

# The Ridge Cottonwood

# menu

Oct 22-28, 2023

## SOUP AND SALAD

### FRESH SOUP OF THE DAY

Please ask your server about our soup of the day

### CHEF SALAD

Chopped Romaine with Turkey, Ham, Swiss, Cheddar, Cucumber, Tomatoes and Hard Boiled Egg. Served with Choice of Dressing

### GARDEN SALAD

Chopped Romaine with Cucumbers, Carrots and Tomatoes. Served with Choice of Dressing

## ENTREES

### RIDGE BURGER

Beef Patty with Onion and Garlic. Served with Choice of Cheese, Lettuce, Tomato and Onion on a Brioche Bun

### FISH AND CHIPS

Pub Style Battered Cod Served with Crispy French Fries

### DELI SANDWICH

Choice of Turkey or Ham with Lettuce, Tomato and Mayonnaise on Wheat or White Bread. Served with Chips

### GRILLED CHEESE

Golden Grilled Cheese Sandwich with Choice of American, Swiss or Cheddar Cheese. Served with Chips

### CHICKEN FINGERS

Crispy Chicken Strips Served with French Fries and Choice of Ranch, Bleu Cheese, BBQ Sauce or Ketchup

## BEVERAGES

### COFFEE OR DECAF COFFEE

#### HOT TEA

English Breakfast, Green and Earl Grey

#### FRUIT JUICES

Orange, Apple, Cranberry, Orange Guava, Vitamin Water

#### SOFT DRINKS

Coke, Diet Coke, Root Beer, Sprite, Iced Tea, Orange

## BREAKFAST

### EGGS YOUR WAY

Eggs served with Choice of Bacon or Sausage and Toast

### WAFFLE, PANCAKE, FRENCH TOAST OR ENGLISH MUFFIN

Served with Butter, Jelly, Syrup or Sugar free Syrup

## THIS WEEKS LUNCH SPECIALS

### SUNDAY - SPINACH AND ARTICHOKE MAC AND CHEESE

Oven Roasted Tomato

### MONDAY - CHICKEN LO MEIN

Steamed Brown Rice  
Snap Peas

### TUESDAY - SALMON PATTY WITH MUSTARD SAUCE

Scalloped Potato  
Green Beans

### WEDNESDAY - MEATLOAF WITH GRAVY

Baked Potato  
Cauliflower

### THURSDAY MAPLE DIJON PORK

Black Beans and Brown Rice  
Steamed Carrots

### FRIDAY- SPAGHETTI AND MEATBALLS

Garden Salad with Dressing

### SATURDAY-BRAISED BEEF POT ROAST WITH RED WINE SAUCE

Butternut Squash  
Risotto

## Weekly Fish Special

Fried Shrimp Basket  
Fruit Cup, your choice Chips or Fries

Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses.

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## ENTREES

### RIDGE BURGER

Beef Patty with Onion and Garlic, Served with Choice Cheese, Lettuce, tomato and Onion on a Brioche Bun

### FISH AND CHIPS

Pub Style Battered Cod Served with Crispy French Fries

### DELI SANDWICH

Choice of Turkey or Ham with Lettuce Tomato and Mayonnaise on Wheat or White Bread. Served with Chips

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Golden Grilled Cheese Sandwich with Choice of American, Swiss or Cheddar Cheese. Served with Chips

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### SOFT DRINKS

Coke, Diet Coke, Root Beer, Sprite, Iced Tea and Orange

## BREAKFAST

### EGGS YOUR WAY

Eggs served with Choice of Bacon or Sausage and Toast

### WAFFLE, PANCAKE, FRENCH TOAST

Served with Butter, Jelly, Syrup or Sugar Free Syrup

## THIS WEEKS DINNER SPECIALS

### SUNDAY - ITALIAN HOAGIE

Chow Chow

### MONDAY - BRAISED BEEF TIPS

Buttered Egg Noodles  
Carrots and Parsnips

### TUESDAY - TEXAS CHILI WITH CHEESE

Side Salad with Dressing

### WEDNESDAY - EGG SALAD CROISSANT

Butternut Squash

### THURSDAY - ROAST BEEF AND SWISS

### SANDWICH WITH ROASTED RED PEPPER

Roasted Potato Wedge  
Pickled Beet Salad

### FRIDAY - CHICKEN ENCHILADA

### CASSEROLE

Spanish Rice  
Broccoli

### SATURDAY - BAKED TILAPIA

Steamed Red Potato  
Sauté Zucchini and Squash

## Weekly Fish Special

### Fried Shrimp Basket

Fruit Cup, your choice Chips or Fries

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