:00pm Cribbage (AGB)</div><div>● 1:00pm Duplicate Bridge (RCR)</div><div>● 1:00pm Party Bridge (RCR)</div><div>● 2:00pm Strength Fitness Class (CR)</div><div>● 3:00pm Live Music: The Hoagies Trio (AGB)</div><div>● 3:00pm Movie: Something the Lord Made (RC)</div><div>● 3:00pm Welcome Wagon Happy Hour (AGB)</div><div>● 5:00pm Welcome Shabbat w/ Paula Levy (TPB)</div><div>● 7:00pm Movie: Something the Lord Made (RC)</div></div> <div>26</div>	<div><div>● AD Game Room Fun! (RGR)</div><div>● 9:30am Pickleball Open Court (RCR)</div><div>● 10:00am Outing: Trader Joe's (LB)</div><div>● 10:00am Pool Core & Balance (CR)</div><div>● 11:00am Resistance River Training (CR)</div><div>● 12:00pm Daily Check in</div><div>● 12:30pm American Mahjong (PV)</div><div>● 1:00pm Ball & Band Fitness (CR)</div><div>● 2:00pm Mexican Train (RGR)</div><div>● 3:00pm Movie: Radio (RC)</div><div>● 7:00pm Movie: Radio (RC)</div></div> <div>27</div>

HAPPY BIRTHDAY

Edward K. - 1st
Lola J. - 1st
Rosemarie O. - 1st
Judy S. - 2nd
Ed W. - 3rd
Richard K. - 5th
Ron T. - 5th
Wy S. - 6th
George S. - 7th
Mary E. G. - 8th
Shirley P. - 8th
Jake K. - 11th
Greg M. - 12th
Diane H. - 13th
Pat O. - 16th
Sandra A. - 16th
Judy W. - 17th
Kathryn K. - 17th
Karen H. - 19th
Bea T. - 20th
Linda Z. - 22nd
Smitty S. - 25th
Kathy L. - 27th
Patricia M. - 27th
Rene H. - 27th
Rita B. L. - 29th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Exercise Room = PER
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Ridge Wellness Center = RWC
Skywood (IL) = SW
The Beacon = B
The Point Bistro (IL) = TPB



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div> AD Game Room Fun! (RGR) 28<div></div><div></div> 9:30am Outing: Catholic Service (LB)<div></div><div></div> 10:00am Our Father Lutheran Church Live Stream (RC)<div></div> 12:00pm Daily Check in<div></div> 1:00pm Cardio w/ Weights (CR)<div></div> 1:00pm Outing: Trader Joe's (LB)<div></div> 2:00pm Non-Denominational Church Service (RCR)<div></div> 2:30pm Movie: The Sound of Music (RC)<div></div> 6:00pm Movie: The Sound of Music (RC)</div>	<div><div></div> 9:00am Floor Fusion Pilates (CR) 29<div></div><div></div> 10:00am Aqualates (CR)<div></div> 10:00am Outing: Men's Group - Lookin Good Restaurant (LB)<div></div> 10:30am Dining Reservation Class (Full Count) (LC)<div></div> 11:00am LaBlast Dance Fitness (CR)<div></div> 12:00pm Daily Check in<div></div> 12:30pm American Mahjong (PSR)<div></div> 1:00pm Duplicate Bridge (RCR)<div></div> 1:00pm Energy & Focus (CR)<div></div> 1:00pm Party Bridge (RCR)<div></div> 2:00pm Coordination & Flow (CR)<div></div> 2:30pm Humongous Words (RGR)<div></div> 4:00pm TV Series: Virgin River (S5, E12) (RC)<div></div> 7:00pm TV Series: Lessons in Chemistry (S1, E5) (RC)</div>	<div><div></div> 9:00am Pilates- Chairs, Bands & Balls (CR) 30<div></div><div></div> 10:00am Move & Groove Poolates (CR)<div></div> 10:00am TED Talk Tuesday: Why You Should Make Useless Things (RC)<div></div> 12:00pm Daily Check in<div></div> 1:00pm ChairLates (CR)<div></div> 1:00pm Chess (RGR)<div></div> 1:00pm Cribbage (AGB)<div></div> 2:00pm Balance & Breath (CR)<div></div> 2:00pm Walking Through Grief w/ Pastor Mark (PCMR)<div></div> 3:00pm Play Pinochle (AGB)<div></div> 3:00pm Ceramic Creations w/ Melissa (2 of 2) (PAS)<div></div> 7:00pm Comedy & Musical Trivia (RCR)<div></div> 8:00pm TV Series: Call The Midwife (S7, E2) (RC)</div>	<div><div></div> 9:00am Floor Fusion Yoga (CR) 31<div></div><div></div> 10:00am Aqualates (CR)<div></div> 10:00am Learn LifeLoop (LC)<div></div> 10:00am Stock Market Discussion Group (PV)<div></div> 10:00am Stretch & Flexibility Class (CR)<div></div> 11:00am Men's Fitness (CR)<div></div> 11:15am Rosary Prayer Group (LC)<div></div> 12:00pm Daily Check in<div></div> 12:30pm American Mahjong (PSR)<div></div> 1:00pm Bingo Parlor Bingo (RCR)<div></div> 1:00pm CardioLates (CR)<div></div> 1:00pm Duplicate Bridge (LC)<div></div> 1:00pm Party Bridge (LC)<div></div> 1:00pm Pool Fitness (CR)<div></div> 2:00pm Bible Study (PCMR)<div></div> 2:00pm Resistance River Training (CR)<div></div> 2:00pm Strength Fitness Class (CR)<div></div> 3:30pm New Resident Social (RCR)<div></div> 6:30pm Live Music: Pete Vrazsity (RCR)</div>			
						<div><div></div> Venue Hours<div></div><div></div> The Beacon: Monday-Saturday 7am-10am 11am-3pm 4pm-7pm Sunday Brunch 8am-11am 11am-2pm<div></div><div></div> The Point Bistro: Tuesday, Thursday, Saturday 7:30am-10:30am<div></div><div></div> Skywood: Thursday & Sunday 5pm-8pm<div></div><div></div> Palisade: Monday-Sunday 7am-9:30am 11am-2pm 4pm-6pm<div></div><div></div> To stay up to date, please visit LifeLoop or contact a Community Life Associate. If you intend on attending an activity, please REGISTER on LifeLoop.</div>

HAPPY BIRTHDAY

Edward K. - 1st
Lola J. - 1st
Rosemarie O. - 1st
Judy S. - 2nd
Ed W. - 3rd
Richard K. - 5th
Ron T. - 5th
Wy S. - 6th
George S. - 7th
Mary E. G. - 8th
Shirley P. - 8th
Jake K. - 11th
Greg M. - 12th
Diane H. - 13th
Pat O. - 16th
Sandra A. - 16th
Judy W. - 17th
Kathryn K. - 17th
Karen H. - 19th
Bea T. - 20th
Linda Z. - 22nd
Smitty S. - 25th
Kathy L. - 27th
Patricia M. - 27th
Rene H. - 27th
Rita B. L. - 29th

ACTIVITY TYPES

- Inspirational
- Intellectual
- Physical
- Social

LOCATION KEY

AlpenGlow Bar = AGB
Board Room (IL) = BR
Club Ridge = CR
Courtyard = CY
Learning Center (IL) = LC
Lobby = LB
PanoVista (IL) = PV
Peaks (AL) Community Room = PCMR
Peaks (AL) Creative Art Studio = PAS
Peaks (AL) Exercise Room = PER
Peaks (AL) Sunrise Room = PSR
Ridge Cinema = RC
Ridge Community Room = RCR
Ridge Creative Art Studio = RAS
Ridge Game Room = RGR
Ridge Wellness Center = RWC
Skywood (IL) = SW
The Beacon = B
The Point Bistro (IL) = TPB